

# Ramadan Immersion

## What Really Matters:

Select Hadith from the Prophet ﷺ on Zuhd

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## Hadith #1

عَنْ النُّعْمَانَ بْنِ بَشِيرٍ -رَضِيَ اللَّهُ عَنْهُمَا- قَالَ: سَمِعْتُ رَسُولَ اللَّهِ - صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ - يَقُولُ- وَأَهْوَى النُّعْمَانُ بِإصْبَعَيْهِ إِلَى أُذُنَيْهِ: { إِنَّ الْحَلَالَ بَيِّنٌ, وَإِنَّ الْحَرَامَ بَيِّنٌ, وَبَيْنَهُمَا مُشْتَبِهَاتٌ, لَا يَعْلَمُهُنَّ كَثِيرٌ مِنَ النَّاسِ, فَمَنْ اتَّقَى الشُّبُهَاتِ, فَقَدِ اسْتَبْرَأَ لِدِينِهِ وَعِزِّهِ, وَمَنْ وَقَعَ فِي الشُّبُهَاتِ وَقَعَ فِي الْحَرَامِ, كَالرَّاعِي يَرعى حَوْلَ الْحِمَى, يُوشِكُ أَنْ يَقَعَ فِيهِ, أَلَا وَإِنَّ لِكُلِّ مَلِكٍ حِمًى, أَلَا وَإِنَّ حِمَى اللَّهِ مَحَارِمَهُ, أَلَا وَإِنَّ فِي الْجَسَدِ مُضْغَةً, إِذَا صَلَحَتْ, صَلَحَ الْجَسَدُ كُلُّهُ, وَإِذَا فَسَدَتْ فَسَدَ الْجَسَدُ كُلُّهُ, أَلَا وَهِيَ الْقَلْبُ } مُتَّفَقٌ عَلَيْهِ

An-Nu'man bin Bashir narrated, I heard Allah's Messenger saying, (Nu'man pointed with his two fingers to his ears) 'Both lawful and unlawful things are evident but in between them there are doubtful things and most people have no knowledge about them. So he who saves himself from these doubtful things, saves his religion and his honor. And he who indulges in these doubtful things is like a shepherd who pastures (his animals) near the pasture of someone else and at any moment he is liable to get in it. Beware! Every king has a pasture and the pasture of Allah on the earth is what He declared unlawful. Beware, in the body there is a piece of flesh if it becomes sound and healthy, the whole body becomes sound and healthy but if it gets spoilt, the whole body gets spoilt and that is the heart.'

## Hadith #2

وَعَنْ أَبِي هُرَيْرَةَ - رَضِيَ اللَّهُ عَنْهُ - قَالَ: قَالَ رَسُولُ اللَّهِ ﷺ تَعِسَ عَبْدُ الدِّينَارِ، وَالدَّرْهَمِ، وَالْقَطِيفَةِ، إِنْ أُعْطِيَ رَضِيَ، وَإِنْ لَمْ يُعْطَ لَمْ يَرْضَ أَخْرَجَهُ الْبُخَارِيُّ.

Abu Hurairah narrated that the Messenger of Allah said:  
 “Cursed is he, who is the slave of the Dinar, the slave of the Dirham, and the slave of the cloak bordered with silk. If he is given anything he would be satisfied, but if he is not given anything he is displeased.” Related by Al-Bukhari.

## Hadith #3

وَعَنِ ابْنِ عُمَرَ -رَضِيَ اللَّهُ عَنْهُمَا- قَالَ: أَخَذَ رَسُولُ اللَّهِ - صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ - بِمَنْكِبِي, فَقَالَ: { كُنْ فِي الدُّنْيَا كَأَنَّكَ غَرِيبٌ, أَوْ عَابِرُ سَبِيلٍ } وَكَانَ ابْنُ عُمَرَ يَقُولُ: إِذَا أَمْسَيْتَ فَلَا تَنْتَظِرِ الصَّبَاحَ, وَإِذَا أَصْبَحْتَ فَلَا تَنْتَظِرِ الْمَسَاءَ, وَخُذْ مِنْ صِحَّتِكَ لِسَقْمِكَ, وَمِنْ حَيَاتِكَ لِمَوْتِكَ. أَخْرَجَهُ الْبُخَارِيُّ.

Ibn 'Umar narrated, 'Allah's Messenger took hold of my shoulders and said, "Be in this world as though you were a stranger or a passerby." Ibn 'Umar used to say, "If you are alive in the evening, do not expect to be alive till the morning and if you are alive in the morning do not expect to be alive till the evening, and take from your health for your sickness, and from your life for your death." Related by Al-Bukhari.

## Hadith #4

وَعَنِ ابْنِ عُمَرَ -رَضِيَ اللَّهُ عَنْهُمَا- قَالَ: قَالَ رَسُولُ اللَّهِ - صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ - { مَنْ تَشَبَّهَ بِقَوْمٍ, فَهُوَ مِنْهُمْ } أَخْرَجَهُ أَبُو دَاوُدَ, وَصَحَّحَهُ ابْنُ حِبَّانَ

Ibn 'Umar narrated that the Messenger of Allah said: “He who imitates any people (in their actions) is considered to be one of them.” Related by Abu Dawud and Ibn Hibban graded it as Sahih.

## Hadith #5

وَعَنِ ابْنِ عَبَّاسٍ قَالَ: كُنْتُ خَلْفَ النَّبِيِّ - صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ -  
 يَوْمًا, فَقَالَ: { يَا غُلَامُ! إِحْفَظِ اللَّهَ يَحْفَظَكَ, إِحْفَظِ اللَّهَ تَجِدْهُ  
 تُجَاهَكَ, وَإِذَا سَأَلْتَ فَاسْأَلِ اللَّهَ, وَإِذَا اسْتَعَنْتَ فَاسْتَعِنْ بِاللَّهِ } رَوَاهُ  
 التِّرْمِذِيُّ, وَقَالَ: حَسَنٌ صَحِيحٌ

Ibn 'Abbas narrated, ‘One day I was riding behind the Prophet when he said, “O lad, be mindful of Allah and He will protect you. Be mindful of Allah and you shall find Him with you. When you ask (for anything), ask it from Allah, and if you seek help, seek help from Allah.” Related by At-Tirmidhi who verified it as Hasan and Sahih.

## Hadith #6

وَعَنْ سَهْلِ بْنِ سَعْدٍ قَالَ: { جَاءَ رَجُلٌ إِلَى النَّبِيِّ - صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ - فَقَالَ: يَا رَسُولَ اللَّهِ! دُلَّنِي عَلَى عَمَلٍ إِذَا عَمَلْتُهُ أَحَبَّنِي اللَّهُ، وَأَحَبَّنِي النَّاسُ. قَالَ: إِزْهَدْ فِي الدُّنْيَا يُحِبُّكَ اللَّهُ، وَإِزْهَدْ فِيمَا عِنْدَ النَّاسِ يُحِبُّكَ النَّاسُ } رَوَاهُ ابْنُ مَاجَهَ، وَسَنَدُهُ حَسَنٌ

Sahl bin Sa‘d narrated, A man came to the Prophet and said, “O Allah`s Messenger direct me to a deed which if I do it, I shall be loved by Allah and by people.” He replied, “If you practice abstinence in this world, Allah will love you, and if you abstain from what people have, they will love you.” Related by Ibn Majah and others with a good chain of narrators.

## Hadith #7

وَعَنْ سَعْدِ بْنِ أَبِي وَقَّاصٍ - رَضِيَ اللَّهُ عَنْهُ - قَالَ: سَمِعْتُ رَسُولَ  
اللَّهِ - صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ - يَقُولُ: { إِنَّ اللَّهَ يُحِبُّ الْعَبْدَ التَّقِيَّ،  
الْغَنِيَّ، الْخَفِيَّ } أَخْرَجَهُ مُسْلِمٌ

Sa'd bin Abi Waqqas narrated, 'I heard Allah's Messenger saying, "Allah loves the pious rich maxim who is inconspicuous." Related by Muslim.



## Hadith #8

وَعَنْ أَبِي هُرَيْرَةَ - رَضِيَ اللَّهُ عَنْهُ - قَالَ: قَالَ رَسُولُ اللَّهِ - صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ - { مِنْ حُسْنِ إِسْلَامِ الْمَرْءِ, تَرْكُهُ مَا لَا يَعْنِيهِ } رَوَاهُ  
الْتِّرْمِذِيُّ, وَقَالَ حَسَنٌ

Abu Hurairah narrated that the Messenger of Allah said: “A sign of man's good observance of Islam (his piety) is to keep away from that which does not concern him.” Related by At-Tirmidhi who graded it as Hadith Hasan.

## Hadith #9

وَعَنْ الْمِقْدَامِ بْنِ مَعْدِيكِرِبَ - رَضِيَ اللَّهُ عَنْهُ - قَالَ: قَالَ رَسُولُ  
اللَّهِ - صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ - { مَا مَلَأَ ابْنُ آدَمَ وِعَاءً شَرًّا مِنْ بَطْنٍ }  
أَخْرَجَهُ التِّرْمِذِيُّ وَحَسَّنَهُ.

Al-Miqdam bin Ma'diakrib narrated that Allah's Messenger said: "A human being has never filled any vessel which is worse than his own belly." Related by At-Tirmidhi, who graded it to be Hasan.

## Hadith #10

وَعَنْ أَنَسٍ - رَضِيَ اللَّهُ عَنْهُ - قَالَ: قَالَ رَسُولُ اللَّهِ - صَلَّى اللَّهُ عَلَيْهِ  
 وَسَلَّمَ - { كُلُّ بَنِي آدَمَ خَطَّاءٌ, وَخَيْرُ الْخَطَّائِينَ التَّوَّابُونَ } أَخْرَجَهُ  
 التِّرْمِذِيُّ, وَابْنُ مَاجَهَ, وَسَنَدُهُ قَوِيٌّ

Anas narrated that Allah's Messenger said, “All the sons of Adam are sinners, but the best of sinners are those who repent often.” Related by Tirmidhi and Ibn Majah with a strong chain of narrators.

## Hadith #11

وَعَنْ أَنَسٍ - رَضِيَ اللَّهُ عَنْهُ - قَالَ: قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ  
 {الصَّمْتُ حِكْمَةٌ، وَقَلِيلٌ فَاعِلُهُ} أَخْرَجَهُ الْبَيْهَقِيُّ فِي "الشُّعَبِ" بِسَنَدٍ  
 ضَعِيفٍ. وَصَحَّحَ أَنَّهُ مَوْقُوفٌ مِنْ قَوْلِ لُقْمَانَ الْحَكِيمِ

Anas narrated that Allah's Messenger said, “Keeping silent is considered as (an act of) wisdom, but very few practice it.” Related by Al-Baihaqi in his book Shu'ab al-Iman with a weak chain of narrators a he deemed the sound view is that it is traced back to one of the companions who quoted it from Luqman Al-Hakim.