Weekly Multisensory Activity Planner

Multisensory phonics works because it uses touch, movement, and sound together, not just sight. This planner turns the 12 activities from the multisensory-phonics-activities guide into a simple weekly routine.

Name: _____ Date: _____

How to use this worksheet

1. Pick one activity per day from the 12-activity list (or use the suggested default plan already filled in).
2. Note which sound or word you practiced with it.
3. Check the box once the activity is done.
4. Aim for variety — use every sensory channel (touch, movement, sound) at least twice across the week.

Tip

4 weekly planner pages are included — enough for a full month before you need to print again.

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Pick one activity a day. Check it off once it's done.

Week of: _____ Week 1 of 4

Day	Activity (from the 12-activity list — swap freely)	Done?
Monday	Suggested: Sand tray for new letter Sound/word practiced: _____	☐
Tuesday	Suggested: Arm blending for CVC words Sound/word practiced: _____	☐
Wednesday	Suggested: Magnetic letters — build and read 5 words Sound/word practiced: _____	☐
Thursday	Suggested: Sound hopscotch outdoors Sound/word practiced: _____	☐
Friday	Suggested: Elkonin boxes — dictate 5 words, child segments and writes Sound/word practiced: _____	☐

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Pick one activity a day. Check it off once it's done.

Week of: _____ Week 2 of 4

Day	Activity (from the 12-activity list — swap freely)	Done?
Monday	Suggested: Sand tray for new letter Sound/word practiced: _____	☐
Tuesday	Suggested: Arm blending for CVC words Sound/word practiced: _____	☐
Wednesday	Suggested: Magnetic letters — build and read 5 words Sound/word practiced: _____	☐
Thursday	Suggested: Sound hopscotch outdoors Sound/word practiced: _____	☐
Friday	Suggested: Elkonin boxes — dictate 5 words, child segments and writes Sound/word practiced: _____	☐

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Pick one activity a day. Check it off once it's done.

Week of: _____ Week 3 of 4

Day	Activity (from the 12-activity list — swap freely)	Done?
Monday	Suggested: Sand tray for new letter Sound/word practiced: _____	☐
Tuesday	Suggested: Arm blending for CVC words Sound/word practiced: _____	☐
Wednesday	Suggested: Magnetic letters — build and read 5 words Sound/word practiced: _____	☐
Thursday	Suggested: Sound hopscotch outdoors Sound/word practiced: _____	☐
Friday	Suggested: Elkonin boxes — dictate 5 words, child segments and writes Sound/word practiced: _____	☐

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Pick one activity a day. Check it off once it's done.

Week of: _____ Week 4 of 4

Day	Activity (from the 12-activity list — swap freely)	Done?
Monday	Suggested: Sand tray for new letter Sound/word practiced: _____	☐
Tuesday	Suggested: Arm blending for CVC words Sound/word practiced: _____	☐
Wednesday	Suggested: Magnetic letters — build and read 5 words Sound/word practiced: _____	☐
Thursday	Suggested: Sound hopscotch outdoors Sound/word practiced: _____	☐
Friday	Suggested: Elkonin boxes — dictate 5 words, child segments and writes Sound/word practiced: _____	☐