

(6 pages)

Reg. No. :

Code No.: 10529 E Sub. Code: CMPE 31

B.Sc. (CBCS) DEGREE EXAMINATION, APRIL 2023.

Third Semester

Physical Education

METHODS IN PHYSICAL EDUCATION

(For those who joined in July 2021 onwards)

Time : Three hours Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer ALL questions.

Choose the correct answer :

1. Objectives of planning
 - (a) To improve sports performance
 - (b) Harmony
 - (c) Awareness
 - (d) Fitness

7. League - cum - knockout is part of which tournament.
 - (a) Knock out
 - (b) Round robin
 - (c) Combination
 - (d) Consolation

8. What is the formula to determine number of matches in league fixture for even number of team?
 - (a) $N(N-1)/2$
 - (b) $N+1/2$
 - (c) $N(N+1)/2$
 - (d) $N-1/2$

9. Advantage of knockout tournament.
 - (a) Health tournament
 - (b) many matches
 - (c) good score
 - (d) Less number of officials

10. In single league tournament each team plays the other team _____
 - (a) Once
 - (b) Twice
 - (c) Thrice
 - (d) None of these

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2. The skillful handling of the class is
 - (a) Method
 - (b) Planning
 - (c) Class management
 - (d) Presentation

3. Which one is add out the steps in the way of presentation?
 - (a) evaluation
 - (b) supervision
 - (c) discussion
 - (d) co-curricular activities

4. Which is suitable method to teach the long jump
 - (a) Oral method
 - (b) Imitation method
 - (c) Set drill method
 - (d) Whole method

5. The competitions are conducted within the institution is called?
 - (a) Intramural
 - (b) Extramural
 - (c) Both
 - (d) None

6. Intramural is derived from
 - (a) intramurus
 - (b) intra mather
 - (c) intramural
 - (d) none of the above

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PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).
Each answer should not exceed 250 words.

11. (a) Explain the meaning and methods in physical education.
Or
(b) Explain the role of subject matter in teaching physical activity.

12. (a) Write a short notes on presentation.
Or
(b) Briefly explain class management.

13. (a) What is lesson plan and explain the types of lesson plan.
Or
(b) Short notes on command.

14. (a) Explain the use of audio-visual aids in teaching.
Or
(b) Explain set drill method of teaching in physical activities.

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15. (a) Explain the various type of tournament and explain any two.

Or

- (b) Draw a knock out fixture for 8 teams.

PART C — (5 × 8 = 40 marks)

Answer ALL questions, choosing either (a) or (b)
Each answer should not exceed 600 words.

16. (a) List down the various factors influencing teaching methods and explain it.

Or

- (b) Explain the steps in the way of presentation.

17. (a) Explain the values of lesson plan.

Or

- (b) Explain the principles of class management.

18. (a) List down the teaching aids and explain co-curricular activity.

Or

- (b) Explain the methods of teaching in physical activity.

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19. (a) Prepare the model lesson plan for track and field event.

Or

- (b) Write the model lesson plan for major games.

20. (a) Methods of organization and conducting a standard sports meet.

Or

- (b) Draw a knock out fixtures for 18 teams with 8 special seeding.
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