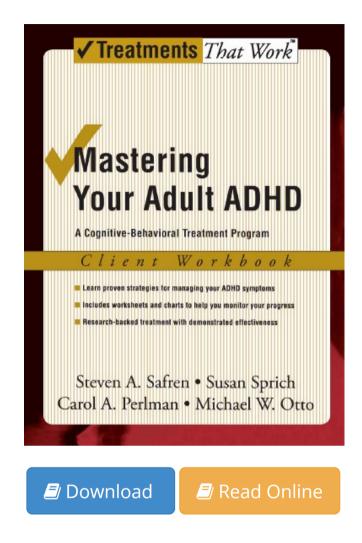
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I thank **Mastering Your Adult ADHD: A Cognitive-Behavioral Treatment Program Client Workbook (Treatments That Work)** author by Steven A. Safren for the inspiration and giving the spirit to my daily activity.

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