

SICHA POEM

PROJECT LIKKUTEI SICHOS | 5783 - YEAR OF HAKHEL



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Teves

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Rosh Chodesh is really great,
All the days of the month it does incorporate.
Rosh Chodesh Teves falls out on Chanukah each year,
So a connection with Chanukah each day of Teves does share.

When the month of Teves comes, cold and sadness comes to my mind,
Because of the two unique days that in this month we find.
The tenth of Teves is a fast day,
And the twenty fourth of Teves is when the Alter Rebbe passed away.

In a revealed way, Hashem's light doesn't shine as much in the winter,
Therefore Hashem does treasure,
And gets so much more pleasure,
When specifically at this time, to serve Him we endeavor.

In the winter we focus on keeping our bodies warm physically,
With coats, sweaters, hats, scarves, gloves and boots to keep us cozy.
From here we see what our spiritual Avodah should be,
Each person needs to refine and purify their body.

The previous Rebbe told a story in the Tzemach Tzedek's name,
About the Baal Shem Tov of great fame.
One time on a winter night,
In the Shul there wasn't enough light.

To his students he Baal Shem Tov did say,
 Take icicles that are hanging from the roof on display,
 And light them like candles,
 Miraculously the students kindled the icicles!

The Baal Shem Tov showed how ice which is the opposite of warmth and light,
 Could be transformed to light up the darkness of the night.
 The ice became a source of light without losing its identity,
 In the same way, without losing our physicality our bodies can become holy.

It may seem impossible to achieve this goal,
 But in truth the body is higher than the soul.
 The soul is naturally attracted to warmth and light,
 Which from Hashem's essence shines bright.

But by the essence of Hashem our bodies were chosen,
 Although spiritually they seem frozen.
 This unlimited essence only comes out into the open,
 When the light of the soul is hidden.

There are three parts when writing a composition,
 The introduction, the body and the conclusion.
 The body is the main part,
 The bright new idea the author does impart.

When a baby is born, into the body the Neshama does enter,
 The Neshama shines brightly like the sun in the summer.
 But it's not enough for the Neshama to shine through the body,
 The main goal is for the body to become holy.

On the tenth of Teves the destruction of the Beis Hamikdash started,
 It is the darkest month when we are tested.
 But specifically when we are crushed like an olive the oil does flow,
 The holiness of the Jewish body does show.

The Chanukah candles remind us not to fear,
 We have the power to transform the darkness, it is clear.
 Although the Beis Hamikdash was destroyed, every year the Menorah we light,
 The passion of our bodies for physical pleasures can be transformed to a passion for Yiddishkeit

From all the parts of the body the coldest is the mind,
The Chassidus that the Alter Rebbe revealed is a gift that is one of a kind.
It warms our minds until we are on fire,
And to connect to Hashem is our bodies' only desire!

Although on the 24th of Teves the Alter Rebbe passed away,
We live with his teachings every day,
On his Yartzeit his Avodah was complete,
Giving us the power to transform bitter into sweet!
