

Language #4: Acts of Service

- Islam does not state that women must fulfill all of the responsibilities of the house while the man must go to work.
- The Prophet SAW never demanded that everything be ready when he comes home.
 - He SAW was very realistic.
 - If he SAW came home and Aisha RA needed help, he would help.
 - If Aisha RA saw that the Prophet SAW needed something, she would also do it.
- Aisha RA said that the Prophet SAW would do everything around the house.
 - We know that he SAW was dealing with many people during the day and that he would be tired at night, however, he still helped his spouse.
- When the Prophet SAW had the ability and the time, he would help, but when he was not available, his spouse would do it.
 - The husband should help, but the wife must also be considerate when the husband has worked a long day.
- No one should bring up what they did for their spouse as a way to get them to do something.
 - Each person should be willing to do things for the other.

- Small acts can go a very long way.
- Marriage and relationships are built on the language of ihsaan.
 - This means that people should go above and beyond for each other.
 - Once a person begins to ask about the rights of a husband or a wife, it is clear that the marriage is not doing well.
 - It shows that both people are only doing the bare minimum.
 - People should do things for each other out of love and not out of force.
- A man once asked Hasan RA what type of man he should marry his daughter to. Hasan RA said to look for a spouse who has taqwa because a person who fears Allah SWT will treat their spouse very well if they love them and if they are not happy with them they will never oppress them.

Language #5: Physical Touch

- The Prophet SAW was a very affectionate person with his spouse.
- He SAW speaks about physical relations with the spouse as a form of ibadah.
- Physical touch has a special effect.
 - When a child cries, they are comforted by a physical touch.
 - Similarly, adults are comforted by physical touch.

- When spouses do not fulfill each other's rights, they are both accountable to Allah SWT.
- As Muslims, we should not shy away from expressing our love when the time is appropriate because the Prophet SAW never did.

Conclusion

- Ultimately we are all accountable to Allah SWT.
- A person who is oppressive to anyone else will be held accountable.
- A majority of the abuse that happens in a relationship is by the tongue.
 - The Prophet SAW said that people will be thrown head first into Hell because of the things that they say.
- A man came to the Prophet SAW and asked, "What is success?". The Prophet SAW responded, "Control your tongue."
- Each person should have a goal to identify their own love language as well as the love language of their spouse.
 - One may have to go out of their comfort zone to accommodate the love language of others.
- The way that a person interacts with their spouse can lead them to Jannah or to Jahanam.
- Many times we hurt those who are closest to us.
 - We must be conscious of what we say at all times to avoid hurting people.