

Medical Examination of Seafarers

Examinee's Declaration

Name (last, first, middle):	MONIRUZZAMAN MOHAMMAD
Date of birth (day/month/year):	02/07/1983
Sex: Male / Female	MALE
Home address:	H: 6A, R: 7B, S: 09, UTTARA MODEL TOWN DHAKA - 1230 - BANGLADESH
Passport No./Discharge book No.:	C/014344
Department (Deck/Engine/Radio/Food handling/other):	ENGINE
Rank:	CHIEF ENGINEER
Routine and emergency duties (if known):	DAYWORK AND WATCHKEEPING ON ER MACHINERIES.
Type of ship (Cargo, Tanker, Passenger):	TANKER
Trade area (coastal, tropical, worldwide):	WORLDWIDE

Seafarer's Personal Declaration

(Assistance should be offered by medical staff)

Have you ever had any of the following conditions?

	Condition	Yes	No		Condition	Yes	No
1	Eye/vision problem		✓	18	Sleep problem		✓
2	High blood pressure		✓	19	Do you smoke, use alcohol or drugs?		✓
3	Heart/vascular disease		✓	20	Operation/surgery		✓
4	Heart surgery		✓	21	Epilepsy/seizures		✓
5	Varicose veins/piles		✓	22	Dizziness/fainting		✓
6	Asthma/bronchitis		✓	23	Loss of consciousness		✓
7	Blood disorder		✓	24	Psychiatric problems		✓
8	Diabetes		✓	25	Depression/Hepatitis		✓
9	Thyroid problem		✓	26	Attempted suicide		✓
10	Digestive disorder		✓	27	Loss of memory		✓
11	Kidney problem		✓	28	Balance problem		✓
12	Skin problem		✓	29	Severe headaches		✓
13	Allergies		✓	30	Ear (hearing, tinnitus)/nose/throat problem		✓
14	Infectious/contagious diseases		✓	31	Restricted mobility		✓
15	Hernia		✓	32	Back or joint problem		✓
16	Genital disorder		✓		Amputation		✓
17	Pregnancy		✓		Fractures/dislocations		✓

04.2023.4625



Medical Declaration

As per medical standards of ILO- MLC 2006, as amended STCW 2010

If you answered "yes" to any of the above questions, please give details:

Additional questions

		Yes	No
35	Have you ever been signed off as sick or repatriated from a ship?		☒
36	Have you ever been hospitalized?		☒
37	Have you ever been declared unfit for sea duty?		☒
38	Has your medical certificate even been restricted or revoked?		☒
39	Are you aware that you have any medical problems, diseases or illnesses?		☒
40	Do you feel healthy and fit to perform the duties of your designated position/occupation?	☒	
41	Are you allergic to any medication?		☒

Comments:

FIT FOR DUTY ON BOARD SHIP	

42	Are you taking any non-prescription or prescription medications?		☒
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If yes, please list the medications taken, and the purpose(s) and dosage(s):

I hereby certify that the personal declaration above is a true statement to the best of my knowledge

Signature of
Examinee:

Day
(day/month/year)

21 AUG 2023

Witnessed by:
(signature)

Name (Typed or
Printed)

DR. MIR. MD. RAIHAN
MBBS (DU), DPM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to Dr. DR. MIR. MD. RAIHAN (the approved medical practitioner)

Signature of Examinee

Day (day/month/year)

21 AUG 2023

Witnessed by: (signature)

Name (Typed or Printed)

DR. MIR. MD. RAIHAN
MBBS (DU), DPM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
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Medical Declaration

As per medical standards of ILO- MLC 2006, as amended STCW 2010

Issue Date: 15th July 2013
Rev. Date: 01st November 2018
Revision No. : 01
Form #: C-44

Medical Examination by Doctor

☒ Pre-sea

☐ Periodic

☐ Other

Sight

	Visual Acuity					
	Unaided			Aided		
	Right Eye	Left Eye	Binocular	Right Eye	Left Eye	Binocular
Distance	6/6	6/6	/			
Near	15	15	/			

	Visual Fields	
	Normal	Defective
Right Eye	/	
Left Eye	/	

Color vision:

☐ Not tested

☒ Normal

☐ Doubtful

☐ Defective

Hearing

	500 Hz	1000 Hz	2000 Hz	3000 Hz	4000 Hz	6000 Hz
Right Ear	20	20	20			
Left Ear	20	20	20			

Speech and whisper test (metres)

	Normal	Whisper
Right Ear		
Left Ear		

Height (cm)	167	Weight: (kg)	73
Pulse rate: (/minute)	78	Rhythm:	Regular
Blood pressure:	Systolic:(mm/Hg) 120	Diastolic: (mm/Hg)	80
Urinalysis:	Glucose: NI	Protein: NI	Blood: NI

	Normal	Abnormal		Normal	Abnormal
Head	/		Skin	/	
Sinuses, nose, throat	/		Varicose veins	/	
Mouth/teeth	/		Vascular (inc. pedal pulses)	/	
Ears (general)	/		Abdomen and viscera	/	
Tympanic membrane	/		Hernia	/	
Eyes	/		Anus (not rectal exam)	/	
Ophthalmoscopy	/		G-U system	/	
Pupils	/		Upper and lower extremities	/	
Eye movement	/		Spine (C/S, T/S and L/S)	/	
Lungs and chest	/		Neurologic (full/brief)	/	
Breast examination	NI		Psychiatric	/	
Heart	/		General appearance	/	

Chest X-ray	Not performed	Performed on (day/month/year):	21 AUG 2023
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Medical Declaration

As per medical standards of ILO- MLC 2006, as amended STCW 2010

Issue Date: 15th July 2013
Rev. Date: 01st November 2018
Revision No. : 01
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Other diagnostic test(s) and result(s):

Test	Results
Blood type	Normal

Medical practitioner's comments and assessment of fitness, with reasons for any limitations:

FIT FOR DUTY ON BOARD SHIP

Vaccination status recorded:

☒ Yes

☐ No

Assessment of fitness for service at sea

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

☒ Fit for look out duty

☐ Not fit for look out duty

	Deck service	Engine service	Catering service	Other services
Fit				
Unfit				

☒ Without Restriction

☐ With Restrictions

Describe restrictions (e.g., specific position, type of ship, trade area)

Action taken by Medical Examiner (e.g. referral):

--

Date of examination: (Day/Month/Year)	21 AUG 2023
Expiry date of certificate: (Day/Month/Year)	20 AUG 2025
Name of Medical Examiner	
Signature of Medical Examiner	
Official Stamp	DR. MIR. MD. RAIHAN MBBS (DU), DPM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited



Name: (last, first, middle)			
MONIRUZZAMAN		MOHAMMAD	
Date of birth: (day/month/year)	02 07 83	Gender: (male/female)	MALE
Passport / Discharge book No:	01014344	Nationality:	BANGLADESHI
Rank:	CHIEF ENGINEER	Place of Examination:	DHAKA BANGLADESH

Photo

Signature
of Examinee.

I have evaluated the above-named seafarer/ new entrant after establishing his identity as per the documents mentioned above. On the basis of the seafarer's/ new entrant personal declaration, my clinical examination, the diagnostic test results obtained, and in consideration of the essential requirements of the position applied for, my opinion is –

	Yes	No
a. Hearing meets the standards in STCW Code, section A-I/9:	☒	☐
b. Unaided hearing is satisfactory;	☒	☐
c. Color Vision meets the required STCW Code standards section A-I/9 (testing only required every six years)	☒	☐
d. Date of last color vision test:	☐	☐
e. Fit for lookout duty	☒	☐
f. Is the seafarer free from any medical condition likely to be aggravated by Service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board :	☒	☐

This seafarer is ☐ UNFIT FOR DUTY ** / ☒ FIT FOR DUTY with / without restriction *as mentioned below.

FIT FOR DUTY ON BOARD SHIP

*This Medical Certificate is issued with following restriction

** Reasons for being unfit

Date of examination: (Day/Month/Year)	21 AUG 2023
Expiry date of certificate: (Day/Month/Year)	20 AUG 2025
Name of Medical Examiner	
Signature of Medical Examiner	
Official Stamp	

DR. MIR. MD. RAIHAN
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04.2023.4625

PHYSICAL EXAMINATION REPORT/CERTIFICATE DEPUTY COMMISSIONER OF MARITIME AFFAIRS

ANNEX 2

THE REPUBLIC OF LIBERIA

LAST NAME OF APPLICANT MONIRUZZAMAN		FIRST NAME MOHAMMAD	MIDDLE INITIAL
DATE OF BIRTH MONTH 07 DAY 02 YEAR 1983		PLACE OF BIRTH BANGLADESH	SEX MALE ☒ FEMALE ☐
CITY PABNA		COUNTRY	
EXAMINATION FOR DUTY AS: MASTER ☐ RATING ☐ MATE ☐ MOU DECK ☐ ENGINEER ☒ MOU ENGINE ☐ RADIO OFF ☐ SUPERNUMERARY ☐		MAILING ADDRESS OF APPLICANT: H: CA, R: 7B, S: 09 UTTARA, DHAKA-1230 BANGLADESH	

MEDICAL EXAMINATION (SEE PAGE 2) STATE DETAILS ON PAGE 2

HEIGHT 5'7"	WEIGHT 73	BLOOD PRESSURE 120/80/70	PULSE 78/min	RESPIRATION 18/min	GENERAL APPEARANCE Good
VISION: WITHOUT GLASSES WITH GLASSES RIGHT EYE 6/6 LEFT EYE 6/6					
DATE OF LAST COLOR VISION TEST (Month/Day/Year) 21 AUG 2023 Testing Required every 6 years					
COLOR VISION MEETS STANDARDS IN STCW CODE, TABLE A-1/9? YES ☐ NO ☐					
COLOR TEST TYPE: BOOK ☐ LANTERN ☐ CHECK IF COLOR TEST IS NORMAL YELLOW ☐ RED ☐ GREEN ☐ BLUE ☐					
HEARING: RT. EAR Normal LEFT EAR Normal					
HEAD AND NECK Normal			HEART (CARDIOVASCULAR) Normal		
LUNGS Normal			SPEECH (DECK/NAVIGATIONAL OFFICER AND RADIO OFFICER) IS SPEECH UNIMPAIRED FOR NORMAL VOICE COMMUNICATION? Yes		
EXTREMITIES: UPPER Normal LOWER Normal					
IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGGRAVATED BY, OR TO RENDER HIM UNFIT FOR SERVICE AT SEA OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON BOARD? IF YES, EXPLAIN IN DETAILS OF MEDICAL EXAMINATION ON PAGE 2. No					

SIGNATURE OF APPLICANT 	DATE OF EXAM 21 AUG 2023	EXPIRY DATE 20 AUG 2025
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THIS SIGNATURE SHOULD BE AFFIXED IN THE PRESENCE OF THE EXAMINING PHYSICIAN.

THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO:

FIT FOR DUTY ON BOARD SHIP

(NAME OF APPLICANT)

(HE) (SHE) IS FOUND TO BE (FIT) (NOT FIT) FOR DUTY AS A: (MASTER, MATE, ENGINEER, RADIO OFFICER, RATING, MOU DECK, MOU ENGINE or SUPERNUMERARY). IF EMPLOYED AS A WATCHSTANDER (HE) (SHE) IS FOUND TO BE (FIT) (NOT FIT) FOR LOOKOUT DUTIES?

NAME AND DEGREE OF PHYSICIAN DR. MIR MD. RAIHAN
ADDRESS RADICAL HOSPITAL LIMITED UTTARA
NAME OF PHYSICIAN'S CERTIFYING AUTHORITY DG SHIPPING BANGLADESH
DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE 06 JUL 2024
SIGNATURE OF PHYSICIAN
DATE OF EXAMINATION: 21 AUG 2023

This certificate is issued by authority of the Deputy Commissioner of Maritime Affairs, R.L. and in compliance with the requirements of the Maritime Labour Convention, 2006 for the Medical Examination of Seafarers.

The Medical Certificate shall be valid for no more than two (2) years from the date of the Examination for those over 18 years of age and for no more than one (1) year for those under 18 years of age.

RLM-105M (REV. 12/17)

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Bldem), PGT (Ophth)
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MEDICAL REQUIREMENT

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 12 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. Such proof of examination must establish that the applicant is in satisfactory physical condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession. In addition, the following minimum requirements shall apply:

- (a) All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in the better ear at 15 feet and in the poorer ear at 5 feet.
- (b) Deck officer applicants must have (either with or without glasses) at least 20/20 vision in one eye and at least 20/40 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- (c) Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 vision in one eye and at least 20/50 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (d) An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS and/or the use of narcotics.
- (f) Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (g) Applicants for able seafarer deck, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- (h) Applicants for fireman/water tender, oiler/motorman, able seafarer engine pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician)

1. Completed Physical examination
2. Radiological exam
3. Pathological exam
4. Eye Examination for
color vision.

21 AUG 2023

RLM-105M (REV. 12/17)



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IBN SINA D. LAB & CONSULTATION CENTER, UTTARA



URINE ROUTINE EXAMINATION



ID No : U1152567 **Voucher Time** 14/08/2023, 04:11 PM **Reporting Time** : 14/08/2023, 07:58 PM
Name : MOHAMMAD MONIRUZZAMAN **Age** : 40 Y 2 M 15 D **Sex** : M
Ref.By : UNIVERSAL SHIPING SERVICES.
Specimen : Urine

PHYSICAL EXAMINATION	Result	Reference Value
Quantity	Sufficient	
Colour	Straw	Pale Yellow /Straw
Appearance	Clear	Clear
Specific Gravity	1.026	1.010 - 1.022
CHEMICAL EXAMINATION	Result	Reference Value
Reaction (PH)	6	4.5 - 8.0
Protein	Nil	Nil
Glucose	Nil	Nil
Acetone (Ketone body)	Nil	Nil
Bilirubin	Absent	0.2 mg/dL
Urobilinogen	Nil	0.1 - 1.8 mg/dL
Nitrite	Negative	Nil
MICROSCOPIC EXAMINATION	Result	Reference Value
Epithelial Cells	1-2/HPF	0-5/HPF
Pus Cells	0-1/HPF	1-5/HPF
RBC	Nil	0-2/HPF
Yeast cells	Nil	Nil
Trichomonas	Nil	Nil
Fungus	Nil	Nil
Spermatozoa	Nil	Nil
Cast	Result	Reference Value
Hyaline Cast	Nil	Nil
Granular Cast	Nil	Nil
Cellular Cast	Nil	Nil
RBC Cast	Nil	Nil
WBC Cast	Nil	Nil
Waxy cast	Nil	Nil
Crystal	Result	Reference Value
Cal.Oxalate	Nil	Nil
Amorphous Phosphate	Nil	Nil
Uric Acid	Nil	Nil
Urates	Nil	Nil
Triple Phosphate	Nil	Nil
Sulphonamide	Nil	Nil

Md. Mamun Ar Rashid Rana

DMT (SMF), Lab Medicine
Medical Technologist
Ibn Sina D.lab Uttara

Assoc. Prof.Dr. Sumaiya Khatun

MBBS, MD (BSMMU) (Gold medalist).
Laboratory Consultant.
Ibn Sina D.Lab, Uttara.



Pioneer in Health Care



● HOUSE # 52, GARIB-E-NEWAZ AVENUE, SECTOR-13, UTTARA, DHAKA-1230

● Tel : 02-48954406-07, 02-48953932, 48953961, Hotline : 09610009612

● E-mail : istuttara@gmail.com

● www.ibnsinatrust.com

ISO 9001:2015 Certified

IBN SINA D. LAB & CONSULTATION CENTER, UTTARA

BIOCHEMISTRY REPORT



ID No : U1152567

Voucher Time : 14/08/2023, 04:11 PM

Reporting Time : 14/08/2023, 07:50 PM

Name : MOHAMMAD MONIRUZZAMAN

Age : 40 Y 2 M 15 D

Sex : M

Ref.By : UNIVERSAL SHIPPING SERVICES.

Specimen : Blood

Estimations are carried out by Attelica Solution/Vitros 5600/Seimens Advia 1800/ Dimention ExL-LM System

Parameter	Test Result	Reference Value
Plasma Glucose Random	6.14 mmol/L	3.33-7.78
HbA1C	5.3 %	4.8-6.0


Md. Nasir Uddin

Biochemist
B.Sc(Hon's)/M.Sc (Biochemistry & MB)
Ibn Sina D-lab, Uttara

IBN SINA D. LAB & CONSULTATION CENTER, UTTARA



SEROLOGY REPORT



ID No : U1152567

Voucher Time : 14/08/2023, 04:11 PM

Reporting Time : 14/08/2023, 07:45 PM

Name : MOHAMMAD MONIRUZZAMAN

Age : 40 Y 2 M 15 D

Sex : M

Ref.By : UNIVERSAL SHIPING SERVICES.

Specimen : Blood

Parameter	Test Result	Reference Value
V.D.R.L Test	Non-Reactive	


Md. Shariful Islam
DMT(SMF), BSc(Hon's) Lab
Medical Technologist, Ibn sina D-Lab, Uttara.


Assoc. Prof. Dr. Sumaiya Khatun
MBBS, MD (BSMMU) (Gold medalist).
Laboratory Consultant.
Ibn Sina D. Lab, Uttara.



IBN SINA

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ISO 9001:2015 Certified

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IMMUNOLOGY REPORT



ID No : U1152567

Voucher Time : 14/08/2023, 04:11 PM

Reporting Time : 14/08/2023, 07:07 PM

Name : MOHAMMAD MONIRUZZAMAN

Age : 40 Y 2 M 15 D

Sex : M

Ref.By : UNIVERSAL SHIPPING SERVICES.

Specimen : Blood

Parameter

Test Result

Reference Value

HIV1&2Combo

Negative

Cut off rate: 1.0

Sample rate: 0.08

Rabiul Islam Talukder

Biochemist

B.Sc(Hon's) M.Sc (Biochemistry & MB)

Ibn Sina D-Lab, Uttara

IBN SINA D. LAB & CONSULTATION CENTER, UTTARA

HAEMATOLOGY REPORT



ID No : U1152567

Voucher Time : 14/08/2023, 04:11 PM

Reporting Time : 14/08/2023, 07:04 PM

Name : MOHAMMAD MONIRUZZAMAN

Age : 40 Y 2 M 15 D

Sex : M Specimen: Blood

Ref.By : UNIVERSAL SHIPING SERVICES.

Estimations are carried out by CUBE 30 Touch

Parameter	Result	Reference Value
ESR	16 mm/1st hour (Auto Analyzer)	Men: 0-10, Women: 0-20

Md. Mamun Ar Rashid Rana

DMT (SMF), Lab Medicine

Medical Technologist

Ibn Sina D.lab Uttara

Assoc. Prof. Dr. Sumaiya Khatun

MBBS, MD (BSMMU) (Gold medalist).

Laboratory Consultant.

Ibn Sina D.Lab, Uttara.

IBN SINA D. LAB & CONSULTATION CENTER, UTTARA



REPORT

I.D. No	:	U1152567	Received date : 14 Aug 2023	Printed date: 14 Aug 2023 07:32PM
Name of Pt.	:	MOHAMMAD MONIRUZZAMAN	Age : 40 y(s), 2 m(s)	Sex: Male
Ref. By	:	UNIVERSAL SHIPING SERVICES.		

X-RAY CHEST (P/A VIEW)

- Lung fields are clear.
- Basal angles are clear.
- Heart : Normal in TD.
- Diaphragm : Normal in contour and levels.
- Bony thorax revealed no abnormality.

Comment:

❖ Normal skiagram of chest.



Dr. A.S.M. Shahidul Hossain

MBBS (DMC), MD (Radiology)

Consultant Radiologist

BSMMU (Ex-PG), Shahbagh, Dhaka

Ibn Sina D-lab, Uttara