



# Sunshine and Rainbows Early Learning Center

1515 N. Greenville Avenue Allen, TX 75002; 214-644-2080

## Discipline and Guidance Policy

- Discipline must be:
  1. Individualized and consistent for each child;
  2. Appropriate to the child's level of understanding; and
  3. Directed toward teaching the child acceptable behavior and self-control.
  
- A caregiver may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:
  1. Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior;
  2. Reminding a child of behavior expectations daily by using clear, positive statements;
  3. Redirecting behavior using positive statements; and
  4. Using brief supervised separation or time out from the group, when appropriate for the child's age and development, which is limited to no more than one minute per year of the child's age.
  
- There must be no harsh, cruel, or unusual treatment of any child. The following types of discipline and guidance are prohibited:
  1. Corporal punishment or threats of corporal punishment;
  2. Punishment associated with food, naps, or toilet training;
  3. Pinching, shaking, or biting a child;
  4. Hitting a child with a hand or instrument;
  5. Putting anything in or on a child's mouth;
  6. Humiliating, ridiculing, rejecting, or yelling at a child;
  7. Subjecting a child to harsh, abusive, or profane language;
  8. Placing a child in a locked or dark room bathroom, or closet with the door closed;
  9. Requiring a child to remain silent or inactive for inappropriately long periods of time for the child's age.

### **Texas Administrative Code, Title 40, Chapters 746 and 747, Subchapters L, Discipline and Guidance**

**\*\*Please sign this copy of the Discipline and Guidance Policy for Sunshine and Rainbows and return it to the Sunshine and Rainbows Office. Licensing requires us to have this in your child's folder.**

Our goal at Sunshine and Rainbows is to help children develop a positive self-image. We hope to encourage children to be self-directed and to exhibit self-control. When a child has difficulty adjusting to the rules and/or routine of Sunshine and Rainbows, and displays disruptive or dangerous behavior to himself others, the director, the coordinator, the teacher, and both parents will call a conference and discuss the child's behavior, and a plan will be implemented for use in the classroom. If after using this plan for a reasonable amount of time, the child is still disrupting the activities of the rest of the class, one further conference will be held. At this conference stricter guidelines will be introduced, and the parent may be required to attend class with their child for a designated length of time. If further incidents occur, the child will be released from the program.

"THE GIFT OF THE CAR RIDE HOME": If during the course of the day your child has had a "time-out", but then doesn't exhibit the difficulty again we will not mention it to you, because the difficulty has been corrected. Please know that we have the best interest of your child in mind, and we will share all necessary information with you.

My signature verifies that I have received a copy of the discipline and guidance policy.

_____	_____	_____
Signature	Date	Child's Name

Check one:  parent     employee/caregiver     household member of child-care home