

Ramadan Immersion



Mufti Abdul Wahab
Waheed

Be pleased with that Allah has written for us – you will live that is not reliant on people

- Know whatever He has planned for us is always better for us
- Ibn Masood RA: Be pleased with that Allah has distributed for you, by doing so, we will become the wealthiest of people
 - Asking Allah for more does not mean a lack of faith. It becomes a lack of faith if not receiving more turns you away from Allah.
 - We remain hopeful that we will receive it but we are also content if we don't receive it
 - For 40 years, Zakariyyah AS asked for a child → his worldly circumstances were not conducive to having children (beyond the age of having children) but he still asked
- Most people who feel uncomfortable with what they don't have is because they're focused on what others possess
- How are you meant to be content if the eyes of the heart are fixed on the blessing of others?
- Allah SWT says in Surah Taha [to the Prophet ﷺ]

لَا تَمُدَّنَّ عَيْنَيْكَ إِلَىٰ مَا مَتَّعْنَا بِهِ أَزْوَاجًا مِّنْهُمْ

Do not extend your eyes toward that by which We have given enjoyment to [some] categories of them.

- Constantly looking at the blessing's of others will not only make you uncomfortable with what you don't have but also strain your relationship with Allah and bring negativity into other relationships

Avoiding sin and fulfilling the obligatory

- Be cautious and avoid sins – treat them like they are a disease
 - Avoid conversations that involves gheebah (backbiting, gossiping)
 - Avoid spaces that involves haram
- The secret of righteousness is hidden within the ability to deterring yourself away from the sin
- Hadith: “Keep away from prohibited things and you will be the best of worshipers.”
 - Staying away automatically puts you in the ranks of the righteous
- When the Prophet ﷺ speaks about good deeds being given, he also speaks about sins being removed
 - Sin removed → deeds added
 - Every good deed we have in our life are heavy on removing
- Fulfill that which Allah has made obligatory on us

Don't have doubts about who Allah is in your relationships within people

- Don't doubt the love Allah has for you because of the flattery people throw your way
- People often treat you based on the benefits they can gain from you and people's treatment are always subject to change
- Doubts lead to complaining
- Don't complain about He who loves you more to those who don't love you
 - No mother would be happy to hear that their child complained about her to someone else

Express a lack of interest in what people possess

- Heart will not remain content
- Higher level of lowering your gaze
- If someone is blessed with something, you should feel inclined to make dua for that person that Allah protects them and increases them in that blessing

- If you can't, then your challenge is hasd/'ayn (evil eye and envy)
- i.e. Someone got a job you wanted, make dua for them that Allah gives them more → demonstrates gratitude
- Be secure in the blessings Allah has given you
- When praising the blessing of others, don't overdo it and avoid unnecessary questions about the blessing
 - Be generous in your duas and words of kindness
 - Even if you're not genuine, Allah will make you genuine
- Avoid having internal greed for wanting what others have
 - It's what strips a person's good character
 - When someone is filled with greed, they're so driven by the outcome that they don't care about how they get there. It blinds them.
 - I.e. the brothers of Yusuf AS

Avoid seeking favours from people and be comfortable giving favours to others

- Don't make a reputation for yourself of always asking for favours
- The Prophet ﷺ chose to live a life of poverty, but never presented himself to be in need of people
- We should try our best to give the most, sometimes overextend yourself
- Don't seek favours from people if you don't need them but also don't let it get to the point where it becomes arrogance → if it's a need, ask

Know that you have not tasted the sweetness of faith until you believe that all Qadr (decree) comes from Allah

- Knowing that whatever circumstance you are placed in came from Allah should be a source of comfort
- The power of Allah is he can also take you out of it
- Know that the one testing you loves you and is the Most Merciful
- Bilal RA was asked how he managed to stay strong while being persecuted → he responded that the pain of difficulty in persecution was mixed with the sweetness of obedience to Allah, it was so fulfilling that it made the persecution feel numb to him

Be a person that acts upon the truth, Allah will increase your light of the eyes (نور) and the light of the heart (بصر)

- When you obey Allah, you're given the ability to look with your heart
- Your heart becomes a means of guidance for a person
- Our heart should have 20/20 vision → why we continuously seek forgiveness

Don't be those that command good, but they themselves step away from it

- "Not for me" attitude
- One of the most detest acts in the eyes of Allah is telling someone to do something with no desire to do it yourself
 - There is a difference between encouraging good while struggling to practice it and encouraging good with no intention of doing it
- If you're struggling in doing the good you call towards, speaking about it does not make you hypocritical
 - The more we speak about it, the more our heart desires it and motivates us to do it

Whoever advises, but they themselves don't take heed

- Advise the way you want to be advised and also think about how you can take benefit from it
- Advice is not just informing someone of what's right. The aim of the advice is to guide them toward what benefits them and helping them get there
- If Allah's given you the responsibility of advising others, that is not a sign of superiority, it's liability. Protect their heart
 - Should be given with gentleness and sincerity, not mere rationality and boldness
 - Tough love has its place, but it must still be love, not just toughness

Don't mix with crowds of people who are ignorant and not God-conscious

- Mix in gatherings and environments that bring you closer to Allah
- Don't sit with people who don't have the sight of the heart and only the sight of the eyes