

Rotation A: 6-10s				
5:30pm	Event 1	Event 2	Event 3	Event 4
6G	100m	LJ 1	D3 & PACK UP	300m PACK START
6B	100m	LJ 2	D2	300m PACK START
7G	100m	D3	500m PACK START	SP4 & PACK UP
7B	100m	LJ @LJ2	500m PACK START	SP3 & PACK UP
8G	100m	SP3	400m PACK START	D1
8B	SP1	100m	400m PACK START	LJ2
9G	SP2	100m	HJ Scissor & PACK UP	400m
9B	5:15pm HJ Scissor	100m	SP2	400m
10G	100m	D1	400m	LJ1
10B	D2	100m	400m	LJ2

Rotation A: 11+

Events will commence when track and field are free.
Listen for marshalling from **5:45pm**.

	Event 1	Event 2	Event 3	Event 4	Event 5
11G	6:00pm JAV	100m	TJ1 & PACK UP	400m	
11B	TJ1	100m	JAV & PACK UP	400m	
12G	LJ2 & PACK UP	100m	D1 & PACK UP	400m	
12 & 13B	5:45pm 13B 3000m	LJ1	100m	D2 & PACK UP	400m
13 & 14G	3000m	6:00pm HJ1	100m	SP2 & PACK UP	400m
14+ B	3000m	100m	SP1 & PACK UP	HJ1 & PACK UP	400m
15+ G	3000m	100m	JAV & PACK UP	LJ1 & PACK UP	400m

Rotation B: 6-10s

5:30pm	Event 1	Event 2	Event 3	Event 4
6G	50m	SP 4	300m PACK START	LJ 2
6B	50m	LJ 2	300m PACK START	SP3 & PACK UP
7G	50m	D3 & PACK UP	500m PACK START	LJ @ TJ2
7B	50m	D2	SP3	500m PACK START
8G	SP1	60m Hurdles	LJ @ TJ1	700m PACK START
8B	SP2	60m Hurdles	D2	700m PACK START
9G	LJ @ TJ1	60m Hurdles	800m LANE START	D1 & PACK UP
9B	LJ @ TJ2	60m Hurdles	800m LANE START	D2 & PACK UP
10G	D1	60m Hurdles	800m LANE START	HJ Scissor & PACK UP
10B	5:15pm HJ Scissor	60m Hurdles	800m LANE START	SP2 & PACK UP

Rotation B: 11+

Events will commence when track and field are free.
Listen for marshalling from **5:45pm**.

	Event 1	Event 2	Event 3	Event 4	Event 5
11G	LJ1	80m Hurdles	SP1	1500m	
11B	LJ2	80m Hurdles	SP2	1500m	
12G	6:00pm JAV	80m Hurdles	HJ1 & PACK UP	1500m	
12 & 13B	HJ1	80m Hurdles	JAV & PACK UP	1500m	13+ Distance Hurdles by request. Must inform timing gates by 6:30pm.
13 & 14G	D1	80m Hurdles	TJ1 & PACK UP	1500m	
14+ B	D2	80m Hurdles	TJ2 & PACK UP	1500m	
15+ G	TJ1	SP1	Hurdles on call after 14s	1500m	

Rotation C: 6-10s

5:30pm	Event 1	Event 2	Event 3	Event 4	Event 5
6G	70m	SP 4 & PACK UP	200m PACK START	D2 & PACK UP	
6B	70m	SP 3	200m PACK START	D3 & PACK UP	
7G	70m	LJ1	200m	SP3 & PACK UP	
7B	70m	D3	200m	LJ @ TJ2 & PACK UP	
8G	D1	70m	200m	LJ1 & PACK UP	
8B	D2	70m	LJ2	200m	
9G	700m Walk	LJ2	70m	SP2	200m
9B	700m Walk	SP1	70m	200m	LJ @ TJ1 & PACK UP
10G	1100m Walk	LJ @TJ1	70m	200m	SP1
10B	1100m Walk	LJ @ TJ2	70m	200m	SP2

Rotation C: 11+

Events will commence when track and field are free.
Listen for marshalling from **5:30pm**.

	Event 1	Event 2	Event 3	Event 4	Event 5
11G	1100m Walk	HJ1	200m	D1	800m LANE START
11B	1100m Walk	HJ2	200m	D2	800m LANE START
12G	1500m Walk	TJ1	200m	SP1	800m LANE START
12 & 13B	1500m Walk	TJ2	200m	SP2	800m LANE START
13 & 14G	1500m Walk	JAV	200m	800m LANE START	LJ2 & PACK UP
14+ B	1500m Walk	LJ1	200m	JAV & PACK UP	800m LANE START
15+ G	1500m Walk	200m	HJ1	800m LANE START	D1 & PACK UP