

New sound: x

44

Lesson 44 of 92 (ages 3-6) / 38 of 86 (age 7+) · Letter Sounds · Ages 3-7+ · about 10 min

GOAL

Your child can say /x/ when they see "x", and hear it in words like fox.

WHY IT MATTERS

Every letter sound is a building block. Once your child knows /x/, they can use it in every word it appears in: fox, box, six.

YOU'LL NEED

- The practice sheet for this lesson (worksheet.pdf) and a pencil or crayon.
- The lesson page on a phone or tablet, for the sounds and games.

LESSON FLOW about 10 minutes

1 min

Warm up

Quick flash of the last sounds: write "w", "v", "j" on paper, point, and your child says each sound.

SAY | "What sound is this? And this one?"

2 min

Listen

Play /x/ on the lesson page three times. Your child watches your mouth and copies.

SAY | "This is /x/. Watch my mouth: two sounds together: k + s."

2 min

Show how

Show the letter "x" and the action: Pretend to take an x-ray and say ks-ks-ks. Then tap the words on the lesson page.

SAY | "When I see x, I say /x/. fox: /x/ fox!"

2 min

Do it together

Sound hunt: find 3 things at home with /x/. Then do the trace-and-write part of the practice sheet. Read together: fox, box, six, mix, fix, wax.

2 min

Play

Play the games on the lesson page: hear /x/ and tap its letters, then find where the sound is in a word.

1 min

Wrap up

Ask your child to teach the sound and action to someone else in the family.

SAY | "Can you show Grandma our new sound?"

USE WITH THIS LESSON

- **This lesson online (listening + games)**
phonicademy.com/plan/session/sound-x
- **Printable: 44 Letter Sound Flashcards (PDF)**
phonicademy.com/printables/abc-phonics-flashcards-43
- **Read: Letter Sounds vs Letter Names: Which Should You Teach First?**
phonicademy.com/blog/letter-sounds-vs-letter-names
- **The "x" sound — full page**
phonicademy.com/phonemes/x
- **Read: Phonemes List (Free PDF): 44 English Phonemes with Examples**
phonicademy.com/blog/43-english-phonemes-list
- **Game: Letter Trace**
phonicademy.com/play/letter-trace

HEAR IT, FIND IT

Say the sound (not the letter name). Your child points to the letters. Tick first-try answers.

#	SAY / SHOW	CHOICES	ANSWER	
1	Say /x/	x, w, v	x	☐
2	Say /w/	w, x, v	w	☐
3	Say /v/	v, f, x	v	☐

WATCH FOR common mix-ups and what to do

Adds "uh" to the sound (xuh).

-> Keep it short and clipped: whisper it. /x/, not xuh. Extra "uh" makes blending harder.

Forgets the sound the next day.

-> Normal! Repeat the action and the keyword daily for a week: the action is the memory hook.

TOO HARD? MAKE IT EASIER

Only do the listening parts today: hear it, say it, find it in pictures. Save the writing for tomorrow.

TOO EASY? MAKE IT HARDER

Read these words and then write two of them from memory: fox, box, six, mix, fix, wax.

HOW DID IT GO?

MY CHILD CAN...

- ☐ Says /x/ when shown "x".
- ☐ Hears /x/ in a word you say (fox).
- ☐ Writes "x" starting in the right place.

Date: _____

Colour in the stars:



Notes: _____