

ONE POINT*from***לקוטי שיחות חלק טז, שיחה ג לפרשת בשלח****Use these words to fill in the blanks:***** מן * הארץ * השמים * directly * obvious *****IN THE PARSHA:**

In this week's Parsha, we learn about the ____ that Hashem provided for the Jewish people when they were in the desert.

At that time, משה רבנו instituted the ברכה of "הזן" – the 1st ברכה of ברכת המזון – with which the Jewish people would thank Hashem for the מן.

QUESTION:

The food that we eat seems to be very different from the מן.

While we eat food that comes through work, "לחם מן הארץ", the מן simply came from heaven, "לחם מן השמים".

Why are we still thanking Hashem for the food that **we** have (לחם מן _____) with the very same ברכה that משה composed for the **מן** (which was לחם מן _____)?

ANSWER / LIFE LESSON:

The truth is that even the food that we eat – like everything that we have – comes only and directly from Hashem.

Although when the Jewish people had the מן in the desert, this was more _____, the same is true at all times.

While it is true that Hashem instructs us to work to earn a living, we must remember that our פרנסה comes only and _____ from Hashem, just like the מן in the desert.

This is why we thank Hashem for our food with the same ברכה with which they thanked Him for the מן.

Further discussion:

- *Since the מן was לחם מן השמים, why did it involve any effort at all on the part of people (even צדיקים had to leave their house to get it)?*
(See אותיות ה-ז in the שיחה)