



# HAQUE & SONS LTD.

Rummana Haque Tower, 1267/A, Goshaidanga, Agrabad C/A, Chattogram, Bangladesh.

Tel : +880-2-333316214-6, Fax : +880-2-333310530



Accredited By : BMD  
Accreditation No : A-55144

PATIENT CONTROL NUMBER  
HS5952FF

## MEDICAL EXAMINATION CERTIFICATE

|                                                                                                                              |  |                                                                                |                                |                                               |                                  |
|------------------------------------------------------------------------------------------------------------------------------|--|--------------------------------------------------------------------------------|--------------------------------|-----------------------------------------------|----------------------------------|
| SURNAME<br><b>MAJMADAR</b>                                                                                                   |  | FIRST NAME AND<br><b>TOFAEL UDDIN</b>                                          |                                | MIDDLE NAME<br><b>AHMED</b>                   |                                  |
| PLACE AND DATE OF BIRTH<br><b>JHENAIDAH 12-Jun-1989</b>                                                                      |  | PASSPORT NUMBER<br><b>B00429075</b>                                            |                                | SEAMAN'S BOOK NUMBER<br><b>CO5952</b>         |                                  |
| NATIONALITY : <b>BANGLADESHI</b>                                                                                             |  | SEX : <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female | VESSEL TYPE : <b>CONTAINER</b> |                                               | TRADING AREA : <b>WORLD WIDE</b> |
| PERMANENT HOME ADDRESS :<br><b>34 NABAB SHIRAJUDDAULAH ROAD, HOUSE NO-33, MODON MOHON PARA, JHENAIDAH, 7300, BANGLADESH.</b> |  |                                                                                |                                | CONTACT NUMBER : <b>+8801729610610 (SELF)</b> |                                  |
|                                                                                                                              |  |                                                                                |                                | RANK : <b>MASTER</b>                          |                                  |

Have you ever had any of the following conditions?

| Condition                         | YES                      | NO                                  | Condition                   | YES                      | NO                                  |
|-----------------------------------|--------------------------|-------------------------------------|-----------------------------|--------------------------|-------------------------------------|
| 1 Eye/vision problem              | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 18 Sleep problems           | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2 High blood pressure             | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 19 Do you smoke?            | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 3 Heart/vascular disease          | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 20 Operation/surgery        | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 4 Heart surgery                   | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 21 Epilepsy/seizures        | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 5 Varicose veins                  | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 22 Dizziness/fainting       | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 6 Asthma/bronchitis               | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 23 Loss of consciousness    | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 7 Blood disorder                  | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 24 Psychiatric problems     | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 8 Diabetes                        | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 25 Depression               | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 9 Thyroid problem                 | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 26 Attempted suicide        | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 10 Digestive disorder             | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 27 Loss of memory           | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 11 Kidney problem                 | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 28 Balance problem          | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 12 Skin problem                   | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 29 Severe headaches         | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 13 Allergies                      | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 30 Ear/nose/throat problems | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 14 Infectious/contagious diseases | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 31 Restricted mobility      | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 15 Hernia                         | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 32 Back problems            | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 16 Genital disorders              | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 33 Amputation               | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 17 Pregnancy                      | <input type="checkbox"/> | <input checked="" type="checkbox"/> | 34 Fractures/dislocations   | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

If any of the above questions were answered "yes", please give details.

### Additional questions

| Question                                                                                     | YES                                 | NO                                  |
|----------------------------------------------------------------------------------------------|-------------------------------------|-------------------------------------|
| 35 Have you ever been signed off as sick or repatriated from a ship?                         | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 36 Have you ever been hospitalised?                                                          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 37 Have you ever been declared unfit for sea duty?                                           | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 38 Has your medical certificate ever been restricted or revoked?                             | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 39 Are you aware that you have any medical problems, diseases or illnesses?                  | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| 40 Do you feel healthy and fit to perform the duties of your designated position/occupation? | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| 41 Are you allergic to any medications?                                                      | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |

Comments:

**FIT FOR DUTY ON BOARD SHIP**

|                                                                     |                          |                                     |
|---------------------------------------------------------------------|--------------------------|-------------------------------------|
| 42 Are you taking any non-prescription or prescription medications? | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
|---------------------------------------------------------------------|--------------------------|-------------------------------------|

If yes, please list the medications taken and the purpose(s) and dosage(s)

I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to Dr. Mir Md. Raihan (approved medical practitioner) I also certify that my history contained above is true and any false statement will disqualify me from my employment, benefits and claims.

*[Signature]*  
Signature of Seafarer

### MEDICAL EXAMINATION

|                                                                                                                                                                                                                                                                                                                                     |                                                                       |                 |                                       |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------|---------------------------------------|-----------------------|-----------------------|-------------------------|-----------------------|----------------------------------------------------------------------------------|-------|----------------------------------------------------------------------------------|------|------|-----------------------------------------------------------------------|--------------------|--|--|--|
| Weight <b>80kg</b>                                                                                                                                                                                                                                                                                                                  | Height (cm) <b>178</b>                                                | BMI <b>25.2</b> | Blood Pressure: Systolic <b>120mm</b> | Diastolic <b>80mm</b> | PULSE: <b>78b/min</b> |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
| <table border="1"> <tr> <td>Ear</td> <td colspan="2">Hearing by Audiometry</td> </tr> <tr> <td>Right</td> <td><input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate</td> <td></td> </tr> <tr> <td>Left</td> <td><input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate</td> <td></td> </tr> </table> |                                                                       |                 |                                       |                       |                       | Ear                     | Hearing by Audiometry |                                                                                  | Right | <input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate            |      | Left | <input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate |                    |  |  |  |
| Ear                                                                                                                                                                                                                                                                                                                                 | Hearing by Audiometry                                                 |                 |                                       |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
| Right                                                                                                                                                                                                                                                                                                                               | <input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate |                 |                                       |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
| Left                                                                                                                                                                                                                                                                                                                                | <input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate |                 |                                       |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
| <table border="1"> <tr> <td colspan="4">Audiometry</td> </tr> <tr> <td>500</td> <td>1000</td> <td>2000</td> <td>3000</td> </tr> <tr> <td colspan="4"><i>[Signature]</i></td> </tr> </table>                                                                                                                                         |                                                                       |                 |                                       |                       |                       | Audiometry              |                       |                                                                                  |       | 500                                                                              | 1000 | 2000 | 3000                                                                  | <i>[Signature]</i> |  |  |  |
| Audiometry                                                                                                                                                                                                                                                                                                                          |                                                                       |                 |                                       |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
| 500                                                                                                                                                                                                                                                                                                                                 | 1000                                                                  | 2000            | 3000                                  |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
| <i>[Signature]</i>                                                                                                                                                                                                                                                                                                                  |                                                                       |                 |                                       |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
| <table border="1"> <tr> <td colspan="2">Hearing by Whisper Test</td> </tr> <tr> <td><input checked="" type="checkbox"/> Adequate <input type="checkbox"/> Inadequate</td> <td></td> </tr> <tr> <td><input checked="" type="checkbox"/> Adequate <input type="checkbox"/> Inadequate</td> <td></td> </tr> </table>                   |                                                                       |                 |                                       |                       |                       | Hearing by Whisper Test |                       | <input checked="" type="checkbox"/> Adequate <input type="checkbox"/> Inadequate |       | <input checked="" type="checkbox"/> Adequate <input type="checkbox"/> Inadequate |      |      |                                                                       |                    |  |  |  |
| Hearing by Whisper Test                                                                                                                                                                                                                                                                                                             |                                                                       |                 |                                       |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
| <input checked="" type="checkbox"/> Adequate <input type="checkbox"/> Inadequate                                                                                                                                                                                                                                                    |                                                                       |                 |                                       |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
| <input checked="" type="checkbox"/> Adequate <input type="checkbox"/> Inadequate                                                                                                                                                                                                                                                    |                                                                       |                 |                                       |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |
| Hearing meets the standards as laid down in STCW Code Section A-1/9 ? YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>                                                                                                                                                                                           |                                                                       |                 |                                       |                       |                       |                         |                       |                                                                                  |       |                                                                                  |      |      |                                                                       |                    |  |  |  |



|         | Visual acuity |          |           |          | Right eye | Visual fields |           |
|---------|---------------|----------|-----------|----------|-----------|---------------|-----------|
|         | Unaided       |          | Aided     |          |           | Normal        | Defective |
|         | Right eye     | Left eye | Right eye | Left eye |           |               |           |
| Distant | 6/5           | 6/6      |           |          |           |               |           |
| Near    |               |          |           |          |           |               |           |

Visual acuity meets the standard laid down in STCW Code Section A-1/9

Colour vision as per STCW CODE Section A-1/9:

☒ Normal☐ Doubtful☐ DefectiveDate of last colour vision test: Date (day/month/year) 30 AUG 2023

|                       | Normal                              | Abnormal                 |                              | Normal                              | Abnormal                 |
|-----------------------|-------------------------------------|--------------------------|------------------------------|-------------------------------------|--------------------------|
| Head                  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Varicose veins               | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Sinuses, nose, throat | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Vascular (inc. pedal pulses) | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Mouth/teeth           | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Abdomen and viscera          | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Ears (general)        | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Hernia                       | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Tympanic membrane     | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Anus (not rectal exam)       | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Eyes                  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | G-U system                   | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Ophthalmoscopy        | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Upper and lower extremities  | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Pupils                | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Spine (C/S, T/S and L/S)     | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Eye movement          | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Neurologic (full brief)      | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Lungs and chest       | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Psychiatric                  | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Breast examination    | <input checked="" type="checkbox"/> | <input type="checkbox"/> | General appearance           | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Heart                 | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Skin                         | <input checked="" type="checkbox"/> | <input type="checkbox"/> |

## RESULTS OF ANCILLARY EXAMINATIONS

|                         |             |                                    |                                                                                |                                                                                |
|-------------------------|-------------|------------------------------------|--------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Chest X-Ray             | <u>NAD</u>  | BIO CHEMICAL (LIVER FUNCTION TEST) | Marijuana                                                                      | <input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative |
| ECG                     | <u>NAD</u>  | BILIRUBIN                          | Alcohol Test                                                                   | <input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative |
| BLOOD R/E               |             | SGPT                               | URINE R/E                                                                      | <u>NAD</u>                                                                     |
| DC (differential count) | <u>NAD</u>  | SGOT                               | OTHERS                                                                         |                                                                                |
| HAEMOGLOBIN (HGB)       | <u>14.1</u> | DRUG AND ALCOHOL TEST              |                                                                                | HBsAg                                                                          |
| ESR (WESTERGREN)        | <u>07</u>   | Morphine                           | <input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative | HIV / AIDS Test                                                                |
| WBC                     | <u>7500</u> | Amphetamine                        | <input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative | VDRL                                                                           |
| BLOOD GLUCOSE LEVEL     |             | Phencyclidine                      | <input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative | Blood Type                                                                     |
| RANDOM                  | <u>5.7</u>  | Barbiturates                       | <input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative | Psychological Exam                                                             |
| HBA1C                   | <u>5.3%</u> | Cocaine                            | <input type="checkbox"/> Positive <input checked="" type="checkbox"/> Negative | Others (KUB Ultrasound)                                                        |

Hereby I declare that I am in knowledge of the contents of the Physical examinations:

Signature of Seafarer

TOFAEL UDDIN AHMED MAJMDAR

Name of Seafarer

30-Aug-2023

Date

## Assessment of fitness for service at sea:

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

☒ Fit for lookout duties☐ Not fit for lookout duties

|       | Deck service                        | Engine service           | Catering service         | Other services           |
|-------|-------------------------------------|--------------------------|--------------------------|--------------------------|
| Fit   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Unfit | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

☒ Without restrictions ☐ With restrictions

Is the Seafarer free from any medical conditions likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board?

Yes

No

Describe restrictions (e.g., specific position, type of ship, trade area):

Action taken by medical examiner (e.g., referral):

Fitness Date:

30 AUG 2023

Valid Until:

29 AUG 2025

Name and Signature of Authorized Physician

In Accordance with Medical Examination of Seafarers Convention 1946 (No. 78) and STCW 1978/1996 as Amended, MLC 2006

Revision : 5.1

Revision Date : 24th July 2022

DR. MIR. MD. RAIHAN  
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
 BMDC A-55144, MMC-BGD-016  
 DG Shipping Bangladesh Approved  
 General Physician  
 Radical Hospitals Limited.



# MEDICAL CERTIFICATE FOR PERSONNEL SERVICE ON BOARD

|                                                                                                 |                                                                                                                                         |                                                                                 |
|-------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| SURNAME: <b>MAJMDAR</b>                                                                         | GIVEN NAME (S): <b>TOFAEL UDDIN AHMED</b>                                                                                               |                                                                                 |
| DATE OF BIRTH:<br>DAY <b>12</b> MONTH <b>6</b> YEAR <b>1989</b>                                 | PLACE OF BIRTH<br>CITY <b>JHENAIDAH</b> COUNTRY <b>BANGLADES</b>                                                                        | SEX<br>MALE <input checked="" type="checkbox"/> FEMALE <input type="checkbox"/> |
| POSITION ON BOARD:<br>MASTER<br>DECK OFFICER<br>ENGINEERING OFFICER<br>RADIO OPERATOR<br>RATING | MAILING ADDRESS OF APPLICANT:<br><b>34 NABAB SHIRAJUDDAULAH ROAD, HOUSE NO-33<br/>MODON MOHON PARA, JHENAIDAH, 7300<br/>BANGLADESH.</b> |                                                                                 |

## DECLARATION OF THE AUTHORIZED PHYSICIAN

|           | VISION          |              | COLOR TEST TYPE<br>BOOK<br>LANTERN<br>YELLOW <input checked="" type="checkbox"/> RED <input checked="" type="checkbox"/><br>GREEN <input checked="" type="checkbox"/> BLUE <input checked="" type="checkbox"/> | HEARING<br>RIGHT EAR <input checked="" type="checkbox"/><br>LEFT EAR <input checked="" type="checkbox"/> |
|-----------|-----------------|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
|           | WITHOUT GLASSES | WITH GLASSES |                                                                                                                                                                                                                |                                                                                                          |
| RIGHT EYE | <b>6/6</b>      | —            |                                                                                                                                                                                                                |                                                                                                          |
| LEFT EYE  | <b>6/6</b>      | —            |                                                                                                                                                                                                                |                                                                                                          |

Confirmation that identification documents were checked at the point of examination: YES ☒ NO ☐

Hearing meets the standards in STCW Code, Section A-1/9? YES ☒ NO ☐ NOT APPLICABLE ☐

Unaided hearing satisfactory? YES ☒ NO ☐

Visual acuity meets standards in STCW Code, Section A-1/9? YES ☒ NO ☐

Colour vision meets standards in STCW Code, Section A-1/9? YES ☒ NO ☐

(the visual test it is required every six years)

Date of the last colour vision test: (Day/Month/Year) **30 AUG 2023**

Are glasses or contact lenses necessary to meet the required vision standards? YES ☐ NO ☒

Able for watchkeeping? YES ☐ NO ☒

Is applicant taking any non-prescription or prescription medications? YES ☐ NO ☒

Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board? YES ☐ NO ☒

Hereby I declare that I am in knowledge of the contents of the Physical Examination.

TOFAEL UDDIN AHMED MAJMDAR

30-Aug-2023

*[Signature]*  
Signature of Applicant

Name of Applicant

Date

CIRCLE APPROPRIATE CHOICE: (HE / SHE) IS FOUND TO BE ☒ **FIT** / NOT FIT) FOR DUTY AS A (MASTER / DECK OFFICER / ENGINEERING OFFICER / RADIO OPERATOR / RATING) (WITHOUT ANY / WITH THE FOLLOWING) RESTRICTIONS:

**FIT FOR DUTY ON BOARD SHIP**

NAME AND DEGREE OF PHYSICIAN: DR. MD. AYUBUR RAHMAN, M.B.B.S; P.G.T. (MEDICINE)  
ADDRESS: SABA DIAGNOSTIC CENTER, TAHER CHAMBER(G/F), 10- AGRABAD C/A, CHATTOGRAM, BANGLADESH.  
NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY: BANGLADESH MEDICAL AND DENTAL COUNCIL (B.M.D.C.)  
DATE OF ISSUE PHYSICIAN'S CERTIFICATE: 23-02-1984

SIGNATURE OF PHYSICIAN:

STAMP OF PHYSICIAN:

DATE: **30 AUG 2023**

EXPIRY DATE OF CERTIFICATE:

**29 AUG 2025**

This certificate is issued in compliance with the requirements of the STCW Convention, 1978, as amended and the Maritime Labour Convention, 2006.

**DR. MIR. MD. RAIHAN**

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5. FAMILY HISTORY : (家族歴)

Notation: F = father, M = mother, B = brother, S = sister  
(父) (母) (兄弟) (姉妹)

|                                                       |   |   |   |   |
|-------------------------------------------------------|---|---|---|---|
| <input type="checkbox"/> Heart disease (心臓病)          | F | M | B | S |
| <input type="checkbox"/> Cancer part (癌/がん)           | F | M | B | S |
| <input type="checkbox"/> Diabetes (糖尿病)               | F | M | B | S |
| <input type="checkbox"/> Hypertension (高血圧症)          | F | M | B | S |
| <input type="checkbox"/> Cerebral Apoplexy (脳卒中)      | F | M | B | S |
| <input type="checkbox"/> Liver disease (肝臓疾患)         | F | M | B | S |
| <input type="checkbox"/> Other: Name of disease (病名): | F | M | B | S |

Briefly enter any special comments to the Attending Physician in English.  
(受診医師へ特に伝えたいこと、英語で簡潔に)

MEDICAL RECORDS  
(Write in block letters)

Name of Company: \_\_\_\_\_ Tel: \_\_\_\_\_ Fax: \_\_\_\_\_  
(所属会社)  
Name: TOFREL UDDIN RAHMAN family name (姓) RAHMAN given name (名) TOFREL  
(氏名) (姓) (名)  
Name of Position: MANAGER  
(職位)

Nationality: Bangladesh  
(国籍)

Date of Birth: 12-06-89  
(生年月日) (D-M-Y)

Height (身長): 178 cm Weight (体重): 80 kg at age 20 (20 才時) \_\_\_\_\_ kg  
Pulse (脈拍/分): 78 min Normal breathing rate (正常呼吸数/分): 14 min Normal temperature (平熱): \_\_\_\_\_ °C

Blood pressure: 120/80 mmHg Blood type: AB+ Rh: \_\_\_\_\_ Single Married (独身/結婚)  
(血圧) (血液型)

Blood sugar (血糖値): \_\_\_\_\_ mg/dl  $\times 0.05625 =$  \_\_\_\_\_ mmol/l  
Uric acid (尿酸値): \_\_\_\_\_ mg/dl  $\times 0.05914 =$  \_\_\_\_\_ mmol/l



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Date: 30 AUG 2023  
Signature (署名):  (Card holder) (本人)



Medical information: (医療情報) \* Please check the appropriate items.  
該当する二項、三項を記入して下さい。

1. ALLERGIES: (アレルギー)  
☐ Unicorn (hives) (じんましん)  
☐ Ashera (せみしめ)  
☐ Other (その他)

☐ Drug allergies (name): (薬品名)  
☐ Food allergies (name): (食品名)

## 2. PAST HISTORY: (病歴)

(1) Past serious illness: 三六既往症) Age (年齢)

(2) Surgery: (手術)

When?

(時期) Age (年齢)

## 3. PRESENT ILLNESS (CHRONIC DISEASE): (Yes/No): (持病/有無)

Name of illness: (持病名)

Name (s) of medicine (s) used for the above disease (s). (上記持病に使用した一様薬品名)

## 4. DAILY LIFE HABITS: (日常生活)

(1) Alcohol intake: (飲酒)

☐ Do not drink (飲まない)

☐ Drink 2-3 times a week (週に2~3回)

☐ Moderate drinker (中程度)

☐ Heavy drinker (強い)

☐ Never smoke (吸わない)

☐ Put smoking in 19 (19年以降)

☐ Smoke cigarettes a day (1日平均)

☐ Regular (規則的)

☐ Irregular (不規則)

☐ Consistent (一致)

☐ Meat (肉類)

☐ Sweet (甘い)

☐ Fish (魚類)

☐ Only (唯一)

☐ Never (しない)

(2) Sleep: (睡眠)

☐ Sleep well (良く眠る)

☐ Have Sleeplessness (眠れない)

☐ Sometimes take sleeping pills, etc. (時々睡眠薬使用)

(3) Weight: (体重)

☐ Constant (変わらない)

☐ Putting on weight (太ってきこ)

☐ Losing weight (やせてきこ)

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30 AUG 2023





## DECLARATION OF HEALTH BY CREW

NAME OF CREW : TOFAEL UDDIN AHMED MAJMDAR RANK : MASTER

CDC NO : C/O/5952 DOB : 12-Jun-1989

### HEALTH QUESTIONNAIRE

PLEASE ANSWER FOLLOWING BY TICKING ( ✓ ) YES OR NO

- 1 Have you ever had coronary thrombosis or certain types of heart surgery?
- 2 Are you suffering from any heart-related complications?
- 3 Are you a diabetic ?
- 4 If you are diabetic, do you need injections of insulin for diabetes?
- 5 Have you ever had a stroke, or unexplained loss of consciousness?
- 6 Have you ever been treated for a mental or nervous problem?
- 7 Are you an alcoholic, or have you had alcohol or drug addiction problems?
- 8 Do you have any hearing difficulties or are you using any hearing aid?
- 9 Have you ever suffered from any STD (Sexually Transmitted Disease)?
- 10 Are you aware of any other health condition that could affect your fitness for seafaring employment \*

| YES                      | NO                                  |
|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
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| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |

I declare that I read above questionnaire and answered by ticking as appropriate and the answers are, to the best of my knowledge, true and complete. I also declare that I am a healthy man and will be fully responsible for all the consequences in case of detection of any chronic disease or its past history which I may have concealed before joining vessel and will bear all the expenses as may incur as a direct result of such concealment.

Date : 30 AUG 2023

Signed :

The Crew Member

\* If yes, mention details below:-

**DR. MIR. MD. RAIHAN**  
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  
 BMDC A-55144, MMC-BGD-016  
 DG Shipping Bangladesh Approved  
 General Physician  
 Radical Hospitals Limited.

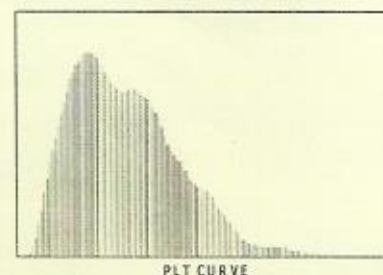
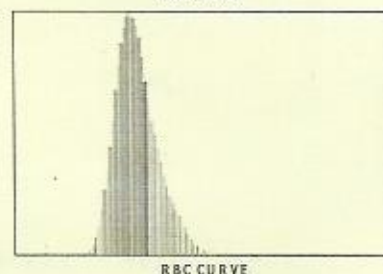
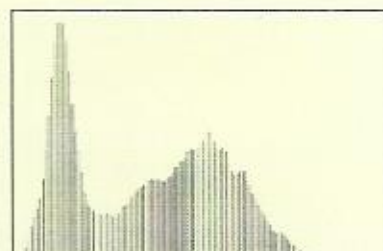


**Id No** : 1473 **Date** : 30-Aug-2023 **D.Date** : 30-Aug-2023  
**Patient's Name** : TOFAEL UDDIN AHMED MAJMDAR **Age** : 34Y 2M 18D **Gender** : Male  
**Specimen** : Blood  
**Doctor Name** : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/5952

### Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

| Parameter Name                     | Results             | Reference Range                                                                                    |
|------------------------------------|---------------------|----------------------------------------------------------------------------------------------------|
| <b>Hemoglobin (Hb)</b>             | <b>14.1</b> gm/dl   | M:13-18 gm/dl, F:11.5-16.5 gm/dl.<br>Child:10-13 gm/dl.                                            |
| <b>ESR(Westergreen)</b>            | <b>07</b> mm/1st hr | Infant: (One year):8-10 gm/dl.<br>Male:0-10, F:0-20 mm/1st hr.                                     |
| <b>Total WBC Count(TC)</b>         | <b>7,500</b> /cumm  | Adult: 4000 - 11000/cumm.<br>Children: 5,000-15,000/cumm<br>Infant(One Year):<br>6,000-18,000/cumm |
| <b>Differential WBC Count (DC)</b> |                     |                                                                                                    |
| Neutrophils                        | <b>64</b> %         | Child: 25-66 %, Adult: 40-75 %                                                                     |
| Lymphocytes                        | <b>30</b> %         | Child: 52-62 %, Adult: 20-50 %                                                                     |
| Monocytes                          | <b>04</b> %         | Child: 03-07 %, Adult: 02-10 %                                                                     |
| Eosinophils                        | <b>02</b> %         | Child: 01-03 %, Adult: 01-06 %                                                                     |
| Basophils                          | <b>00</b> %         | Adult: 00-01 %                                                                                     |
| Total Cir. Eosinophils             | <b>150</b> /cumm    | 50-450/cumm                                                                                        |
| <b>Total RBC Count</b>             | <b>4.77</b> m/ul    | M: 4.5-6.5, F:3.8-5.8 m/ul                                                                         |
| HCT/PCV                            | <b>36.5</b> %       | M: 40-54%, F:37-47%                                                                                |
| MCV                                | <b>76.5</b> fL      | 76 - 94 fL                                                                                         |
| MCH                                | <b>29.6</b> pg      | 27 - 32 pg                                                                                         |
| MCHC                               | <b>38.6</b> g/dL    | 29 - 34 g/dL                                                                                       |
| RDW                                | <b>13.6</b> %       | 11 - 16 %                                                                                          |
| PDW                                | <b>15.9</b> fL      | 35 - 56 fL                                                                                         |
| <b>Total Platelete Count (PC)</b>  | <b>230000</b> /cumm | 150,000-450,000/cumm                                                                               |
| MPV                                | <b>10.1</b> fL      | 7.0 - 11.0 fL                                                                                      |
| PCT                                | <b>0.146</b> %      | 0.1 - 0.6 %                                                                                        |
| Bleeding Time(BT)                  | %                   | 10 - 18 %                                                                                          |
| Cloting Time(CT)                   | %                   | 0.1- 0.2 %                                                                                         |



  
 Checked By  
 Medical Technologist

  
**Dr. Sumaiya Khatun**  
 MBBS,MD(Gold Medalist) (BSMMU)  
 Associate Professor  
 Dept. Of Microbiology  
 East West Medical College & Hospital.

|                |                                                                       |               |            |
|----------------|-----------------------------------------------------------------------|---------------|------------|
| Bill No        | DIA23081473                                                           | Received Date | 30/08/2023 |
| Patient's Name | TOFAEL UDDIN AHMED MAJMADAR                                           |               |            |
| Patient's Age  | 34Y 2M 18D                                                            | Patient's Sex | Male       |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/5952 |               |            |
| Sample         | BLOOD                                                                 |               |            |

### BIOCHEMISTRY REPORT

| Test Name                | Result     | Reference Range  |
|--------------------------|------------|------------------|
| Serum Bilirubin (Total)  | 0.8 mg/dl  | 0.2 - 1.1 mg/dl  |
| Serum ALT (SGPT)         | 27 U/L     | Up to 40 U/L     |
| Random Blood Sugar (RBS) | 5.7 mmol/l | 4.2 - 6.4 mmol/l |
| Serum AST (SGOT)         | 24 U/L     | Up to 37 U/L     |
| HbA1C                    | 5.3%       | 4.2 - 6.7 %      |

### REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By



Medical Technologis  
Radical Hospitals Ltd.

Dr. Sumaiya Khatun  
M BBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital



|                |                                                                       |               |            |
|----------------|-----------------------------------------------------------------------|---------------|------------|
| Bill No        | DIA23081473                                                           | Received Date | 30/08/2023 |
| Patient's Name | TOFAEL UDDIN AHMED MAJMADAR                                           |               |            |
| Patient's Age  | 34Y 2M 18D                                                            | Patient's Sex | Male       |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/5952 |               |            |
| Sample         | BLOOD                                                                 |               |            |

### SEROLOGICAL REPORT

#### Test Name

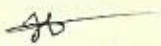
#### Result

|                           |              |
|---------------------------|--------------|
| HIV 1 & 2 (Method : (ICT) | Negative     |
| HBsAg (Method : (ICT)     | Negative     |
| VDRL                      | Non-reactive |

#### BLOOD GROUPING Result

|                 |            |
|-----------------|------------|
| ABO Blood Group | "AB" (+ve) |
| Rh(D)Factor     | Positive   |

Checked By

  
 Medical Technologist  
 Radical Hospitals Ltd.

  
 Dr. Sumaiya Khatun  
 MBBS, MD (Microbiology)  
 Associate Professor  
 Dept. of Microbiology  
 East West Medical College and Hospital

|                |                                                       |               |                 |
|----------------|-------------------------------------------------------|---------------|-----------------|
| Bill No        | DIA23081473                                           | Received Date | 30/08/2023      |
| Patient's Name | MOHAMMAD NIAZ MORSHED ALAM                            |               |                 |
| Patient's Age  | 34Y 2M 18D                                            | Patient's Sex | Male            |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM |               | CDC NO:C/O/5952 |
| Sample         | URINE                                                 |               |                 |

## URINE ROUTINE EXAMINATION

## PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

|            |            |             |         |
|------------|------------|-------------|---------|
| Quantity   | Sufficient | CELLS / HPF |         |
| Color      | Straw      | R B C       | Nil     |
| Appearance | Clear      | Pus Cells   | 0-1/HPF |
| Sediment   | Nil        | Epithelial  | 1-2/HPF |

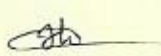
## CHEMICAL EXAMINATIONCASTS / LPF

|              |        |            |     |
|--------------|--------|------------|-----|
| Reaction     | Acidic | R B C      | Nil |
| Albumin      | NIL    | W B C      | Nil |
| Sugar        | NIL    | Epithelial | Nil |
| Ex.Phosphate | Nil    | Granular   | Nil |
|              |        | Hyaline    | Nil |

## ON REQUESTCRYSTALS &amp; OTHERS

|              |          |                   |     |
|--------------|----------|-------------------|-----|
| Bile Salt    | Not Done | Urates            | Nil |
| Bile Pigment | Not Done | Uric Acid         | Nil |
| Ketones      | Not Done | Calcium oxalate   | Nil |
| Urobilinogen | Not Done | Amor. Phos        | Nil |
| B.J. Protein | Not Done | Hippurate crystal | NIL |

Checked By

  
 Medical Technologist  
 Radical Hospitals Ltd.

  
 Dr. Sumaiya Khatun  
 MBBS, MD (Microbiology)  
 Associate Professor  
 Dept. of Microbiology  
 East West Medical College and Hospital



|                |                                                                         |               |            |
|----------------|-------------------------------------------------------------------------|---------------|------------|
| Bill No        | DIA23081473                                                             | Received Date | 30/08/2023 |
| Patient's Name | TOFAEL UDDIN AHMED MAJMADAR                                             |               |            |
| Patient's Age  | 34Y 2M 18D                                                              | Patient's Sex | Male       |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO : C/O/5952 |               |            |
| Sample         | URINE                                                                   |               |            |

**DRUG ABUSE TEST**

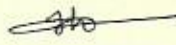
METHOD: Immunochromatographic Assay (Rapid one Step Test)

| Test Name | Result |
|-----------|--------|
|-----------|--------|

Drug Level of Urine

|                 |          |
|-----------------|----------|
| Cocaine         | Negative |
| Morphine        | Negative |
| Marijuana       | Negative |
| Barbiturates    | Negative |
| Amphetamines    | Negative |
| Phencyclidine   | Negative |
| Alcohol         | Negative |
| Benzodiazepines | Negative |
| Methadone       | Negative |
| Propoxyphene    | Negative |

Checked By

  
Medical Technologist  
Radical Hospitals Ltd.  
Dr. Sumaiya Khatun  
MBBS, MD (Microbiology)  
Associate Professor  
Dept. of Microbiology  
East West Medical College and Hospital

REF: MV. ONE HUMBER

DATE: 30/08/2023

M/S. HAQUE & SONS LTD.  
 RUMMANA HAQUE TOWER  
 1267/A, GOSHAIL DANGA  
 AGRABAD C/A, CHITTAGONG.

### EYE EXAMINATION REPORT

NAME: TOFAEL UDDIN AHMED MAJMADAR

RANK: MASTER

CDC NO: C/O/5952

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

6/6

6/6.

AIDED

COLOUR VISION:

NORMAL / BLIND

OPINION

: UNFIT / ☒ FIT FOR EMPLOYMENT ON BOARD


Dr. Mir Md. Raihan  
 MBBS, PGT (Ophthalmology)  
 Assistant Registrar (EX)  
 East west Medical College & Hospital



ID: 161

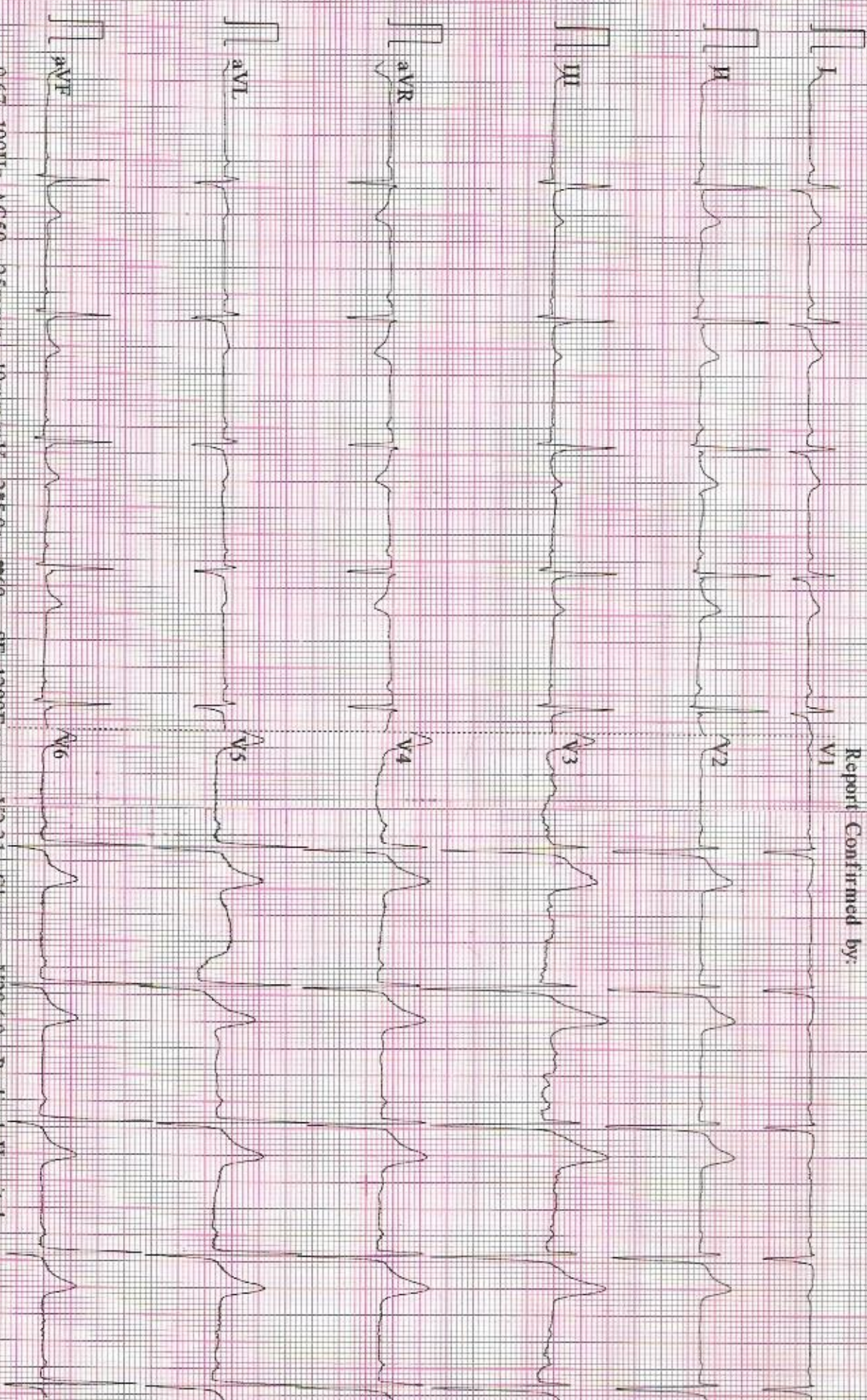
30-08-2023 16:49:43

*Michael Scott*  
Male 34 Years *mgm*

|         |                |     |
|---------|----------------|-----|
| HR      | : 60           | bpm |
| P       | : 98           | ms  |
| PR      | : 160          | ms  |
| QRS     | : 98           | ms  |
| QT/QTc  | : 394/394      | ms  |
| P/QRS/T | : 26/78/57     | °   |
| RV5/SV1 | : 1.67/2.08/77 | mV  |

Diagnosis Information:  
Sinus rhythm  
Normal ECG

Report Confirmed by:





**DEPARTMENT OF RADIOLOGY & IMAGING**

ID. No. : 23081473 Receive: 30/08/2023 Print: 30/08/2023  
Patient's Name : TOFAEL UDDIN AHMED MAJMADAR  
Age : 34 Yrs Sex : M  
Refd. by : Dr. Mir Md. Raihan MBBS, (DU), CCD (BIRDEM), PGT (Eye), DFM

**X-RAY OF CHEST (DIGITAL)**

**Diaphragm** : Both hemidiaphragm are normal in position.  
C-P angles are clear.

**Heart** : Normal in T.D.

**Lung** : Lung fields are clear.

**Bony thorax** : Reveals no abnormality.

**Comments** : Normal chest skiagram.



**Prof. Dr. Md. Mojibor Rahman**  
MBBS, DMRD (Radiology & Imaging)  
Head of the Department (Radiology & Imaging)  
Sylhet Women's Medical College Hospital



# Pre-Joining Medical Report to be

| Date of Exam | Ship Assigned                           | B.P./Pulse      | Pathological Investigations |        |        |        |        |
|--------------|-----------------------------------------|-----------------|-----------------------------|--------|--------|--------|--------|
|              |                                         |                 | X-ray                       | ECG    | Urine  | Blood  | LFT    |
| 30 OCT 2022  | ONE<br>WINE<br>PULSE<br>120/80<br>78/60 | 120/80<br>78/60 | ND3202                      | ND3202 | ND3202 | ND3202 | ND3202 |
| 30 AUG 2023  | ONE<br>WINE<br>PULSE<br>120/80<br>78/60 | 120/80<br>78/60 | ND3202                      | ND3202 | ND3202 | ND3202 | ND3202 |
|              |                                         |                 |                             |        |        |        |        |
|              |                                         |                 |                             |        |        |        |        |
|              |                                         |                 |                             |        |        |        |        |
|              |                                         |                 |                             |        |        |        |        |
|              |                                         |                 |                             |        |        |        |        |
|              |                                         |                 |                             |        |        |        |        |

# Completed by Company's M.O.

| Creatine | USG | Addl. Test | Special Conditions | Fit / Unfit & Remarks                                                                                                                                                        | Doctor's Sign. |
|----------|-----|------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
|          |     |            |                    |                                                                                                                                                                              |                |
|          |     |            |                    | DR. M. RAIHAN<br>MBBS (DU), DPM, CCD (Bdham), PGT (Opth)<br>BMDC A-55144, MMCO-BGD-016<br>DG Shipping Bangladesh Approved<br>General Physician<br>Radical Hospitals Limited. |                |
|          |     |            |                    | DR. M. RAIHAN<br>MBBS (DU), DPM, CCD (Bdham), PGT (Opth)<br>BMDC A-55144, MMCO-BGD-016<br>DG Shipping Bangladesh Approved<br>General Physician<br>Radical Hospitals Limited. |                |
|          |     |            |                    |                                                                                                                                                                              |                |
|          |     |            |                    |                                                                                                                                                                              |                |
|          |     |            |                    |                                                                                                                                                                              |                |
|          |     |            |                    |                                                                                                                                                                              |                |
|          |     |            |                    |                                                                                                                                                                              |                |
|          |     |            |                    |                                                                                                                                                                              |                |
|          |     |            |                    |                                                                                                                                                                              |                |

# INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION

## AGAINST CHOLERA

TOFAEL UDDIN ~~RAHMAN~~ MAJMAHAR

This is to certify that  
whose signature follows

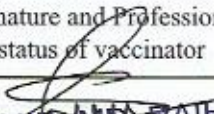
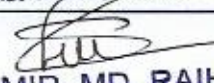
Date of birth

12.06.1989

Sex

M

has on the date indicated been vaccinated or revaccinated against Cholera

| Date             | Signature and Professional status of vaccinator                                                                                                                                                                                                                                 | Approved Stamp                                                                    |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| 30 OCT 2022      | <br><b>DR. MIR. MD. RAIHAN</b><br>MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)<br>BMDC A-55144, MMC-BGD-016<br>DG Shipp.ng Bangladesh Approved<br>General Physician<br>Radical Hospitals Limited. |  |
| 2<br>30 AUG 2023 | <br><b>DR. MIR. MD. RAIHAN</b><br>MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)<br>BMDC A-55144, MMC-BGD-016<br>DG Shipp.ng Bangladesh Approved<br>General Physician<br>Radical Hospitals Limited. |  |

|   |  |   |   |
|---|--|---|---|
| 3 |  | 3 | 4 |
| 4 |  |   |   |
| 5 |  | 5 | 6 |
| 6 |  |   |   |
| 7 |  | 7 | 8 |
| 8 |  |   |   |

Continued overleaf Suite our erso