

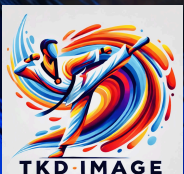


SCOTTISH OPEN

— TAEKWONDO CHAMPIONSHIPS —

2026

Event Entry Pack



1. WELCOME / INVITATION

Dear Taekwondo Friends,

It is our pleasure to extend this formal invitation to you and your students to take part in the 2026 Scottish Open Poomsae Championships, to be held at Grangemouth Sports Complex on Sunday 6 December 2026.

The competition shall adopt a World Taekwondo (WT) model, in both format and official rules. To provide opportunities across experience levels, the organising body has included Dan, K1, K2, K3, Family and Para divisions.

The organisers also welcome applications from suitably qualified individuals to act as competition judges and officials. Judges must have attended and passed a national-level Poomsae judging course conducted by the National Federation. Invitations will be made by Grandmaster David Bailey, Referee Director, to selected judges.

If you require any further information, please contact the organisers. We look forward to welcoming you and your students on Sunday 6 December 2026.

Best Regards,
Master Kambiz Ramzan Ali MBE
Competition Director

2. EVENT INFORMATION

Item	Details
Event	Scottish Open Poomsae Championships 2026
Date	Sunday 6 December 2026
Venue	Grangemouth Sports Complex, Abbots Road, Grangemouth, FK3 8JB
Competition Model	World Taekwondo (WT)
Governing Body	British Taekwondo
Event Classification	Silver
Competition Director	Master Kambiz Ramzan Ali MBE
Competition Manager	Master Atief Arshad
Referee Director	Grandmaster David Bailey
Scoring	ROSS - Range Online Scoring System
Event Technology	Sportdata Event Technology
Maximum Entries	400



Scan the QR code to visit the Scottish Open Taekwondo Championships Information Page.

3. IMPORTANT DATES

Date / Time	Milestone
Friday 6 November 2026	Minimum entry threshold check - event requires at least 100 entries.
Monday 30 November 2026 - 21:00	Registration deadline
Wednesday 2 December 2026 - 21:00	Payment deadline
Friday 4 December 2026 - 09:00	Compulsory Poomsae draw announced via social media
Sunday 6 December 2026	Competition day

4. EVENT-DAY SCHEDULE

Time	Activity
07:30-08:15	Competitor Registration
08:00-08:30	Judges & Officials Briefing
08:35-08:45	Coaches Meeting
09:00-13:30	Competition
13:30-14:00	Lunch
14:00-19:30	Competition resumes
19:30-19:45	Awards

All times are approximate. Please follow announcements and updates at the venue.

5. ENTRY & REGISTRATION

Online Registration

All competition entries must be submitted through Poomsae-Reg. Registration closes Monday 30 November 2026 at 21:00.

Registration portal: www.poomsae-reg.com

Competitor Entry Fees

Entry Type	Fee
Individual	£55 per entry
Pair	£56 per entry
Team	£57 per entry

- Entry cap: maximum 400 total entries.
- If minimum number of entries does not reach 100 by 6th November, this event will be cancelled.
- Two coaches are permitted per team.
- Any changes to entries on the day of the competition will incur a £30 administration fee per change/entry.

Spectator Entry

Spectator tickets are available on the door only.

Spectator	Admission
Adults (17+)	£10
Children (5-16)	£5
Children aged 5 and under	FREE

- Spectators must wear suitable sports hall footwear. High heels are strictly prohibited.

Competition Enquiries

Telephone: +44 (0)7944 988806

Email: ktaltdevent@gmail.com

Para Registration

Para competitors must enter online and email full details and documentation of Para qualification to rangesportsuk@gmail.com.

6. PAYMENT

Payment must be completed by bank transfer by Wednesday 2 December 2026 at 21:00.

Payment Detail	Information
Bank	HSBC Bank
Account Name	KTA TKD Ltd.
Sort Code	04-00-75
Account Number	45783195
Payment Reference	Club Name / Comp Fees

Cancellation Policy

If the competition cannot take place due to unforeseen circumstances outside the control of the organiser, payments shall immediately be valid for the next physical Taekwondo event created by the organiser.

7. PRE-COMPETITION CHECKLIST FOR CLUBS & COMPETITORS

- ☐ All competitors correctly entered through Poomsae-Reg.
- ☐ Competition fees paid by the deadline.
- ☐ Names, dates of birth, grades and divisions checked.
- ☐ Valid National Federation membership/licensing available.
- ☐ Appropriate insurance in place.
- ☐ Evidence of current grade available where required.
- ☐ Dan/Poom qualification requirements satisfied.
- ☐ Para documentation supplied where applicable.
- ☐ Coaches have checked the compulsory Poomsae draw.
- ☐ Correct WT-recognised uniform prepared.
- ☐ Jewellery removed before competition.
- ☐ Arrival planned in time for registration.
- ☐ Coaches attend the coaches meeting.
- ☐ Club monitors event announcements and updates.

8. ELIGIBILITY & INSURANCE

- Athletes must be members of a National Federation affiliated with World Taekwondo (WT).
- Proof of membership via a valid licence, insurance and current grade will be required at registration.
- All athletes and clubs must have their own insurance. Harrogate KTA (GBR) and any of its representatives will not be responsible for injury costs.

9. METHOD OF COMPETITION

- Dan & K1 Individual: preliminary and semi-final rounds use the WT Cut-Off system; final rounds use WT Side-by-Side elimination.
- Dan & K1 Pair & Team: preliminary and semi-final rounds use the WT Cut-Off system; final rounds use WT One-at-a-Time elimination.
- K2, K3, Para & Family: WT Cut-Off system with one-by-one scoring.
- For K2/K3 applicable categories: 9 entries or fewer advance straight to the final; 10 entries or more start with a semi-final.

Cut-Off Progression

- Second Round / Semi-Final: top 50% of competitors with the highest scores from the first round advance, including ties. Two assigned compulsory Poomsae are performed with a 1-minute rest period between.
- Final Round: top 8 competitors from the second round qualify. Two assigned compulsory Poomsae are performed with a 1-minute rest period between.
- Class A progression: divisions with 10 entrants or fewer may start directly in the final; 11 or more entrants start in the second round.

10. CLASS A - DAN / POOM INDIVIDUAL

Eligibility: minimum 1st Dan/Poom grade and Kukkiwon or National holder. Contestants may enter an individual division only once. Compulsory Poomsae must be performed; failure to do so results in disqualification.

Division	Age / Birth Years	Compulsory Poomsae Pool
U11 Peewee	9-11 / 2015-2017	Taegeuk 4, 5, 6, 7, 8; Koryo; Keumgang; Taebaek
U14 Cadet	12-14 / 2012-2014	Taegeuk 4, 5, 6, 7, 8; Koryo; Keumgang; Taebaek
U17 Junior	15-17 / 2009-2011	Taegeuk 5, 6, 7, 8; Koryo; Keumgang; Taebaek; Pyongwon
U30	18-30 / 1996-2008	Taegeuk 7, 8; Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae
U40	31-40 / 1987-1995	Taegeuk 7, 8; Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae
U50	41-50 / 1976-1985	Taegeuk 8; Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae; Chonkwon
U60	51-60 / 1966-1975	Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae; Chonkwon; Hansu
U65	61-65 / 1961-1965	Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae; Chonkwon; Hansu
U70	66-70 / 1956-1960	Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae; Chonkwon; Hansu
U71+	71+ / 1955 or before	Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae; Chonkwon; Hansu

11. CLASS A - PAIR & TEAM

Pair: 1 male / 1 female. Team: 3 male or 3 female.

Division	Age / Birth Years	Compulsory Poomsae Pool
U11	9-11 / 2015-2017	Taegeuk 4, 5, 6, 7, 8; Koryo; Keumgang; Taebaek
U14	12-14 / 2012-2014	Taegeuk 4, 5, 6, 7, 8; Koryo; Keumgang; Taebaek
U17	15-17 / 2009-2011	Taegeuk 5, 6, 7, 8; Koryo; Keumgang; Taebaek; Pyongwon
U30	18-30 / 1996-2008	Taegeuk 7, 8; Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae
U50	31-50 / 1976-1997	Taegeuk 8; Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae; Chonkwon
U60	51-60 / 1966-1975	Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae; Chonkwon; Hansu
60+	61+ / 1965 or before	Koryo; Keumgang; Taebaek; Pyongwon; Shipjin; Jitae; Chonkwon; Hansu

12. KUP DIVISIONS

Divisions may be combined if there are fewer than 3 competitors in a division. Combinations of Pair/Team between K2 and K3 athletes are permitted.

Tier	Grade	Poomsae Rule
K1	2nd Kup-1st Kup (Red Belt & Black Tag)	Individual, Pair, Team: compulsory Taegeuk 4, 5, 6, 7, 8.
K2	6th Kup-3rd Kup (Green Belt to Red Tag)	Competitor choice: Taegeuk 2, 3, 4, 5, 6. Must perform two different Poomsae in one round.
K3	10th Kup-7th Kup (White Belt to Green Tag)	Competitor choice: Taegeuk 1, 2, 3. May repeat the same Poomsae.

Kup Age Divisions - Male & Female

Division	Age	Birth Years
U7 Micro Peewee	6 and younger	born later than 2020
U9 Mini Peewee	8 and younger	2018-2020
U11 Peewee	9-11	2015-2017
U14 Cadet	12-14	2012-2014
U17 Junior	15-17	2009-2011
1st Senior	18-35	1991-2008
2nd Senior	36+	1990 or before

13. FAMILY POOMSAE

Family teams consist of 2-4 members: one parent, parents or grandparents together with child/children or grandchildren. A minimum of two generations is required. Unlimited family numbers per club are permitted, but one participation per family. There is no age limit.

- Format: Poomsae cut-off system; all entries proceed directly to the final and are scored one-by-one.
- Requirement: two freely chosen recognised Poomsae.

Classification	Grade Requirement	Selection	Age
Dan Family	Dan grades only	Competitor choice - free choice	No age limit
Kup Family	Kup grades only	Competitor choice - free choice	No age limit
Mixed Family	Both Kup & Dan - min. 1 Dan & 1 Kup	Competitor choice - free choice	No age limit

14. PARA POOMSAE

Categories are split Male/Female and Kup/Dan. Competitors enter online and must email full details and documentation of Para qualification to rangesportsuk@gmail.com. Poomsae is competitor choice from any WT-recognised form.

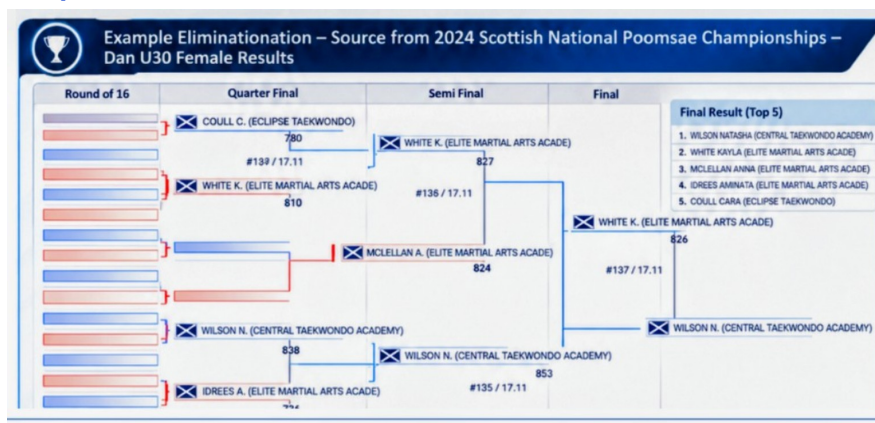
Class	Classification
P10	Visual Impairments - P11, P12, P13
P20	Intellectually Impaired - P21, P22, P23
P30	Physical Impairments - P31, P32, P33, P34
P40	Limb Deficiency - P41, P42, P43, P44, P45
P50	Wheelchair Classes - P51, P52, P53
P60	Deaf - P61
P70	Short Stature - P72

Age divisions: U17 (17 years or younger) | 18+ (18 years or older).

15. COMPETITION PROGRESSION & COMPULSORY POOMSAE

The compulsory Poomsae draw will be announced via social media on Friday 4 December 2026 at 09:00. Coaches and competitors are responsible for checking the draw before competition day.

Elimination Format - Example





SCOTTISH OPEN POOMSAE CHAMPIONSHIPS 2026

COMPETITOR ENTRY PACK | SUNDAY 6 DECEMBER 2026

16. GENERAL REGULATIONS & POLICIES

Uniform & Presentation

- A Class (Dan): competitors may compete wearing a WT-recognised Poomsae uniform.
- Kup divisions: competitors may only compete wearing a WT-recognised uniform.
- Any contestant wearing an unofficial uniform will not be permitted to compete.
- Jewellery is strictly prohibited.

Awards

1st place, 2nd place and two 3rd place medals will be awarded in each category.

Overall team trophies will be awarded to the 1st, 2nd and 3rd placed teams, based on medal points achieved in Individual Poomsae competition only.

Medal Position	Team Trophy Points
Gold	9
Silver	6
Bronze - 1st Bronze Position	3
Bronze - 2nd Bronze Position	2

Only medals awarded in Individual Poomsae divisions will count towards the overall team trophy standings.

Arbitration / Procedure of Protest

- Only the official head coach is permitted to protest to the Competition Director. Protests must be filed within 10 minutes of the contest ending.
- A protest fee of £75 is payable immediately and will be refunded if the protest is upheld.
- Situations not covered by these rules will be decided by the Competition Chairman and Referee Director, whose decision is final.

Photography & Media

By registering to compete, participants agree to have their image captured by press and attendees, and shown on video, television and online media.

Health Guidelines

Competitors, coaches, officials and spectators are encouraged to take reasonable precautions to protect their own health and the wellbeing of others when attending the championships. Anyone who is unwell, particularly with symptoms of a respiratory infection or other potentially infectious illness, should consider whether they are well enough to attend or participate safely. Participants should follow good general hygiene practices and any current public-health advice applicable at the time of the championships.

COVID-19 Information

All specific legal COVID-19 restrictions and mandatory workplace guidance for events have ended in the UK. Event organisers are no longer legally required to enforce measures such as social distancing or COVID-status certification. Events now operate under standard health and safety requirements.

Should UK Government or relevant public-health guidance change before the championships, the organisers will review the guidance and communicate any necessary event-specific measures to participating clubs.

Current guidance: [GOV.UK Coronavirus](https://www.gov.uk/coronavirus) | [HSE Coronavirus](https://www.hse.gov.uk/coronavirus)

17. Travel, Venue & Accommodation

Venue: Grangemouth Sports Complex, Abbots Road, Grangemouth, FK3 8JB

Air Travel: Glasgow Airport, Paisley, PA3 2ST

Rail Travel: Glasgow Central Train Station, Gordon St, Glasgow, G1 3SL

Accommodation: Accommodation information will be updated on the event website.

SCORING & EVENT TECHNOLOGY



GOVERNING BODY & EVENT ORGANISERS



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SCOTTISH OPEN POOMSAE CHAMPIONSHIPS 2026

COMPETITOR ENTRY PACK | SUNDAY 6 DECEMBER 2026

18. JUDGES & OFFICIALS

The organisers welcome applications from suitably qualified individuals to act as competition judges and officials. Judges must have attended and passed a national-level Poomsae judging course conducted by the National Federation. Invitations will be made by Grandmaster David Bailey, Referee Director, to selected judges. Please contact the organisers if you are interested in judging at the event.

19. PARTNERS, SPONSORS & AFFILIATES

The Scottish Open Poomsae Championships 2026 acknowledges the organisations supporting, organising and delivering the event.

Governing Body

British Taekwondo

National Governing Body for the Martial Art, Olympic & Paralympic Sport of Taekwondo.

www.britishtaekwondo.org.uk

Event Organisers

Momentum Taekwondo - www.momentumtaekwondo.com

Harrogate K.R.Ali Taekwondo Academy - harrogatetaekwondo.co.uk

Scoring & Event Technology

ROSS - Range Online Scoring System

Competition scoring system managed by ROSS Events. - ross-events.com

Sportdata Event Technology - www.sportdata.org

Sponsored By

Range Sports

UK-based quality and dependable Taekwondo equipment supplier and an official supplier of JCALICU equipment and Taekwondo Exclusive brand.

www.range-sports.co.uk

JCALICU

Major global brand specialising in World Taekwondo (WT) approved uniforms, sparring gear, protective equipment and belts.

jcalicuusa.com

Under the Auspices of

TaeKangWon (태강원)

A world-renowned global Taekwondo academy and association deeply focused on traditional technique and Poomsae (patterns).

No dedicated website.



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