# TAEKWONDO CHUNGDOKWAN GREAT BRITAIN

POOMSAE NATIONAL CHAMPIONSHIPS 2019



### SATURDAY 23RD MARCH BRACKNELL LEISURE CENTRE

Bracknell Leisure Centre, Bagshot Road, Bracknell, RG12 9SE

WWW.CHUNGDOKWAN.ORG.UK

It is with great pleasure that your club is invited to participate in the Taekwondo Chungdokwan Great Britain (TCGB) National Championships 2019.

The tournament will be Poomsae and Kyorugi, and will take place on Saturday 23<sup>rd</sup> and Sunday 24<sup>th</sup> March 2019.

We will be the using electronic scoring for all competitors

We pride ourselves on running friendly, well organised tournaments. We hope that you can join us.

Best wishes,

The TCGB Competition Organising Committee



**1. Venue** Bracknell Leisure Centre,

Bagshot Road, Bracknell,

**RG12 9SE** 

2. Date Saturday 23<sup>rd</sup> March 2019

**3. Schedule** Doors open 08:30

Registration 08:30 Competition start 10:30

4. Contact Details <a href="mailto:competition@chungdokwan.org.uk">competition@chungdokwan.org.uk</a>

For email enquiries, competitor lists and online payment confirmation.

### 5. Registration Requirements

Please check correct licence details are entered on <a href="https://www.poomsae-reg.com/">https://www.poomsae-reg.com/</a>. A licence audit of all competitors will take place up to one week in advance of the competition. Competitors will be unable to compete if they fail the licence audit check. If your Licence has expired, renew it immediately.

Clubs may not combine or enter as an association or squad.

### 6. International Entries (by invitation only)

All participants must be hold a valid licence and be part of a recognised group that is affiliated to World Taekwondo (WT). This membership must be proved by means of a valid certificate of membership at the time of registration. **Please remember to bring this proof of membership to the tournament.** 

Please make entries on <a href="https://www.poomsae-reg.com/">https://www.poomsae-reg.com/</a>. Please email your team list and entry fees can be paid by bank transfer (see below).

International entrants are responsible for arranging their own visas. Please contact us at <a href="mailto:competition@chungdokwan.org.uk">competition@chungdokwan.org.uk</a>. if you require any documentation regarding this.

### 7. Entry Details (domestic competitors)

Entries must be made online at https://www.poomsae-reg.com/

Once you have registered your details, you must pay the entry fee by bank transfer and provide a list of competitors the payment relates to. Please email the completed list to competition@chungdokwan.org.uk. We are not accepting entries by post.

Please make sure that your personal data is entered correctly online, otherwise the competitors will be rejected from the competition as a result of the licence audit.



### **NOTE**

- All clubs must enter competitors via poomsae-reg.
- All clubs entering competitors must enter ALL coaches details on poomsae-reg by 23 February 2019.
- Payment must be received by 26 February 2019
- Any corrections/amendments must be made by 10 days before the event
- Any changes made 3 days before the event will incur a £20 administration cost
- Any changes made on the day will incur a £30 administration cost

### 8. Entry Fees

**Competitors** £30.00 individuals

£30.00 per pair

£30.00 per team of 3

### ENTRIES TO BE RECEIVED BY 23 FEBUARY 2019 AND PAYMENT TO BE RECEIVED BY 26 FEBRUARY 2019

These fees include the compulsory charge levied by British Taekwondo

Payment must be made by **bank transfer** to the following account:

Account name: Chungdokwan GB Bank: The Co-operative Bank

Sort Code: 08-92-99

Account Number: 65683815

Please use the club name as the reference and then email competition@chungdokwan.org.uk advising total payment amount, club name and competitor names the payment relates to.

Spectators (pay on the day): Adults £5.00 / Children £2.00 / Families £10.00

### 9. Closing Date

23 February 2019 or when tournament is full

### **NOTE**

- All entries must be received by 23 February 2019.
- All entry fees must be with TCGB by the 26 February 2019 otherwise the entrants will be excluded from the tournament.
- There will be no refunds for any withdrawals after 26 February 2019.
- Should the event reach its competitor limit all entry fees will become immediately payable to allow for competitors from the waiting list to be added in case of any withdrawals.
- In order to comply with event regulations, these deadlines will be strictly enforced.



### 10. Coaches

Please note that ALL instructors wishing to coach their players register online at <a href="https://www.poomsae-reg.com/">https://www.poomsae-reg.com/</a> prior to Saturday 23<sup>rd</sup> February 2019.

One coach can be accredited for every five competitors entered and granted free admission. There can be a maximum of two coaches per team.

Only coaches that have pre-registered in this manner will be issued with passes (no new passes will be arranged at the event).

There is no cost for registering coaches so you may register as many as you wish. All coaches must be registered instructors with valid Instructor Indemnity Insurance. To prevent delays to the competition, we require clubs to have enough coaches for their competitors on the day.

### NO COACH PASS = NO ENTRY TO THE COMPETITION AREA

### 11. Officials

TCGB run the National Championships for the benefit of the association members and therefore request the support of the membership by supplying non-competing/non-coaching officials to assist in the running of the tournament. Therefore, please provide the names of your volunteers and officials to competition@chungdokwan.org.uk.

### 12. Procedures

All procedural matters will be conducted under the adjudication of the Chief Referee whose decision will be final.

### 13. Photography and video recording policy

- (a) By registering to compete or coach at the event, you agree to have your image taken by both the press and members of the public while you are in the venue.
- (b) In addition, you agreeing to have your image shown on video, TV and online.

### 14. Directions

The tournament is being held at: Bracknell Leisure Centre

Bagshot Road Bracknell, Berkshire

**RG12 9SE** 

Situated on the A322 between M4 Junction 10 and M3 Junction 3. Follow the brown tourist signs to the sports centre.

M3 Junction 3 approximately 4.7 miles

M4 Junction 10 approximately 3.7 miles



Further details can be found on the leisure centre's website: www.bracknell-forest.gov.uk/leisure/leis-bracknell-sport-and-leisure-centre.htm

### 15. Hotels

Travelodge	Premier Inn	Premier Inn
www.travelodge.co.uk	www.premierinn.com	www.premierinn.com
Travelodge Bracknell Central	Bracknell Central	Bracknell (Twin
Hotel	Wokingham Road,	Bridges)
London Road,	Berkshire, RG42 1NA,	Downshire Way,
Bracknell, RG12 2UT.	Derivatine, 10042 11474,	Bracknell,
Brasinisii, 113 12 20 11		Berkshire RG12 7AA,

### 16. Poomsae details

### Registration

Saturday 23<sup>rd</sup> March 2019 08.30 to 09.30

### Rules

World Taekwondo (WT) rules will be followed except where explicitly stated otherwise.

Any competitor wearing non WT recognised uniforms will not be permitted to compete.

All competitors must hold a current licence.

Coaches must be over 18 and hold Instructor Professional Indemnity Insurance. In addition, they need to <u>pre-register by the closing date in order to receive their pass to the competition area</u>.

The decision of the judge is final.

### Rounds

The competition will implement the cut off system

### 1<sup>st</sup> round:

If there are 20 or more competitors in a division then the competition will start in this round. Two assigned compulsory poomsae will be required to be performed.



### 2<sup>nd</sup> round:

The top 50% of the competitors with the highest scores from the 1<sup>st</sup> round will qualify for this 2<sup>nd</sup> round. (including competitors with equal scores).

Two assigned compulsory poomsae will be required to be performed.

### Final round:

Top 8 competitors with the highest scores from the 2<sup>nd</sup> round will qualify for this round.

Two assigned compulsory poomsae will be required to be performed.

Divisions may start in the final round if there are 8 competitors or less. 9 entrants or more will start in the 2<sup>nd</sup> round.

All competitors must perform the compulsory poomsae, and if they cannot do so they will be disqualified.

Poomsae will be drawn, set and announced 5 days before the competition.

The organisers reserve the right to amend the number of rounds, round length etc. according to entries received and time scales.

### Para-Taekwondo Poomsae

Para competitors should please enter online and email your full details and reasons for Para qualifications.

The categories will be determined on receipt of all applications.

Categories will be Open Age and Open Belt, judges will use their discretion and take into consideration age, disability and belt of competitor.



Dan / Poom divisions (competitors can only enter a division once)

	Division			Compulsory Poomsae
	Children	Under 12	Born 2008 or later	Taeguk 4,5,6,7,8;
	Cadet	12-14 yr	Born 2005 - 2007	Koryo, Keumgang
Individual	Junior	15-17 yr	Born 2002 - 2004	Taeguk 4,5,6,7,8;
				Koryo, Keumgang,
(Male & Female)				Taebek
	Under 30 yr	18-30 yr	Born 1989 - 2001	Taeguk 6,7,8; Koryo,
	Under 40 yr	31-40 yr	Born 1979 - 1988	Keumgang, Taebek,
				Pyongwon, Shipjin
	Under 50 yr	41-50 yr	Born 1969 - 1978	Taeguk 8; Koryo,
				Keumgang, Taebek,
				Pyongwon, Shipjin,
			<b></b>	Jitae, Chonkwon
	Under 60 yr	51-60 yr	Born 1959 - 1968	Koryo, Keumgang,
	Under 65 yr	61-65 yr	Born 1958 - 1954	Taebek, Pyongwon,
	+66 yr	66 yr +	Born 1953 or	Shipjin, Jitae,
			before	Chonkwon, Hansu
	Children	Undor 40	Down 2000 on leten	Tooguk 4 F C 7 9:
Pairs	Cadet	Under 12	Born 2008 or later Born 2005 - 2007	Taeguk 4,5,6,7,8;
(1 Male & 1		12-14 yr	Born 2005 - 2007	Koryo, Keumgang
Female)	Junior	15-17 yr	DOIN 2002 - 2004	Taeguk 4,5,6,7,8; Koryo, Keumgang,
i emaie)				Taebek
	1 <sup>st</sup> Pair	18-30 yr	Born 1989 - 2001	Taeguk 6,7,8; Koryo,
	ı ı an	10-30 yi	DOIN 1303 - 2001	Keumgang, Taebek,
				Pyongwon, Shipjin
	2 <sup>nd</sup> Pair	31 yr +	Born 1988 or	Taeguk 8; Koryo,
		J. J	before	Keumgang, Taebek,
				Pyongwon, Shipjin,
				Jitae, Chonkwon
	Chilren	Under 12	Born 2008 or later	Taeguk 4,5,6,7,8;
Teams	Cadet	12-14 yr	Born 2005 – 2007	Koryo, Keumgang
(3 Males or 3	Junior	15-17 yr	Born 2002 - 2004	Taeguk 4,5,6,7,8;
Females)				Koryo, Keumgang,
	. st —			Taebek
	1 <sup>st</sup> Team	18-30 yr	Born 1989 - 2001	Taeguk 6,7,8; Koryo,
				Keumgang, Taebek,
	and =	0.4	D 4000	Pyongwon, Shipjin
	2 <sup>nd</sup> Team	31 yr +	Born 1988 or	Taeguk 8; Koryo,
			before	Keumgang, Taebek,
				Pyongwon, Shipjin,
				Jitae, Chonkwon



**Kup Divisions (Competitors can only enter a division once)** 

	K1	2 <sup>nd</sup> to 1 <sup>st</sup> kup	Red belt to black tag
Grades	K2	6 <sup>th</sup> to 3 <sup>rd</sup> kup	Green belt to red tag
	K3	10 <sup>th</sup> to 7 <sup>th</sup> kup	White belt to green
			tag

	Mini peewee	Up to 9yr	Born 2010 or before
	Peewee	10-11yr	Born 2008 - 2009
Ages	Cadet	12-14yr	Born 2005 - 2007
	Junior	15-17yr	Born 2002 - 2004
	1 <sup>st</sup> senior	18-35yr	Born 1984 - 2001
	2 <sup>nd</sup> senior	36yr +	Born 1983 or before

Division		Poomsae	
Individual (Male &	K1	Taeguk 1,2,3,4,5,6,7,8	Compulsory poomsae will be specified
Female)	K2	Taeguk 1,2,3,4,5,6	Competitors choice.  Must do different poomsae in 1 round
	<b>K</b> 3	Taeguk 1,2,3,	Can repeat the same poomsae

Pairs (1 male & 1 female)	K1	Taeguk 1,2,3,4,5,6,7,8	Compulsory poomsae will be specified
	K2/3	Taeguk 1,2,3,4,5,6	Competitors choice.  Must do different poomsae in 1 round

Teams (3 male or 3 female)	<b>K</b> 1	Taeguk 1,2,3,4,5,6,7,8	Compulsory poomsae will be specified
	K2/3	Taeguk 1,2,3,4,5,6	Competitors choice.
			Must do different poomsae in 1
			round

K2 & K3 Pairs and Teams are combined into one belt category for each age group.

K1 Pairs and Teams must all be K1 and of the correct age division.

Mini peewee and Peewee age group will me merged for Pairs and Teams.

All competitors must be from the correct category.

Pairs and Teams can be from different clubs and will be entered as 'mixed' with medal points split between the clubs.

### **NOTE TO COACHES:**

• We would remind you to review your entries on <a href="https://www.poomsae-reg.com/">https://www.poomsae-reg.com/</a> to ensure that they have been recorded in the correct category