This certificate is issued by	authority of the Maritime Adn (ILO No. 73), as amended, S'	ninistrator and in compli	iance with the requirements of to as amended and the Maritime I	he Medical Evamination	n (Senfarers) convention 1046
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04.2023.4567

THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN T	MUHAMMAD	HAFIZUL	151
THIS ADDITIONAL IS CERTIFIED CREE OF COMMUNICATIONS	NAME OF APP		
THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DISEASE: HEARING MEETS THE STANDARDS IN SECTION A – 1/9:	YES	NO	
UNAIDED HEARING SATISFACTORY:	YES	NOD	
VISUAL ACUITY MEETS STANDARDS IN SECTION A – 1/9:	YES Z	NO 🗖	
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A Section Association of the section	1 E3 J4	NOU	7
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NAME AND DEGREE OF PHYSICIAN: DR. MIR MD. RAIHAN MBB	S,(DU), DFM, Reg:	A-55144	
ADDRESS OF MEDICAL CENTER: RADICAL HOSPITALS LIMITED, S	SECTOR-12, UTTAR/	A.DHAKA-1230	
- 1			
NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY: <u>DG SHIPPING</u>	BANGLADESH		140
DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE: 26 MAY 2014			
DR. MIR. M	D. RAIHAN		3
SIGNATURE OF PHYSICIAN:	MAC-BGD-016		
DG Shipping Band	Physician		
DATE OF EXAMINATION: 11 AUG 2023 Radical Hosp	pitals Limited.		
DATE OF EXAMINATION.			
1 0 AUC 2025			
EXPIRY DATE OF CERTIFICATE: 10 AUG 2025			
NE'			
	1000		
SEAFARER ACKNOWLEDGEMENT:	val.		14
MAD HAFIZUL ISLAM			
I, MUHAMMAD (NAME OF SEAFARER), CONFIRM THAT I HAVE	E REEN INFORMED OF	ETHE CONTENT	OF
CERTIFICATE AND THE RIGHT TO GET A REVIEW.	C DELIT IN ORMED OF	THECONTENT	<i>J</i> 1



* 7

MEDICAL REQUIREMENTS

This physical examination must be carried out not more than 24 months prior next medical check for a scafarer older than 18 years old and considered to be fit for duty without any restrictions. In case of any restriction found not preventing scafarer to fulfill his duties this physical examination should be carried out not more than 12 months prior next medical check. The examination shall be conducted in accordance with the international Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Scafarers (ILO 73/WHO/D.2/1997, STCW Convention, 1978 as amended and the Maritime Labor Convention, 2006. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the scafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57m) and in poorer car at 5 feet (1.52m).
- b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20 (1.00) vision in one eye and at least 20/40 (0.50)in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- c) Dental
 - · Scafarers must be free from infections of the mouth cavity or gums.
- d) Blood Pressure
 - An applicant's blood pressure must fall within an average range, taking age into consideration.
- e) Voice
 - Deck/ Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication,
- f) Vaccinations
 - All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and shall be given advice by the certified physician on immunizations.
 If new vaccinations are given, these shall be recorded.
- g) Diseases and Conditions
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, accnereal disease or neurosyphilis, AIDS, and/or the use of narcotic. Applicants diagnosed with, suspected of, or exposed to any communicable disease transmittable by food shall be restricted from working with food or in food related areas until symptom-free for at least 48 hours.
- h) Physical Requirements
 - Applicants for able seaman, bosun, GP-I, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/ navigational officer's certificate.
 - Applicants for fireman/ water tender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE

The seafarer must retain the original of the "Medical Examination Report/ Certificate" as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/ her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician; alternatively the examining physician may attach a form similar or identical to the model provided -

11 AUG 2023



DR. MIR. MD. RAIHAN
M8BS (DU), DFM. CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited

pg. 3

840) for

PHYSICAL EXAMINATION REPORT/CERTIFICATE DEPUTY COMMISSIONER OF MARITIME AFFAIRS

ANNEX 2

The second secon	THE KEI	PUBLIC OF LIBERIA	
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MEDICAL REQUIREMENT

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 12 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. Such proof of examination must establish that the applicant is in satisfactory physical condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession. In addition, the following minimum requirements shall apply:

- (a) All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in the better ear at 15 feet and in the poorer ear at 5 feet.
- (b) Deck officer applicants must have (either with or without glasses) at least 20/20 vision in one eye and at least 20/40 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- (c) Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 vision in one eye and at least 20/50 in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (d) An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS and/or the use of narcotics.
- (f) Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (g) Applicants for able seafarer deck, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- (h) Applicants for fireman/watertender, oiler/motorman, able seafarer engine pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician)

01. Completed Physical Examination

Pathological Test

Radiological Test

Ophthalmology Examination For VA & CV

11 AUG 2023

RLM-105M (REV. 12/17)

As Per-MLG-2006

DR. MIR. MD. RAIHAN
MBBS (DU), DFM. CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.



CHEMICAL BLOOD SCREENING CERTIFICATE

QUA	LITY CREWS WORLDWIDE				10
	Seafare	er's Information	1 3		
	farer's Name (Last, First, Middle) AFIZUL ISLAM MUHAMMAD	Sex (Male/Female) MA2 E	F		
Date	e of Birth (Day/Month/Year)	Nationality	10000	15	
	01/07/1986	BANGUI	HUEST	2	
	is to confirm that the above-mentioned seaf				
	p managed chemical Carriers has undergon	e a complete chemical	blood screer	ning to p	provide an
_	on chemical exposure either, for to joining vessel				
	V 0				
	iter signing off from chemical cargoes carried	onboard (see attached	form V-CCF	1-003 — l	Blood Tesi
foi	r Chemicals")				
	Declaration of the rec	ognized medical pract	itioner		
			Yes	No	N/A
1	Identification documents were checked at the point	of examination?			
2	All values within reference level?				
	If "No", please specify.			,	
3	Is the seafarer free from any medical condition (Base Blood Screening) likely to be aggravated by service at seafarer unfit for such service or endanger the life of	t sea or to render the			
4	Date of chemical blood test (Day/Month/Year)		11 AU	G 2023	
5	Expiry of certificate (Day/Month/Year)**		ramo tra casa	no no espacio	
	** Maximum one year validity from date when tests	have been taken	10 AU	G 2024	
	rer has been found fit / unfit* for service at sea:	- (Specify Rank BMD BMD DG S	. MIR. MD (DU), DFM, CCD (Bir DC A-55144, MI hipping Banglad General Phy Radical Hospita	dem), PGT (0 MC-BGD- desh Appr sician	Ophth) 016 oved
	Place Signature of Authorised Perso				

(Name, Address etc.)

FOR SEAFARER

I have been informed of the content of the certificate and of the right to a review.

Signature of Seafarer

A medical examination report containing the medical history, clinical findings and other diagnostic tests and results of the seafarer is contained in a separate document.

If you are sick for more than 30 days or your medical fitness changes significantly during your leave, you should contact an approved doctor (preferably the one who issued the ate) for medical review and inform your local crewing office.



Id No : 0554 Date : 11-Aug-2023 D.Date : 11-Aug-2023

Patient's Name: MUHAMMAD HAFIZUL ISLAM Age: 37Y 1M 11D Gender: Male

Specimen : Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/5292

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	14.1 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.
ESR(Westergreen)	07 mm/1st hr	Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	9,900 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	65 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	30 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	198 /cumm	50-450/cumm
Total RBC Count	4.56 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	36.9 %	M: 40-54%, F:37-47%
MCV	80.9 fL	76 - 94 fL
MCH	30.9 pg	27 - 32 pg
MCHC	38.2 g/dL	29 - 34 g/dL
RDW	13.7 %	11 - 16 %
PDW	15.5 fL	35 - 56 fl
Total Platelete Count (PC)	2,88,000 /cumm	150,000-450,000/cumm
MPV	9.7 fL	7.0 - 11.0 fL
PCT	0.279 %	0.1 - 0.%
Bledding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %

Checked By Medical Technologist

Dr. Sumaiya Khatun MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.



Bill No	DIA23080554	Received Date	11/08/2023
Patient's Name	MUHAMMAD HAFIZUL ISLAM	Troomed Bate	11/00/2023
Patient's Age	37Y 1M 11D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),C	CD(BIRDEM),PGT(Eve),DFM	CDC*NO:C/O/5292
Sample	BLOOD		020110.010/0232

SEROLOGYCAL REPORT

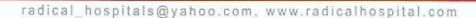
Test Name

Result

VDRL	Non-reactive	

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital





Bill No	DIA23080554	Received Date	11/08/2023
Patient's Name	MUHAMMAD HAFIZUL ISLAM		1110012020
Patient's Age	37Y 1M 11D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),	CCD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/5292
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	1-3/HPF

CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	NIL	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil	
Bile Pigment	Not Done	Uric Acid	Nil	
Ketones	Not Done	Calcium oxalate	Nil	
Urobilinogen	Not Done	Amor. Phos	Nil	
B.J. Protein	Not Done	Hippurate crystal	NIL	

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumarya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Test Name

Bill No	DIA23080554	Received Date	11/08/2023
Patient's Name	MUHAMMAD HAFIZUL ISLAM		11/00/2023
Patient's Age	37Y 1M 11D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU)	.CCD(BIRDEM),PGT(Eye),DFM	CDC NO:C/O/5292
Sample	URINE	, , , , , , , , , , , , , , , , , , ,	000 110.0/0/0202

DRUG ABUSE TEST

Result

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



Date: 11/08/2023

EYE EXAMINATION REPORT

NAME:	MUHAMMAD HAFIZUL ISLAM		
AGE:	37 YRS	RANK: CH.OFF	CDC NO:C/O/5292

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

6/6

616.

AIDED

COLOUR VISION:

NORMAL / BLIND

OPINION

-) 7

UNFIT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan

MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital



Patient's Name	:	MUHAMMAD HAFIZUL ISLAM	ID NO		23080554
Age	:	37 Yrs	Date	+	11/08/2023
Sex	:	Male		1.	11/00/2023
Referred by	:	Dr. Mir Md. Raihan - MBBS (DU), DFM		- 2	
Nature of Specimen	:	(20), 2111			

Dental Examination Reports

On Examination

1. Dental Caries Absent

2. Calculus Absent

3. Missing Absent

4. Gum Condition Normal

5. Filling No

6. Root Canal Treatment No

7. Any Bridge/Denture/Crown No

8. Oral Hygine Normal :

Comments: Normal

Dr. Mir Md. Raihan

MBBS (DU,) CCD (Birdem), PGT (opth)

Reg- A55144 BGD-016(MMC)

DG Shipping Bangladesh Approved

Malaysian Medical Council Approved

General Physician

Radical Hospitals Limited



DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.

23080554

Receive: 11/08/2023

Print: 11/08/2023

Patient's Name

MUHAMMAD HAFIZUL ISLAM

Age

37 Yrs

Sex

M

Refd. by

Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm

Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart

Normal in T.D.

Lung

Lung fields are clear.

Bony thorax

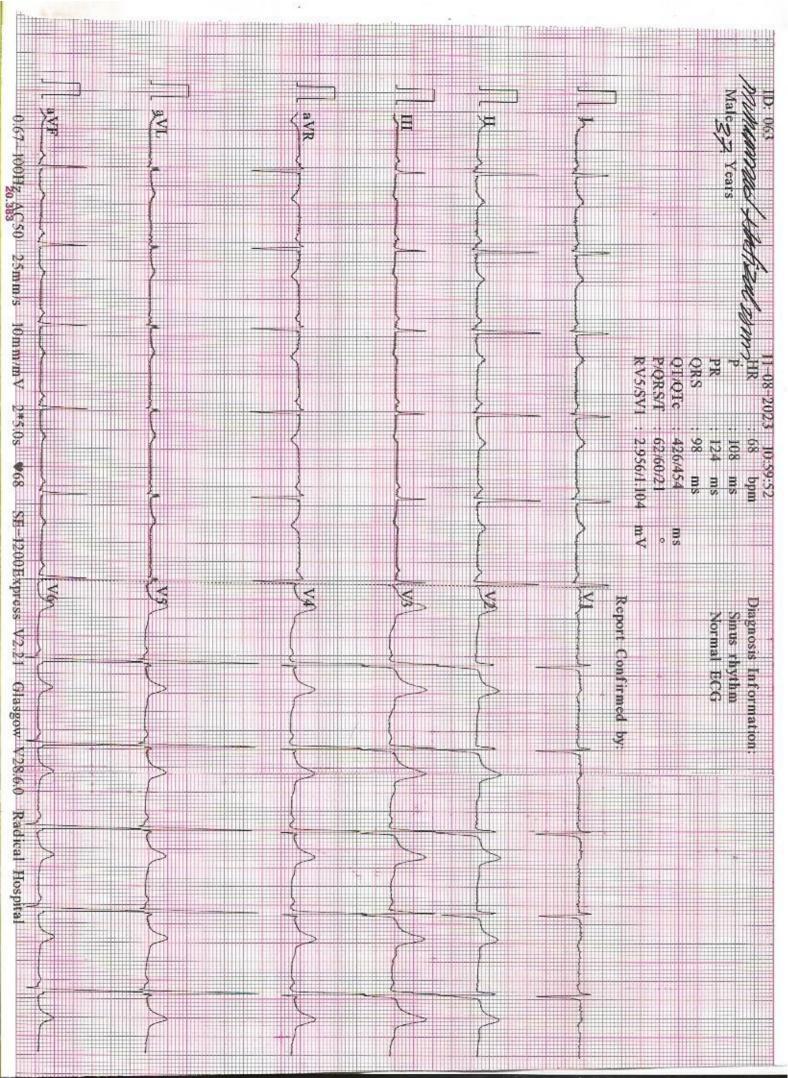
Reveals no abnormality.

Comments

Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging) Head of the Department (Radiology & Imaging) Sylhet Women's Medical COllege Hospital





: M

radical_hospitals@yahoo.com, www.radicalhospital.com

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23080554 Receive: Print: 11/08/2023

Patient's Name : MUHAMMAD HAFIZUL ISLAM

Age : 37 YRS Sex

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 68 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.

Normal

Dr. Debashish Paul

MBBS, MD (Cardiology)

Associate Professor

Department of Cardiology

Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1



Patient's Name		MUHAMMAD HAFIZUL ISLAM		1
Age	:	37 Yrs	Date	: 11/08/2023
Sex	:	Male	CDC NO:C/O/5292	
Referred by	:	Dr. Mir Md. Raihan - MBBS, (DU), DFM		0.0.0.02,2

Psychometric Test

Test Name	Remarks				
1.APTITUDE TEST					
Numerical Reasoning test	Poor /Good /very good /excellent				
Verbal Reasoning test	Poor /Good /very good /excellent				
Inductive reasoning test	Poor /Good /very good /excellent				
Diagrammatic Reasoning test	Poor /Good /yery good /excellent				
Logical Reasoning test.	Poor /Good /wery good /excellent				
Error checking test	Poor /Good /very good /excellent				
2.Skill Test	Poor /Good /very good /excellent				
3.Personality Test	INFJ / ENFJ / ISFJ / ENTP/ ESFJ /ESFF				
4.Watson Glaser test(Critical Thinking Test)					
Arguments	Poor /Good /very good /excellent				
Assumptions	Poor /Good /very good /excellent				
Deductions	Poor /Good /very good /excellent				
Interpreting Information's	Poor /Good /yery good /excellent				
Inferences	Poor /Good /very good /excellent				
5. Situational Judgment Test.	Poor /Good /very good /excellent				
Poor: <6 Good: 6-7 very go	ood: 7-8 excellent: 8-10				

COMMENTS: HE IS MENTALLY FIT FOR SHIP JOB

Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT (opth) Reg- A55144 BGD-016(MMC) DG Shipping Bangladesh Approved Malaysian Medical Council Approved General Physician Radical Hospitals Limited