

**ANDHRA PRADESH PUBLIC TRANSPORT DEPARTMENT**  
(ANDHRA PRADESH STATE ROAD TRANSPORT CORPORATION)

Office of the Commissioner, PTD &  
Ex-officio VC&MD, APSRTC,  
RTC House, PNBS, Vijayawada.

No.P2/468(2)/2026 PO.III

**CIRCULAR NO. PD - 06/2026 DATED 10.04.2026**

Sub: **Periodical Medical Examination** – Alarming trends in employee deaths in recent times – Review of the existing PME system – Introduction of **Periodical Health Check up (PHC)** for all categories of employees – Instructions issued - Reg.

Ref: Circular No-PD-40/1976-77 dated 16.08.1976

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APSRTC is a Public Transport Organization, which operates bus services to provide transportation services to the commuters in the State. The business of APSRTC has been primarily carried out by **Drivers** with the effective support of employees in the other local level core productive categories such as **Conductors, Mechanics/Artisans and Shramiks/Helper**.

The nature of duties of Drivers is quite arduous as they are subjected to perform duties in difficult climatic and enervating conditions with unrhythmic food and disturbed sleep habits imposed on them because of business requirements. As a result, their health condition gradually deteriorates over a period of time. Further, APSRTC, being in essential services category, the work induced stress levels among the remaining categories of employees are also relatively high, adversely affecting their health compared to employees in other Government departments. Due to high stress levels and consequent ailments, there has also been an increasing trend in number of deaths of APPTD employees over the past years.

**Existing System - Mandatory Periodical Medical Examination(PME):**

As road safety is of paramount importance in general and specifically to APSRTC, all the drivers are subjected to **periodical medical examination** to evaluate their physical fitness as per the medical standards of APSRTC by the APSRTC Medical Department, at a frequency of once in **every 3 years till they attain the age of 45 years** and thereafter, once every year till the date of superannuation, in terms of instructions issued through **Circular No-PD-40/1976-77 dated 16.08.1976**.

All the employees of APSRTC were absorbed into Government service under Public Transport Department w.e.f. 01.01.2020 in terms of Section (3) of the APSRTC (Absorption of employees into Government Service) Act, 2019 (Act.No.36 of 2019).

Through para no. 8 (C) of G.O.Ms.No.58, T, R & B (PTD-1) Department, dated 26.12.2025, the Government accorded approval "to continue the existing system of Periodical Medical Examinations (PME) to assess the suitability of employees for their respective posts as per APSRTC Medical Standards and to authorize APSRTC(APPTD) Medical Officers/Medical Board to certify their medical fitness or unfitness based on the PME result.

As per the existing PME guidelines in terms of APSRTC Medical manual, only Driver category employees are subjected to Periodical Medical Examination. The Manual does not stipulate PME for other categories of employees.

### **Review:**

During the review meetings held on 02.04.2026 and 10.04.2026 with all EDs, DPTOs, DMs and Medical Officers, the following critical observations are made.

1. Only the Drivers category, which constitutes 39% of the total employees, is covered under PME.
2. The remaining 61% of employees are not covered under PME.
3. 100 out of 272 employees died due to cardiac problems.
4. 62 out of 272 employees died due to liver, kidney, lung, and cancer-related diseases.
5. The average mortality rate is approximately one per day, which is highly alarming and unwarranted.
6. There is an urgent need to review the existing PME system to prevent such deaths during service.
7. Additional categories of employees should be brought within the scope of Preventive Health Check-up (PHC) to detect serious illness indicators in advance, take proper medication and prevent untoward deaths while in service.

### **Plan of Action:**

After careful examination of the matter, the following instructions are issued for strict compliance.

- 1) Continuation of the existing **Periodical Medical Examination (PME)** system for Drivers:

**All Drivers** shall be subjected to **Periodical Medical Examination (PME)** to evaluate their physical fitness to the post of Driver as per the medical standards of APSRTC, to be conducted by the APSRTC Medical Department, at a frequency of

- (i) **once every 3 years till they attain the age of 45 years; and thereafter,**
- (ii) **once every one year till the date of superannuation.**

- 2) **Preventive Health Check-up (PHC)** for all categories of employees (Incl. Drivers), who have crossed 45 years of age:

- a) All **Drivers and Conductors** who have crossed 45 years of age shall be subjected to Preventive Health Check-Up (PHC) **once every six months**, until the date of their superannuation, at the Dispensaries/Area Hospitals/Central Hospitals, as applicable, with a view to detecting serious health conditions at an early stage, enabling timely medical intervention, and preventing untoward incidents while in service.

- b) **All other categories of employees** who have crossed 45 years of age shall be subjected to Preventive Health Check-Up (PHC) **once every year**, until the date of their superannuation, at the Dispensaries/Area Hospitals/Central Hospitals, as applicable, with a view to detecting serious health conditions at an early stage, enabling timely medical intervention, and preventing untoward incidents while in service
- c) Preventive Health Check-up (PHC) is **mandatory** for all employees.
- d) The Unit Officer/Depot Manager shall direct the employees to the Dispensaries/Area Hospital/Central Hospital, as applicable, through a covering letter.
- e) After conducting all necessary tests, the Medical Officer has to re-direct the employee to the depot/unit, certifying that the employee has attended the PHC on the scheduled date.
- f) The above activity shall be commenced w.e.f., 01.05.2026 at all Depots/Units.
- g) The certificate of attendance issued by the Medical Officer shall be filed in the P-Case of the employee concerned.
- h) The health metrics captured during the PME/PHC shall be entered into HMS by the Doctors in electronic form for future reference.

All the Depot Managers/Unit Officers and Medical Officers shall take necessary action accordingly.

*bl 10/4*

**Commissioner, PTD &  
Ex-Officio VC&MD: APSRTC**

**Copy to all Officers.**

Copy to CMO:CH, VDPM for necessary action.