

CONVERSATIONS WITH ALLAH SWT: CULTIVATING DUA



Mufti Abdul Wahab Waheed

SESSION 3

Duas are our conversation with Allah SWT.

- Last week, Mufti Abdul Wahab covered dua that seek protection from certain things. This week he covered a third genre of dua that deal with asking Allah SWT. The full-list of duas can be found by [clicking here](#).

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ، وَتَحَوُّلِ عَافِيَتِكَ، وَفُجَاءَةِ نِقْمَتِكَ،
وَجَمِيعِ سَخَطِكَ

O Allah, I seek refuge with You from deprivation of Your blessing, alteration of Your protection, sudden infliction of Your anger, and all Your wrath.

- Before he moved on to duas that ask from Allah SWT, Mufti Abdul Wahab went over last class that speaks about protection. In this dua, the first part is referencing negligence. That we ask Allah SWT not to take away the blessing He has bestowed upon us, even though we may not always remember the blessing. For example, thanking Allah SWT for eyesight or family may be forgotten since it seems customary, but we should always be sure to thank Him and attribute it to Him.

We ask that Allah SWT not hold us accountable for forgetting, but rather asking Him to let us use our blessings in a way that pleases Him.

- If you have been given these three things, it is like you have been given the world:
 1. Peace with their honor (family situation, job quality, etc)
 2. The limbs are functioning (hands, legs, arms)
 3. Enough food for that day
- Regarding protection, it is important that we ask Allah SWT for 'afiya (comfort and ease), as sabr (patience) is for those going through difficulty.
- As one gets older, they naturally become more tired and have less energy. This is a natural, slow progression. The Prophet SAW would ask for protection from a sudden death (ex: car accident) because it does not allow one to prepare and ask for forgiveness from Allah SWT before they pass away.
- The Prophet SAW would also ask for protection from Allah's SWT Wrath, as deeds are no good if they earn His wrath.

Asking From Allah SWT

- When we ask from Allah SWT, the proper etiquette is to do so by saying either "ya Allah" (or one of his names) or by saying "Allahuma."

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْهُدَىٰ وَالتَّقَىٰ وَالْعَفَافَ وَالْغِنَىٰ

O Allah! I ask You for guidance, piety, chastity and self-sufficiency.

- As Muslims, we ask for guidance constantly. In Surah Al-Fatiha, we ask for Allah SWT to guide us to the straight path. We ask Allah SWT to increase us in guidance. We know that only He alone can grant someone hidaya (guidance) and we are only able to help towards that end.
- Huda is referring to beneficial knowledge, and piety is referring to knowledge that manifests into actions and good deeds. Taqwa is being aware of everything around us, like the haram, so we can avoid it. Taqwa is acting upon the Qur'an and being content with Allah SWT. The people of taqwa are constantly referred to as the people of Jannah.
- There are four qualities of taqwa that relate to how we act with others:
 1. Spend in the path of Allah SWT in times of ease and hardship, and they spend similarly on family and non-family members
 2. They swallow their anger (they do not allow their anger to overtake them)
 3. They learn to forgive others
 4. They learn how to excel (and go past the minimum required)

- Ghina is self-sufficiency. It is making it enough what you have enough for you. The richness of the heart is being content. Is it that we ask Allah SWT to make us happy with what we have and not want what others have. Allah SWT also tells us not to look at what the non-Muslims have, as they have the dunya, while you have the akhirah.

اللَّهُمَّ إِنِّي أَسْأَلُكَ حُبَّكَ، وَحُبَّ مَنْ يُحِبُّكَ، وَالْعَمَلَ الَّذِي يُبَلِّغُنِي حُبَّكَ،
اللَّهُمَّ اجْعَلْ حُبَّكَ أَحَبَّ إِلَيَّ مِنْ نَفْسِي، وَأَهْلِي، وَمِنَ الْمَاءِ الْبَارِدِ

O Allah! I ask You for Your Love and the love of those who love You, and deeds which will cause me to attain Your Love. O Allah! Make Your Love dearer to me than myself, my family and the cold water.

- This dua asks for Allah's love. Loving Allah SWT and having Him love us is the highest degree of obedience. When referring to the family, it means from the rational, priority perspective. That if a family member disrespects the Qur'an or the deen, you are not accepting of it, even though they are your family. It also asks for those He loves to love you.

How do you get that love?

- Allah SWT tells us in hadith qudsi, that when Allah SWT decides to love someone, he calls the angels and tells him to love that person. If Allah SWT loves you, then everyone else will as well.
- The dua asks for deeds that acquire His love. There are five things Mufti Abdul Wahab recommends:

1. **Recite the Qur'an.** Nothing else can bring us closer to His love than which came directly from Him: the Qur'an.
2. **Count the blessings of Allah SWT in our life.** If Allah SWT has given you something, it means He loves you.
3. **Teach people the greatness of the love of Allah SWT.** We are not responsible for giving guidance to the whole world, just the people around us.
4. **Through fardh prayers.** There is nothing faster than the fardh prayers and afterwards the nawafil.
5. **Loving other people for the sake of Allah SWT.** Even if you do not like them, you still love them. Also, within our currently relationships we put Allah SWT at the center and love each other for His sake. When you sit and remember Allah SWT, Allah SWT takes pride and speaks of you in front of the angels.
 - As referring to cold water, in the desert there is no greater commodity than cold water.

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، وَأَنْتَ الْمُسْتَعَانُ، وَعَلَيْكَ الْبَلَاغُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

O Allah, I beg to You the good which Your Prophet Muhammad (ﷺ) begged of You; and I seek refuge in You from the evil where from Your Prophet Muhammad (ﷺ) sought refuge. You are the One from Whom help is sought and Your is the responsibility to communicate (the truth). There is no power or strength except with Allah the Exalted, the Great.

- This is asking for everything the Prophet SAW asked for. This is a combination of everything spoken about above.

Mufti Abdul Wahab will spend the first part of class next week finishing these duas inshallah.

FAQs

- How do you earn the love of Allah SWT?
- What are two of the greatest blessings that we have?
- Why would a gradual calamity/sickness of death be better than a sudden calamity/death?
- What are the 3 qualities that the Prophet SAW said if a person possesses them, it is like he is the king of the world?
- How can difficulties be a blessing from Allah SWT?
- Even though one might be guided, why should they continue to ask for guidance?
- When someone asked Umar (RA) what is the definition of Taqwa, what did he say?
- What is Taqwa according to Ali (RA)?
- What is the difference between A'fafa and Gheena?