

New sound: ar

76

Lesson 76 of 92 (ages 3-6) / 70 of 86 (age 7+) · Vowel Teams & Tricky Words · Ages 3-7+ · about 10 min

GOAL

Your child can say /ar/ when they see "ar", and hear it in words like car.

WHY IT MATTERS

"ar" is 2 letters that make ONE sound. Seeing them as one unit stops your child reading the letters separately, and unlocks words like car, star, park.

YOU'LL NEED

- The practice sheet for this lesson (worksheet.pdf) and a pencil or crayon.
- The lesson page on a phone or tablet, for the sounds and games.

LESSON FLOW about 10 minutes

1 min

Warm up

Quick flash of the last sounds: write "oo", "oo", "u_e" on paper, point, and your child says each sound.

SAY | *"What sound is this? And this one?"*

2 min

Listen

Play /ar/ on the lesson page three times. Your child watches your mouth and copies.

SAY | *"This is /ar/. Watch my mouth: open mouth wide, add 'r'."*

2 min

Show how

Show the letters "ar" and the action: Open mouth wide like at the doctor saying ahhhr. Then tap the words on the lesson page.

SAY | *"When I see ar, I say /ar/. car: /ar/ car!"*
"Two letters, one sound. They're best friends: they always stick together."

2 min

Do it together

Sound hunt: find 3 things at home with /ar/. Then do the trace-and-write part of the practice sheet. Read together: car, star, park, farm, arm, art.

2 min

Play

Play the games on the lesson page: hear /ar/ and tap its letters, then find where the sound is in a word.

1 min

Wrap up

Ask your child to teach the sound and action to someone else in the family.

SAY | *"Can you show Grandma our new sound?"*

USE WITH THIS LESSON

- **This lesson online (listening + games)**
phonicsacademy.com/plan/session/sound-ar
- **Printable: R-Controlled Worksheet — AR (Free PDF)**
phonicsacademy.com/printables/r-controlled-worksheet-ar
- **Read: Vowel Teams List (Free PDF): ai, ay, ea, ee, oa, oo**
phonicsacademy.com/blog/vowel-teams-list
- **The “ar” sound — full page**
phonicsacademy.com/phonemes/ar
- **Printable: Vowel Sounds Chart (Free PDF)**
phonicsacademy.com/printables/abc-phonics-vowel-sounds-chart
- **Read: 20 Vowel Sounds Chart (Free PDF) with Examples**
phonicsacademy.com/blog/vowel-sounds-chart

HEAR IT, FIND IT

Say the sound (not the letter name). Your child points to the letters. Tick first-try answers.

#	SAY / SHOW	CHOICES	ANSWER	
1	Say /ar/	ar, oo, u_e	ar	☐
2	Say /oo/ (as in book)	oo, ar, u_e	oo	☐
3	Say /oo/ (as in moon)	oo, ar, u_e	oo	☐

WATCH FOR common mix-ups and what to do

- | | |
|--|---|
| Says the sound too quickly to hear. | -> /ar/ can be stretched: hold it like a long note, arararar, then let go. |
| Reads the letters one by one (a-r). | -> Put one finger under both letters at once: "these two make one sound". |
| Forgets the sound the next day. | -> Normal! Repeat the action and the keyword daily for a week: the action is the memory hook. |

TOO HARD? MAKE IT EASIER

Only do the listening parts today: hear it, say it, find it in pictures. Save the writing for tomorrow.

TOO EASY? MAKE IT HARDER

Read these words and then write two of them from memory: car, star, park, farm, arm, art.

HOW DID IT GO?

MY CHILD CAN...

- ☐ Says /ar/ when shown "ar".
- ☐ Hears /ar/ in a word you say (car).
- ☐ Writes "ar" as one sound unit.

Date: _____

Colour in the stars:



Notes: _____