MINGARA
REGIONAL
ATHLETICS CLUB

Tiny Tots

Session time 5:00-5:30pm.

1 parent or carer on the track if needed. Other family members are welcome to watch behind the fence.

NO PRAMS are to be taken on the track.

Keep an eye on our website for updates about wet weather announcements.

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6-10s

Sessions start from 5:00pm depending on the events. Please keep an eye on the rotations schedule and be ready to begin your first event when called.

Age managers need four parent helpers each week to be able to begin the events. Please volunteer and share the load. Age groups will not begin without the required amount of parent helpers.

NO PRAMS are to be taken on the track.

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MINGARA
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11+ Age Groups

Sessions start from 6:15pm depending on the events. Please keep an eye on the rotations schedule and be ready to begin your first event when called.

Age managers need four parent helpers each week to be able to begin the events. Please volunteer and share the load. Age groups will not begin without the required amount of parent helpers.

Athletes 14+ can volunteer to assist the 6-10s groups whilst waiting for their events to begin.

NO PRAMS are to be taken on the track

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