

# RAMADAN

## IMMERSION



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### Hadith #9

عَنْ عَائِشَةَ قَالَتْ: كَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَصُومُ حَتَّى نَقُولَ: لَا يُفْطِرُ وَيُفْطِرُ حَتَّى نَقُولَ: لَا يَصُومُ وَمَا رَأَيْتُ رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ اسْتَكْمَلَ صِيَامَ شَهْرٍ قَطٍّ إِلَّا رَمَضَانَ وَمَا رَأَيْتُهُ فِي شَهْرٍ أَكْثَرَ مِنْهُ صِيَامًا فِي شَعْبَانَ

'A'isha said, "God's messenger used to fast to such an extent that we thought he would never break his fast, and he would go without fasting to such an extent that we thought he would never fast. I never saw God's messenger fast a complete month except in Ramadan, and I never saw him fast more in any month than in Sha'ban."

- This shows that there were times when the Prophet SAW was not fasting, meaning he was never extreme in his extra fasts
- The Prophet SAW had different patterns of fasting
- Shaban is the month that he fasted the most in.
  - One of the wisdoms behind fasting more during Shaban is to prepare your body for Ramadan.

### Hadith #10

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ قَالَ: قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: «أَفْضَلُ الصَّيَامِ بَعْدَ رَمَضَانَ شَهْرُ اللَّهِ الْمُحَرَّمِ وَأَفْضَلُ الصَّلَاةِ بَعْدَ الْفَرِيضَةِ صَلَاةُ اللَّيْلِ»

Abu Huraira reported God's messenger as saying, "The most excellent fast after Ramadan is in God's month al-Muharram, and the most excellent prayer after what is prescribed is prayer during the night."

## Hadith #11

عَنْ ابْنِ عَبَّاسٍ قَالَ: مَا رَأَيْتُ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَتَحَرَّى صِيَامَ يَوْمٍ فَضَّلَهُ عَلَى غَيْرِهِ إِلَّا هَذَا الْيَوْمَ: يَوْمَ عَاشُورَاءَ وَهَذَا الشَّهْرُ يَعْنِي شَهْرَ رَمَضَانَ

Ibn 'Abbas said, "I never saw the Prophet singling out any day's fast and considering it more excellent than another, except this day, the day of Ashura', and this month, meaning the month of Ramadan."

- Our understanding of fasting is often limited to only during Ramadan. But, there are extra fasts that are emphasized in the sunnah which we need to put more emphasis on.
- The same way we have our obligatory prayers and optional prayers, we also have our obligatory fasts and our optional fasts.
- The door in Jannah that is for those who fast is for those who fast during and outside of Ramadan.
- One of the ways we can maintain what we built up during Ramadan is by fasting outside of Ramadan and the month of Muharram should be a priority in terms of fasting outside of Ramadan.

## Hadith #12

عَنْ ابْنِ عَبَّاسٍ قَالَ: حِينَ صَامَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَوْمَ عَاشُورَاءَ وَأَمَرَ بِصِيَامِهِ قَالُوا: يَا رَسُولَ اللَّهِ إِنَّهُ يَوْمٌ يُعَظَّمُهُ الْيَهُودُ وَالنَّصَارَى. فَقَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: «لَئِنْ بَقِيتُ إِلَى قَابِلٍ لَأُصُومَنَّ التَّاسِعَ

Ibn Abbas said that when God's messenger fasted on the day of 'Ashura' and commanded that it should be observed as a fast, he was told it was a day held in honor by Jews and Christians, and said, "If I am spared till next year I shall fast on the ninth."

- If something good we are doing is also being done by non-Muslims, then it doesn't mean we should necessarily leave it.
- The Prophet SAW wanted to distinguish the Muslims from the practices of the non-Muslims, but he didn't leave the act altogether.

## Hadith #13

عَنْ أَبِي قَتَادَةَ: أَنَّ رَجُلًا أَتَى النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ فَقَالَ كَيْفَ تَصُومُ فَغَضِبَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ مِنْ قَوْلِهِ. فَلَمَّا رَأَى عُمَرَ رَضِيَ اللَّهُ عَنْهُمْ غَضِبَهُ قَالَ رَضِينَا بِاللَّهِ رَبًّا وَبِالإِسْلَامِ دِينًا وَبِمُحَمَّدٍ نَبِيًّا نَعُوذُ بِاللَّهِ مِنْ غَضَبِ اللَّهِ وَغَضَبِ رَسُولِهِ فَجَعَلَ عُمَرُ رَضِيَ اللَّهُ عَنْهُمْ يُرَدِّدُ هَذَا الْكَلَامَ حَتَّى سَكَنَ غَضِبُهُ فَقَالَ عُمَرُ يَا رَسُولَ اللَّهِ كَيْفَ يَمِنُ بِصَوْمِ الدَّهْرِ كُلِّهِ قَالَ: «لَا صَامَ وَلَا أَفْطَرَ». أَوْ قَالَ: «لَمْ يَصُمْ وَلَمْ يُفْطِرْ». قَالَ كَيْفَ مَنْ يَصُومُ يَوْمَيْنِ وَيُفْطِرُ يَوْمًا قَالَ: «وَيُطِيقُ ذَلِكَ أَحَدٌ». قَالَ كَيْفَ مَنْ يَصُومُ يَوْمًا وَيُفْطِرُ يَوْمًا قَالَ: «ذَلِكَ صَوْمُ دَاوُدَ عَلَيْهِ السَّلَامُ» قَالَ كَيْفَ مَنْ يَصُومُ يَوْمًا وَيُفْطِرُ يَوْمَيْنِ قَالَ: «وَدِدْتُ أَنِي طَوَّقْتُ ذَلِكَ». ثُمَّ قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: «ثَلَاثَ مِنْ كُلِّ شَهْرٍ وَرَمَضَانَ إِلَى رَمَضَانَ فَهَذَا صِيَامُ الدَّهْرِ كُلِّهِ صِيَامُ يَوْمٍ عَرَفَةَ أَحْتَسِبُ عَلَى اللَّهِ أَنْ يُكَفِّرَ السَّنَةَ الَّتِي قَبْلَهُ وَالسَّنَةَ الَّتِي بَعْدَهُ وَصِيَامُ يَوْمٍ عَاشُورَاءَ أَحْتَسِبُ عَلَى اللَّهِ أَنْ يُكَفِّرَ السَّنَةَ الَّتِي قَبْلَهُ»

Abu Qatada said that when a man came to the Prophet and asked him how he fasted, he was angry at what he said, and when 'Umar observed his anger he said, "We are satisfied with God as Lord, with Islam as religion and with Muhammad as Prophet. We seek refuge in God from the anger of God and His messenger."

'Umar kept on repeating these words till his anger calmed down, then asked, "Messenger of God, what is the position of one who observes a perpetual fast?" He replied, "May he not fast or break his fast!" or he said, "He has neither fasted nor broken his fast." He asked, "What is the position of one who fasts two days out of every three?" and received the reply, "Is anyone able to do that?" He asked what was the position of one who fasted every second day and was told that was the fast David observed. He asked what was the position of one who fasted one day out of every three, and God's messenger replied, "I wish I were given power to observe that." Thereafter he said, "The observance of three days' fast every month and of Ramadan every year is a perpetual fast. I seek from God that fasting on the day of 'Arafa may atone for the sins of the preceding and the coming year, and I seek from God that fasting on the day of 'Ashura' may atone for the sins of the preceding year."

- It is unrealistic and impractical to think that we will be able to do everything we did during Ramadan, outside of Ramadan.
- What we need to do is be able to maintain ourselves until the next Ramadan so that we don't burnout when it comes again.

## Hadith #15

عن أَبِي قَتَادَةَ قَالَ: سُئِلَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ عَنْ صَوْمِ الْإِثْنَيْنِ فَقَالَ: «فِيهِ وُلِدْتُ وَفِيهِ أَنْزِلَ عَلَيَّ»

Abu Qatadah said that when God's messenger was asked about fasting on Monday he said, "On it I was born and on it the revelation was first sent down to me."

- Whenever you want to be thankful to Allah for something, one of the ways you can execute that gratitude is by fasting.

## Hadith #16

عَنْ مُعَاذَةَ الْعَدَوِيَّةِ أَنَّهَا سَأَلَتْ عَائِشَةَ: أَكَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَصُومُ مِنْ كُلِّ شَهْرٍ ثَلَاثَةَ أَيَّامٍ قَالَتْ: نَعَمْ فَقُلْتُ لَهَا: مِنْ أَيِّ أَيَّامِ الشَّهْرِ كَانَ يَصُومُ قَالَتْ: لَمْ يَكُنْ يُبَالِي مِنْ أَيِّ أَيَّامِ الشَّهْرِ يَصُومُ

Mu'adha al-'Adawiya said she asked 'A'isha whether God's messenger used to fast three days every month, and she replied that he did. She asked which days in the month he fasted, and she replied that he did not care which days of the month he fasted.

- At the minimum, he would fast 3 days out of the month. So, we should adopt this sunnah as well.

## Hadith #17

نُ أَبِي أَيُّوبَ الْأَنْصَارِيِّ أَنَّهُ حَدَّثَهُ أَنَّ رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ: «مَنْ صَامَ رَمَضَانَ ثُمَّ اتَّبَعَهُ سِتًّا مِنْ شَوَّالٍ كَانَ كَصِيَامِ الدَّهْرِ»

Abu Ayyub al-Ansari told that God's messenger said, "If anyone fasts during Ramadan, then follows it with six days in Shawwal, it will be like a perpetual fast."

- Imam Nawawi mentioned that fasting in Shaban and Shawwal is similar to praying sunnah prayers before/after an obligatory prayer.
  - They cover for the deficiencies that were there in the obligatory acts.

## Hadith #18

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ قَالَ: قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: «لَا يَصُومُ أَحَدُكُمْ يَوْمَ الْجُمُعَةِ إِلَّا أَنْ يَصُومَ قَبْلَهُ أَوْ يَصُومَ بَعْدَهُ»

Abu Huraira reported God's messenger as saying. "None of you must fast on a Friday unless he fasts the day before or the day after."

- We shouldn't fast on Jummah, thinking that it is more virtuous. Jummah is the eid of the week. Just as we shouldn't fast on Eid, we shouldn't fast on Jummah.

## Hadith #19

عَنِ ابْنِ عَبَّاسٍ قَالَ: كَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ أَجْوَدَ النَّاسِ بِالْخَيْرِ وَكَانَ أَجْوَدَ مَا يَكُونُ فِي رَمَضَانَ وَكَانَ جِبْرِيْلُ يَلْقَاهُ كُلَّ لَيْلَةٍ فِي رَمَضَانَ يَعْزُضُ عَلَيْهِ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ الْقُرْآنَ فَإِذَا لَقِيَهُ جِبْرِيْلُ كَانَ أَجْوَدَ بِالْخَيْرِ مِنَ الرِّيحِ الْمُرْسَلَةِ

Ibn 'Abbas said that God's messenger was the most generous of men, and he was as generous as possible in Ramadan. Gabriel used to meet him every night in Ramadan and the Prophet would go over the Qur'an to him. When Gabriel met him he was more generous than the wind which blows freely.

- This shows us how focused our Ramadan should be on the Quran.
- There was a change in the way the Prophet SAW would act during Ramadan.
- Blowing wind doesn't ask for anything in return and it reaches out to every person.
  - Similarly, the Prophet SAW never asked for anything in return for his generosity and he was generous to every person.