



DATE: 08/08/2023

Ref No: 233

TO WHOM IT MAY CONCERN

THIS IS TO CERTIFY THAT HE IS MR. MD NURUL ALAM, AGE 59+ YEARS MALE, CDC NO: C/O/3515, PASSPORT NO: A11011218, SEAMAN CAME TO ME FOR MEDICAL CHECK-UP. ON PHYSICAL EXAMINATION AND ON RELEVANT INVESTIGATIONS HE IS MEDICALLY FIT TO CONTINUE SHIP JOB.

THIS IS FOR YOUR KIND INFORMATION AND TAKE NECESSARY ACTION PLEASE.

DR. MIR MD. RAIHAN

MBBS (DU), Reg. No. A-55144 (BMDC)

Reg. No. BGD-016 (MMC)

DG Shipping Approved (BD)

General Physician

Radical Hospitals Limited

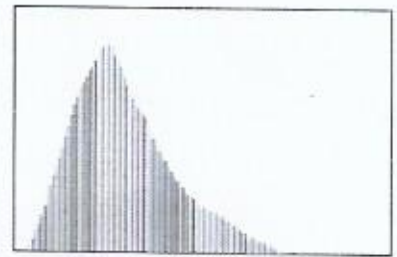
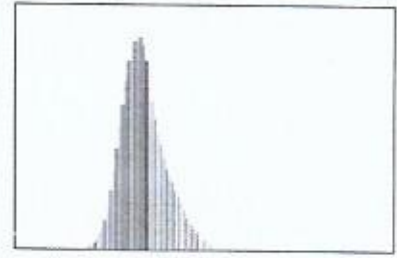
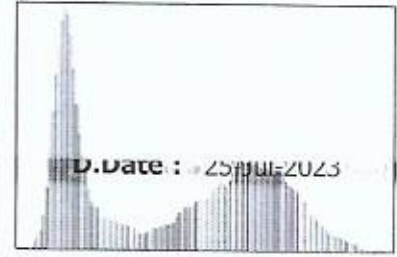


Id No : 0824 **Date** : 25-Jul-2023 **D.Date** : 25-Jul-2023
Patient's Name : MD NURUL ALAM **Age** : 59Y 4M 2D **Gender** : Male
Specimen : Blood
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/3515

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	13.2 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl.
ESR(Westergreen)	06 mm/1st hr	Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	8,000 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	55 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	37 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	06 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	160 /cumm	50-450/cumm
Total RBC Count	4.44 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	37.7 %	M: 40-54%, F:37-47%
MCV	84.9 fL	76 - 94 fL
MCH	29.7 pg	27 - 32 pg
MCHC	35.0 g/dL	29 - 34 g/dL
RDW	13.0 %	11 - 16 %
PDW	15.2 fL	35 - 56 fL
Total Platelete Count (PC)	2,30,000 /cumm	150,000-450,000/cumm
MPV	9.5 fL	7.0 - 11.0 fL
PCT	0.177 %	0.1 - 0.4 %
Bleeding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %



Checked By
 Medical Technologist

Dr. Sumaiya Khatun
 MBBS,MD(Gold Medalist) (BSMMU)
 Associate Professor
 Dept. Of Microbiology
 East West Medical College & Hospital.

Bill No	DIA23070824	Received Date	25/07/2023
Patient's Name	MD NURUL ALAM		
Patient's Age	59Y 4M 2D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/3515		
Sample	Blood		

BIOCHEMISTRY REPORT

<u>Test Name</u>	<u>Result</u>	<u>Reference Range</u>
Random Blood Sugar (RBS)	6.1 mmol/l	4.2 – 6.4 mmol/l
Serum Bilirubin (Total)	0.9 mg/dl	0.2 - 1.1 mg/dl
Serum AST (SGOT)	29 U/L	Up to 37 U/L
Serum ALT (SGPT)	32 U/L	Up to 40 U/L
HbA1C	5.8 %	4.2 - 6.7 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By



Medical Technologist
Radical Hospitals Ltd.



Dr. Sumaiya Khatun
M BBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA23070824	Received Date	25/07/2023
Patient's Name	MD NURUL ALAM		
Patient's Age	59Y 4M 2D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO:	C/O/3515
Sample	BLOOD		

SEROLOGICAL REPORT

BLOOD GROUPING Result

ABO Blood Group	"B" (+ve)
Rh(D)Factor	Positive

Test Name

Result

HIV 1 & 2 (Method : (ICT)	Negative
HBsAg (Method : (ICT)	Negative
VDRL	NonReactive

Checked By



Medical Technologist,
Radical Hospitals Ltd.


 Dr. Sumaiya Khatun
 MBBS, MD (Microbiology)
 Associate Professor
 Dept. of Microbiology
 East West Medical College

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Patient's Age	59Y 4M 2D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/3515		
Sample	URINE		

URINE ROUTINE EXAMINATION**PHYSICAL EXAMINATION****MICROSCOPIC EXAMINATION**

Quantity	Sufficient	CELLS / HPF	
Color	Straw	R B C	NIL
Appearance	Clear	Pus Cells	5-7/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATION**CASTS / LPF**

Reaction	Acidic	R B C	0-1 /HPF
Albumin	Nil	W B C	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUEST**CRYSTALS & OTHERS**

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Cal. Oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Tripple Phos	Nil

Checked By



Medical Technologist,


Dr. Sumaiya Khatun

MBBS, MD (Microbiology)

Assistant Professor

Dept. of Microbiology

East West Medical College and Hospital

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Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Test Name	Result
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Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By



Medical Technologist
Radical Hospitals Ltd.



Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 23070824 Receive: Print: 26/07/2023
Patient's Name : MD NURUL ALAM
Age : 59 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 59 b/min
Rhythm : Regular
P-Wave : Normal
P-R Interval : Normal
QRS Complex : Normal
ST. Segment : Is electric
T. Wave : Normal

Impression : Findings are within normal limit.



Dr. Debashish Paul
MBBS, MD (Cardiology)
Associate Professor
Department of Cardiology
Sylhet Women's Medical College Hospital

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.	: 23070824	Receive: 25/07/2023	Print: 25/07/2023
Patient's Name	: MD NURUL ALAM		
Age	: 59 Yrs	Sex	: M
Refd. by	: Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



Prof. Dr. Md. Mojibor Rahman
 MBBS, DMRD (Radiology & Imaging)
 Head of the Department (Radiology & Imaging)
 Sylhet Women's Medical College Hospital

ID: 23070533

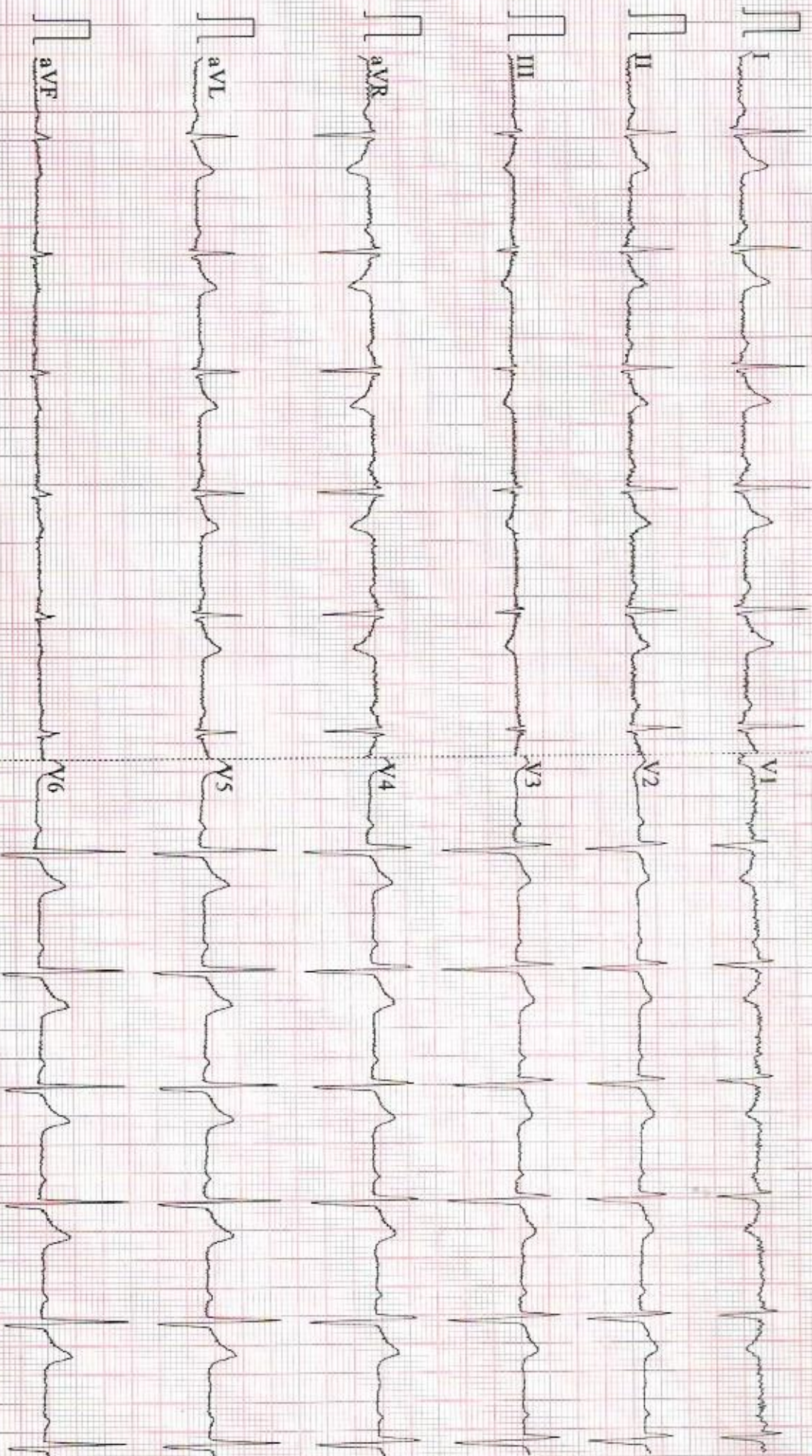
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Mr. Nihal
Medic 50 Years

P	: 120	ms
PR	: 174	ms
QRS	: 88	ms
QT/QTc	: 376/406	ms
P/QRS/T	: 18/16/10	°
RV5/SV1	: 1.31/0.770	mV

Diagnosis Information:
Sinus rhythm
Normal ECG

Report Confirmed by:



LABAID LTD (DIAGNOSTIC), CHITTAGONG
Forum Central (2nd Fl), Goal Pahar Moar
Chittagong

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MR. NUR ALAM
Patient ID: 260079
Height: 123 cm
Weight: 80 kg

DOB: 11.11.1963
Age: 59yrs
Gender: Male
Race:

Study Date: 30.07.2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --
Technician: --

Medications:

Medical History:

Reason for Exercise Test:

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	02:33	0.00	0.00	86	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	125	120/80	
	STAGE 2	03:00	2.50	12.00	148	120/80	
	STAGE 3	02:33	3.40	14.00	164	120/80	
RECOVERY		05:07	0.00	0.00	103	120/80	

The patient exercised according to the BRUCE for 8:33 min:s, achieving a work level of Max. METS: 10.40. The resting heart rate of 83 bpm rose to a maximal heart rate of 164 bpm. This value represents 101 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 120/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

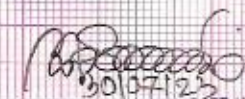
Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions

ETT IS NEGATIVE FOR THE ECG EVIDENCE OF PROVOCABLE MYOCARDIAL ISCHEMIA WITH GOOD EXERCISE CAPACITY


20107123
DR. SREEPATI BHATTACHARJEE (MD)
MBBS, DCC, D. CARD (CCM) JI
Resident Physician (Cardiology)
Chittagong Medical College Hospital

Dr. Afrina Shams Chowdhury

MBBS, D.O

CCD, FCPS (P1)

PGT (BIRDEM)

Assistant Professor

Aichi Medical College

Mobile: 01911688183

চেম্বার :

পরমা অপটিক্স

৮/এ, মধ্য বাসাবো টেম্পুস্টান্ড

সবুজবাগ, ঢাকা-১২১৪

ফোন : ৪৭২১৭৯৬৫, মোবাঃ ০১৬৭১০৫৩৫৬৫

রোগী দেখার সময়ঃ শনি, রবি, মঙ্গলবার

Name: Md. Nurul Alam

Age: 59y Date: 25/7/23

C/C

DIV for distance

Sneal

 $+1.75 / 0.25 \times 120^\circ$ $+1.50 / 1.00 \times 110^\circ$
R-

VAL -

AS

Fundus:

FLORE

Nasal Pterygium LE

HTN+

① Lub gel £10

২ টমেন্ট ৩০০

২ টমেন্ট ২০০

Ash.

Right Eye

চশমার ব্যবস্থাপত্র

Left Eye

SPH	CYL	AXIS	VAR
+2.25			616

SPH	CYL	AXIS	VAR
+1.50	+1.00	110°	616

Add: +2.50

IPD: 64/60 mm

CR, 39 Unifocal / Bifocal / Verilux / Photosun / Antire Flection / Blucut / Glass

Remarks: Please Keep for Future Reference.