# Taekwondo Chungdokwan Great Britain



National Championships 2024

It is with great pleasure that your club is invited to participate in the Taekwondo Chungdokwan Great Britain (TCGB) National Championships 2024.

The Poomsae tournament will take place on Sunday 24<sup>th</sup> March 2024.

We will be the using electronic scoring for all competitors

We pride ourselves on running friendly, well organised tournaments. We hope that you can join us.

Best wishes,

The TCGB Competition Organising Committee



**1. Venue** St Mary's University,

Waldegrave Road, Twickenham,

TW1 4SX

2. Date Sunday 24<sup>th</sup> March 2024

**3. Schedule** Doors open 08:30

Registration 08:30 Competition start 09:30

4. Contact Details competition@chungdokwan.org.uk

For email enquiries, competitor lists and online payment confirmation.

#### 5. Registration Requirements

Please check correct licence details are entered on <a href="https://www.poomsae-reg.com/">https://www.poomsae-reg.com/</a>. A licence audit of all competitors will take place up to one week in advance of the competition. Competitors will be unable to compete if they fail the licence audit check. If your Licence has expired, renew it immediately.

Clubs may not combine or enter as an association or squad.

#### 6. International Entries (by invitation only)

All participants must hold a valid licence and be part of a recognised group that is affiliated to World Taekwondo (WT). This membership must be proved by means of a valid certificate of membership at the time of registration. **Please remember to bring this proof of membership to the tournament.** 

Please make entries on <a href="https://www.poomsae-reg.com/">https://www.poomsae-reg.com/</a>. Please email your team list and entry fees can be paid by bank transfer (see below).

International entrants are responsible for arranging their own visas. Please contact us at <a href="mailto:competition@chungdokwan.org.uk">competition@chungdokwan.org.uk</a>. if you require any documentation regarding this.

#### 7. Entry Details (domestic competitors)

Entries must be made online at https://www.poomsae-reg.com/

Once you have registered your details, you must pay the entry fee by bank transfer and provide a list of competitors the payment relates to. Please email the completed list to competition@chungdokwan.org.uk **We are not accepting entries by post.** 

Please make sure that your personal data is entered correctly online, otherwise the competitors will be rejected from the competition as a result of the licence audit.



#### NOTE

- All clubs must enter competitors via poomsae-reg.
- All clubs entering competitors must enter ALL coaches details on poomsae-reg by 1st March 2024.
- Payment must be received within 7 days of entry
- Any corrections/amendments must be made by 10 days before the event
- Any changes made 3 days before the event will incur a £20 administration cost
- Any changes made on the day will incur a £30 administration cost

#### 8. Entry Fees

**Competitors** £40.00 individuals

£42.00 per pair

£45.00 per team of 3

### ENTRIES TO BE RECEIVED BY 1st MARCH 2024 AND PAYMENT TO BE RECEIVED WITHIN 7 DAYS OF ENTRY

These fees include the compulsory charge levied by British Taekwondo

Payment must be made by **bank transfer** to the following account:

Account name: Taekwondo Chungdokwan GB (TCGB)

Bank: Barclays Bank Sort code: 20-42-76

Account number: 03651762

Please make payments from club accounts not individuals.

Please use the club name as the reference and then email competition@chungdokwan.org.uk advising total payment amount, club name and competitor names the payment relates to.

Spectators (pay on the day): Adults £10.00 / Children £5.00

#### 9. Closing Date

1<sup>ST</sup> March 2024 or when tournament is full

#### NOTE

- All entries must be received by 1<sup>st</sup> March 2024.
- All entry fees must be with TCGB within 7 days of entry otherwise the entrants will be excluded from the tournament.
- There will be no refunds for any withdrawals after 1<sup>st</sup> March 204.
- Should the event reach its competitor limit all entry fees will become immediately payable to allow for competitors from the waiting list to be added in case of any withdrawals.
- In order to comply with event regulations, these deadlines will be strictly enforced.



#### 10. Coaches

Please note that ALL instructors wishing to coach their players register online at <a href="https://www.poomsae-reg.com/">https://www.poomsae-reg.com/</a> prior to 1<sup>st</sup> March 2024.

One coach can be accredited for every five competitors entered and granted free admission. There can be a maximum of two coaches per team.

Only coaches that have pre-registered in this manner will be issued with passes (no new passes will be arranged at the event).

There is no cost for registering coaches so you may register as many as you wish. All coaches must be registered instructors with valid Instructor Indemnity Insurance. To prevent delays to the competition, we require clubs to have enough coaches for their competitors on the day.

#### NO COACH PASS = NO ENTRY TO THE COMPETITION AREA

#### 11. Officials

TCGB run the National Championships for the benefit of the association members and therefore request the support of the membership by supplying non-competing/non-coaching officials to assist in the running of the tournament. Therefore, please provide the names of your volunteers and officials to competition@chungdokwan.org.uk.

#### 12. Procedures

All procedural matters will be conducted under the adjudication of the Chief Referee whose decision will be final.

#### 13. Photography and video recording policy

- (a) By registering to compete or coach at the event, you agree to have your image taken by both the press and members of the public while you are in the venue.
- (b) In addition, you agreeing to have your image shown on video, TV and online.

#### 14. Directions

The tournament is being held at: St Mary's University,

Waldegrave Road, Twickenham,

**TW1 4SX** 

#### 15. Hotels

Travelodge	Premier Inn	Premier Inn
www.travelodge.co.uk	www.premierinn.com	www.premierinn.com
Travelodge London	London Twickenham Stadium	London Twickenham East
Twickenham	Chertsey Road, Whitton, Twick-	Corner Sixth Cross/Staines
London Road,	enhamTW2 6LS	Rd, Twickenham, MiddlesexTW2
Twickenham,	Sat Nav Directions: TW2 6JW	5PE
TW1 3QS, United		
Kingdom		
Sat nav postcode:		
TW1 3QS		

#### 16. Poomsae details

#### Registration

Sunday 24<sup>th</sup> March 08.30 to 09.30

#### Rules

World Taekwondo (WT) rules will be followed except where explicitly stated otherwise.

Any competitor wearing non WT recognised uniforms will not be permitted to compete.

All competitors must hold a current licence.

Coaches must be over 18 and hold Instructor Professional Indemnity Insurance. In addition, they need to pre-register by the closing date in order to receive their pass to the competition area.

The decision of the judge is final.



#### Rounds

The competition will implement the cut off system

#### 1st round:

If there are 20 or more competitors in a division then the competition will start in this round. Two assigned compulsory poomsae will be required to be performed.

#### 2<sup>nd</sup> round:

The top 50% of the competitors with the highest scores from the 1<sup>st</sup> round will qualify for this 2<sup>nd</sup> round. (including competitors with equal scores).

Two assigned compulsory poomsae will be required to be performed.

#### Final round:

Top 8 competitors with the highest scores from the 2<sup>nd</sup> round will qualify for this round. Two assigned compulsory poomsae will be required to be performed.

Divisions may start in the final round if there are 8 competitors or less. 9 entrants or more will start in the 2<sup>nd</sup> round.

All competitors must perform the compulsory poomsae, and if they cannot do so they will be disqualified.

Poomsae will be drawn, set and announced 5 days before the competition.

The organisers reserve the right to amend the number of rounds etc. according to entries received and time scales.



Dan / Poom divisions (competitors can only enter a division once)

	Division		ion	Poomsae Range	
Individual (Male & Female)	Children	Under 12	Born 2013 or later		
	Cadet	12–14 years	Born 2010–2012	Taegeuk 4, 5 ,6, 7, 8; Koryo, Keumgang	
	Junior	15–17 years	Born 2007–2009	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang, Taebaek	
	U30	18–30 years	Born 1994–2006	Taegeuk 6, 7, 8; Koryo, Keumgang,	
	U40	31–40 years	Born 1984–1993	Taebaek, Pyongwon, Shipjin	
	U50	41–50 years	Born 1974–1983	Taegeuk 8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon	
	U60	51–60 years	Born 1964–1973		
	U65	61–65 years	Born 1963–1959	Koryo, Keumgang, Taebaek, Pyongwon,	
	U70	66-70 years	Shipjin, Jitae, Chonkwon, Hansu Born 1958-1954		
	71+	71 years+	Born 1953 or before		
	Children	Under 12	Born 2013 or later		
Pairs (1 Male & 1 Female)	Cadet	12–14 years	Born 2010–2012	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang	
	Junior	15–17 years	Born 2007–2008	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang, Taebaek	
	1st Pair	18–30 years	Born 1994–2006	Taegeuk 6, 7, 8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin	
	2nd Pair	31 years+	Born 1993 or before	Taegeuk 8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon	
	Children	Under 12	Born 2013 or later		
<b>Teams</b> (3 Males or 3 Females)	Cadet	12–14 years	Born 2010–2012	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang	
	Junior	15–17 years	Born 2007–2009	Taegeuk 4, 5, 6, 7, 8; Koryo, Keumgang, Taebaek	
	1st Team	18–30 years	Born 1994-2006	Taegeuk 6,7,8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin	
	2nd Team	31 years+	Born 1993 or before	Taegeuk 8; Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon	

#### **Kup Divisions**

Grades	K1	2nd to 1st kup	Red belt to black tag
	K2	6th to 3rd kup	Green belt to red tag
	К3	10th to 7th kup	White belt to green tag
Divisions	Peewee	Under 11 years	Born prior to 2013
	Cadet	12–14 years	Born 2010–2012
	Junior	15–17 years	Born 2007–2009
	1st Senior	18–35 years	Born 1989–2006
	2nd Senior	36-50 years	Born 1974-1988
	3rd Senior	51 years and over	Born 1973 or before

Division		Poomsae Range		
<b>Individual</b> (Male & Female)	K1	Taegeuk 4, 5, 6, 7, 8	Compulsory poomsae will be specified.	
	К2	Taegeuk 3, 4, 5, 6	Competitor's choice of 2 poomsae per round. Poomsae cannot be repeated within the same round.	
	КЗ	Taegeuk 1, 2, 3	Competitor's choice of 2 poomsae per round. Poomsae cannot be repeated within the same round.	
Pairs (1 Male & 1 Female)	K1	Taegeuk 4, 5, 6, 7, 8	Compulsory poomsae will be specified.	
	K2/3	Taegeuk 1, 2, 3, 4, 5, 6	Competitor's choice of 2 poomsae per round. Poomsae cannot be repeated within the same round.	
<b>Teams</b> (3 Males or 3 Females)	K1	Taegeuk 4, 5, 6, 7, 8	Compulsory poomsae will be specified.	
	K2/3	Taegeuk 1, 2, 3, 4, 5, 6	Competitor's choice of 2 poomsae per round. Poomsae cannot be repeated within the same round.	



#### Notes on Pairs and Teams

- (a) K2 & K3 Pairs and Teams are combined into one belt category for each age group.
- (a) K1 Teams & Pairs must all be K1 and of the same age division.
- (b) All competitors must be from the same category. (No mixing of categories).
- (c) Teams and pairs can be from different clubs and will be entered as 'Mixed'. The results will not count towards medal points for the team trophies.
- (d) 2<sup>nd</sup> and 3<sup>rd</sup> Senior will be combined as a single age group for pairs and teams.
- (e) Substitutions in Dan Pairs and Teams will be permitted until 23.59 on Wednesday 18<sup>th</sup> March. No substitutions in Dan Pairs and Teams will be permitted after that date. Substitutions in Kup Pairs and Teams will be permitted up to the day of competition, however these will need to be confirmed to the organising committee at team registration.
- (f) If you have any queries, please contact us for advice.