

## **TERMS & CONDITIONS**

- 1.No refunds are available. Please read the eligibility conditions carefully and only then register.
2. The fees is non- transferable. In case you are not able to attend the classes, you can connect with the team immediately and it will be team's discretion to allow for transfer as per your conditions and reasons.
3. You can switch between batch timings as per convenience.
5. In case of Emergencies/Festivals the classes may get rescheduled on Wednesday's or Saturday's. An Intimation will be given on the WhatsApp groups.

Helpline number- +91 9599034721

## **WAIVER**

1. If at any time during the class, you feel discomfort or strain, gently come out of the posture. You may rest anytime during the class. It is important in yoga that you listen to your body.
2. I recognize that it is my responsibility to notify my teacher of any serious illness or injury before any yoga class.
3. I understand that participating in any kind of physical exercise class, involves a risk of injury; I agree to be solely responsible for any injuries sustained by me as a result of my participation in any class offered by PregaYog. I am fully aware of the risks involved.
4. I understand that yoga is not a substitute for medical attention, examination, diagnosis, or treatment. It is my responsibility to consult with a physician prior to and regarding my participation in any kind of physical exercises including yoga classes offered by PregaYog. I represent and warrant that I am physically fit and have no medical conditions that would prevent me from participation in the classes offered by PregaYog. I assume full responsibility for any injuries or damages, known or unknown, which I might incur as a result of participation in classes offered by PregaYog. I knowingly, voluntarily and expressly, waive any claim I may have against PregaYog and it's instructors for injuries or damages that I may sustain as a result of participation in classes offered by PregaYog.