

# INTERNATIONAL LABOUR ORGANIZATION

## Sectoral Activities Programme

See text links below.

ILO/WHO/D.2/1997

## Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers

Part 6

#### Annex D

Minimum requirements for the medical examination of seafarers

| Name   | (last, first, middle): Ho   | SSIN        | MD.S        | HAK  | CHAWAT                |         |         |
|--------|---|-------------|-------------|------|-----------------------|---------|---------|
| Date   | of birth (day/month/year):  | 05/09       | 1983        | Sex: | male                  | • 🛘 fem | ale     |
| Home   | e address:  | RATARA      | mPUR,       | RD)  | IARAM POR<br>AR, CHAH | e       |         |
|        | CHAPAI  | YAWAL       | BEANT       | SAD  | AR, CHAFT             | BITAWAL | GANT    |
| Passp  | ort No./Discharge Book N  | lo.: AO.    | 73443       | 336  | 101014                | 1425    |         |
| Туре   | of ship (container, tanker,   | , passenger | , fishing): |      |                       |         |         |
| Trade  | area (e.g., coastal, tropic   | al, worldwi | ide):       |      |                       |         |         |
| (Assi. | nince's personal declarate<br>stance should be offered by<br>you ever had any of the fo | y medical : |             | 2    |                       |         | 20 12   |
|        | Condition   |             | Yes No      |      | Condition             |         | Yes No  |
|        | Eye/vision problem  |             | D. D.       | 7    | Sleep problem         | e       | Tes 110 |
|        | High blood pressure   |             |             | ר    | Do you smake          |         |         |

20. Operation/surgery

21. Epilepsy/seizures

22. Dizziness/fainting

23. Loss of consciousness

04.2023.3750

Heart surgery

Varicose veins

6. Asthma/bronchitis

Heart/vascular disease

| 7. Blood disorder  |   |   |                                |  |         |   |
|--|---|---|--------------------------------|--|---------|---|
|  |   | D   | 24.                            | Psychiatric problems   |         |   |
| 8. Diabetes  |   | 8   | 25.                            |  | П       |   |
| 9. Thyroid problem   |   | R'  | 26.                            |  |         |   |
| 10. Digestive disorder   |   | N   | 27.                            | Loss of memory   |         | / |
| <ol><li>Kidney problem</li></ol>   | П   | X   |                                | Balance problem  |         |   |
| 12. Skin problem   |   |   | 29.                            | Severe headaches   | П       |   |
| 13. Allergies  |   |   | 30.                            | Ear/nose/throat problems   |         |   |
| <ol><li>Infectious/contagious diseases</li></ol>   |   |   | 31.                            | Restricted mobility  |         |   |
| 15. Hernia   |   | 1   | 32.                            | Back problems  |         |   |
| <ol><li>Genital disorders</li></ol>  |   | 1   | 33.                            | Amputation   |         |   |
| 17. Pregnancy  | $\Box 2$  | VM  |                                | Fractures/dislocations   |         |   |
|  | ,   |   |                                | and an analogue of the second  |         | 1 |
|  |   |   |                                |  |         |   |
|  |   |   |                                |  |         |   |
| Additional questions   |   |   |                                |  |         |   |
| Additional questions   |   |   |                                | Voc No   |         |   |
|  | as sick   | or repa                                       | triated                        | Yes No   | )       |   |
| 35. Have you ever been signed off  |   | or repa                                       | triatec                        | f from a ship?   |         |   |
| <ul><li>35. Have you ever been signed off</li><li>36. Have you ever been hospitalize</li></ul>   | ed?   | ,   |                                | I from a ship?   |         |   |
| <ul><li>35. Have you ever been signed off</li><li>36. Have you ever been hospitalize</li><li>37. Have you ever been declared u</li></ul>   | ed?<br>nfit for   | sea duty                                      | y?                             | I from a ship?   |         |   |
| <ul> <li>35. Have you ever been signed off</li> <li>36. Have you ever been hospitalize</li> <li>37. Have you ever been declared u</li> <li>38. Has your medical certificate ev</li> <li>39. Are you aware that you have an</li> </ul>  | ed?<br>nfit for<br>er beer  | sea duty                                      | y?<br>ed or                    | f from a ship?   | 121 22  |   |
| <ul> <li>35. Have you ever been signed off</li> <li>36. Have you ever been hospitalize</li> <li>37. Have you ever been declared u</li> <li>38. Has your medical certificate ev</li> <li>39. Are you aware that you have ar illnesses?</li> <li>40. Do you feel healthy and fit to p designated position/occupation</li> </ul>  | ed?<br>nfit for<br>er beer<br>ny med<br>erform<br>?   | sea duty<br>restrict<br>ical prob             | y?<br>ed or<br>olems,          | I from a ship?   I I I I I I I I I I I I I I I I I I   | 727 720 |   |
| <ul> <li>35. Have you ever been signed off</li> <li>36. Have you ever been hospitalized</li> <li>37. Have you ever been declared und</li> <li>38. Has your medical certificate even</li> <li>39. Are you aware that you have an illnesses?</li> <li>40. Do you feel healthy and fit to put designated position/occupation</li> <li>41. Are you allergic to any medical</li> </ul>  | ed?<br>nfit for<br>er beer<br>ny med<br>erform<br>?   | sea duty<br>restrict<br>ical prob             | y?<br>ed or<br>olems,          | I from a ship?   I I I I I I I I I I I I I I I I I I   | 737 730 |   |
| <ul> <li>35. Have you ever been signed off</li> <li>36. Have you ever been hospitalized</li> <li>37. Have you ever been declared und</li> <li>38. Has your medical certificate even</li> <li>39. Are you aware that you have an illnesses?</li> <li>40. Do you feel healthy and fit to put designated position/occupation</li> <li>41. Are you allergic to any medical</li> </ul>  | ed?<br>nfit for<br>er beer<br>ny med<br>erform<br>?   | sea duty<br>restrict<br>ical prob             | y?<br>ed or<br>olems,          | I from a ship?   I I I I I I I I I I I I I I I I I I   | 737 730 |   |
| <ul> <li>35. Have you ever been signed off</li> <li>36. Have you ever been hospitalize</li> <li>37. Have you ever been declared u</li> <li>38. Has your medical certificate ev</li> <li>39. Are you aware that you have ar illnesses?</li> <li>40. Do you feel healthy and fit to p designated position/occupation</li> <li>41. Are you allergic to any medicat</li> <li>Comments:</li> </ul>  | ed?<br>nfit for<br>er beer<br>ny med<br>erform?<br>tions?   | sea duty<br>restrict<br>ical prob<br>the duti | y?<br>ed or<br>olems,<br>es of | I from a ship?   I P  I P  I P  I P  I P  I P  I P  I  | 727 72  |   |
| <ul> <li>36. Have you ever been hospitalized</li> <li>37. Have you ever been declared under the second of the seco</li></ul> | ed?<br>nfit for<br>er beer<br>ny med<br>erform?<br>tions?   | sea duty<br>restrict<br>ical prob<br>the duti | y?<br>ed or<br>olems,<br>es of | I from a ship?   I P  I P  I P  I P  I P  I P  I P  I  | 721 72  |   |
| <ul> <li>35. Have you ever been signed off</li> <li>36. Have you ever been hospitalize</li> <li>37. Have you ever been declared u</li> <li>38. Has your medical certificate ev</li> <li>39. Are you aware that you have ar illnesses?</li> <li>40. Do you feel healthy and fit to p designated position/occupation</li> <li>41. Are you allergic to any medicat</li> <li>Comments:</li> </ul>  | ed?<br>nfit for<br>er beer<br>ny med<br>erform?<br>tions?   | sea duty<br>restrict<br>ical prob<br>the duti | y?<br>ed or<br>olems,<br>es of | I from a ship?   I P  I P  I P  I P  I P  I P  I P  I  | 727 72  |   |
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| 35. Have you ever been signed off 36. Have you ever been hospitalize 37. Have you ever been declared u 38. Has your medical certificate ev 39. Are you aware that you have ar illnesses? 40. Do you feel healthy and fit to p designated position/occupation 41. Are you allergic to any medical Comments:  FIT FOR  42. Are you taking any non-prescript medications?   | nfit for<br>rer beer<br>ny med<br>erform?<br>tions?   | sea duty<br>restrict<br>ical prob<br>the duti | y?<br>ed or<br>olems,<br>es of | I from a ship?   I P  I P  I P  I P  I P  I P  I P  I  | 733335  |   |
| <ul> <li>35. Have you ever been signed off</li> <li>36. Have you ever been hospitalized</li> <li>37. Have you ever been declared und</li> <li>38. Has your medical certificate ever</li> <li>39. Are you aware that you have an illnesses?</li> <li>40. Do you feel healthy and fit to predesignated position/occupation</li> <li>41. Are you allergic to any medical Comments:</li> </ul>   | nfit for<br>rer beer<br>ny med<br>erform?<br>tions?   | sea duty<br>restrict<br>ical prob<br>the duti | y?<br>ed or<br>olems<br>es of  | I from a ship?   I revoked?  I |         |   |

| If yes,                          | please l  | ist the r   | medication                  | s taken              | and t           | the purp    | ose(      | s) and d         | osage(s).   |                               | And the second s |
|----------------------------------|-----------|-------------|-----------------------------|----------------------|-----------------|-------------|-----------|------------------|-------------|-------------------------------|--|
| I hereby                         | certify   | that the    | personal                    | declara              | tion a          | bove is     | a tru     | e staten         | nent to the | e best of my l                | knowledge.   |
| Signatur                         |           |             |                             |                      |                 |             |           | /month           | 0           | 9 APR 2023                    |  |
| Witness                          |           |             |                             | Thu                  |                 | 7           | 120135    |                  |             | BMDC A-55<br>DG Shipping      | MD. RAIHA<br>CCD (Birdem), PGT (Oph<br>144, MMC-BGD-01<br>Bangladesh Approv<br>tral Physician<br>Hospitals Limited.  |
| I hereby<br>health in<br>examine | stitutio  | ze the r    | release of a<br>public auth | all my p<br>norities | orevio<br>to Dr | ous medi    | ical r    | ecords<br>D. Rh  | from any    | health profes<br>the approved | sionals,<br>I medical  |
| Signatur                         | e of exa  | aminee:     |                             | 9                    |                 | Date (      | day/r     | nonth/y          | ear):       | APR 2023                      |  |
| Witnesse                         | ed by: (  | Signatu     | re)                         | fun                  | W.              |             | →Na       | ame: <i>(T</i> ) | vped or pi  | BMDC A-5514                   | MD. RAIHAN<br>60 (Birdem), PGT (Ophth<br>4, MMC-BGD-016<br>angladesh Approved  |
| □• Pre<br>Sight                  | -sea      |             | Visual                      | Period               |                 |             |           | □• Ot            | ther        |                               |  |
|                                  | Unaid     | ed          | V ISUAI                     | Aided                | -               | -           |           |                  | Visua       | al fields                     |  |
|                                  |           |             | Binocular                   |                      |                 | Rinoce      | ulor      |                  | Normal      | Defective                     |  |
| Dietant                          | eye       | eye         |                             | eye                  | eye             | Dilloct     | uiai      | Right<br>eye     | /           | 7                             |  |
| Distant<br>Near                  | 616       | 616         | 1                           |                      |                 |             |           | Left<br>eye      | /           |                               |  |
| Colour                           |           |             |                             | U No.                | rmal            | ☐ Doub      | otful     | □ Defe           | ective      |                               |  |
| Hearing                          | ;         |             |                             |                      |                 |             |           |                  |             |                               |  |
|                                  | Pu        | re tone     | and audio                   | metry (              | (thres          | hold val    | ues i     | n dB)            | Speech      | and whisper                   | test (metres)  |
|                                  | 500<br>Hz | 4,000<br>Hz | 2,000<br>Hz                 | 3,00<br>Hz           | 1000            | 4,000<br>Hz | 6,0<br>Hz | 000              |             | Normal                        | Whisper  |
| Right<br>ear                     | 20        | 20          | 20                          | 2                    | 0               |             |           |                  | Right ea    | r 4                           | 4  |
| Left                             | 20        | 20          | 20                          | 2                    | 0               | dical Hos   | spitals.  | 2                | Left ear    | 4                             | 9  |

| Height: 180             | (cm)         |          | Weight:                                 | 80   | (kg)                                    |          |
|-------------------------|--------------|----------|---|--|---|----------|
| Pulse rate:             | (/(minute)   |          | Rhythm:                                 | Regular  | 100000000000000000000000000000000000000 |          |
| Blood pressure:         | Systolie:    | 120      | (mm Hg                                  | Diastolic:   | 80                                      | (mm Hg   |
| Urinalysis:             | Glucose: _   | Nil      |   | Protein:   | NI                                      |          |
| V                       | Normal       | Abnormal |   |  | Normal                                  | Abnormal |
| Head                    |              |          | Varicose ve                             | ins  | 2                                       |          |
| Sinuses, nose, throat   | Z/           |          | Vascular (ir                            | ic. pedal pulses)  | 10                                      | П        |
| Mouth/teeth             | X            |          | Abdomen a                               | nd viscera   | 1                                       | D        |
| Ears (general)          | X            |          | Hernia                                  |  | 20                                      |          |
| Tympanic membrane       | De           |          | Anus (not re                            | ectal exam.)   | 1                                       |          |
| Eyes                    | 10           |          | G-U system                              |  | 1                                       |          |
| Opthalmoscopy           | Z            | П        | Upper and le                            | ower extremities   |   |          |
| Pupils                  | Z            |          |   | T/S and L/S)   |   |          |
| Eye movement            | 1            |          | Neurologic                              |  |   |          |
| Lungs and chest         | Z            |          | Psychiatric                             | CONTRACTOR OF THE CONTRACTOR O |   |          |
| Breast examination      | NAA          |          | General app                             |  |   |          |
| Heart                   | 1            |          | ······································· |  | ~                                       |          |
| Skin                    | 1            | П        |   |  |   |          |
| Chest X-ray:            | □ Not perf   | ormed    | + Performed                             | on (day/month/y  | ear). 09                                | APR 2023 |
| Results:                |              |          |   |  |   |          |
| ~~~                     | orone        | ul e     | m.                                      | 7-Ray  |   |          |
| Other diagnostic test(s | ) and result | (s):     |   |  |   |          |
|                         |              |          |   |  |   |          |
| Test DA                 | 22/4         | comin.   | Resu                                    | 1 Nonna  |   |          |
| 2/0                     | 20.0         | 101/6    | - Acsa                                  | Notesta  | ac.                                     |          |
| Medical examiner's c    | omments:     |          |   |  |   |          |
|                         |              | FIT FOR  | DUTY ON BO                              | למונים מפו   |   |          |
|                         |              |          |   | O O O O O O O O O O O O O O O O O O O  |   |          |
| Vaccination             | status reco  | rded:    | Yes                                     |  | □ No                                    |          |
|                         |              |          |   |  |   |          |

## Assessment of fitness for service at sea

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:



|               | Fit for look-out duty                    | • 🗆 Not fi   | it for look-out duty |   |              |
|---------------|--|--|----------------------|---|--------------|
|               |  |  |                      |   |              |
|               | Deck service                             | Engine service   | Catering service     | Other service   | es           |
| It            | LJ                                       | 18   |                      | D   |              |
| Unfit         |  |  |                      | П   |              |
| With          | out restrictions 2.                      | With restrictions  | ·                    |   |              |
|               | 5  |  |                      |   |              |
| Describe res  | trictions (e.g., specif                  | ic position, type of   | ship, trade area)    |   |              |
| Action taker  | n by medical examine                     | er (e.g., referral):   |                      |   |              |
|               | mination: RADICAL HC                     | and the conference of the contract of the cont |                      |   | 0 9 APR 2023 |
| Place of exa  | mination: That Sha                       | ka, Bangiadosh Date of   | examination (day/)   | month/year):_   |              |
|               | tificate's date of expi                  |  | year):               | APR 2025  | <u> </u>     |
| Official stan | np (also print name of medical examiner: | of medical examine   |                      | M!R. MD. RA<br>J) DFM, CCD (Birdem), I<br>A-55144, MMC-B<br>pp.ng Bangladesh /<br>General Physician<br>adical Hospitals Lim | l l          |
| Authorized    | by: DG SHIPF                             | WE BANGA   |                      | etent authority   |              |

ABOUT SECTOR | SECTORS | MEETINGS | PUBLICATIONS | WHATS NEW



For further information, please contact the Sectoral Activities Department (SECTOR) at Tel: Fax: or email: <a href="mailto:sector@ilo.org">sector@ilo.org</a>

Disclaimer | webinfo@ilo.org

This page was created by BR/PL. It was approved by BW/BKN. It was last updated Tues, 17 Jun 1999.



## MEDICAL EXAMINATION REPORT/CERTIFICATE

### MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

#### REPUBLIC OF THE MARSHALL ISLANDS

| SURNAME<br>HOSSIN  | GIVEN NAME(S)<br>MD SHAKHAWAT  | 1 70-1-40-   |
|--|--|--|
| DATE OF BIRTH 09 05 1983 MONTH DAY YEAR  | PLACE OF BIRTH CHAPAINAWABGANJ BANGLADESH CITY COUNTRY   | SEX □ □ FEMALE   |
| EXAMINATION FOR DUTY AS:  MASTER DECK OFFICER ENGINEERING OFFICER RADIO OFFICER RATING   | MAILING ADDRESS OF APPLICANT:<br>NAMO RAJARAMPUR, RAJARAMPUR, CE<br>SADAR, CHAPAINWABGANJ, BANGLADE  |  |
| MEDICAL EXAMINATION (SEE REVERSE SIDE FOR M  | MEDICAL REQUIREMENTS) STATE DETAILS  | ON REVERSE SIDE  |
| HEIGHT WEIGHT BLOOD PRESSURE PULSE   | nin 146min GENERAL APPE  | ARANCE /   |
| VISION: RIGHT EYE LEFT EYE WITH GLASSES /  | HEARING:   | EAR JYAP   |
| COLOR TEST TYPE: BOOK LANTERN IS COL   | LOR TEST NORMAL? YES NO (IF"   | NO" EXPLAIN ON PAGE 2)   |
| ARE GLASSES OR CONTACT LENSES NECESSARY TO MEET THE REQUIRE  | D VISION STANDARD? YES   |  |
| HEAD AND NECK  NOTCHNEL  | HEART (CARDIOVASCULAR)   | vormel   |
| LUNGS  | SPEECH (DECK/NAVIGATIONAL O<br>IS SPEECH UNIMPAIRED FOR NORMAL VOICE   |  |
| EXTREMITIES: UPPER NOTTIMAL  | LOWER NOTA   | mil.   |
| IS APPLICANT VACCINATED IN ACCORDANCE WITH WHO RECOMMEND   | DATIONS? YES NO  |  |
| IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGGRAVAT<br>SEA OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON BOA<br>IF YES, PLEASE ENTER EXPLANATION IN THE SECTION AT THE BOTTOM OF  | RD? YES NO   | HIM/HER UNFIT FOR SERVICE AT   |
| IS APPLICANT TAKING ANY NON-PRESCRIPTION OR PRESCRIPTION MEDI  | ICATIONS? YES NO   |  |
|  | 0 9 APR 2023   | 0 8 APR 2025   |
| SIGNATURE OF APPLICANT   |  |  |
| THIS SIGNATURE SHOULD BE AFFIXED IN THE PRESENCE OF THE EXAL   | DATE OF EXAMINATION<br>MINING PHYSICIAN.   | EXPIRY DATE  |
| THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION   | MINING PHYSICIAN.  WAS GIVEN TO:  ON BOARD SHIP  NAME OF APPLICANT (S EASE (OR VIRUSES FOR COOKS): YES  NO LS A  MASTER / DECK OFFICER / ENC   | EXPIRY DATE  SHAKHAWAT  BURNAME, GIVEN NAME(S))  |
| THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION FIT FOR DUTY  THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DIST SEAFARER IS FOUND TO BUT FIT / NOT FIT FOR DUTY A RADIO OFFICER / RATING / CHIEF COOK / CO  | MINING PHYSICIAN.  WAS GIVEN TO:  ON BOARD SHIP  NAME OF APPLICANT (S EASE (OR VIRUSES FOR COOKS): YES  NO LS A  MASTER / DECK OFFICER / ENC OK  WITHOUT ANY RESTRICTIONS / WITH   | EXPIRY DATE  SHAKHAWAT  SURNAME, GIVEN NAME(S))  O   GINEERING OFFICER /                     |
| THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION FIT FOR DUTY  THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DISI SEAFARER IS FOUND TO BIS FIT / NOT FIT FOR DUTY A RADIO OFFICER / RATING / CHIEF COOK / CO RESTRICTIONS:  | MINING PHYSICIAN.  WAS GIVEN TO:  ON BOARD SHIP  NAME OF APPLICANT (S EASE (OR VIRUSES FOR COOKS): YES  NOT COOKS OF THE C | EXPIRY DATE  SHAKHAWAT  FURNAME, GIVEN NAME(S))  O O O  GINEERING OFFICER /  H THE FOLLOWING |
| THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION FIT FOR DUTY  THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DIST SEAFARER IS FOUND TO BLE FIT / NOT FIT FOR DUTY A RADIO OFFICER / RATING / CHIEF COOK / CO RESTRICTIONS:  NAME AND DEGREE OF PHYSICIAN DR. MIR MD RAIF ADDRESS RADICAL HOSPITALS LIMITED 35, SHAH M   | MINING PHYSICIAN.  WAS GIVEN TO:  ON BOARD SHIP  NAME OF APPLICANT (S EASE (OR VIRUSES FOR COOKS): YES  NOT COOKS OF THE C | EXPIRY DATE  SHAKHAWAT  FURNAME, GIVEN NAME(S))  O O O  GINEERING OFFICER /  H THE FOLLOWING |
| THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION FIT FOR DUTY  THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DIST SEAFARER IS FOUND TO BLE FIT / NOT FIT FOR DUTY A RADIO OFFICER / RATING / CHIEF COOK / CO RESTRICTIONS:  NAME AND DEGREE OF PHYSICIAN DR. MIR MD RAIF ADDRESS RADICAL HOSPITALS LIMITED 35, SHAH M   | WAS GIVEN TO: HOSSIN MD  ON BOARD SHIP NAME OF APPLICANT (S  EASE (OR VIRUSES FOR COOKS): YES NOT  | EXPIRY DATE  SHAKHAWAT  FURNAME, GIVEN NAME(S))  O O O  GINEERING OFFICER /  H THE FOLLOWING |
| THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION FIT FOR DUTY  THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DIST SEAFARER IS FOUND TO BIS FIT / NOT FIT FOR DUTY A RADIO OFFICER / RATING / CHIEF COOK / CO RESTRICTIONS:  NAME AND DEGREE OF PHYSICIAN DR. MIR MD RAIF ADDRESS RADICAL HOSPITALS LIMITED 35, SHAH M NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY D | WAS GIVEN TO: HOSSIN MD  ON BOARD SHIP NAME OF APPLICANT (S  EASE (OR VIRUSES FOR COOKS): YES NOT  | EXPIRY DATE  SHAKHAWAT  FURNAME, GIVEN NAME(S))  O O O  GINEERING OFFICER /  H THE FOLLOWING |

Certification and Watchkeeping for Seafarers 1978, as amended, and the Maritime Labour Convention, 2096, as amended.

DR. MIR. MD. RAIHAN

MB8S (DU), DPM, CCD (Birdom), PGT (Ophth)

Rev. Mar/2022

DR. MIR, MD. RAIHAN
MB8S (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.

MI-105M

#### MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a medical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This medical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
  - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
- (b) Eyesight
  - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40
    (0.50) in the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have
    normal color perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply
    with C.I.E. Standards 1 or 2.
  - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c) Dental
  - Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
  - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
  - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
  - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel
    and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on
    immunizations. If new vaccinations are given, these should be recorded.
- (g) Diseases or Conditions
  - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senilify, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
  - Applicants for able seafarer, bosun, GP-1, ordinary seafarer and junior ordinary seafarer must meet the physical requirements for a deck/navigational officer's certificate.
  - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

#### IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or scafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the scafarer for work and enhancing health care.

#### DETAILS OF MEDICAL EXAMINATION

To be completed by examining physician; alternatively, the examining physician may attach an equivalent form. (See RMI MG 7-17-1, §3.3).

0 9 APR 2023

As Per-MLG-2006

DR. MIR. MD. RAIHAN
MBBS (DU), DFM., CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited (05M)

Rev. Mar/2022



| Bill No        | DIA23040132                       | Received Date        | 09/04/2 | 2023     |
|----------------|-----------------------------------|----------------------|---------|----------|
| Patient's Name | MD SHAKHAWAT HOSSIN               |                      |         |          |
| Patient's Age  | 40 Y 0M 0D                        | Patient's Sex        |         |          |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD( | BIRDEM),PGT(Eye),DFM | CDC NO  | C/O/4425 |
| Sample         | Blood                             |                      |         |          |

## SEROLOGYCAL REPORT

Test Name

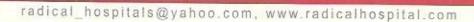
Result

HIV 1 & 2 (Method: (ICT)

Negative

Checked By

Medical Technologist, Radical Hospitals Ltd. Uttara, Dhaka. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Assistant Professor Dept. of Microbiology East West Medical College and Hospital





| Bill No        | DIA23040132                        | Received Date       | 09/0                                    | 4/2023                   |
|----------------|------------------------------------|---------------------|---|--------------------------|
| Patient's Name | MD SHAKHAWAT HOSSIN                |                     | 110000                                  |                          |
| Patient's Age  | 40 Y 0M 0D                         | Patient's Sex MALE  |   |                          |
| Ref. by        | Dr. Mir Md. Raihan MBBS,(DU),CCD(B | IRDEM),PGT(Eye),DFM | CDC                                     | C/O/4425                 |
| Sample         | URINE                              |                     | *************************************** | The second second second |

## DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

|   | Test Name           | Result   |       |
|---|---------------------|----------|-------|
|   | Drug Level of Urine |          |       |
| 4 | Cocaine             | Negative | 1.425 |
|   | Morphine            | Negative |       |
|   | Marijuana           | Negative |       |
|   | Barbiturates        | Negative |       |
|   | Amphetamines        | Negative |       |
|   | Phencyclidine       | Negative |       |
|   | Alcohol             | Negative |       |
|   | Benzodiazepines     | Negative |       |
|   | Methadone           | Negative | 14.5  |
|   | Propoxyphene        | Negative | - 4   |

Checked By

Medicak Technologist, Radical Hospitals Ltd. Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Assistant Professor
Dept. of Microbiology
East West Medical College and Hospital



Date: 09/04/2023

## EYE EXAMINATION REPORT

| NAME: | MD SHAKHAWAT HOSSIN |              | 2.4             |
|-------|---------------------|--------------|-----------------|
| AGE:  | 40 YRS              | RANK: CH.ENG | CDC NO:C/O/4425 |

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

616

616

AIDED

COLOUR VISION:

NORMAL / BLIND

OPINION

\*UNFIT\* / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital



### TREADMILLSTRESS TEST

| Patient ID    | 23040132            | Test Date | 09-04-20 | 23  |      |
|---------------|---------------------|-----------|----------|-----|------|
| Patient Name  | MD SHAKHAWAT HOSSIN | Age       | 40 Yrs   | Sex | Male |
| Attending Dr. | Dr. ROSEYAT PERVEEN |           |          | -   |      |

Total Exercise Time

: 09:10 Min

Max.HR attained

: 163 bpm.

% of max.pred. hR

: 98 %

Max. Pred HR

: 167 bpm.

Maximum BP

: 140/80 mmHg.

Max, work load attained

:13.10METS.

Indication

: Screening for IHD.

Risk Factors

.

Reason for Termina

: Attainment of THR.

Test Profile

: BRUCE

Symptoms

:

Summary Result ⇒

NEGATIVE

Comments

- MD SHAKHAWAT HOSSIN performed stress test in Bruce protocol for the evaluation of IHD (angina pectoris).
- Exercise capacity was good.
- Inotropic and chronotropic responses were normal.
- Stress test was terminated because of Attainment of THR
- ECG at rest showed no abnormality.
- ECG during exercise & Recovery showed no significant ST-T changes.

Conclusion

: Stress test is NEGATIVE for ECG evidence of promotable myocardial ischemia.

MBBS, MD (Cardiology), NICVD, Dhaka Consultant, IBN SINA D-Lab, Uttara, Dhaka



| Patient ID   | 23040132                         | Voucher No    |            |
|--------------|----------------------------------|---------------|------------|
| Test Name    | USG OF WHOLE ABDOMEN             | Delivery Date | 09/04/2023 |
| Patient Name | MD SHAKHAWAT HOSSIN              |               |            |
| Age          | 40 YRS                           | Sex           | Male       |
| Refd. By     | DR. MIR MD. RAIHAN MBBS,(DU),DFI | M             | 200274.20  |

#### THANK YOU FOR THE COURTESY OF THIS REFERRAL

LIVER :- Is normal in size 13.0cm shape and position. The echogenicity of the parenchyma is normal. Intrahepatic biliary channel are not dilated. No focal lesion is seen.

GALL BLADDER: Normal size regular in shape. Lumen is normal.

Wall thickens is normal.

CBD & Intrahepatic biliary trees are not dilated. Diameter of CBD is normal.

PANCREASE: Is normal in size margin are regular parenchyma show normal echo-texture pancreatic duct is not dilated. No focal area of altered echogenicity or calcification is seen.

SPLEEN: Is normal in size and shape uniform in echo-texture.

**BOTH KIDNEYS**:- Are normal in size. RK-9.0cm, LK-9.3cm The cortical echogenicity are normal with clear cortico-medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URINARY BLADDER: Is well filled. Wall thickness is within normal limit. No intravesicle lesion is seen Prostate: Normal size regular in shape. Echogenicity is homogenous.

COMMENT: Normal Study.

Sonologist

Dr. Asma Ahmed MBBS,CMU,DMU PGT(Gynae & obs) Advanced Training in TVS

# INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST YELLOW FEVER CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION CONTRE LA FIEVRE JAUNE

| This is to certify that JE Soussigne' (e) certifie que | date of birth 05/09/1983 Sex no' (e) le sexe |  |  |
|--|--|--|--|
| Whose signature follows don't la signature suit        |  |  |  |

has on the Date indicated been vaccinated or revaccinated against cholera a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la datc indiquee.

|   | Date 103                   | Signature and professional<br>Stahtus of Vaccinator<br>Signature et titre<br>du vaccinateur | Manufacturer and batch no of vaccine Fabricanl du vaccin et nunnc' ro du lot | Official sump of vaccinating centre Cachet official du centre de vaccination |
|---|----------------------------|---|--|--|
| 2 | DR<br>MBBS<br>BAIL<br>27 S | C A 55144 MMC-BGU-010   | FEVER L NO   | 25, Shah Makhdum Assersia Utterre, Dhaka                                     |
|   |                            | neal Physician  | ***  | MGLADY   |
|   | 3                          |   |  |  |
|   | 4                          |   |  |  |

This certificate is valid only if the vaccine used has been approved by the world I Icalih organization and vaccinating centre has been designated by health administration for the territory in which that centre is situated.

The validity of his certificate shall extend for a period of ten years, beginning in days after the date of vaccination or in the event of a revaccination within sch period often years, from the date of the revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for die signature.

Any amendment of this certificate, or erasure, of failure to complete any part of it, may render it invalid.

Ce certificate n' est avalable que si lc vaccina employe" a c-' tc,' a approve" par l' organisa\_tion Mondiale de la santc" et sile centre a" uaiiif,aiion ae" tc'tra6fiiile pali-aminstralion sanitaire du (erriloire dans lcqucl'ce centre est siture;

La validite' de ce certilicat couvrc une pe'riodo de dix ans comencant dix joursapros la date de la vaccination ou, dans le cas dune rejaccination.u.ou., a,-citto lie,iio,i. a" dix ans. lejour de cetto revaccination.

Ca certificate do it ctrc signc'uq1 un me'decin de sa propre main, son cachet offiiciar no pouvant cue conside' commo Icnant lieu de signature.

Toute eoreciion ou rahire sur le certificate ou l'omission d' une quelconque des mentions qu'il

# INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINEST CHOLERA CERTIFICAT INTERNATIONUAX DE VACCINATION OU DE REVACCINATION CON IRE LE CHOLERA

| MD. SHAKHAWAT HOSSIN,                                  |                                   |   |  |  |  |
|--|-----------------------------------|---|--|--|--|
| This is to certify that JE Soussigne' (e) certifie que | date of birth 05/09/1983 Sex male | E |  |  |  |
| Whose signature follows dont la signature suit         |                                   | _ |  |  |  |

has on the Date indicated been vaccinated or revaccinated against cholera a e'te' vaccine (e) ar revaccine' (e) contre le fievre jaune a la datc indiquee.

|    | Date | Signature and professional Status of Vaccinator Signature et qualite profess- sionelle vaccinateur   | Approved Stamp Cechet d'authentification ORAL CHOLERA   |
|----|------|--|---|
| 00 | 138  | DR. MK. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited.  | Valid Upto 2 yrs  Valid Upto 2 yrs  Valid Upto 2 yrs  TYPHCID VACCINATION  TYPHERIX  VALID UPTO ONE YEARS |
|    | 3    | The state of the s |   |

The validity of this certificate shall extend for a period of two years, beginning six days after the first injection of vaccine or in the ev6nt of revaccination within such period of two years, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, tins certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any pan of it. May render in invalid.

La validity dece certificate couvre une period de six mois commencent six Jours a prea is premiere injection du vaccin ou, dans le cai a" une revaccination a, cour. d;;gtte period do six mois jour de cette revaccination.

Nonobstant les, despositions ci-dessue dans le cas d' un pelerin le present certificate dottlalre mention de deux injections partiquees a sept jours d', intervaile et sa validite cofilmence lejour de la seconde, injection:

De cachet d' authentificalion doit etre c\_anforme au modele present per l, administration sanitaite du territoire ou la vaccination est effectuee, j

... Toute correction ou rahfe sur le certificate ou I o, mission d'une quelconque des mantions qu'il comporte pe ut effectersa validite.