

THE SCOTTISH NATIONAL TAEKWONDO CHAMPIONSHIPS

JUNE 4TH 2023

WISHAW SPORTS CENTRE
ALEXANDER STREET
WISHAW
ML2 0HQ

POOMSAE EVENT INFORMATION

REGISTRATION

WWW.POOMSAE-REG.COM

REFEREE DIRECTOR

GRANDMASTER DAVID BAILEY

MEDICAL PROVISION

WEST COAST EMERGENCY MEDICAL
SERVICES



ORGANISER AND KEY PERSONNEL

COMPETITION DIRECTOR

MASTER KAMBIZ RAMZAN ALI
+44 (0)7944988806
RANGESPORTSUK@GMAIL.COM

REFEREE DIRECTOR

GRANDMASTER DAVID BAILEY
+44 (0) 7812 580 898
CENTRALTKD@OUTLOOK.COM

REGISTRATION WEBSITE

[HTTPS://WWW.POOMSAE-REG.COM](https://www.poomsae-reg.com)

SCORING MANAGEMENT

RANGE ONLINE SCORING SYSTEM



*****ALL COMPETITORS
MUST BE RESIDENT
IN SCOTLAND AT THE
TIME OF EVENT.
PHOTO ID AND
CURRENT PROOF OF
ADDRESS MUST BE
SHOWN AT
REGISTRATION*****



EVENT TIMELINE

PRIOR TO EVENT

REGISTRATION DEADLINE - SUNDAY 28TH OF MAY 2023 AT 21:00

PAYMENT DEADLINE - MONDAY 30TH OF MAY 2023 AT 21:00

COMPULSORY POOMSAE DRAW - FRIDAY 2ND OF JUNE 2023 AT 9:00

DAY OF EVENT

0800 TO 0845 - REGISTRATION

0800 TO 0830 - OFFICIALS BRIEFING

0830 TO 0840 - COACHES MEETING

0900 TO 1300 - COMPETITION

PAYMENT

INDIVIDUAL

£50 PER ATHLETE

PAIR

£42 PER PAIR

TEAM/FAMILY

£45 PER TEAM/FAMILY

PAYMENT TO BE DONE BY BANK TRANSFER TO:

KTA

402312

92299305

WHEN SENDING YOUR ONLINE PAYMENT, PLEASE STATE: CLUB NAME/COMP FEES

ANY CHANGES TO THE ENTRIES ON THE DAY OF THE COMPETITION WILL ENCORE A £30 ADMIN FEE PER.

IF THE COMPETITION CANNOT TAKE PLACE DUE TO UNFORESEEN CIRCUMSTANCES OUT OF THE CONTROL OF THE ORGANIZER, THE PAYMENT SHALL IMMEDIATELY VALID FOR THE NEXT PHYSICAL TAEKWONDO EVENT THE ORGANIZER CREATES.

SPECTATORS

TICKETS ARE AVAILABLE ON THE DOOR ONLY. (CASH ONLY) *

ADULTS: £10.00

CHILDREN: (UNDER 16): £5.00

5 YEARS AND UNDER WILL BE ADMITTED FOR FREE.

SPECTATORS ARE REQUESTED TO WEAR SUITABLE FOOTWEAR (NO HIGH HEELS) FOR A SPORT HALL.

OFFICIALS: 2 COACHES PER TEAM



ELIGIBILITY FOR PARTICIPATION

ATHLETES MUST BE MEMBERS OF BRITISH TAEKWONDO.

PROOF OF MEMBERSHIP BY MEANS OF A VALID LICENSE, INSURANCE AND GRADE WILL BE REQUIRED AT REGISTRATION.

ALL COMPETITORS MUST BE RESIDENT IN SCOTLAND AT THE TIME OF EVENT. PHOTO ID AND CURRENT PROOF OF ADDRESS MUST BE SHOWN AT REGISTRATION

DIVISIONS

DAN

1ST DAN / POOM AND HIGHER, KUKKIWON HOLDER (A CLASS: COMPETITORS MUST BE MINIMUM 1ST DAN/POOM GRADE & KUKKIWON OR NATIONAL HOLDER.)

K1

2ND KUP (RED BELT) - 1ST KUP (BLACK TAG)

K2

6TH KUP (GREEN BELT) - 3RD KUP (RED TAG)

K3

10TH KUP (WHITE BELT) - 7TH KUP (GREEN TAG) MAXIMUM 250 TOTAL ENTRIES.

* KUP DIVISIONS MAY BE COMBINED IF LESS THAN 3 COMPETITORS IN A DIVISION

MAXIMUM OF 120 ENTRIES



METHOD OF COMPETITION

CUT OFF SYSTEM WILL BE USED:

1ST ROUND:

IF THERE ARE 21 COMPETITORS OR MORE IN A DIVISION THEN THE COMPETITION WILL START IN THIS ROUND. TWO ASSIGNED COMPULSORY POOMSAE WILL BE REQUIRED TO BE PERFORMED WITH A ONE MINUTE REST PERIOD IN BETWEEN.

2ND ROUND:

THE TOP 50% OF THE COMPETITORS WITH THE HIGHEST SCORES FROM THE 1ST ROUND WILL QUALIFY FOR THIS 2ND ROUND (INCLUDING COMPETITORS WITH EQUAL SCORES). TWO ASSIGNED COMPULSORY POOMSAE WILL BE REQUIRED TO BE PERFORMED WITH A ONE MINUTE REST PERIOD IN BETWEEN.

FINAL ROUND:

THE TOP 8 COMPETITORS (WITH THE HIGHEST SCORES) FROM THE 2ND ROUND WILL QUALIFY FOR THIS ROUND. TWO ASSIGNED COMPULSORY POOMSAE WILL BE REQUIRED TO BE PERFORMED WITH A ONE MINUTE REST PERIOD IN BETWEEN.

FINAL:

DIVISIONS MAY START IN THE FINAL IF THERE ARE 10 ENTRANTS OR LESS. 11 ENTRANTS OR MORE WILL START IN THE 2ND ROUND.

COMPULSORY POOMSAE:

ALL COMPETITORS MUST PERFORM THE SET POOMSAE AND IF THEY CANNOT THEY WILL BE DISQUALIFIED. ALL COMPULSORY POOMSAE SHALL BE DRAWN, SET AND ANNOUNCED BY THE ORGANISERS THROUGH SOCIAL MEDIA CHANNELS 3 DAYS BEFORE THE START OF THE COMPETITION.



CLASS A (DAN/POOM)

DIVISION Individual (Contestants can only enter a division once)

Dan/Poom Grades 2023	Compulsory Poomsae
U11 (Peewee) Age 9yrs - 11 yrs (born 2014 - 2012)	Taegeuk 4,5,6,7,8, Koryo, Keumgang
U14 (Cadet) Age 12yrs - 14yrs (born 2011 - 2009)	Taegeuk 4,5,6,7,8, Koryo, Keumgang
U17 (Junior) Age 15yrs - 17yrs (born 2008 - 2006)	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
U30 Age 18yrs - 30yrs (born 2005 - 1993)	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
U40 Age 31yrs - 40yrs (born 1992 - 1983)	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
U50 Age 41yrs - 50yrs (born 1982 - 1973)	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
U60 Age 51yrs - 60yrs (born 1972 - 1963)	Koryo, Keumgang, Taebaek , Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
U65 Age 61yrs - 65yrs (born 1962 - 1958)	Koryo, Keumgang, Taebaek , Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
U70 Age 66 - 70yrs (born 1957 - 1953)	Koryo, Keumgang, Taebaek , Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
U71+ Age 71+ (born 1952 or before)	Koryo, Keumgang, Taebaek , Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

Division Pair (male/female athlete) // Division Team (3 male / 3 female) DAN pairs / teams must all be of the correct age division (no mixed age teams for DANs)

Dan/Poom Grades 2023	Compulsory Poomsae
U11 (Peewee) Age 9yrs - 11 yrs (born 2014 - 2012)	Taegeuk 4,5,6,7,8, Koryo, Keumgang
U14 (Cadet) Age 12yrs - 14yrs (born 2011 - 2009)	Taegeuk 4,5,6,7,8, Koryo, Keumgang
U17 (Junior) Age 15yrs - 17yrs (born 2008 - 2006)	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
U30 Age 18yrs - 30yrs (born 2005 - 1993)	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
U31+ Age 31yrs + (born 1992 or before)	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin

KUP GRADES

	Belt Divisions
K1 = 2nd KUP & 1st KUP	Red belt & black tag
K2 = 6th KUP - 3 rd KUP	Green belt to red tag
K3 = 10th KUP - 7 Th KUP	White belt to green tag

Age Division (Male/Female)
U9 (Mini Peewee) Age 8yrs and younger (born later then 2014)
U11 (Peewee) Age 9yrs - 11yrs (born 2014 - 2012)
U14 (Cadet) Age 12yrs - 14yrs (born 2011 - 2009)
U17 (Junior) Age 15yrs - 17yrs (born 2008 - 2006)
1 st Senior Age 18yrs - 35yrs (born 2005 - 1988)
2 nd Senior Age 36+ (Born 1987 or before)

Kup Rules

	Individual	Pair	Team
K1	Compulsory Poomsae (Taegeuk 4,5,6,7,8)	Compulsory Poomsae (Taegeuk 4,5,6,7,8)	Compulsory Poomsae (Taegeuk 4,5,6,7,8)
K2	Competitor's Choice (Taegeuk 3,4,5,6) Must do 2 different poomsae in 1 round	Competitor's Choice (Taegeuk 3,4,5,6) Must do 2 different poomsae in 1 round	Competitor's Choice (Taegeuk 3,4,5,6) Must do 2 different poomsae in 1 round
K3	Competitor's Choice (Taegeuk 1,2,3) Can repeat same Poomsae	Competitor's Choice (Taegeuk 1,2,3) Can repeat same Poomsae	Competitor's Choice (Taegeuk 1,2,3) Can repeat same Poomsae

It is allowed to make a combination of pair/team between K2&K3 athletes

FAMILY POOMSAE

One parent, parents or grandparents together with their child or children or grandchildren. The number of family members is unlimited. At least two generations are required for a family team.

Examples: Father and son or daughter, mother and father together with son and daughter, father with three sons, grandmother with grandchildren, grandfather, mother and grandchildren.

One participation per family is allowed.

There is no age limit or graduation restriction for Family Poomsae. The Poomsae can be freely selected. All families go directly to finals. 2 poomsae have to be performed, selected from the recognized poomsae

Classification	Grade	Selection	Recognised Poomsae	Division	Age
Family Poomsae (unlimited members but minimum 2)	No belt restriction	Competitor Choice of poomsae	Free of Choice	One family	No age limit



PARA CATEGORY

Para Event Para Categories will also be split into Male / Female and Kup / Dan Grades. Para competitors should enter into the Para category online and e-mail full details and reasons for Para qualification to the event management to: rangesportsuk@gmail.com

Categories	
P10 - Visual Impairments	Competitor's choice any WT recognized poomsae
P20 - Intellectually Impaired	Competitor's choice any WT recognized poomsae
P30 - Physical Impairments	Compulsory poomsae to be performed
P40 - Limb Deficiency	Competitor's choice any WT recognized poomsae
P50 - Wheelchair Classes	Competitor's choice any WT recognized poomsae
P60 - Deaf	Competitor's choice any WT recognized poomsae
P70 - Short Stature	Competitor's choice any WT recognized poomsae

Dan	Male	U17 (17yrs or younger)
Dan	Female	18+ (18yrs or older)
Kup	Male	U17 (17yrs or younger)
Kup	Female	18+ (18yrs or older)



ARBITRATION

PROCEDURE OF PROTEST - ONLY THE OFFICIAL HEAD COACH IS ALLOWED TO PROTEST TO THE COMPETITION DIRECTOR. THIS MUST BE MADE WITHIN 10 MINUTES OF THE END OF THE CONTEST. A PROTEST FEE OF £75 WILL BE PAYABLE IMMEDIATELY TO THE COMPETITION BOARD. THIS WILL BE REFUNDED IF THE PROTEST IS ACCEPTED AND WON.

SITUATIONS NOT COVERED BY THE RULES - WHERE ANY SITUATION NOT COVERED BY THIS OUTLINE ARISES, IT SHALL BE DEALT WITH BY THE COMPETITION CHAIRMAN AND REFEREE DIRECTOR. THIS DECISION IS FINAL.

AWARDS

1ST, 2ND AND TWO 3RD PLACE MEDALS SHALL BE AWARDED IN EACH CATEGORY. THERE SHALL ALSO BE 1ST, 2ND AND 3RD PLACE OVERALL TEAM TROPHIES BASED ON NUMBER OF MEDALS WON BY EACH TEAM. 9PTS FOR GOLD, 6PTS FOR SILVER, 3PTS / 2PTS BRONZE.

UNIFORM

ALL COMPETITORS MUST WEAR WT RECOGNISED UNIFORM. JEWELRY IS STRICTLY NOT PERMITTED

COVID MEASURES

THE ORGANISER WILL TAKE ALL NECESSARY MEASURES FOLLOWING LOCAL AND NATIONAL GUIDELINES. 3 DAYS BEFORE THE EVENT THE ORGANISER WILL SEND OUT SEPARATE INFORMATION REGARDING THE PRACTICAL APPLICATIONS OF THESE GUIDELINES. PLEASE CONSULT [HTTPS://WWW.GOV.UK/CORONAVIRUS](https://www.gov.uk/coronavirus) FOR UPDATES AND MEASURES TO BE TAKEN AS PUBLIC / ATHLETE IN AN EFFORT TO KEEP SPORT A SAFE AND HEALTHY PLACE.

SPONSORS

JCALICU UK, OFFICIAL SUPPLIER OF WORLD TAEKWONDO APPROVED TAEKWONDO EQUIPMENT, GLOBAL DISTRIBUTOR OFFERING TOP QUALITY TAEKWONDO EQUIPMENT FOR WT POOMSAE AND KYORUGI COMPETITION.

WEBSITE: WWW.JCALICU.CO.UK

RANGE SPORTS IS A UK BASED QUALITY AND RELIABLE TAEKWONDO EQUIPMENT SUPPLIER THAT IS AN OFFICIAL SUPPLIER OF JCALICU EQUIPMENT AND TAEKWONDO EXCLUSIVE BRAND.

WEBSITE: WWW.RANGE-SPORTS.CO.UK

INSURANCE

ALL ATHLETES MUST HAVE THEIR OWN INSURANCE AS THE GOVERNING BODY, EVENT ORGANISERS OR THEIR REPRESENTATIVES WILL NOT BE RESPONSIBLES FOR ANY INJURY OR COSTS INCURRED. . ALL COMPETITORS ENTER THIS EVENT AT THEIR OWN RISK.