

# Ramadan Immersion



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## Responsibilities of Believers in the Face of Fitna (Continued)

### Seeking Refuge in Allah (SWT)

- **تَعَوَّذُ** - to seek refuge in Allah (SWT)
- We should seek refuge from the the fitan that are apparent and hidden
- This was advice of the Prophet (SAW) to the sahaba
- Through all of life's daily tribulations, seeking refuge to Allah gives peace
- We should be proactively vigilant when seeking refuge
- Aisha (RA) said that Prophet (SAW) made this dua:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكَسَلِ وَالْهَرَمِ، وَالْمَأْتَمِ وَالْمَغْرَمِ، وَمِنْ فِتْنَةِ الْقَبْرِ وَعَذَابِ الْقَبْرِ، وَمِنْ فِتْنَةِ النَّارِ وَعَذَابِ النَّارِ، وَمِنْ شَرِّ فِتْنَةِ الْغِنَى، وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الْفَقْرِ، وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الْمَسِيحِ الدَّجَالِ، اللَّهُمَّ اغْسِلْ عَنِّي خَطَايَايَ بِمَاءِ الثَّلْجِ وَالْبَرَدِ، وَنُقِّ قَلْبِي مِنَ الْخَطَايَا، كَمَا نَقَّيْتَ الثَّوْبَ الْأَبْيَضَ مِنَ الدَّنَسِ، وَبَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ وَالْمَغْرِبِ

O Allah! I seek refuge with You from laziness and geriatric old age, from all kinds of sins and from being in debt; from the trial and affliction of the grave and from the punishment in the grave; from the affliction of the Fire and from the punishment of the Fire; and from the evil of the affliction of wealth; and I seek refuge with You from the affliction of poverty, and I seek refuge with You from the affliction of Al-Mesiah Ad-Dajjal. O Allah! Wash away my sins with the water of snow and hail, and cleanse my heart from all the sins as a white garment is cleansed from the filth, and let there be a long distance between me and my sins, as You made East and West far from each other.

- Laziness can really harm a person
- Wealth is an immense fitna, in multiple ways
- Be fearful of pursuit of dunya
- Musa (AS), when he was with Bani Israel at the sea, fleeing from Firawn, said:

إِنَّ مَعِيَ رَبِّي سَيَهْدِينِ

“My Lord is certainly with me—He will guide me.”

- Musa (AS) asked for guidance, not to be saved - Allah (SWT) gave him guidance by splitting the sea
- Don't insist upon Allah during dua, ask for what is best

## Entrusting Matters with Allah

- Surah Talaq, Ayah 3:

وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ حَسْبُهُ

And whoever puts their trust in Allah, then He (alone) is sufficient for them.

- When any matter concerns or unsettles us, we should rely upon the strength of “hasbun Allah”
- If we really know Allah, we don't fear anything else in dunya
  - There is an intrinsic relation between pain and growth
- Ibrahim (AS) said that he was never more comfortable in his life than in the fire - after relying upon Allah through the *hasbalah*
- Our welfare is never felt in material things - it is a function of the spiritual realm
- The pathway to ease, comfort, and safety is through putting our trust in Allah

## Reliance on Patience and Prayer

- If someone is not a person of salah, when they receive something good, they become very anxious of losing it
  - If harm comes their way, it deeply affects them
- A hadith shows us how the Prophet (SAW) once woke up startled thinking about the realities of the dunya:

حَدَّثَنَا أَبُو الْيَمَانِ، أَخْبَرَنَا شُعَيْبٌ، عَنِ الزُّهْرِيِّ، حَدَّثَنِي هِنْدُ بِنْتُ الْحَارِثِ، أَنَّ أُمَّ سَلَمَةَ - رَضِيَ اللَّهُ عَنْهَا - قَالَتْ اسْتَيْقِظَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ فَقَالَ "سُبْحَانَ اللَّهِ مَاذَا أَنْزَلَ مِنَ الْخَزَائِنِ، وَمَاذَا أَنْزَلَ مِنَ الْفِتَنِ، مَنْ يُوقِظُ صَوَاحِبَ الْحُجْرِ - يُرِيدُ بِهِ أَزْوَاجَهُ - حَتَّى يُصَلِّيَنَّ، رَبُّ كَاسِيَةٍ فِي الدُّنْيَا، عَارِيَةٌ فِي الْآخِرَةِ." وَقَالَ ابْنُ أَبِي ثَوْرٍ عَنِ ابْنِ عَبَّاسٍ، عَنْ عُمَرَ، قَالَ قُلْتُ لِلنَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ طَلَّقْتَ نِسَاءَكَ قَالَ " لَا ". قُلْتُ اللَّهُ أَكْبَرُ.

Umm Salamah narrated: (One night) the Prophet (ﷺ) woke up and said, "Subhan Allah! How many treasures have been (disclosed) sent down! And how many afflictions have been descended! Who will go and wake the sleeping ladyoccupants up of these dwellings (for praying)?" (He meant by this his wives.) The Prophet (ﷺ) added, "A well-dressed soul (person) in this world may be naked in the "Hereafter." `Umar said, "I asked the Prophet, 'Have you divorced your wives?' He said, 'No.' I said, 'Allahu Akbar.'"

- It's possible that we are covered in this life but will be exposed in the akhira
- Surah Kahf:

قُلْ هَلْ نُنَبِّئُكُمْ بِالْأَخْسَرِينَ أَعْمَالًا ۝١٠٣ الَّذِينَ ضَلَّ سَعْيُهُمْ فِي الْحَيَاةِ الدُّنْيَا وَهُمْ يَحْسَبُونَ أَنَّهُمْ يُحْسِنُونَ صُنْعًا ۝١٠٤

Say, (O Prophet) "Shall we inform you of who will lose the most deeds? (They are) those whose efforts are in vain in this worldly life, while they think they are doing good!"

## Being Patient With Trials

- Surah Baqarah, Ayah 155:

وَلَنَبْلُوَنَّكُمْ بِشَيْءٍ مِّنَ الْخَوْفِ وَالْجُوعِ وَنَقْصٍ مِّنَ الْأَمْوَالِ وَالْأَنْفُسِ وَالثَّمَرَاتِ ۗ  
وَبَشِّرِ الصَّابِرِينَ

We will certainly test you with a touch of fear and famine and loss of property, life, and crops. Give good news to those who patiently endure

- In the face of fitna, Allah loves those who are patient
- While trying to work against the trials, don't become unsettled by them
  - We should do our part, but then be patient
- Surah Muhammad, Ayah 31:

وَلَنَبْلُوَنَّكُمْ حَتَّىٰ نَعْلَمَ الْمُجْهِدِينَ مِنْكُمْ وَالصَّابِرِينَ وَتَبْلُؤًا أَخْبَارَكُمْ

We will certainly test you (believers) until We prove those of you who (truly) struggle (in Allah's cause) and remain steadfast, and reveal how you conduct yourselves.

- Surah Ankabut, Ayah 2-3

حَسِبَ النَّاسُ أَنْ يُتْرَكُوا أَنْ يَقُولُوا ءَامَنَّا وَهُمْ لَا يُفْتَنُونَ ۚ وَلَقَدْ فَتَنَّا الَّذِينَ مِنْ  
قَبْلِهِمْ ۗ فَلْيَعْلَمَنَّ اللَّهُ الَّذِينَ صَدَقُوا وَلْيَعْلَمَنَّ الْكٰذِبِينَ ۝۳

We certainly tested those before them. And (in this way) Allah will clearly distinguish between those who are truthful and those who are liars.

- The Prophet (SAW) said:

"عَجَبًا لِأَمْرِ الْمُؤْمِنِ إِنَّ أَمْرَهُ كُلَّهُ خَيْرٌ وَلَيْسَ ذَاكَ لِالْمُؤْمِنِ أَنْ أَصَابَتْهُ  
سَرَاءٌ شَكَرَ فَكَانَ خَيْرًا لَهُ وَإِنْ أَصَابَتْهُ ضَرَاءٌ صَبَرَ فَكَانَ خَيْرًا لَهُ "

Strange are the ways of a believer for there is good in every affair of his and this is not the case with anyone else except in the case of a believer for if he has an occasion to feel delight, he thanks (God), thus there is a good for him in it, and if he gets into trouble and shows resignation (and endures it patiently), there is a good for him in it.

## Protecting the Tongue in Times of Fitan

- Shaytan wants internal fighting between the Muslims
- One of the greatest way to corrode the harm in our community is to stick with the Muslims
- A hadith states that it is possible that one statement someone makes with no thought can lead to them being lowered by seventy levels in Jahannam
- The tongue is like a serpent, it can sting others and sting us
  - We need to protect our tongues
- From the major sins is the misuse of the tongue
- Be careful of the empty speech that takes us away from the path of Allah (SWT)

## Final Important Points

- The Prophet (SAW) gave us advice for when the fitna is abound:
  - Stay in your home
  - Be careful with your tongue
  - Concern yourself with your own business, and don't get involved in the affairs of the people
- Tathabbut - being sure of news that comes to us
  - We must verify what we hear
- Stick with the Muslims