



# Prayerful --- Reflections

**GROW**

## **Welcome to Prayerful Reflections!**

Prayer is a sacred practice that we personally get to develop over time.

It takes 28 days to break a negative habit in our lives and it takes 28 days to establish positive patterns in our life too.

This 28 day resource, is designed to help us form a daily practice of prayerful reflection.

When it comes to learning how to pray, wouldn't it be great to get some personal life coaching?

Imagine if we could be mentored in prayer by people of faith who have walked with God personally for decades.

Just think of how amazing it would be to have a prayer-coach like Moses, or the apostle Paul or one of the prophets. Imagine being able to pray alongside David, the “man after God's own heart”.

Surely that would give us a spiritual model, of what a personal prayer life could look like for us?

Yet that's exactly what we have in the Scriptures.  
We have the opportunity to be shaped and mentored by the heroes of faith!

Over the next 28 days, let's take moments throughout each day, to reflect on some of the simple prayers of scripture and make those prayers our prayers, in Jesus name.

Prayerful  

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Reflections

Then Moses said to him, “If your Presence does not go with us, do not send us up from here. How will anyone know that you are pleased with me and with your people unless you go with us? What else will distinguish me and your people from all the other people on the face of the earth?”...Then Moses said, “Now show me your glory.”

EXODUS 33:15-16,18 NIV

DAY  
01





“Our Father in heaven, hallowed be  
your name, your kingdom come, your  
will be done, on earth as it is in heaven.

Give us today our daily bread. And  
forgive us our debts, as we also have  
forgiven our debtors. And lead us not  
into temptation, but deliver us from the  
evil one.’

DAY  
02

MATTHEW 6:9B-13 NIV

Hear me, O LORD, hear me, that this  
people may know that You are the  
LORD God, and that You have turned  
their hearts back to You again.”

1 KINGS 18:37 NKJV

DAY  
03







And Jabez called on the God of Israel saying, “Oh, that You would bless me indeed, and enlarge my territory, that Your hand would be with me, and that You would keep me from evil, that I may not cause pain!” So God granted him what he requested.

DAY  
04

1 CHRONICLES 4:10 NKJV

“Jesus, Son of David, have mercy  
on me!”

MARK 10:47B NIV

DAY  
05



Lord, let your ear be attentive to the prayer of this your servant and to the prayer of your servants who delight in revering your name. Give your servant success today by granting him favor in the presence of this man.”

“Father, if you are willing, take this cup from me; yet not my will, but yours be done.”

LUKE 22:42 NIV

DAY  
07



Have compassion on me, LORD, for I  
am weak. Heal me, LORD, for my bones  
are in agony. I am sick at heart. How  
long, O LORD, until you restore me?  
Return, O LORD, and rescue me. Save  
me because of your unfailing love.

DAY  
08

PSALM 6:2-4 NLT

May the words of my mouth and the  
meditation of my heart be pleasing to  
you, O Lord, my rock and  
my redeemer.

PSALM 19:14 NLT

DAY  
09





DAY  
10

My prayer is not that you take them out of the world but that you protect them from the evil one. They are not of the world, even as I am not of it. Sanctify them by the truth; your word is truth.

JOHN 17:15-17 NIV

One thing I have asked of the LORD,  
and that I will seek: That I may dwell  
in the house of the LORD [in His  
presence] all the days of my life, To  
gaze upon the beauty [the delightful  
loveliness and majestic grandeur] of  
the LORD And to meditate in  
His temple.

PSALM 27:4 AMP



DAY  
11





Create in me a pure heart, O God, and  
renew a steadfast spirit within me. Do  
not cast me from your presence or take  
your Holy Spirit from me. Restore to  
me the joy of your salvation and grant  
me a willing spirit, to sustain me...  
Open my lips, Lord, and my mouth  
will declare your praise.

DAY  
12


PSALM 51:10-12,15 NIV

I have not stopped giving thanks for you, remembering you in my prayers. I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people.

EPHESIANS 1:16-18 NIV



DAY  
13



O LORD, I have come to you for  
protection; don't let me be disgraced.

Save me and rescue me, for you do  
what is right. Turn your ear to listen  
to me, and set me free. Be my rock of  
safety where I can always hide. Give  
the order to save me, for you are my  
rock and my fortress.

DAY  
14

PSALM 71:1-3 NLT

Teach us to number our days, that we  
may gain a heart of wisdom.

PSALM 90:12 NIV

DAY  
15





DAY  
16


I pray that out of his glorious riches  
he may strengthen you with power  
through his Spirit in your inner being,  
so that Christ may dwell in your hearts  
through faith. And I pray that you,  
being rooted and established in love,  
may have power, together with all the  
Lord's holy people, to grasp how wide  
and long and high and deep is the love  
of Christ, and to know this love that  
surpasses knowledge—that you may be  
filled to the measure of all the  
fullness of God.

EPHESIANS 3:16-19 NIV

Enter his gates with thanksgiving and  
his courts with praise; give thanks to  
him and praise his name.

**PSALM 100:4 NIV**

DAY  
17



Bless the LORD, O my soul; And all  
that is within me, bless His holy name!  
Bless the LORD, O my soul, And forget  
not all His benefits: Who forgives all  
your iniquities, Who heals all your  
diseases, Who redeems your life from  
destruction, Who crowns you with  
lovingkindness and tender mercies,  
Who satisfies your mouth with good  
things, So that your youth is renewed  
like the eagle's.

DAY  
18

PSALM 103:1-5 NKJV

So this is my prayer: that your love will flourish and that you will not only love much but well. Learn to love appropriately. You need to use your head and test your feelings so that your love is sincere and intelligent, not sentimental gush.

PHILIPPIANS 1:9-10 MSG

DAY  
19





God, teach me lessons for living so I  
can stay the course. Give me insight  
so I can do what you tell me - my  
whole life one long, obedient response.  
Guide me down the road of your  
commandments; I love traveling this  
freeway! Give me an appetite for your  
words of wisdom, and not for piling  
up loot. Divert my eyes from toys and  
trinkets, invigorate me on the pilgrim  
way. Affirm your promises to me -  
promises made to all who fear you...  
Let your love, God, shape my life with  
salvation, exactly as you promised.

DAY  
20

PSALM 119:33-38,41 MSG

O LORD, I will honor and praise your name, for you are my God. You do such wonderful things! You planned them long ago, and now you have accomplished them.”

ISAIAH 25:1 NLT

DAY  
21



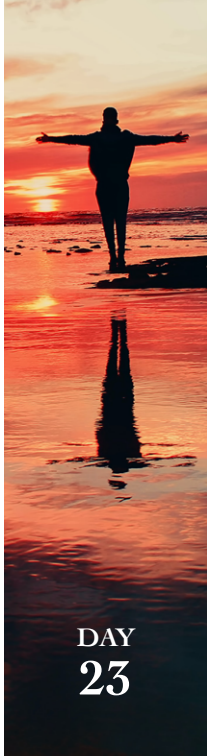
DAY  
22

We pray that you'll live well for the Master, making him proud of you as you work hard in his orchard. As you learn more and more how God works, you will learn how to do your work. We pray that you'll have the strength to stick it out over the long haul—not the grim strength of gritting your teeth but the glory-strength God gives. It is strength that endures the unendurable and spills over into joy, thanking the Father who makes us strong enough to take part in everything bright and beautiful that he has for us.

COLOSSIANS 1:10-12 MSG

LORD, we show our trust in you by obeying your laws; our heart's desire is to glorify your name. In the night I search for you; in the morning I earnestly seek you.

ISAIAH 26:8-9 NLT



DAY  
23



DAY  
24

So we keep on praying for you, asking our God to enable you to live a life worthy of his call. May he give you the power to accomplish all the good things your faith prompts you to do. Then the name of our Lord Jesus will be honored because of the way you live, and you will be honored along with him. This is all made possible because of the grace of our God and Lord, Jesus Christ.

2 THESSALONIANS 1:11-12 NLT

LORD, we confess our wickedness and that of our ancestors, too. We all have sinned against you. For the sake of your reputation, LORD, do not abandon us. Do not disgrace your own glorious throne. Please remember us, and do not break your covenant with us.

JEREMIAH 14:20-21 NLT

DAY  
25





May our Lord Jesus Christ himself  
and God our Father, who loved us  
and by his grace gave us eternal  
encouragement and good hope,  
encourage your hearts and strengthen  
you in every good deed and word.

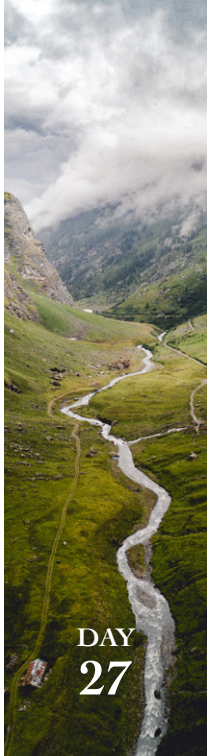
DAY  
26

2 THESSALONIANS 2:16-17 NIV

Sing, Daughter Zion; shout aloud,  
Israel! Be glad and rejoice with all your  
heart, Daughter Jerusalem! The LORD  
has taken away your punishment,  
he has turned back your enemy. The  
LORD, the King of Israel, is with you;  
never again will you fear any harm.

**ZEPHANIAH 3:14-15 NIV**

**DAY**  
**27**







Through Him, therefore, let us at all  
times offer up to God a sacrifice of  
praise, which is the fruit of lips that  
thankfully acknowledge and confess  
and glorify His name.

DAY  
28

HEBREWS 13:15 AMP

**We can all grow together!**

You can access ongoing discipleship material designed to help you grow at **[edgechurch.com/grow](https://edgechurch.com/grow)**

**G R O W**