REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER As per Merchant Shipping (Medical Examination) Amendment Rules, 2000 and ILO IMO/3MS/2011/2012 (In Compliance with MLC 2006 & ISM/STCW 2010, Code 1/9) GAFFER Name: Sex: MALE Serial No. : 31-10-1975 CO12763 Nationality: BANG LADES HI PP/CDC No.: Rank: ALMASTER Vessel: Type: TANKER Route : WORLD WIDE FLAT - CG, H.NO-111/A, RD-3, BLOCK-F, BANANI-1213 , BANGLADESH . Home Address : Company Name & Address: Medical History: Please answer the following to the best of your knowledge Candidate Is there any past/present history of any Examiner Record Is there any past/present history of any Examiner Record Declaration Declaration of the following? of the following? No Yes Yes No Yes No Severe one-side headaches (Migrane) ~ Hernia / Hydrocoele / Appendictis V High/Low Blood Pressure / Heart Disease Fits / Epilepsy / Dizziness / Fainting Asthama / Bronchitis / Tuberculosis Eye / Vision / Problems (Glasses etc) 1 Hearing Impairment Infection / Contagious Disease Addiction to aichebol / drugs / tobacco Fracture / Dislocation / Injury / Amoutation Ear / Nose / Throat Problem V Stomach / Bowel Disorders Gall Stones / Kidney Disorders Jaundice / Liver Disease les / Vericose veins Nervous / Mental disease / Sleep disorder Blood Disorder Malignant Disease (Cancer) Female Disorders Notes: Candidate's Declaration: My signature below acknowledges that all statements provided by me in this application are true & correct to the best of my knowledge and belief and I further authorise & consent to the release of any /all of my medical records from any source including Insurance offices, Doctors, Hospitals or other institutions and public authorities. This general medical release will also authorize the release of any /all of my psycological records. If I am being tested for HIV virus. I consent to have the result revealed to my employer. I declare the above statements to be correct. I hereby certify that the above medical statements are true and will form the basis of my medical examination. I agree that any omission or mis-representation shall preclude me from employment and other medical benefits. Abdul Gaffe **Medical Examination:** Pulse-beats/min Height in cms Blood Pressure in mm of Hg Weight in Kgs Resp. Rate/min General Appearance | 3 | 80 mg | 7 8 5 mg | 9 5 mg | HEALTHY
Field Of Vision Audiometry Hz 500 1000 2000 3000 4000 5000 6000 8000 Compliant with 173 Distant Vision (Snellen's Chart) Uncorrected Corrected dB 20 20 20 Right Ear Normal MLC2006, 6 Not Indicated w Right Eye STCW 2010 Abnormal STANDARD 16 *Hearing Left Eye Normal Voice Whispered Voice A-1/9 4 METER Ishihara Colour Normal Right Ear Abnormal 2 METER Vision Others Left Ear Normal Notes Systemic Examination Norm Abnor Head & Neck FIT FOR SEA SERVICE Sespiratory System Ear / Nose / Throat er Abdomen AS Teeth / Oral Cavity Musculo-Skeletal System AS PER MLC 2006 Nervous System Reflexes Enhanced GARD Medicals done Investigations: Result Normal Urine M: 13-17 F: 12-15 gm⁴ 4000 - 10000 / cu.m Neu Oll Lymp3 % Ba UNU Mo DH 1 - 10 mm/hr Albumin SGOT 0 - 35 TU / L Sugar 22 5GPT 10 - 60 TU / L Bile Pigment Bile Salt 181 Cholesterol 130 - 220 mg / dl Triglycerides upto 200 mg / dl Occult Blood Blood Sugar upto 140 mg **RBC Cells** Creatinine upto 1.5 mg / dl MIR MD 210 GGTF upto 55 IU / L Spirometry negure. Nego. HbsAg Drug of Abuse HIVIBIL negen TMT RAD **VDRL** ECG nous HOSE nonn Others USG now XRay (Chest PA) **Result Of Medical Examination** On the basis of the history, clinical examination & diagnostic tests, I, hereby declare the above examinee has been found me Remarks / Recommendation : *Unaided Hearing : Satisfactory
1. , certify that all information required under Annexure E & F of M.S (Medica) iscal Hospitals n) Rules 2000 are incorporated in this certificate 0 6 AUG 2023 0 6 AUG 2023 Date of Medical fitness: DR. MHR. MD. RALHAN MBBS (DU), DEM CCD (Birdem), PGT (Ophth) Validity of Medical Certificate: 0 5 AUG 2025 IDENTITY of CANDIDATE CONFIRMED WITH

General Physician

Radical Hospitals Limited.

04.2023.4527

MEDICAL CERTIFICATE FOR FITNESS FOR SERVICE AT SEA

FIT FOR DUTY ON BOARD SHIP

Last/Family Name	First & Middle /Given Name		Position applied for	
GAFFER	ABDUL	A. V	MASTER	
Date of Birth Sex	Nationality	ID (Pass)	port/Discharge book) No.	
31/10/1975 MAL	E BANGLADESHI	clo	12763	
standards of MLC 2006 Reg 1.2; STCW 2	er after establishing his identity as per the documents to 10 to 1	tion issued by the Directora	te as amended from time to time) .
(a) that the hearing meets the required	standards for his rank:-		Yes N	
Unaided hearing is satisfactory				No No
#3 16 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			,	••
(b) Visual acuity meets the required sta			Yes N	No
Colour Vision meets the the required	I standard		Yes N	No
that he is fit for look out duty			Yes N	No
(c) that he needs visual aids / informed	to carry spares		Yes N	No
			165	*0
 (d) that he is taking regular medication to take same during his tenure on bo 	n & seafarer does require oard vessel		Yes N	10
			, , ,	
	m any disease likely to be aggravated by, or render him	n	~	1.5
unnit for, service at sea or likely to er	ndanger the health of other persons on board ships		Yes N	VO.
** This Medical Certificate Is issued	with following restrictions			٦
** Reasons for being unfit				\perp
				٦
Physician Signature:		Clinic Stamp		
Physician Name Printed:	DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved	Radi	sal.Hosphala	
Date: 0 6 AUG	General Physician Radical Hospitals Limited	*Again	13/Per:MLG:2006	
Valid Till: 0.5 AU	5 2025	13	Denarme III	
Authorizing body of Medical Ex	aminer: Directorate General of Shipping, Gov	vt.of Bangladesh		
I acknowledge, that I have been add 0.6 AUG 20 Seafarers signature with Date:-	vised of the content of the medical certificate & o 123 Abdul Gaff	of the rights for a review a	and my obligations.	

Delete whatever is not applicable

MEDICAL FITNESS CERTIFICATE



LAST NAME OF APPLICANT GAFFER	FIRST NAME ASDUL MIDDLE
	NITIAL INITIAL
MONTH DAY YEAR PLACE OF BIRTH NOAKHAL	COUNTRY BANGLADESH
EXAMINATION FOR DUTY AS: MASTER	MAILING ADDRESS OF APPLICANT FLAT - CG, H. NO - III/A, RD - 3, BLOCK - F, BANANI - 1213, BANGLADESH.
MEDICAL EXA	MINATION
HEIGHT 1.73M WEIGHT 76 Kg BLOOD PRESSURE	PULSE 81/m RESPIRATION GENERAL APPEARANCE
VISION:	HEARING:
WITHOUT GLASSES 666 LEFT EYE	RIGHT EAR LEFT EAR
WITH GLASSES	
COLOR TEST TYPE : BOOK LANTERN test is normal	YELLOW RED MGREEN BLUE M
HEAD AND NECK	HEART (CARDIOVASCULAR)
LUNGS Nonmy	-
SPEECH : Is speech unimpaired for normal voice communication ?	
EXTREMITIES: UPPER NOTM	LOWER
is applicant suffering from any disease likely to be aggravated by, or to render him un	fit for, service at sea or likely to endanger the health of other persons onboard?
THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN	TO: ABDUL GAFFER
AND HE /-SHE'S FOUND TO BE FIT FOR SEA SERVICE FROM	
NAME AND DEGREE OF PHYSICIAN DR. MR. MD ADDRESS_RADICAL VCSP1	RAINAM. NBOS. DFM (PLEASE PRINT) LIMITID. UTTNE
NAME OF PHYSICIAN'S LICENSING AUTHORITY DC SVM	pping Bonumus.

This certificate is issued in compliance with the requirements of the Medical Examination (Seafarers) Convention 1946 (ILO No. 73)

DR. MIR. MD. RAIHAN

MB8S (DU), DFM. CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

General Physician

Radical Hospitals Limited. DR. MIR. MD. RAIHAN
MBBS (DU), DFM. CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

N	MEDICAL CERTIF	ICATE FOR I	PERS	ONNEL SERVIC	E ON BOA	ARD .	
SURNAME: G	AFFER	GIV	EN NAM	E(S): ABD	UL		
DATE OF BIRTH: DAY 31 MONTH 1	0 YEAR (975	A	PLACE OF BIRTH CITY NOAKHALI COUNTRY BANGLADESH MALE THE FEMALE TO				
POSITION ON BOARD: MASTER DECK OFFICER ENGINEERING OFFICER RADIO OPERATOR RATING		FL	LAT -	DRESS OF APPLICAN CG, H.NO-III JI, DHAK	/A, RD	-3, BLOCK-F,	
DECLARATION OF THE	AUTHORIZED PHYSICIA	AN	GIB				
	VISION			COLOR TEST TYP	E	HEARING	
	WITHOUT GLASSES	WITH GLASSE	ES [воок			
RIGHT EYE	646		1	LANTERN RED	RIG	HT EAR M	
LEFT EYE	(b) .		GF	REEN AND BLUE	LEF	TEAR (VY)	
Confirmation that identific	ation documents were ch	ecked at the point	of exam	nation: YES N	0 🗆		
Hearing meets the standa	rds in STCW Code, Secti	ion A-1/9? YES		NO NOT	APLICABLE [
Unaided hearing satisfact	ory? YES NO			- Desiring The Colored			
/isual acuity meets stand	ards in STCW Code, Sec	tion A-1/9? YES	1	NO 🗆	SERVE CUM		
the visual test it is require Date of the last colour visi Are glasses or contact len Able for watchkeeping? Y s applicant taking any no	ion test: (Day/Month/Year ises necessary to meet th ES NO	e required vision s	standard	NO 🗗			
is the seafarer free from a endanger the health of oth Hereby I declare that I am	ner persons on board? YE	SE NO]		the seafarers (unfit for such service or to	
Aldul Gad		A SOUL		FFER		0 6 AUG 2023	
Signature of	Applicant	Nam	ne of App	licant	8323000	Date	
CIRCLE APPROPIATE (ENGINEERING OFFICER	R / RADIO OPERATOR / I	S FOUND TO B RATING) (WITHO FIT FOR DUT	UT ANY	/ WITH THE FOLLOW!	TY AS A (MAING) RESTRIC	ASTER / DECK OFFCIER / CTIONS:	
NAME AND DEGREE OF	PHYSICIAN-	12- m	1R-	mr. P	2 MMM	HAM. MOBY U	
ADDRESS: (2)	DICAL	1AUS PI	171	il um	TAD	1	
NAME OF PHYSICIAN'S	CERTIFICATING AUTHO	ORITY:	06	814 PP1,	NG	BANKUMO	
DATE OF ISSUE PHYSIC		,	~~~	MG mis	1 2 15	114	
SIGNATURE OF PHYSIC	IAN:	STA	MP OF I	PHYSIO(AND	No.	DATE: 0 6 AUG 2023 -	
EXPIRY DATE OF CERTI		5050		3 Applications	(g) Š.)		
	This cer of the STCW Convent	tificate is issued in tion, 1978, as ameno	complian ded and th		2006.		
DR	MIR. MD. RAII	HAN (Ophth)		Departition	**		

BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.



WALLEM SHIPMANAGEMENT(INDIA) PVT. LTD.

REQUISITION FOR SEAFARER'S MEDICAL EXAMINATION (Confidential Document)

Form MHRS 08 Prepared by : MR

Approved by : MD Issued : Feb '08 Revised : Mar '17

From :
(Please write Name, Address & Contact Details of Manning Centre)
To: Uniona Dhaka Bangladash (Please write Name, Address & Contact Details of the Doctor/ Clinic/Examiner)
Please carry out medical examination of the seafarer, the details and requirements for which are as stated below.
(Name & Signature of Responsible Person from Manning Centre) Examinee's Details: Date: 0 6 AUG 2023
Full Name : ABDUL GAFFER Address : FBAT - CG , HINO - 111/A , BANANI , DHAKA ,
Date of Birth: 31/10/1935 Rank: A. MASTER Name of vessel to be assigned:
Type of vessel: TANKER Trade area: WORLD WIDE
(Container, Tanker, Passenger etc) (e.g. Coastal, Tropical, Worldwide):
CDC No. : <u>40</u> 2763 Passport No. : <u>A07542891</u> Crew ID.(from Compas):
Position Offered/ Applied for : A MASTER Routine & Emergency Duties (if known) :
As per requirements of applicable P&I club:
☐ West of England P&I ☐ UK P&I ☐ Steamship Mutual Underwriting Association
☐ Britannia P&I ☐ Skuld P&I ☐ North of England Association P&I
☐ Standard P&I ☐ Gard P&I ☐ London Steamships P&I
☐ Japan P&I ☐ American Steamships P&I ☐ Others :
As per requirements of applicable Flag State :
□ Liberian □ NIS □ Panamanian □ Marshall Islands □ Malta
□ Danish □ ILO □ UK □ Others:
Medical Examination Module (as applicable): (Please refer to "Annex 1" of WSM(I)'s Quality Manual)
FOR SEAFARERS: Please write any past medical history [Injury or Illness] in detail; any history of allergy t drugs should be mentioned in the box provided below:
**
Please read and sign the following statement:-
"I certify that my past medical history will be/has been fully declared to the Company Doctor and any fals statement or undisclosed material and/or information in regard to past or present illness and/or predical condition(s
will disqualify me from any employment benefits and claims."
Abdul Goffer.
Seafarer's Signature Date: 0 6 AUG 2023 Doctor's Signature Date: 0 6 AUG 2023
Date: 0 6 AUG 2023 Original: Doctor & Copy: Manning Centre Date: 0 6 AUG 2023 Date: 0 6 AUG 2023
Original: Doctor & Copy: Manning Centre Remark: The document to be uploaded into CMS under "Medical" Tab. DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.

laws.

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED

BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

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Fit to form the duties she is to rry out.	Fit to perform the duties he/she is to carry out with the prescribed medicines which will not affect seafarer's health while onboard.	Temporarily unfit to perform the duties he/she is to carry out.	Permanently unfit to perform the duties he/she is to carry out
ng Centres			
	Position Offer	red/	
	Applied for:		
Tropical [WorldWide	
tion with N	Medical History	owledge)	
ra	ration with N	Applied for:	Applied for:

Examinee's Personal Details GAFFER ABDUL Name of Examinee (Family/ last, first, middle): FLAT - CC, H. NO - III/A, RD - 3, BLOCK-F, Home/ Permanent Address: BANANI, DHAKA-1213, BANGLADESH Mailing Address: SAME AS ABOVE Date of birth (day/month/year): 31 10 1975 Sex: MALE City: NOAKHALI Place of Birth: BANGLADBSH Nationality: MASTER Rank: Country: BANGLADESH **Civil Status:** Identity Docs/ Passport /Discharge Book C/0/2783 00 HOSDIES

seafarer shall be fully responsible/ liable for the consequences/ damages / penalties as per the provisions or the applicable

Examinee SW Is there any past / present there any past / present story of any the following history of any of the following Examinee Examiner's Examinee Examiner's



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		eclaration	Rec	ord		Deck	aration	Red	cord
	Ye	es No	Yes	No		Yes	No	Yes	No
Loss of Consciousness/ F / Head Injury / Dizziness Loss of Memory	/	~		/	Malignant Disease (Cancer) including Lymphoma, Leukaemia and related conditions Recurrence – especially Acute Complications, e.g. Harm to Self from Bleeding and to others from Seizures / Tumo	r	~		_
Neuropsychiatric disease or Depression/ Suicidal Tendency/ Psychosis	es	~		/	Stomach / Bowel Disorders/ Digestive Disorder		~		
Ear (Hearing, tinnitus) Problems / Impairment		~		1	Gall Stones/ Jaundice / Kidn Disorders	ey	v		_
Mental Diseases, Breakdown / Sleep Disor	rder	~		-	Severe/ Frequent/ One Sideo Headaches (Migraine)		~		
Fractures / Dislocations , Injury / Amputation/ Restricted Mobility	/	~		-	Back / Joint Problems/ Wrist Problems/ Slipped Disc	EL TAIL	V		_
Eye/ Vision Problems (Whether using Glasses/ Contact lenses)	/	~		-	Hernia / Hydrocoele / Appendicitis		~		_
Balance Problem		1			Piles / Varicose Veins		V		
Sinuses/ Nose/ Throat Problems		V		1	Allergies / Rash/ Skin Disea	se	~		_
Thyroid Problem		~			Female Disorders	NIA	N/A		
High / Low Blood Pressur Blood Disorder	re/	~			Major / Minor Operation/ Surgery		~		
Heart Disease, Surgery / Chest Pain/ Vascular Disease (inc. Pedal Pulse		~			Contagious Diseases/ Gastrointestinal infection / Other Infections		~		-
Chronic Cough/ Asthma / Bronchitis / Tuberculosis	0.75	~		/	Sexually Transmitted Disease/Infections		~		,
Shortness of Breath		V		-	Addiction to Alcohol/Drugs/Ggarettes /Tobacco.		V		
Rheumatic Fever		V			Diabetes	5			
for Male Examinee You	es No	If "Yes",	give deta	ils		or Female E	xaminee	Yes	No
Prostate Problems/ Testicular Lumps	~	TES.				Breast Lump Menstrual P			_
Penile Discharge	1					Pregnancy			
Multiple Partners	V				4	Multiple Par	rtners		

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(Confidential Document)

Arthritis Spondy	losis (Oster	parthritis, Rheuma	toid) & Gout					
		consumed any of th		dication			_	~
The second secon		ts, Cold, Action 50		area erori				-
the state of the s		tate name of Drug		/ Fortwin etc			7.7	1
		tic Drugs, Nasal Dr		ij roitwiii etc.				1
		m your family Doo	OU PONT HEID YOU			-		-
To What Extent D	Name and Address of the Owner, where the Owner, which is the Owner, where the Owner, where the Owner, which is the Owner, which		No	Cia	rettes: No	75411	Name and the same	-
Tobacco:	No			Jo, ug.	nettes. No		-	
		cription or prescri						
		ations taken and			100000000000000000000000000000000000000			
THE RESERVE OF THE PARTY OF THE	the state of the s	previous medical	and the second s	THE RESERVE AND ADDRESS OF THE PARTY OF THE				
				AU WEITENSEN				
				211				
				as? If yes, please i	nention the name	s of cou	intries that you h	ave
been to (includi	ng ports of t	call in your last ve	ssei).	10				
Family History :							I Vec	T No.
Diabetes							Yes	No
Blood Pressure/	Uses Disease							-
Mental Illness/								1
Cancer	cpirepsy/ Se	eizure						1
	f sh a a h a	alassa sumlalas				_	1	
		, please explain:	. 1	+ cancer	1. 0.0	v 0-04		
My moth	cere a	ied from	1 bices	T cancer	- in 200	1 ,		
Ancres harmalar								
Any other major	conditions	None						
Would you say th	nat wour hor	olth is: Excellent	Cood + Fair			-		
would you say ti	iat your nea	itui is. Excellent	GOOD - Pair					
1		holdin	g Passport/Se	aman Book no	hereb	v declar	re that I have ma	de full
disclosure of all	of my med			staff of this clinic.				
				yment as a sea				
				ose the right to be				
would otherwise	e be due to	me under the Cor	ntract of Emplo	oyment or under a	ny Collective Barg	aining A	Agreement. I also	hereby
				demand to my er				
the vessel or the	eir authoriz	ed representative	s. I hereby als	o certify that the	ersonal declarati	on abov	ve is a true state	ment to
			rize the releas	se of all my previo	us medical records	s from a	ny health profes:	sionals,
health institution	ons and pub	lic authorities to						
_		***		•	-2-1	-	upromovano movo	
Dr				al practitioner carr	ying out the medic	cal exan	ninations).	LILES EL
Signature of Exa	minee:	Aledul	Gaffer	, Date(day	/month/year):	n	6 AUG 2023	
-2		1 000000	- DD				0 1100 2020	
	030-0-0-0-							
Height in cms:	173	Weight in Kg:	76	Blood Pressure	Systolic 30 (mmHg)	Diastolic 80	(mmHg)
BMI: 25"	J	Temperatures:		Pulse Rate:	783	~	Respiratory rate,	1
20	3	48°F		Rhythm:	Leuren		19 0	/m
Chest: Insp:	1,2	Exp; 4		Oral Health			General Condition	1
пізр.	4	C			auri			/
			Part II - M	edical Examination		120	da a marka a una	

The Company has set the following BMI limits:

A seafarer with a BMI: 18 or below; or 30 or above is considered temporarily unfit.

For seafarers from Northern Europe, the Indian subcontinent, Russia, Ukraine & Romania with a BMI of between 30 and 35 and where this, in the Government (DGS) approved medical examiner's opinion, is attributable solely to physique with broad shoulders/large muscle bulk with main muscles clearly or the body not obscured by subcutaneous fat and no co-morbid complications (eg. Diabetes, Hypertension, Dyslipidemia and the complications (eg. Diabetes, Hypertension, Dyslipidemia and the complications (eg. Diabetes, Hypertension, Dyslipidemia and the complete of the complete

If the results of the stress/ treadmill test are average of a seaface on be considered "fit to work", however, the seafarer MUST always be counselled on weight loss and ways/means their health.



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BMI MUST also be taken into consideration during the seafarer's pre-employment medical examination and it is the

					.te.				7			-			
				isual acu	iity				1 1			Visu	ual fields		
	-	Unaided		-		Aid						Normal		Defective	
	Right	Left eye	Binocula	ar Ri ey	ght re	Left eye	Bin	ocular		Right e	ye	-			
Distant	6/6	616							1 [Left eye		12,000			
Near	1								1 '	-3070011		E-W			
	s or contact l				requir	ed vision	standaro	? Yes /	No					W. S. W. CO.	
If yes, spec	ify which ty	pe and for w	vhat purpo	ose:						4					
olour vision				-10											
Date of las vision test:				Boo		_ Lan	ern *	-	aihara *		CIE-43-	-2001	*		
Check if col Normal:	lour test is	Yellow		*	Re	d /			Green	1	*	BI	ue		*
Colour Visio	on:	Not tes	ted	*	No	ormal			Doub	tful		D	efective		*
learing:															
Pure tone a	ind audio me	try (thresho	old values	in dB)						Spe	ech an	d Whis	sper Test	(Met	ers)
		FOO	1,000	2,000	3	,000	4,000	6,000					Normal		Whispe
	y	500 Hz	1000000000	2010	1000	*10.000		100000		1			ivoimai		
Audiometry	У	Hz	Hz	Hz	Н	łz	Hz	Hz		Ris	htear		G		u
Audiometry Right ear Left ear	y eck/Navigation	Hz W	Hz 2v 2v	Hz 2	H د	łz	Hz	Hz	municati	Lef	ht ear t ear		9		9
Audiometry Right ear Left ear		Hz W	Hz 2v 2: Is spee	Hz 2	ا ک mpair	ed for no	Hz	Hz	municati	Lef		Non	4		9
Audiometry Right ear Left ear Speech (De		Hz W	Hz 2v 2v	Hz 2	ا ک mpair	łz	rmal vo	Hz ice com		Lef		Non	4	Al	bnormal
Audiometry Right ear Left ear Speech (De		Hz W	Hz 2v 2: Is spee	Hz 2	ا ک mpair	ed for no	rmal vo	ice com	ns	Lef		Non	mal	Al	9
Audiometry Right ear Left ear Speech (De		Hz W	Hz 2v 2: Is spee	Hz 2	ا ک mpair	ed for no	rmal vo	ice com		Lef		-	mal	Al	9
Right ear Left ear Speech (De Head Eyes Eye Moven	eck/Navigation	Hz W	Hz 2v 2: Is spee	Hz 2	ا ک mpair	ed for no	rmal vo	Hz ice comi	ns . Pedal F	Lef		-	mal	Al	9
Right ear Left ear Speech (De Head Eyes Eye Moven Ophthalm	eck/Navigation	Hz W onal Officer	Hz 2v 2: Is spee	Hz 2	ا ک mpair	ed for no	rmal vo Varic Vasct Abdo Herni	ose Veirular (Inc	ns . Pedal F	Lef		-	mal	Al	9
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Departmen

Other diagnostic test(s) and result(s):

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED

BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

OHF 48 Form: Version: 01 Date: 18 Aug 21

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(Confidential Document)

Test:	-	978			Res	ult:	3111-41 - 11111-11		
nvestigation:		Illustration and the second	AND THE RESIDENCE OF THE PARTY			Marin Waller Com		- X	
Blood		Result	Normal	U	rine	Result	Additional Tests	Result	Normal
Haemoglo	bin "Hb"	g)di	13 – 18 gm/ dl	Co	lour	Straw	(HbA1c)	1.4.6.	4.0 % - 6.5 %
Total WB	C count	8210	4,000 - 11,000 / cu.mm	100	cific avity		RBS/ FBS (Bloc test	od 6.2	
Neu <u>60</u> %	, Lymp <u>J</u>	3, Eos 53 %	%, Bos 04%, Mo	F	Н		Total Bilirubi	1.77	0.1 - 1.0 mg/dl
Blood Group (& Rh factor	(tested only or	ce, need not be	Alb	umin	Nel	Direct Bilirubir	1 2/10	0.0 - 2.5 mg/dl
BIE	SR	55	1-15 mm/hr	Su	igar	NI	Indirect Bilirubi	n ~10	0.0 - 0.75 mg/dl
Plate	lets	22600	1.50-4.00 Lakh/ul	Bile P	igment		SGPT	31	9-43U/L
Fasting Lip	id Profile			Bile	Salt		SGOT	211	0 - 40 IU/L
S. Triglyo		351.	25-200 mg/dl	Occul	t Blood			24	0.40.00
Cholester	ol Serum	181	130-220 mg/dl	RBC	Cells	111	SGGT	25	0 - 49 IU/L
HDL Cholest	erol Serum	MID	35-65 mg/dl	Leuc	ocytes	1,11	Blood Urea	0110	10 - 50 mg/dl
LDL Cholest	erol Serum	116	85-150 mg/dl	Stoc	ol Test	Result	S. Creatinine	0.75	0.8 - 1.4 mg/dl
VLDL Cholest	terol Serum	MID	07-35 mg/dl	Bacter	ologica	1 2.1=	BUN	9.40	5-23mg/di
Total/HDL C	holesterol	.2.32	3.0-5.0	Para	sitical	4.15	PSA	(1)	Less than 4.00 ng/ml
LDL/HDL CI	holesterol	110	The state of the s	Ot	hers		Malarial Parasi	te N-17	
Hepatitis B	Positive	Nega		HIVI	811	Negrhi	Uric Acid	_	2.4 - 7.5 mg/dl
Hepatitis C	Positive	Nega	tive	VDF	tl.	Negum.		7.40	1
Drugs: Met Results:	hod:					74			
Detected	10,000	phetamines <i>)</i> ne *	Barbiturate/	Urine *	11 (2.5)	ijuana, THC, nabinoids e *	Cocaine/ Urine *	Opiates & Mo	orphine *
Cut Off Limit	(100	00 ng/ ml)	(200 ng/ ml)		50 ng	y/ ml	(300 ng/ ml)	++1	F
Not Detecte	ed Am	phetamines,	Barbiturate/	Urine *		ijuana, THC,	Cocaine/	Opiates & Mo	orphine *

Part III - Result of Medical Examination

Cannabinoids /

Drugs of Abuse Ultrasound (USG) of

the Abdomen & Pelvis

Urine *

Urine *

is applicant vaccinated in accordance with WHO requirements? Yes / No.

Urine *

Spirometry

ECG

Vaccination status recorded: Yes / No Satisfactory * to be renewed *



SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED

BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended Form: OHF 48 Version: 01 Date: 18 Aug 21 Page: 6 of 7

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In	0	+-	10	

Describe restrictions (e.g. specific positions, type of ship, trade area):

Action taken by medical examiner (e.g. referral):

Examination	Results of the e	xamination		Results of the e	vamination
	Pass Fail		Examination		
Medical History			Fecalysis (food service/ handlers only)	7635	Fail
Physical Examination			Hep B Antigen		
Dental Examination			Hep C Antibodies		
Psychological Test			Stress Test		
Visual Test			Diabetes		
Colour Vision	2	119(100) - 12	Ultrasound Examination (Presence of gall & Kidney Stones)		
Audiometry			Alcohol/ Drug Test	-	_
EKG			2D echo Doppler study (for heart patient) Psychometric evaluation		

If failed in any above mentioned examinations and examinations report attached to this form, please provide reasons with examination number:

This examinee is certified free of communicable disease (or viruses for cooks) : Yes / No

I have evaluated the above-named seafarer after establishing his identity as per the documents mentioned above and in compliance with the medical standards of STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12- Guidelines on the Medical Examinations of Seafarers and also Merchant Shipping (Medical Examination) Rules by the Government (DGS), as amended from time to time. On the basis of the examinee's history, personal declaration, my clinical examination, the diagnostic test results obtained, and in consideration of the essential requirements of the position applied for, my opinion is

- (a) that the hearing meets the required standards for his / her rank and detect any audible alarms/ Unaided hearing is satisfactory
- (b) Visual acuity meets the required standards for his/her rank /Colour Vision meets the required standard (testing only required every 6 years unless considered necessary)/ that he / she if fit / unfit for look out duty
- (c) that he / she needs / does not need visual aids / informed to carry spares
- (d) that he/she is/is not taking regular medication & seafarer does /does not require to take same during his tenure onboard vessel that he/she is/is not taking any medication that has side effects that will impair judgment, balance, or any other requirements for effective and safe performance of routine and emergency duties onboard?
- (e) that the seafarer is not suffering from any disease, medical condition, disorder or impairment which renders him/her that will prevent the effective and safe conduct or likely to be aggravated by, or unfit for, routine and emergency service at sea or likely to endanger the health of other persons onboard ships.

1	Deck service	Engine service	Catering service	Other services (training/
Fit:			*	examination) *
Unfit:				

this seafarer is UNFIT FOR DUTY**/ FIT FOR DUTY with/ without restrictions* as mentioned below,

* This Medical Certificate is issued with following restriction (pecific position, type of ship, trade area & other as

** Reasons for being unfit

WALLEM_

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED

BY AN APPROVED EXAMINER

In accordance with:

STCW Convention, 1978, as amended, MLC 2006,

ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended Form: OHF 48 Version: 01, Date: 18 Aug 21

Page: 7 of 7

(Confidential Document)

This is to certify MR. ABOUL GAFFER	was physically examined and he/she is found to
be FIT for sea service/ look-out duty for the period from examination <u>0.6 AUG 2023</u> Date of rocertificate validity date (day/month/year): 0.5 AUG	medical examination Vitara, Dhaka, Bargiadash Medical
(Validity should	not be more than 2 years)
Degree:	Address:
Name of Medical Examiner/ Physician Certificate /Licens Date of issue of Medical Examiner/Physician Certificate/	e issuing Authority:
	- Jun
Examinee's Signature	Official Stamp & Signature with Govt. (DGS) Approval/
This signature is affixed in the presence of the Medical Examiner	Noof Medical Examiner
print name of medical examiner if not legible) and I acknowledge, that have been advised of the content of the medical certificate & of the light to a review in accordance with paragraph (6) of section A-I/9 of STCW Code and my obligations.) Date: 0 6 AUG 2023	DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Racical Hospitals Limited

Original: Master & Crewing Dept

cc:Seafarer

Remark: This form is to be uploaded in Crew Management System, Medical tab by the Manning centre.





 E-mail : idic@ibnsinatrust.com Web : www.ibnsinatrust.com

IBA SINA DIAGNOSTIC & IMAGINO

* D9341933*

10

BIOCHEMISTRY REPORT

* D9341933*

Bill on: 05/08/23, 09:56 AM Print. on: 05/08/23, 03:23 PM Deliv. on: 05/08/23, 05:00 PM ID No : D93419

Name

: MR. ABDUL GAFFER

Age:47 Y 0 M 0 D Sex

Ref.by

: Universal Shipping Services.

Specimen: Blood

Collected on: 05/08/23, 12:33 PM

Received on:

05/08/23, 01:20 PM

Listimations are carried out b	y Vitros 5600/Dimension EXL	200/ Dimension EXL with LM/D-10
--------------------------------	-----------------------------	---------------------------------

Parameter	Test Result	Reference Value	
* Plasma Glucose Random	6.20 mmol/L	<11.11	
HbA1C	4.6 %	Normal :<5.7 Prediabetes :5.7 to 6.4 Diabetes :>=6.5	
BUN	9.40 mg/dl	718	
* S. Creatinine	0.75 mg/dl	Male: 0.70-1.30 Female: 0.50-1.10 Child: 0.30-0.70	
*S. Uric Acid	7.40 mg/dl	Male: 3.70 - 7.70 Female: 2.50 - 6.20	
* S. Bilirubin (Total)	1.77 mg/dl	Adult: 0.30-1.20 Neonatal: 1.50-12.00	
* S. ALT (SGPT)	31 U/L	Adult Male: <45 Adult Female: <34	
S.AST (SGOT)	24 U/L	15-37	
S. Total Protein	7.05 g/dl	Adult: 6.40 - 8.20 Newborn: 4.40 - 7.60 Child: 6.00 - 8.00	
S.Gamma GT	25 U/L	Male:15-85 Female:5-55	
* Lipid Profile (Fasting)			
S. Cholesterol (Total)	181 mg/dL	<200	
S. Triglyceride	351 mg/dL	<150	
S. HDL Cholesterol	34 mg/dL	>40	
Non-HDL-Cholesterol	147 mg/dL	<130	
S. LDL Cholesterol	116 mg/dL	<100	44
T.Cholesterol-HDL Ratio	5.32	Low risk:<4.0 High risk:>6.0	

^{*} ISO 15189:2012 accredited parameter.

Prof. Bilquis Ara Begum MBBS, M.Phil (Med.Bio)



E-mail : idic@ibnsinatrust.com

Web : www.ibnsinatrust.com

IBN SINA DIAGNOSTIC & IMAGING CENTER 150 9001:2015 Certified



10 HAEMATOLOGY REPORT

ID No : D93419

Bill on: 05/08/2023, 09:56 AM Print. on: 05/08/2023, 12:48 PM

Deliv. on :05/08/2023, 05:00 PM

Name : MR. ABDUL GAFFER

Age: 47 Y 0 M 0 D - Sex: M

Ref.by : Universal Shipping Services.

Specimen:Blood

Collected on: 05/08/2023, 10:07 AM Received on: 05/08/2023, 11:05 AM

Estimations are carried out by Automated Haematology Analyzer Sysmex XN2000 / XN1000 & checked manually,

Parameter	Result	Referance Value
Red Blood Cells		
* Haemoglobin	15.0 g/dl	Adult: Men: 15.0±2.0, Women: 13.5±1.5 At birth: 13.5-19.5, 3 Days: 14.5-22.5 1 Month: 11-17, 2-6 Months: 9.5-13.5 2-6 Years: 11-14, 6-12 Years: 11.5-15.5
* Total RBC	4.87 million/Cmm.	Men: 5.0±0.5, Women:4.3±0.5
ESR	05 mm (Auto Analyzer)	Men: 0-10, Women:0-20
* PCV/HCT	0.41 1/1	Men: 0.45 ± 0.05 , Women: 0.41 ± 0.05
MCV	84.2 fl	92±9
MCH	30.8 pg	29.5 ±2.5
MCHC	36.6 g/dl	33.0±1.5
RDW-CV	12.2 %	12.8±1.2
NRBC	0.0 %	0.0
White Blood Cells		
* Total WBC	6,210 /Cmm.	Child: 5,000-15,000 Adult: 4,000-11,000 Infant:6000-18,000Atbirth:10,000-25,000
Circulating Eosinophils	248 /Cmm.	50-500
Differential Count		
Neutrophils	60 %	Child: 20-50 Adult: 40-75
Lymphocytes	33 %	Child: 40-75 Adult: 20-40
Monocytes	03 %	2-10
Eosinophils	04 %	2-6
Basophils	00 %	0-1
Others	00 %	
Platelet Count:		
* Total Platelet Count	2,26,000 /Cmm	1,50,000-4,50,000
MPV	10.6 fl	8.0-9.5

* ISO 15189:2012 accredited parameter.

Md. Shafiqul Islam Medical Technologist (Lab.) Ibn Sina Diagnostic & Imaging Center DR. MAJ. MOHAMMAD HUMAYUN (RTD.)
MBBS, MCPS (Cl. Path), FCPS (Haematology)

Consultant Haematology Ibn Sina Diagnostic & Imaging Center



E-mail : idic@ibnsinatrust.com

Web : www.ibnsinatrust.com

IBN SINA DIAGNOSTIC & IMAGING CENTER URINE ROUTINE EXAMINATION

D No : D93419

Voucher Time 05/08/2023, 09:56 AM

Delivery on: 05/08/2023, 05:00 PM

Name

: MR. ABDUL GAFFER

Printed on: 05/08/2023, 11:28 AM

Ref.by : Universal Shipping Services.

Received on: 05/08/2023, 10:59 AM

Specimen : Urine

Collected on: 05/08/2023, 10:07 AM

Relevant estimations are carried out by Automated Urine Analyzer(LabUMat 2 + Urised 3, Hungary) & checked manually.

Age: 47 Y 0 M 0 D Sex: M

PHYSICAL EXAMINATION	Result	Reference Value
Colour	Pale Yellow	Pale Yellow /Straw
Appearance	Clear	Clear
Specific Gravity	1.004	1.010 - 1.022
CHEMICAL EXAMINATION		
PH	5.5	4.5 - 8.0
Protein	Nil	Nil
Glucose	Nil	Nil
Acetone (Ketone body)	Nil	Nil
Bilirubin	Absent	0.2 mg/dL
Urobilinogen	Absent	0.1 - 1.8 mg/dL
Nitrite	Negative	Nil
Leukocyte	Nil	Nil
MICROSCOPIC EXAMINATION		
Epithelial Cells	1-2	1-5/HPF
Pus Cells	0-2	0-5/HPF
RBC	Nil	0-2/HPF
Dismorphic RBC	Nil	Nil
Trichomonas	Nil	Nil
Yeast/Candida	Nil	Nil
Spermatozoa	Nil	Nil
Cast		
Hyaline Cast	Nil	0-2/LPF
Granular Cast	Nil	Nil
Cellular Cast	Nil	Nil
RBC Cast	Nil	Nil
WBC Cast	Nil	Nil
Waxy cast	Nil	Nil
Crystal		A STATE OF THE STA
Calcium-Oxalate	NiI	Nil
Amorphous Phosphate	Nil	Nil
Uric Acid	Nil	Nil
Urates	Nil	Nil "
Triple Phosphate	Nil	Nil
Others	Nil	Nil

Ref: Clinical diagnosis and managements by laboratory methods (John Bernard Henry)

Checked by

Dr. Md. Shahjahan Chowdhury

2

MBBS, MCPS,DCP(BSMMU) Consultant, Pathologist Ibn Sina Diagnostic & Imaging Center

Printed On: 05/08/2023 11:49:15 AM

Printed By: Ferdous Ahmed (ferdous)



E-mail:idic@ibnsinatrust.com

Web : www.ibnsinatrust.com

IBN SINA DIAGNOSTIC & IMAGIN





ID. No

D93419

Received date: 5 Aug 2023

Printed date: 5 Aug 2023

01:46PM

Patient Name:

MR. ABDUL GAFFER

Age: 47 y(s) Sex: Male

Exam

XR CHEST P/A VIEW DIGITAL

Universal Shipping Services. Ref. By

Thanks for your kind referral.

Report:

Chest X-Ray - PA View

Diaphragm

: Normal in position & outline.

Heart

Normal in TD & contour.

Trachea

Normal in position.

Lungs

Both lung fields are clear.

Bony thorax

Apparently normal.

∆ Normal findings.

Prof. Dr. Md. Iqbal Hossain

MBBS. DMRD, FCPS. Ex-Chairman Department of Radiology & Imaging B.S.M. Medical University Consultant Radiologist Ibn Sina Diagnostic & Imaging Center





E-mail : idic@ibnsinatrust.com

Web : www.ibrisinatrust.com

IBN SINA DIAGNOSTIC & I

10

SEROLOGY REPORT

ID No

Bill on :05/08/23, 09:56 AM Print. on : 05/08/23, 12:11 PM Deliv. on : 05/08/23, 05:00 PM

Name

: D93419

: MR. ABDUL GAFFER

Age:47YOMOD Sex:M

Ref.by

: Universal Shipping Services.

Specimen: Blood

Collected on: 05/08/23, 10:07 AM

Received on:

05/08/23, 11:12 AM

Parameter

Test Result

Reference Value

VDRL

Non-Reactive

Checked by

SHIRAZUL ISLAM KHAN

Medical Technologist

Ibn Sina Diagnostic & Imaging Center

Dr. Md. Shahjahan Chowdhury

MBBS, MCPS, DCP(BSMMU)

Consultant, Pathologist

Ibn Sina Diagnostic & Imaging Center



HOUSE # 48, ROAD # 9/A, DHANMONDI, DHAKA-1209, BANGLADESH

PHONE: 48115270-2, 48114040-1

E-mail: idic@ibnsinatrust.com

Web: www.ibnsinatrust.com

IBN SINA DIAGNOSTIC & IMAGI



10

BLOOD GROUP REPORT



ID No

: D93419

Voucher Time:

05/08/2023, 09:56 AM

Reporting Time:

05/08/2023, 01:23 PM

Name

: MR. ABDUL GAFFER

Ref.by : Universal Shipping Services. Specimen : Blood

Age: 47 Y 0 M 0 D

Sex: M

Parameter

Test Result

Blood Group (ABO)

"B" Rh(D) Positive

SHIRAZULI ISLAM KHAN

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IMMUNOLOGY REPORT



ID No : D93419

Bill on :05/08/23, 09:56 AM Print. on : 05/08/23, 12:31 PM

Deliv. on: 05/08/23, 05:00 PM Age: 47 Y 0 M 0 D Sex: M

Name

: MR. ABDUL GAFFER

ago 147 I O INI O D O O O INI

Ref.by : Universal Shipping Services. Specimen: Blood

C-11

Collected on: 05/08/23, 10:07 AM

Received on: 0

05/08/23, 11:12 AM

Estimations are carried out by Vitros 5600/Advia Centaur XPT/Advia Centaur CP/ YHLO/Immulite 2000

Parameter	Test Result	Reference Value	
Anti-HCV	Negative Cut off rate: 1.00 Sample rate: 0.04		
HIV	Negative Cut off rate: 1.00 Sample rate: < 0.050		
HBsAg	Negative Cut off rate: 1.00 Sample rate: < 0.10		



Md. Ashraful Alam Talukder

B.Sc (Hons), M.Sc (Biochemistry) D.U. Biochemist

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ULTRASOUNDSCANNING REPORT

ID. No :

D93419

Received date: 5 Aug 2023

Printed date: 5 Aug 2023 10:37AM

Patient Name:

MR. ABDUL GAFFER

Age: 47 y(s)

Exam

USG WHOLE ABDOMEN

Sex: Male

Ref. Bv :

Universal Shipping Services.

Thanks for your referral:

Technique:

Gray scale sonographic images were obtained of the liver, gall bladder, pancreas, aorta, inferior vena cava, spleen and both kidneys with transaxial and transsagittal imaging.

LIVER

: Normal in size. Echotexture is uniform & parenchymal echogenicity is moderately increased. No focal lesion is noted. Intrahepatic biliary trees are not

dilated.

PORTAL VEIN

: Normal in caliber & course (Normal up to 12 mm in diameter).

GALLBLADDER

: Normal in size. There is no gall bladder wall thickening. There is no evidence of

shadowing gallstones. No pericholecystic fluid seen.

CBD

: Not dilated. No echogenic structure is noted in the lumen.

PANCREAS

: Normal in size. Echotexture is uniform. No focal lesion is seen in the visualized

portion. MPD is not dilated.

SPLEEN

: Normal in size (86 mm). No focal lesion is seen.

PORTA HEPATIS

Normal.

KIDNEYS

The right kidney is normal in size with uniform echotexture. It measures

113 x 44 mm. There is no evidence of cysts, masses, calculus or hydronephrosis.

The left kidney is normal in size with uniform echotexture. It measures

99 x 59 mm. There is no evidence of cysts, masses, calculus or hydronephrosis.

URETER

: Not dilated.

UB

: Well filled and regular in outline. Wall thickness is within normal limit.

No intravesical lesion is noted.

PROSTATE

: Enlarged in size (54 x 34 x 34) mm and weight is 34 gm. Echogenicity

is homogenous with well defined capsule. No focal lesion is seen.

OTHERS

: No ascites / pleural effusion is noted.

No abdominal lymphadenopathy is detected.

Aorta & IVC are unremarkable.

COMMENT

▲ Moderate fatty change in the liver.

▲ Enlarged prostate .

Prof. Dr. Md. Shahidul Islam

MBBS. MD (Radiology & Imaging)

Ex Professor & Head

Department of Radiology & Imaging NITOR (Pongu Hospital), Dhaka Prepared By: Mahfuza

MR.ABDUL GAFFAR, D93419

Patient Information

05-Aug-23 12:10:41 PM Bruce

Procedure Type: TREADMIL	Location:	Referring Physician: Universal Shipping Services	eferring Physician: \
			Family History: No
		Smoking: No	Diabetic: No
2		Prior Cath: No	Prior CABG: No
No significant drugs	IHD Screening	History of MI: No	Angina: None
Medications	Indications ————		
Work Tel.: Mobile Tel.:	Home Tel.:	Race: Asian	Gender: Male
BANGLADESH	Postal Code:	Weight: 76 kg	Age: 47 Years
₹:	Address:	Height: 173 cm	Date of Birth:
		*	
Admission ID:	Second ID:		ID: D93419

Target HR: 173 bpm Reasons for end: Target heart rate obtained,

ETT IS NEGATIVE for provocable ischaemia Technician: Diagnosis Symptoms: Fatigue and SOB Notes

Exercise capacity is good. Conclusions

Stress test is NEGATIVE for ECG evidence of provocable myocardial ischemia No significant ST depression was seen during exercise or recovery period Positive chronotropic and hemodynamic responses to exercise.

Reviewed by: Prof Dr Kh. Shaheed Hussain



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