



Waistband

Place the tape just above the hip bones and measure around your body.

Inseam Length

To measure the inseam, take a measuring tape and calculate the distance from the crotch of the pants down to the hem of the leg.

Measurement	XS	S	M	L	XL	2XL
Inseam Length (inches)	28"	29"	30"	31"	32"	33"
Waistband (inches)	28"	30"	32"	34"	36"	38"

*Product measurements may vary by up to 2" (5 cm).