

15. (a) Explain the tie - break in Kabaddi?

Or

(b) List down the rules of the game in Handball?

PART C — (5 × 8 = 40 marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 600 words.

16. (a) History of the game Kabaddi?

Or

(b) History of the game Kho Kho?

17. (a) Draw a neat diagram of Handball court.

Or

(b) Draw a neat diagram of Kho Kho court.

18. (a) Explain the system of play in Kabaddi?

Or

(b) Explain the system of play in Kho Kho?

19. (a) Explain the factors influencing the performance?

Or

(b) Explain Fitness and its components?

20. (a) Explain the duties of the referees in Handball?

Or

(b) Explain the scoring method in Kabaddi?

Reg. No. : .....

Code No. : 10528 E Sub. Code : CMPE 21

B.Sc. (CBCS) DEGREE EXAMINATION, APRIL 2023.

Second Semester

Physical Education – Core

THEORIES OF GAMES – I (KABADDI, KHO-KHO,  
HAND BALL)

(For those who joined in July 2021 onwards)

Time : Three hours

Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer ALL the questions.

Choose the correct answer :

1. Amateur Kabaddi Federation of India founded in

(a) 1970

(b) 1981

(c) 1976

(d) 1973

2. IHF Stands for

(a) Indian Handball Federation

(b) International Hockey Federation

(c) International Handball Federation

(d) International de Handball Federation

3. Select the skill which related to Kho Kho
  - (a) Diving
  - (b) Back Kick
  - (c) Dribbling
  - (d) Ankle Hold
4. Duration of Men's Kabaddi Match
  - (a) 20-5-20
  - (b) 15-5-15
  - (c) 20-10-20
  - (d) 15-2-15
5. Length of Handball Court is
  - (a) 30 Meters
  - (b) 50 Meters
  - (c) 20 Meters
  - (d) 40 Meters
6. Height of the Kho Kho Pole
  - (a) 100 cm-105 cm
  - (b) 120 cm -125 cm
  - (c) 115 cm-120 cm
  - (d) 150 cm-155 cm
7. Handball is officiated by \_\_\_\_\_ officials
  - (a) Three
  - (b) Five
  - (c) Four
  - (d) Two .
8. The weight of women's handball is
  - (a) 425 g - 475 Grams
  - (b) 325 g - 375 Grams
  - (c) 290 g - 330 Grams
  - (d) 365 g - 415 Grams
9. A team have \_\_\_\_\_ timeouts during the second innings of Kho Kho
  - (a) No Time out
  - (b) 3
  - (c) 1
  - (d) 2

10. Dimensions of Men's Kabaddi court
  - (a) 12 × 8 Meters
  - (b) 11 × 8 Meters
  - (c) 13 × 10 Meters
  - (d) 12 × 10 Meters

PART B — (5 × 5 = 25 marks)

Answer ALL questions, choosing either (a) or (b).

Each answer should not exceed 250 words.

11. (a) Draw the organizational structure of World Kabaddi Federation.  
Or  
(b) List down the Handball federation of International India and Tamilnadu with the founded year?
12. (a) What are the Fundamental Skills and positions in Kabaddi?  
Or  
(b) What are the Fundamental Skills and positions in Handball?
13. (a) Meaning of strategy and tactics?  
Or  
(b) What are the qualities of a coach?
14. (a) Explain warm-up? Methods and benefits of warm-up?  
Or  
(b) Explain warm-down? Methods and benefits of warm-down?

