



THE FEEL-GOOD WEIGHT LOSS SHAKE



Chase away weight loss blues with these delicious and nutritious meal shakes.*



Nature: With fiber, digestive enzymes, and pre & probiotics, these shakes will keep things running smoother than ever.*

Science: Wholesome and delicious nutritional support for a more complete and enriched diet.*



Suggested Use:

Mix one serving (1 packet) with 8 to 10 ounces of water or your choice of nonfat milk (almond, soy, coconut, cashew, or cow milk).

FEATURES

- Vegan Pea Protein
- 9 Essential Amino Acids
- All this goodness in less than 175 calories!

BENEFITS

- Helps control hunger and cravings for hours*
- Supports optimal digestion*
- Nutritionally complete including mood boosting vitamins*
- Feel fuller with healthy vegan protein*

CHOCOLATE

Supplement Facts

Serving Size: 42 grams (1 Packet)

Servings Per Container: 15

Amount Per Serving	% Daily Value	
Total Calories	175	
Calories from Fat	70	
Total Fat	8 g	
Saturated Fat	2 g	
Trans Fat	0 g	
Cholesterol	0 mg	
Sodium	260 mg	10%
Amount Per Serving	% Daily Value	
Total Carbohydrate	8 g	3%
Dietary Fiber	2 g	8%
Soluble Fiber	2 g	
Added Sugars	0 g	
Protein	20 g	40%
Vitamin A (as Palmitate)	2500 IU	50%
Vitamin C (Ascorbic Acid, Camu Camu)	30 mg	50%
Vitamin D (Cholecalciferol)	500 mcg	125%
Vitamin E (d-Alpha Tocopherol Acetate)	15 IU	50%
Thiamin (HCL)	0.75 mg	63%
Riboflavin	4 mg	308%
Amount Per Serving	% Daily Value	
Niacinamide	14.6 mg	91%
Vitamin B6 (Pyridoxine)	10.4 mg	612%
Folate (L-5-Methylfolate)	230 mcg	58%
Vitamin B12 (Methylcobalamin)	4 mcg	67%
Biotin	167 mcg	557%
Pantothenic Acid	6.2 mg	124%
Calcium (Carbonate)	208 mg	16%
Iodine (Potassium Iodide)	150 mcg	100%
Magnesium (Oxide)	170 mg	40%
Manganese (Citrate)	1 mg	43%
Potassium (Citrate)	150 mg	3%

OTHER INGREDIENTS: Pea Protein Isolate, Sunflower Oil Creamer, Natural Vanilla Flavor, Natural IMO-oligosaccharides, Coconut Oil Creamer, Xanthan Gum, White Kidney Bean Extract, Digestive Enzyme Blend, Stevia Extract, L-Carnitine L-Tartrate, Lactobacillus Sporogenes, Magnesium Stearate, Silicon Dioxide, Xanthone Powder, Monk Fruit, Digestion Resistant Maltodextrin.

Q COMPLETE Chocolate: Contains Natural Cocoa Powder

Keep out of reach of children. If you are pregnant, nursing, or taking prescription medications, consult your physician prior to use.

VANILLA

Supplement Facts

Serving Size: 39 grams (1 Packet)

Servings Per Container: 15

Amount Per Serving	% Daily Value	
Total Calories	170	
Calories from Fat	65	
Total Fat	7 g	
Saturated Fat	2 g	
Trans Fat	0 g	
Cholesterol	0 mg	
Sodium	260 mg	10%
Amount Per Serving	% Daily Value	
Total Carbohydrate	8 g	3%
Dietary Fiber	2 g	8%
Soluble Fiber	2 g	
Added Sugars	0 g	
Protein	20 g	40%
Vitamin A (as Palmitate)	2500 IU	50%
Vitamin C (Ascorbic Acid, Camu Camu)	30 mg	50%
Vitamin D (Cholecalciferol)	500 mcg	125%
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Other Ingredients: Pea Protein Isolate, Sunflower Oil Creamer, Natural Vanilla Flavor, Natural IMO-oligosaccharides, Coconut Oil Creamer, Xanthan Gum, White Kidney Bean Extract, Digestive Enzyme Blend, Stevia Extract, L-Carnitine L-Tartrate, Lactobacillus Sporogenes, Magnesium Stearate, Silicon Dioxide, Xanthone Powder, Monk Fruit, Digestion Resistant Maltodextrin.



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Manufactured exclusively for Q Sciences
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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.