

New sound: c

24

Lesson 24 of 92 (ages 3-6) / 18 of 86 (age 7+) · Letter Sounds · Ages 3-7+ · about 10 min

GOAL

Your child can say /c/ when they see "c", and hear it in words like cat.

WHY IT MATTERS

Every letter sound is a building block. Once your child knows /c/, they can use it in every word it appears in: cat, cap, cup.

YOU'LL NEED

- The practice sheet for this lesson (worksheet.pdf) and a pencil or crayon.
- The lesson page on a phone or tablet, for the sounds and games.

LESSON FLOW about 10 minutes

1 min

Warm up

Quick flash of the last sounds: write "o", "g", "d" on paper, point, and your child says each sound.

SAY | *"What sound is this? And this one?"*

2 min

Listen

Play /c/ on the lesson page three times. Your child watches your mouth and copies.

SAY | *"This is /c/. Watch my mouth: same as 'k' - back of tongue."*

2 min

Show how

Show the letter "c" and the action: Pretend to play castanets and say c-c-c. Then tap the words on the lesson page.

SAY | *"When I see c, I say /c/. cat: /c/ cat!"*

2 min

Do it together

Sound hunt: find 3 things at home with /c/. Then do the trace-and-write part of the practice sheet. Read together: cat, cap, cot, can, cod.

2 min

Play

Play the games on the lesson page: hear /c/ and tap its letters.

1 min

Wrap up

Ask your child to teach the sound and action to someone else in the family.

SAY | *"Can you show Grandma our new sound?"*

USE WITH THIS LESSON

- **This lesson online (listening + games)**
phonicademy.com/plan/session/sound-c
- **Printable: 44 Letter Sound Flashcards (PDF)**
phonicademy.com/printables/abc-phonics-flashcards-43
- **Read: Letter Sounds vs Letter Names: Which Should You Teach First?**
phonicademy.com/blog/letter-sounds-vs-letter-names
- **The "c" sound — full page**
phonicademy.com/phonemes/c
- **Read: Phonemes List (Free PDF): 44 English Phonemes with Examples**
phonicademy.com/blog/43-english-phonemes-list
- **Game: Letter Trace**
phonicademy.com/play/letter-trace

HEAR IT, FIND IT

Say the sound (not the letter name). Your child points to the letters. Tick first-try answers.

#	SAY / SHOW	CHOICES	ANSWER	
1	Say /c/	c, o, g	c	☐
2	Say /o/	o, c, g	o	☐
3	Say /g/	g, c, o	g	☐

WATCH FOR common mix-ups and what to do

Adds "uh" to the sound (cuh).

-> Keep it short and clipped: whisper it. /c/, not cuh. Extra "uh" makes blending harder.

Forgets the sound the next day.

-> Normal! Repeat the action and the keyword daily for a week: the action is the memory hook.

TOO HARD? MAKE IT EASIER

Only do the listening parts today: hear it, say it, find it in pictures. Save the writing for tomorrow.

TOO EASY? MAKE IT HARDER

Read these words and then write two of them from memory: cat, cap, cot, can, cod.

HOW DID IT GO?

MY CHILD CAN...

- ☐ Says /c/ when shown "c".
- ☐ Hears /c/ in a word you say (cat).
- ☐ Writes "c" starting in the right place.

Date: _____

Colour in the stars:



Notes: _____