



Tiny Tots

THINGS TO KNOW

Session time 5:00-5:30pm.

1 parent or carer on the track if needed. Other family members are welcome to watch behind the fence.

NO PRAMS are to be taken on the track.

Keep an eye on our website for updates about wet weather announcements.

We can't wait to see you all on Friday, 23rd October.



6-10s

THINGS TO KNOW

Sessions start between 5:15-5:30pm depending on the events. Please keep an eye on the rotations schedule and be ready to begin your first event when called.

Age managers need parent helpers each week to be able to begin the events. Please volunteer and share the load. Age groups will not begin without the required amount of parent helpers.

NO PRAMS are to be taken on the track.

Keep an eye on our website for updates about wet weather announcements.

We can't wait to see you all on Friday, 23rd October.



11+ Age Groups

THINGS TO KNOW

Sessions start between 5:30-6:15pm depending on the events. Please keep an eye on the rotations schedule and be ready to begin your first event when called.

Age managers need parent helpers each week to be able to begin the events. Please volunteer and share the load. Age groups will not begin without the required amount of parent helpers.

Athletes 14+ can volunteer to assist the 6-10s groups whilst waiting for their events to begin.

NO PRAMS are to be taken on the track

Keep an eye on our website for updates about wet weather announcements

We can't wait to see you all on Friday, 23rd October.



Upcoming Carnivals

We would love to see as many of our athletes compete in these events as possible. Head to our website or chat with a committee member if you would like more information.

8th November: State Relays (Juniors)

13th - 15th November: State Relays (13+-Masters)

21st November: Treloar Shield

28th November: Zone Carnival

15th - 17th January: Country Championships