

# Ali's Dojang Open



Ali's Dojang Open 2023  
18th February 2023  
SportsDock, University of East London  
Dockland Campus  
University Way  
London E16 2RD

## Introduction

We are happy to welcome you all to the first Ali's Dojang Open, which will be held at:

SportsDock, University of East London  
Dockland Campus  
University Way  
London E16 2RD

We look forward to seeing you on the 18th February 2023 and wish you all the very best of luck.

Grandmaster Alipour  
Ali's Dojang

## Competition Details

Governing Body	British Taekwondo
Organiser	Ali's Dojang
Competition Director	Master Reza Saberi
Contact Telephone No.	07729 723 681
Email	event@alidojang.co.uk
Head Referee	Master Glen Culbert
Event Management	www.poomsae-reg.com

First aid and medical assistance will be present on the day.

## Event Overview

### **Location:**

SportsDock, University of East London  
Dockland Campus  
University Way  
London E16 2RD

Doors will open at 8 AM and the competition will start at 9 AM.

The event timetable will be emailed to all teams a few days before the event once the programme has been set.

## Participant Eligibility

All participants (athletes and coaches) must have valid British Taekwondo membership. Anyone removed from the event system due to a lapse membership will not be permitted to participate.

Entry fees cannot be refunded in this case.

## Class and Categories

Divisions	
Dan	1st Dan/Poom and higher
K1	2nd Kup (Red Belt) to 1st Kup (Black Tag)
K2	6th Kup (Green Belt) to 3rd Kup (Red Tag)
K3	9th Kup (Yellow Tag) to 7th Kup (Green Tag)
Para	Dan & Kup Categories

### Dan Divisions 1st Dan/Poom and higher

Compulsory Poomsae will be drawn for the Dan Divisions

### Individual (Male & Female)

Divisions	Compulsory Poomsae
U11 (Peewee) Age 9 years – 11 years	Taegeuk 4,5,6,7,8, Koryo, Keumgang
U14 (Cadet) Age 12 years – 14 years	
U17 (Junior) Age 15 years – 17 years	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
U30 Age 18 years – 30 years	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
U40 Age 31 years – 40 years	
U50 Age 41 years – 50 years	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
U60 Age 51 years – 60 years	Koryo, Keumgang, Taebaek , Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
U65 Age 61 years – 65 years	
U70 Age 66 years – 70 years	
Over 71 Age 71 years +	

### Pairs (1 male & 1 female)

<b>Divisions</b>	<b>Compulsory Poomsae</b>
U11 Pair (Peewee) Age 9 years – 11 years	Taegeuk 4,5,6,7,8, Koryo, Keumgang
U14 Pair (Cadet) Age 12 years – 14 years	
U17 Pair (Junior) Age 15 years – 17 years	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
U30 Pair Age 18 years – 30 years	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Over 31 Pair Age 31 years +	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

### Teams (3 males/3 females)

<b>Divisions</b>	<b>Compulsory Poomsae</b>
U11 Team (Peewee) Age 9 years – 11 years	Taegeuk 4,5,6,7,8, Koryo, Keumgang
U14 Team (Cadet) Age 12 years – 14 years	
U17 Team (Junior) Age 15 years – 17 years	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
U30 Team Age 18 years – 30 years	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Over 31 Team Age 31 years +	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

**K1 Divisions** 2nd Kup (Red Belt) - 1st Kup (Black Tag)  
Compulsory Poomsae will be drawn for the K1 Divisions

**Individual (Male & Female)**

Divisions	Compulsory Poomsae
K1 Micro Peewee Age under 7 years	Compulsory Poomsae Selected from Taegeuk 3 to Taegeuk 8
K1 Mini Peewee Age 7 years – 9 years	
K1 Peewee Age 10 years – 11 years	
K1 Cadet Age 12 years – 14 years	
K1 Junior Age 15 years – 17 years	
K1 1st Senior Age 18 years – 35 years	
K1 2nd Senior Age 36 years +	

## **K2 Divisions** 6th Kup (Green Belt) – 3rd Kup (Red Tag)

All Poomsae shall be chosen by the competitor.

However, the same poomsae cannot be repeated in the same round.

### **Individual (Male & Female)**

<b>Divisions</b>	<b>Compulsory Poomsae</b>
K2 Micro Peewee Age under 7 years	Competitors choice of Poomsae Selected from Taegeuk 1 to Taegeuk 6
K2 Mini Peewee Age 7 years – 9 years	
K2 Peewee Age 10 years – 11 years	
K2 Cadet Age 12 years – 14 years	
K2 Junior Age 15 years – 17 years	
K2 1st Senior Age 18 years – 35 years	
K2 2nd Senior Age 36 years +	

### **K3 Divisions** 9th Kup (Yellow Tag) – 5th Kup (Green Tag)

All Poomsae shall be chosen by the competitor.

The same poomsae may be repeated in the same round.

#### **Individual (Male & Female)**

<b>Divisions</b>	<b>Compulsory Poomsae</b>
K3 Micro Peewee Age under 7 years	Competitors choice of Poomsae Selected from Taegeuk 1 to Taegeuk 3
K3 Mini Peewee Age 7 years – 9 years	
K3 Peewee Age 10 years – 11 years	
K3 Cadet Age 12 years – 14 years	
K3 Junior Age 15 years – 17 years	
K3 1st Senior Age 18 years – 35 years	
K3 2nd Senior Age 36 years +	



## Kup Pair and Team Divisions

<b>Kup Pair (1 Male &amp; 1 Female)</b>		
<b>K1 Mini/Micro Pair</b>	<b>K2 Mini/Micro Pair</b>	<b>K3 Mini/Micro Pair</b>
<b>K1 Peewee Pair</b>	<b>K2 Peewee Pair</b>	<b>K3 Peewee Pair</b>
<b>K1 Cadet Pair</b>	<b>K2 Cadet Pair</b>	<b>K3 Cadet Pair</b>
<b>K1 Junior Pair</b>	<b>K2 Junior Pair</b>	<b>K3 Junior Pair</b>
<b>K1 1st Senior Pair</b>	<b>K2 1st Senior Pair</b>	<b>K3 1st Senior Pair</b>
<b>K1 2nd Senior Pair</b>	<b>K2 2nd Senior Pair</b>	<b>K3 2nd Senior Pair</b>
<b>Compulsory Poomsae</b>	<b>Free choice Taeguek 3-8 No repetition in single round</b>	<b>Free choice Taeguek 1-3 May repeat</b>

<b>Kup Team (3 Males/3 Females)</b>		
<b>K1 Mini/Micro Team</b>	<b>K2 Mini/Micro Team</b>	<b>K3 Mini/Micro Team</b>
<b>K1 Peewee Team</b>	<b>K2 Peewee Team</b>	<b>K3 Peewee Team</b>
<b>K1 Cadet Team</b>	<b>K2 Cadet Team</b>	<b>K3 Cadet Team</b>
<b>K1 Junior Team</b>	<b>K2 Junior Team</b>	<b>K3 Junior Team</b>
<b>K1 1st Senior Team</b>	<b>K2 1st Senior Team</b>	<b>K3 1st Senior Team</b>
<b>K1 2nd Senior Team</b>	<b>K2 2nd Senior Team</b>	<b>K3 2nd Senior Team</b>
<b>Compulsory Poomsae</b>	<b>Free choice Taeguek 3-8 No repetition in single round</b>	<b>Free choice Taeguek 1-3 May repeat</b>

## Para Divisions Dan & Kup Categories

### Individual (Male & Female)

Sports Class	Divisions	Categories	
		Kup Grades	Dan Grades
P10 Visual Impairments	Age under 15 years Age 16 years – 29 years Age 30 years +	Competitor's choice any poomsae from Taegeuk 1, 2, 3... & higher	Competitor's choice any poomsae from Taegeuk 1, 2, 3... & higher
P20 Intellectually Impaired	Age under 15 years Age 16 years – 29 years Age 30 years +		Competitor's choice any poomsae from Taegeuk 1, 2, 3... & higher Coach can give the commands
P30 Physical Impairments	Age under 15 years Age 16 years – 29 years Age 30 years +		Compulsory poomsae selected from Taeguek 4 to Koryo
P40 Limb Deficiency	Age under 15 years Age 16 years – 29 years Age 30 years +		Competitor's choice any poomsae from Taegeuk 1, 2, 3... & higher
P50 Wheelchair	Age under 15 years Age 16 years – 29 years Age 30 years +		Competitor's choice any poomsae from Taegeuk 1, 2, 3... & higher
P60 Deaf	Age under 15 years Age 16 years – 29 years Age 30 years +		Compulsory poomsae selected from Taeguek 6 to Keumgang
P70 Short Stature	Age under 15 years Age 16 years – 29 years Age 30 years +		Competitor's choice any poomsae from Taegeuk 1, 2, 3... & higher

Formal sports classification will not be required.  
However, clubs are expected to accurately enter competitors in the right sports class.

For more information, please contact us at [event@alidojang.co.uk](mailto:event@alidojang.co.uk)

## **Applications and Payment**

All applications are to be made online at [poomsae-reg](http://poomsae-reg.com)

Closing date for applications: **Sunday 5th February at 2100**

Payment is required a week after an athlete has been registered online to ensure that others wishing to participate are given fair opportunities. The list will be reviewed weekly to ensure that this is managed. We therefore encourage you to enter athletes whom you are sure will be participating.

### **Price:**

£35 per application

£34 per pier

£36 per Team

### **Bank Details:**

All payments to be made via bank transfer to:

Account name: **Alis Dojang**

Account number: **71468375**

Sort code: **40-05-07**

### **Reference:**

Please use your team name as your reference for the bank transfer and email [event@alidojang.co.uk](mailto:event@alidojang.co.uk) to confirm that transfer is complete.

Coaches must ensure that email address used to register is the email address that they can be contacted on for updates.

Coaches are responsible for ensuring that their players' categories and entry details are correct as no refunds will be given if errors have been made.

## **Please note:**

All information must be entered when registering players.

Any athlete remaining in the online system at the deadline will be responsible for paying the full entry fee even if that athlete does not compete.

## **Competition Rules**

The cut-off system is to be used.

1st round: 20 or more competitors

2nd round: 9-19 competitors or 50% from 1st round.

Final: Top 8 competitors.

(Groups with 9 competitors may be a straight final). Organisers have the right to make any necessary changes.

Compulsory poomsae will be released on 11/02/2023

Competitors may be asked to perform any of the Poomsae from their set list in the order listed in the Compulsory Poomsae.

Two Poomsae will be performed in each round.

## **Awards**

Awards will be presented to athletes who place 1st, 2nd, 3rd and 4th places per category.

Team trophies will be presented for 1st, 2nd and 3rd place teams.

## **Club awards:**

1st place = 9 points

2nd place = 6 points

3rd place = 3 points

4th place = 2 points

## **Appeals**

Any protests must be made by the Club Coach within 10 minutes of the end of that contest to the Judging director.

## **Spectators**

### **Spectator fees:**

Under 5 years – Free

6 years to 18 years old – £5

Adults – £7

## **Referees**

Any referees wishing to participate, please contact chief referee Master Glen Culbert

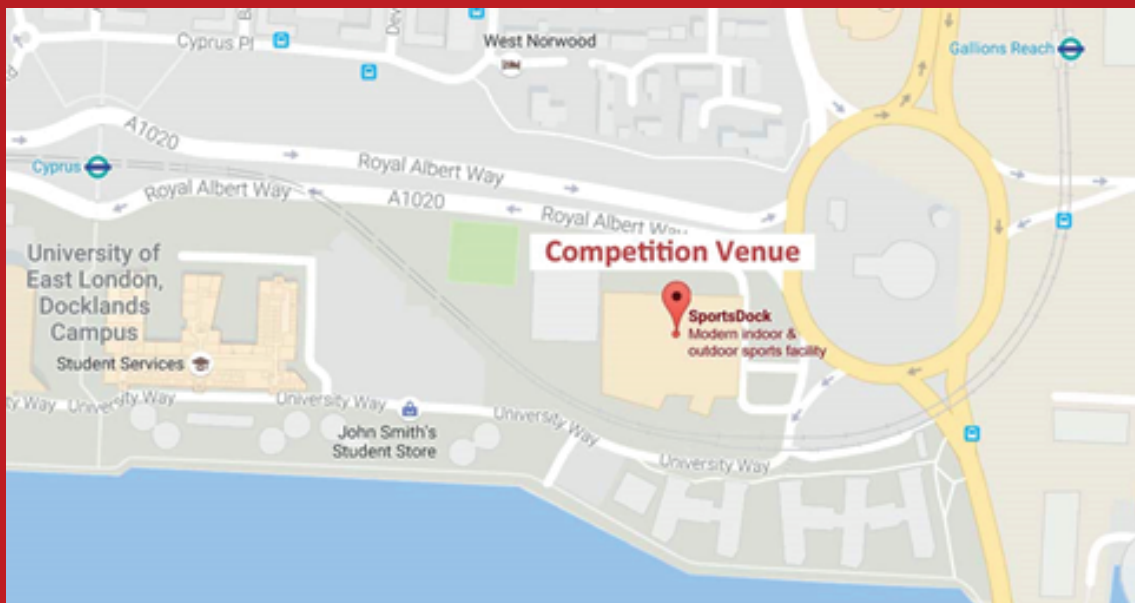
## **Volunteering**

Volunteers are greatly appreciated. If your club has any volunteers available, contact [event@alisojang.co.uk](mailto:event@alisojang.co.uk)

## **Photography and Video Recording**

By registering to compete at the event, you are agreeing to have your image taken whilst in the venue by both British Taekwondo, the press and members of the public. In addition, you are agreeing to have your image show on video, TV and online. If you have any safeguarding concerns in relation to this, please contact [safeguarding@britishtaekwondo.org](mailto:safeguarding@britishtaekwondo.org) before the event to discuss.

## Travel



**SportsDock, University of East London  
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## Bus

Bus routes near the Docklands Campus include 101, 173, 262, 300, 366, 376, 474 and N551.

## Tube/DLR

The closest station to SportsDock is Gallions Reach DLR. The Docklands Campus is directly opposite Cyprus DLR station. Trains to Beckton via Cyprus and Canning Town usually run at five to ten- minute intervals.

## Car

Travel by coach or car may be advisable if transporting large equipment that would be difficult to carry on public transport. Car parking spaces however are likely to be limited. The SportsDock car park is provided for public users only. UEL staff and students are not permitted to park. Please note parking spaces at the venue are limited.

## Contact Us

Should you have any queries then please feel free to contact us by email at [event@alisojang.co.uk](mailto:event@alisojang.co.uk)

**Instagram: @alisojang**

**Facebook Page: @alisojangopen**