

## Common FAQs



### 1. What is Nutracy Lifestyle by Dr.Rohini Patil all about?

Our nutrition brand is focused on providing high-quality, science-backed nutrition products to support overall health and wellness. We offer a range of supplements, functional foods, and other nutrition-related products that are formulated to meet the needs of various individuals, including athletes, active individuals, and those seeking general health and wellness support.

### 2. Where can I see in detail information about Nutracy Lifestyle by Dr.Rohini Patil?

You can download our app for IOS and android, please find the QR code scans available on the website wherein you can book a session with us, understand us and order products, receive health reminders, get notified for offers & much more!

### 3. Do you offer any discounts or promotions?

We may periodically offer discounts, promotions, or special offers on our products. Please visit our website or download our app Nutracy Lifestyle by Dr. Rohini Patil to stay updated on any current promotions or discounts.

### 4. How can I choose the right diet program for me?

Choosing the right diet program depends on several factors, including your health goals, personal preferences, dietary restrictions, and lifestyle. It's important to consider programs that are sustainable, nutritionally balanced, and aligned with your individual needs. However, you can download our app Nutracy Lifestyle by Dr.Rohini Patil to explore which diet program is right for you and how!

### 5. Should I do Genetic testing before starting your diet program?

It's always better to get yourself tested and analyzed at the Genetic level of your body to get better idea of right plan of action!

### 6. How long should I follow your diet program?

The duration of a diet program can vary depending on your goals and the program itself. Some programs may be designed for short-term use, while others promote long-term lifestyle changes.

# NUTRACY LIFESTYLE

By Dr. Rohini Patil