

REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER.

As per Merchant Shipping (Medical Examination) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006)

DR MIR MD RAIHAN, MBBS (DU)

RADICAL HOSPITAL LIMITED,

35 SHAH MAKDUM AVENUE, UTTARA, DHAKA-1230.

TEL: +88027920116, +88 01955567000. EMAIL: radical_hospitals@yahoo.com

Name: KHALEK M A Sex: M Serial No: _____

Date of Birth: 26/02/1992 PP/CDC: EG0099098 Rank: 2/E

Vessel: _____ Type: _____ Route: WORLDWIDE

Home Address: 521 WEST SHEWAPARA, MIRPUR DHAKA-1216

Company Name: BERNHARD SCHULTE SHIP MANAGEMENT, SINGAPORE

Medical History Please answer the following to the best of your knowledge.

Is there any past / present history of any of the following	Candidate Declaration		Examiner Record			Candidate Declaration		Examiner Record	
	Yes	No	Yes	No		Yes	No	Yes	No
Severe one-sided headaches (Migraine)		☒		☒	Hernia / Hydrocoele / Appendicitis		☒		☒
Head Injury / Concussion / Loss of Memory		☒		☒	High / Low blood pressure / Heart disease		☒		☒
Fits / Epilepsy / Dizziness / Fainting		☒		☒	Asthma / Bronchitis / Tuberculosis		☒		☒
Eye / Vision Problems (Glasses, etc)		☒		☒	Allergy / Skin disease		☒		☒
Hearing Impairment		☒		☒	Infection / Contagious Disease		☒		☒
Ear / Nose / Throat problems		☒		☒	Addiction to alcohol / drugs / tobacco		☒		☒
Stomach / Bowel disorders		☒		☒	Fracture / Dislocation / Injury / Amputation		☒		☒
Gall stones / Kidney disorders		☒		☒	Major / Minor Operation		☒		☒
Jaundice / Liver Disease		☒		☒	Diabetes		☒		☒
Piles / Varicose veins		☒		☒	Nervous / Mental disease / Sleep disorder		☒		☒
Blood Disorder		☒		☒	Malignant disease (Cancer)		☒		☒
Female Disorder		☒		☒	Signed off on medical grounds / Declared Unfit		☒		☒
Notes									

Medical Examination

Height	Weight in Kgs	Chest Insp-Exp	Blood Pressure in mm of Hg	Pulse-Beats / min	Resp. Rate / min	General Condition							
180 cm	92 kg	43-41	120/80 mm	78 / min	19 / min	aw							
Distant Vision	Uncorrected	Corrected	Field of Vision	Audiometry	Hz	500	1000	2000	3000	4000	5000	6000	8000
Right Eye	6/6		Normal	Right Ear	dB	20	20	20					
Left Eye	6/6		Abnormal	Left Ear	dB	20	20	20					
Colour Vision	Ishihara	Normal	Abnormal	Hearing	Right Ear				Left ear				
	Other	Normal	Abnormal										

Systemic Examination

	Norm	Abnor	Notes	Norm	Abnor
Head & Neck	☒		FIT FOR SEA SERVICE AS 200 EIM AS PER MLC 2006 Enhanced GARD Medicals done	Respiratory system	☒
Eyes	☒			Cardiovascular system	☒
Ears / Nose / Throat	☒			Per Abdomen	☒
Teeth / Oral Cavity	☒			Genito-urinary system	☒
Musculo-Skeletal system	☒			Others	☒
Nervous system	☒			Hernia / Hydrocoele	☒
Reflexes	☒			Varicose Veins	☒
Skin	☒			Fissure/Fistula/Piles	☒

Investigations

Blood	Result	Normal	Urine
Hemoglobin	<u>15.4 gm%</u>	14-16 gm %	Colour <u>SW</u>
Total WBC count	<u>7100 cu.mm</u>	4000-11000 / cu.mm	Specific Gravity
Neu <u>62</u> % Lymph <u>33</u> % Eos <u>03</u> % Bas <u>00</u> % Mono <u>02</u> %			pH
Malarial parasite	<u>Not Found</u>		Albumin
ESR	<u>24 mm / 1st hour</u>	1-15 mm / hr	Sugar
SGPT	<u>NIL</u>	9-43 U / L	Bile pigment
S.Cholesterol	<u>176 mg/dl</u>	145-260 mg / dl	Bile salts
S.Triglycerides	<u>176 mg/dl</u>	upto 200 mg / dl	Occult blood
Blood Sugar	<u>RBS</u>	upto 125 mg %	RBC cells
HbsAg	<u>NEGATIVE</u>		Leucocytes
HIV I & II	<u>NEGATIVE</u>		Others
VDRL	<u>NEGATIVE</u>		
Others	<u>GGTP U/L</u>		
Blood Group	<u>Normal</u>		Spirometry <u>N/A</u>
ECG	<u>Normal</u>	TMT <u>N/A</u>	Drugs of Abuse <u>None</u>
X-Ray	<u>Chest</u>	<u>Normal</u>	USG <u>Normal</u>

Result of Medical Examination

On the basis of the examinee's history, clinical examination and diagnostic tests, I, Dr MIR MD Raihan, hereby declare the examinee medically Fit Unfit Temporarily unfit Permanently unfit Should be re-examined in days / weeks / months.

Remarks / Recommendations

I, Doctor's Name, certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporated in this certificate.

This certificate is valid till 02 MAR 2026

Candidate's Signature

Date 03/03/2024

Official Stamp



Doctor's signature

DR. MIR. MD. RAIHAN
MBBS (DU), DPM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC RCD 046
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

04.2024.6050



**MEDICAL CERTIFICATE FOR PERSONNEL SERVICE ON BOARD
REPUBLIC OF PANAMA**

SURNAME: <u>KHALEK</u>		GIVEN NAME (S): <u>MA</u>	
DATE OF BIRTH: DAY <u>26</u> MONTH <u>02</u> YEAR <u>1992</u>		PLACE OF BIRTH CITY <u>SIRAJGANJ</u> COUNTRY <u>BANGLADESH</u>	SEX MALE ☒ FEMALE ☐
POSITION ON BOARD: MASTER ☐ DECK OFFICER ☐ ENGINEERING OFFICER ☒ RADIO OPERATOR ☐ RATING ☐		MAILING ADDRESS OF APPLICANT:	

DECLARATION OF THE AUTHORIZED PHYSICIAN

VISION		COLOR TEST TYPE	HEARING
	WITHOUT GLASSES	WITH GLASSES	
RIGHT EYE	<u>6/6</u>	—	RIGHT EAR <u>mw</u>
LEFT EYE	<u>6/6</u>	—	LEFT EAR <u>mw</u>

Confirmation that identification documents were checked at the point of examination: YES ☐ NO ☐

Hearing meets the standards in STCW Code, Section A-1/9? YES ☐ NO ☐ NOT APPLICABLE ☐

Unaided hearing satisfactory? YES ☐ NO ☐

Visual acuity meets standards in STCW Code, Section A-1/9? YES ☒ NO ☐

Colour vision meets standards in STCW Code, Section A-1/9? YES ☒ NO ☐
(the visual test is required every six years)

Date of the last colour vision test: (Day/Month/Year) 03 MAR 2024

Are glasses or contact lenses necessary to meet the required vision standards? YES ☐ NO ☒

Able for watchkeeping? YES ☐ NO ☐

Is applicant taking any non-prescription or prescription medications? YES ☐ NO ☒

Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board? YES ☐ NO ☐

Hereby I declare that I am in knowledge of the contents of the Physical Examination.

[Signature]
Signature of Applicant

MA KHALEK
Name of Applicant

03 MAR 2024
Date

CIRCLE APPROPRIATE CHOICE: (HE / SHE) IS FOUND TO BE (FIT / NOT FIT) FOR DUTY AS A (MASTER / DECK OFFICER / ENGINEERING OFFICER / RADIO OPERATOR / RATING) (WITHOUT ANY / WITH THE FOLLOWING) RESTRICTIONS:

FIT FOR DUTY ON BOARD SHIP

NAME AND DEGREE OF PHYSICIAN: DR. MIR MD. RAIHAN MBBS, (DU), DFM REG: A-55144

ADDRESS: RADICAL HOSPITAL LIMITED SECTOR-12, UTTARA, DHAKA-1230

NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY: DG SHIPPING BANGLADESH

DATE OF ISSUE PHYSICIAN'S CERTIFICATE: 06-MAY-2014

SIGNATURE OF PHYSICIAN: [Signature]

STAMP OF PHYSICIAN: [Stamp]

DATE: 03 MAR 2024

EXPIRY DATE OF CERTIFICATE: 02 MAR 2026

This certificate is issued by the Panama Maritime Authority in compliance with the requirements of the STCW Convention, 1978, as amended and the Maritime Labour Convention, 2006.

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Biderm), PGT (Ophth)

BMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

General Physician
Radical Hospitals Limited

MARITIME AND PORT AUTHORITY OF SINGAPORE

SEAFARER'S MEDICAL CERTIFICATE



This certificate is issued by the undersigned recognized medical practitioner to the named seafarer on behalf of the Maritime and Port Authority of Singapore and meets both the requirements of the International Convention on Standards of Trainings, Certification and Watchkeeping for Seafarers, 1978, as amended (STCW Convention) and the Maritime Labour Convention, 2006.

Seafarer's Name : (Last, first, middle) KHALEK MA		Gender: Male/Female* ☒ Male ☐ Female
Date of Birth: (Day/month/year) 26/02/1992	Nationality: BANGLADESHI	Place of Birth: SIRAJGANJ

Declaration of the recognized medical practitioner:

		Yes	No
1	Identification documents were checked at the point of examination?	☒	☐
2	Hearing meets the standards in STCW Code Section A-I/9?	☒	☐
3	Unaided hearing satisfactory?	☒	☐
4	Visual acuity meets the standards in STCW Code Section A-I/9?	☒	☐
5	Colour vision meets the standards in STCW Code Section A-I/9?	☒	☐
Date of last colour vision test:		03 MAR 2024	
6	Fit for look-out duty?	☒	☐
7	Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or endanger the life of person onboard?	☒	☐
8	No limitations or restrictions on fitness?	☒	☐
If "no" specify limitations or restrictions			
9	Date of examination: (day/month/year)	03 MAR 2024	
10	Expiry of certificate: (day/month/year) ** Maximum two years from date of examination unless the seafarer is under the age of 18	02 MAR 2026	

03 MAR 2024

DR. MIR. MD. RAIHAN
MBBS (DU), DPM, CCD (Biom), PGT (Ophth)
BMDG A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Date

Signature of Authorised
Medical Practitioner

Medical Practitioner's Official stamp
(name, licence number, address etc)

I have been informed of the content of the certificate and of the right to a review.

Signature of Seafarer

* delete as appropriate



**MARITIME AND PORT AUTHORITY OF SINGAPORE
SHIPPING DIVISION**
MPA
SINGAPORE
RECORD OF MEDICAL EXAMINATIONS OF SEAFARER

Part A – to be completed by the Seafarer who is responsible for answering each question accurately.

Seafarer's Name : (Last, first, middle) (BLOCK CAPITALS) KHALEK MA		Gender: Male/Female* ☒
Date of Birth: day/month/year 26/02/1992	Place of Birth: SIRAJGANJ	Nationality: BANGLADESHI
Type of ID documents: NRIC No. / Passport No.: E60099098	Dept: Deck / Engine / Catering / others Rank: 2/E	Type of ship: OIL/CHEM
Home Address: 53/1, WEST SHEW RAPA RA DHAKA - 1216	Routine and emergency duties:	Trading area: e.g coastal / world wide

Seafarer's Declarations (please tick)

Have you ever had any of the following conditions?

Yes No		Yes No	
1. Eye/vision problem	☒	18. Sleep problem	☒
2. High blood pressure	☒	19. Do you smoke, use alcohol or drugs?	☒
3. Heart/vascular disease	☒	20. Operation/surgery	☒
4. Heart Surgery	☒	21. Epilepsy/seizures	☒
5. Varicose veins/piles	☒	22. Dizziness/fainting	☒
6. Asthma/bronchitis	☒	23. Loss of consciousness	☒
7. Blood disorder	☒	24. Psychiatric problems	☒
8. Diabetes	☒	25. Depression	☒
9. Thyroid problem	☒	26. Attempted suicide	☒
10. Digestive disorder	☒	27. Loss of memory	☒
11. Kidney problem	☒	28. Balance problem	☒
12. Skin Problem	☒	29. Severe headaches	☒
13. Allergies	☒	30. Ear/hearing, tinnitus/nose/throat problem	☒
14. Infectious / contagious diseases	☒	31. Restricted mobility	☒
15. Hernia	☒	32. Back or joint problem	☒
16. Genital disorder	☒	33. Amputation	☒
17. Pregnancy	N/A	34. Fracture/dislocations	☒

If you answer "yes" to any of the above questions, please provide details:

Additional questions

Yes No

35. Have you ever been signed off as sick or repatriated from a ship?

36. Have you ever been hospitalized?



37. Have you ever been declared unfit for sea duty?		✓
38. Has your medical certificate even been restricted or revoked?		✓
39. Are you aware that you have any medical problems, diseases or illnesses?		✓
40. Do you feel healthy and fit to perform the duties of your designated position/occupation?	✓	
41. Are you allergic to any medication?		✓
42. Are you using any non-prescription or prescription medication?		✓

If you answer "yes", please list the medications taken, the purpose(s) and the dosage:

I hereby declare that the personal declaration above is a true statement to the best of my knowledge.

03 MAR 2024

MMK

[Signature]

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Date

Signature of Seafarer

Name and Signature of Witness

I hereby authorize the release of all my previous medical records (including my last Seafarer Medical Certificate) from any health professional, health institutions and public authorities to Dr.

DR. MIR. MD. RAIHAN.

[Signature]

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

03 MAR 2024

MMK

Date

Signature of Seafarer

Name and Signature of Witness



Part B – Result of medical examinations

Eyesight

Use of glasses or contact lenses

☒ No
☐ Yes Type Purpose

Visual Acuity

Unaided			Aided		
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
Distant	6/6	6/6	Distant		
Near			Near		

Visual fields

	Normal	Defective
Right eye	✓	
Left eye	✓	

Colour Vision (please tick)

☐ Not tested ☒ Normal ☐ Doubtful ☐ Defective

Hearing

Pure tone and audiometry (threshold values in dB)				
	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz
Right ear	20	20	20	
Left ear	20	20	20	

Speech and whisper test (metres)

	Normal	Whisper
Right ear	4	4
Left ear	4	4

Clinical Findings

Height	180 (cm)	Weight	92 (kg)
Pulse rate	78 (per minute)	Rhythm	Regular
Blood Pressure Systolic (mm Hg)	120	Diastolic (mm Hg)	80
Urinalysis: Glucose :	Nil	Protein:	Nil
		Blood:	Nil

	Normal	Abnormal
Head	✓	
Sinus, nose, throat	✓	
Mouth/teeth	✓	

Ears (general)	/	
Tympanic membrane	/	
Eyes	/	
Ophthalmoscopy	/	
Pupils	/	
Eye movement	/	
Lungs and chest	/	
Breast examination	2/2	
Heart	/	
Skin	/	
Varicose Vein	/	
Vascular (inc. pedal pulse)	/	
Abdomen and viscera	/	
Hernia	/	
Anus (not rectal exam)	/	
G-U system	/	
Upper and lower extremities	/	
Spine (C/s, T/S, L/S)	/	
Neurologic (full/brief)	/	
Psychiatric	/	
General appearance	/	

Chest X-ray

☐ Not performed

☒ Performed on (day/month/year): 03 MAR 2024

Results: Normal

Other diagnostic test(s) and result(s):

Test: Blood for urine

Results: Normal

Medical practitioner's comments and assessment of fitness, with reasons for any limitations.

FIT FOR DUTY ON BOARD SHIP

Assessment of fitness for service at sea (please tick)

On the basis of the seafarer's personal declaration, my clinical examination and diagnostic test results recorded above, I declare the seafarer medically:

☒ Fit for look out duty

☐ Unfit for lookout duty

☐ Visual aid required

☒ Visual aid not required

	Deck Service	Engine Service	Catering Service	Other Service
Fit	/	/		
Unfit				



☒ Without restrictions

☐ With restrictions

Description of restrictions (e.g. specific position, type of ship, trading area etc.)

03 MAR 2024

Date

Signature of
Medical Practitioner

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
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DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

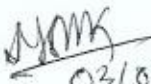
Medical Practitioner's name, licence number, address



Drug and Alcohol Screening Affidavit

CSC 04A

PART A - To be completed by Seafarer prior to Medical Examination and hand to Physician

Surname: KHALEK		First Name: MA	
Date of Birth (DD/MM/YY): 26/02/1992		Address: 53/1, WEST SHEWRAPARA	
Place of Birth: SIRAJGANJ		Street SHAMIN SARONI	
		City DHAKA	
		Postal Code 1216	
		Country BANGLADESH	
Examination for duty as	Master	Officer	Engineer ☒
			Rating
			Cadet
Please indicate the quantity of alcohol you consume weekly		Beer (litre)..... Wine (litre)..... Spirits (measures).....	
Do you regularly take any medically prescribed drugs? Please list. Note: Give a copy of this list to the Master upon joining the vessel.			
Have you ever been convicted of a charge involving illegal drugs?		Yes..... No..... (If Yes please detail on the reverse)	
Have you ever been convicted of a drinking related incident?		Yes..... No..... (If Yes please detail on the reverse)	
Have you ever received treatment for alcohol or drug dependence?		Yes..... No..... (If Yes please detail on the reverse)	
Signed and Dated (by Seafarer)  03/03/2024		Note: If circumstances change with respect to the above statements, inform the company of such changes immediately.	

Drug and Alcohol Screening Affidavit**CSC 04A****PART B - To be completed by Physician and Seafarer during Medical Examination**

To the best of my knowledge and belief as a result of this examination, the examinee has no visible or clinical signs of drug use and alcohol abuse or addiction.

Name, Address of Physician:

RADICAL HOSPITAL LIMITED
Uttara, Dhaka, Bangladesh

Signature of Physician:



Date:

03 MAR 2024**DR. MIR. MD. RAIHAN**
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited**Anti-Drug and Alcohol Abuse Affidavit**

I hereby declare that I have not in the past or present used any prohibited substance, nor have I abused alcohol.

Examinee's Name & Signature

I hereby certify that the above examinee does not have any signs and symptoms of drug use and/or alcohol abuse.

Examining Physician's Signature

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited**ORIGINAL TO BE RETAINED BY CREWING AGENCY**

Drug and Alcohol Screening Results

CSC 04

Seafarer's Surname, First Name, Middle Name:

KHALEK M A

Passport No.:

EG 0099 098

Seaman's Book No.:

C/016752

Date of Birth:

26/02/1992

Medical Center Name:

RADICAL HOSPITAL LIMITED

Full Address:

SECTOR-42, UTARA, DHAKA

Doctor's Name:

DR. MIR MD. RAIHAN

Drug and Alcohol Screening Limits and Results

Drug	Threshold Limit	Results
Marijuana	< 15 NG/ML	
Cocaine	< 150 NG/ML	
Opiates	< 300 NG / ML	
Phencyclidine	< 25 NG / ML	
Amphetamines	< 300 NG / ML	
Benzodiazepine	< 200 NG/ML	
Methaqualone	< 300 NG/ML	
Barbiturates	< 200 NG/ML	
Alcohol	< 0.04% BAC	

To the best of my knowledge and belief as a result of this examination, the examinee has no visible or clinical signs of drug use and alcohol abuse or addiction.

Date 03 MAR 2024

Examined by (Name/Signature)

DR. MIR MD. RAIHAN

MBBS (DU), BSM, CCD (Bdsm), PGT (Opth)

BMDC A-55144, MMC-BGD-016

DG Shipping, Bangladesh Approved

General Physician

Radical Hospitals Limited

PART A – To be completed by applicant

Surname (Family Name) KHALEK	First Name M A	Second Name
Date of Birth 26.02.1992	Country of Birth BANGLADESH	Nationality BANGLADESHI
Department Deck ☒ Engine ☐ Radio ☐ Other ☐ Please specify:		
Passport No. / Discharge Book No. / Identity Card No. E90099098		Gender Male ☒ Female ☐
Address FLAT-B#5, EJAB ROSE VALLEY 531, WEST SHEWRAPARA, MIRPUR 1216		
Applicant's personal declaration (Assistance should be offered by medical staff)		
• Have you ever had any of the following conditions:		
Condition	Yes	No
1. Eye / vision problem	☐	☒
2. High blood pressure	☐	☒
3. Heart / vascular disease	☐	☒
4. Heart surgery	☐	☒
5. Varicose veins / piles	☐	☒
6. Asthma / bronchitis	☐	☒
7. Blood disorder	☐	☒
8. Diabetes	☐	☒
9. Thyroid problem	☐	☒
10. Digestive disorder	☐	☒
11. Kidney problem	☐	☒
12. Skin problem	☐	☒
13. Allergies	☐	☒
14. Infectious / contagious diseases	☐	☒
15. Hernia	☐	☒
16. Genital disorder	☐	☒
17. Pregnancy	☐	☒
18. Sleep problem	☐	☒
19. Do you smoke, use alcohol or drugs?	☐	☒
20. Operation / surgery	☐	☒
21. Epilepsy / seizures	☐	☒
22. Dizziness / fainting	☐	☒
23. Loss of consciousness	☐	☒
24. Psychiatric problems	☐	☒
25. Depression	☐	☒
26. Attempted suicide	☐	☒
27. Loss of memory	☐	☒
28. Balance problem	☐	☒
29. Severe headache	☐	☒
30. Ear (hearing/tinnitus)/nose/ throat problem	☐	☒
31. Restricted mobility	☐	☒
32. Back or joint problem	☐	☒
33. Amputation	☐	☒
34. Fractures / dislocations	☐	☒
If you answered yes to any of the above questions, please write details below:		

Medical fitness certificate issued in compliance with ILO / IMO guidelines
of the medical examinations for seafarers

tm

Merchant Shipping Directorate

Transport Malta, Malta Transport Centre, Marsa MRS1917, Malta Tel: +356 21250360 / +356 99067197 (AOH) Fax: +356 21241460 E-Mail: applica.stow@transport.gov.mt

Transport Malta

Additional questions:	Yes	No
35. Have you ever been signed off as sick or repatriated from a ship?	☐	☒
36. Have you ever been hospitalized?	☐	☒
37. Have you ever been declared unfit for sea duty?	☐	☒
38. Has your medical certificate ever been restricted or revoked?	☐	☒
39. Are you aware that you have any medical problems, diseases or illnesses?	☐	☒
40. Do you feel healthy and fit to perform the duties of your designated position / occupation?	☒	☐
41. Are you allergic to any medication?	☐	☒

Comments:

FIT FOR DUTY ON BOARD SHIP

	Yes	No
42. Are you taking any non-prescription or prescription medications?	☐	☒

If yes, please list the medications taken, and the purpose/s and dosage/s:

Applicant must sign personal declaration in the presence of a duly qualified medical practitioner who will be filling PART B of this medical report

I hereby certify that the personal declaration above is a true statement to the best of my knowledge. Furthermore, I authorize the release of all my records from any health professionals, health institutions and public authorities to the appointed medical practitioner.



Applicant's Signature

(Signed in the presence of medical practitioner)

Date: 03 MAR 2024



Merchant Shipping Directorate

Transport Malta, Malta Transport Centre, Marsa MRS1917, Malta Tel: +356 21250360 / +356 99057197 (AON) Fax: +356 21241460 E-Mail: applica.stcw@transport.gov.mt

Transport Malta

PART B – To be completed by a duly qualified medical practitioner

Medical Examination

Height	180 (cm)	Weight	92 (kg)	Pulse Rate	78 / (minute)	Rhythm	Regular
Blood pressure (mm HG)				Urinalysis			
Systolic	120	Diastolic	80	Glucose	NIL	Protein	NIL
				Blood			

Sight (Table on the "Minimum in-service eyesight standards for seafarers" is found on page 4 of this medical report)

Use of glasses or contact lenses: Yes ☐ No ☒

Visual acuity						Visual fields	
Unaided			Aided				
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular	Right eye	Left eye
Distant	6/6	6/6	✓			Normal	✓
Near	15	15	✓			Defective	✓
Colour vision	Not tested		Normal			Defective	

Hearing

Pure tone and audiometry (threshold values in dB)						Speech and whisper test (metres)	
	500 Hz	1000 Hz	2000 Hz	3000 Hz	4000 Hz	6000 Hz	
Right ear	20	20	20		-	-	Right ear
Left ear	20	20	20		-	-	Left ear

	Normal	Abnormal		Normal	Abnormal
1. Head	☒	☐	13. Skin	☒	☐
2. Sinuses, nose, throat	☒	☐	14. Varicose veins	☒	☐
3. Mouth / teeth	☒	☐	15. Vascular (inc. pedal pulses)	☒	☐
4. Ears (general)	☒	☐	16. Abdomen and viscera	☒	☐
5. Tympanic membrane	☒	☐	17. Hernia	☒	☐
6. Eyes	☒	☐	18. Anus (not rectal exam)	☒	☐
7. Ophthalmoscopy	☒	☐	19. G-U system	☒	☐
8. Pupils	☒	☐	20. Upper and lower extremities	☒	☐
9. Eye movement	☒	☐	21. Spine (C/S, T/S and L/S)	☒	☐
10. Lungs and chest	☒	☐	22. Neurologic (full brief)	☒	☐
11. Breast examination	☒	☐	23. Psychiatric	☒	☐
12. Heart	☒	☐	24. General appearance	☒	☐

Chest X-ray ☒ Not performed ☐ Performed on 03 MAR 2024

Results: Normal chest X-ray

Other diagnostic test/s and results:

Test: Blood + Urine Result: Normal

Medical practitioner's comments and assessment for fitness, with reasons for any limitations

Vaccination status recorded: Yes ☒ No ☐

**Medical fitness certificate issued in compliance with ILO / IMO guidelines
of the medical examinations for seafarers**



Merchant Shipping Directorate

Transport Malta, Malta Transport Centre, Marsa MRS1917, Malta Tel: +356 21250380 / +356 99067197 (AOH) Fax: +356 21241460 E-Mail: applica.slw@transport.gov.mt

Transport Malta

Medical certificate for service at sea

Surname (Family Name) KHALEK	First Name MA	Second Name
Date of Birth 26/02/1992	Country of Birth SRI LANKA	Nationality BANGLADESHI
Department Deck ☐ Engine ☒ Radio ☐ Other ☐ Please specify:		
Passport No. / Discharge Book No. / Identity Card No.		Gender Male ☒ Female ☐

Declaration of duly qualified medical practitioner

	Yes	No
Confirmation that applicant's identification documents were checked?	☒	☐
Hearing meets the standards in STCW Code, section A-I/9?	☒	☐
Visual acuity meets standards in STCW Code, section A-I/9?	☒	☐
Colour vision meets standards in STCW Code, section A-I/9?	☒	☐
Visual aid required?	☒	☐
Fit for lookout duties?	☒	☐
Is applicant suffering from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board?	☒	☐

This is to certify that I have examined the applicant and that my findings are recorded in this medical report

Result: **FIT FOR DUTY ON BOARD SHIP**

Fit for Sea Duty ☒ Unfit for Sea Duty ☐ **Fit with limitations or restrictions ☐

**Please specify limitations or restrictions, if any:

Signature of duly qualified medical practitioner DR. MIR. MD. RAIHAN MBBS (DU), DPM, CCD (Biom), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited Medical practitioner's stamp	Applicant's Signature (Signed in the presence of medical practitioner)
	Date of Examination 03 MAR 2024

Validity :- **02 MAR 2026**

This medical certificate shall remain valid for a maximum period of two years unless the seafarer is under the age of 18, in which case the maximum period of validity shall be one year.



Table A-I.9
Minimum in-service eyesight standards for seafarers

STCW Convention regulation	Category of seafarer	Distance vision Aided ¹		Near immediate vision	Colour vision ²	Visual fields ³	Night blindness ⁴	Diplopia (double vision) ⁵
		One eye	Other eye					
I 11 II 1 II 2 II 3 II 4 II 5 VII 2	Masters, deck officers and ratings required to undertake look-out duties	0.5 ²	0.5	Vision required for ship's navigation (e.g. chart and nautical publication reference, use of bridge instrumentation and equipment, and identification of aids to navigation)	See Note 6	Normal Visual fields	Vision required to perform all necessary functions in darkness without compromise	No significant condition evident
I 11 III 1 III 2 III 3 III 4 III 5 III 6 III 7 VII 2	All engineer officers, electro- technical officers, electro- technical ratings and ratings or others forming part of an engine- room watch	0.4 ¹	0.4 (see Note 5)	Vision required to read instruments in close proximity, to operate equipment, and to identify systems/ components as necessary	See Note 7	Sufficient visual fields	Vision required to perform all necessary functions in darkness without compromise	No significant condition evident
I 11 IV 2	GMDSS Radio operators	0.4	0.4	Vision required to read instruments in close proximity, to operate equipment, and to identify systems/ components as necessary	See Note 7	Sufficient visual fields	Vision required to perform all necessary functions in darkness without compromise	No significant condition evident

Notes

- Values given in Snellen decimal notation.
- A value of at least 0.7 in one eye is recommended to reduce the risk of undetected underlying eye disease.
- As defined in the *International Recommendations for Colour Vision Requirements for Transport* by the Commission Internationale de l'Eclairage (CIE-143-2001 including any subsequent versions).
- Subject to assessment by a qualified vision specialist where indicated by initial examination findings.
- Engine Department personnel shall have a combined eyesight vision of at least 0.4.
- CIE colour vision standard 1 or 2.
- CIE colour vision standard 1, 2 or 3.

03 MAR 2024



DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Bldem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Id No : 0043 **Date** : 03-Mar-2024 **D.Date** : 03-Mar-2024
Patient's Name : M A KHALEK **Age** : 31Y 2M 17D **Gender** : Male
Specimen : Blood
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM-C/O/6752

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	15.4 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl.
ESR(Westergreen)	04 mm/1st hr	Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	7,100 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	62 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	33 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	142 /cumm	50-450/cumm
Total RBC Count	5.0 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	42 %	M: 40-54%, F:37-47%
MCV	78 fL	76 - 94 fL
MCH	30 pg	27 - 32 pg
MCHC	31 g/dL	29 - 34 g/dL
RDW	13 %	11 - 16 %
PDW	40 fL	35 - 56 fL
Total Platelete Count (PC)	2,91,000 /cumm	150,000-450,000/cumm
MPV	8.9 fL	7.0 - 11.0 fL
PCT	0.1 %	0.1 - 0.2 %
Bleeding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %

Checked By 
Medical Technologist


Dr. Sumaiya Khatun
MBBS,MD(Gold Medalist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.

Bill No	DIA24030048	Received Date	03/03/2024
Patient's Name	M A KHALEK		
Patient's Age	31Y 2M 17D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 6752
Sample	BLOOD		

BIOCHEMISTRY REPORT

<u>Test Name</u>	<u>Result</u>	<u>Reference Range</u>
<u>Liver Function Test</u>		
Serum Bilirubin (Total)	0.52 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	24 U/L	Up to 40 U/L
Serum AST (SGOT)	19 U/L	Up to 37 U/L
Serum Alkaline Phosphate	177 U/L	98 - 279 U/L

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologist.
Radical Hospital Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

Bill No	DIA24030048	Received Date	03/03/2024
Patient's Name	M A KHALEK		
Patient's Age	31Y 2M 17D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 6752
Sample	BLOOD		

SEROLOGICAL REPORT

Test Name

Result

HBs Ag (Method : (ICT)	Negative
HIV 1 & 2 (Method : (ICT)	Negative
VDRL	Non-reactive

RADICAL
HOSPITAL
LIMITED

Checked By

Medical Technologist.
Radical Hospital Ltd.



Dr. Sumaiya Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.

Bill No	DIA24030048	Received Date	03/03/2024
Patient's Name	M A KHALEK		
Patient's Age	31Y 2M 17D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS, (DU), CCD(BIRDEM), PGT(Eye), DFM	CDC NO:	C/O/6752
Sample	BLOOD		

CHEMICAL TEST

<u>TEST NAME</u>	<u>RESULTS</u>
CARCINOGENIC	NORMAL
ISOCYANATE	NORMAL
VINYL ACETATE	NORMAL
EPICHLOROHYDRIN	NORMAL
PHENOLS CRESOLS	NORMAL

Checked By

Medical Technologist,
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Assistant Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA24030048	Received Date	03/03/2024
Patient's Name	M A KHALEK		
Patient's Age	31Y 2M 17D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 6752
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-2/HPF
Sediment	Nil	Epithelial	0-1/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

Medical Technologist.
Radical Hospital Ltd.

Je
Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.



Bill No	DIA24030048	Received Date	03/03/2024
Patient's Name	M A KHALEK		
Patient's Age	31Y 2M 17D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 6752
Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Test Name	Result
-----------	--------

Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist.
Radical Hospital Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

Date: 03/03/2024

EYE EXAMINATION REPORT

NAME:	M A KHALEK		
AGE:	32 YRS	RANK: 2 ND ENG	CDC NO: C/O/6752

VISUAL ACUITY: RIGHT LEFT

UNAIDED

6/6

6/6

AIDED

COLOUR VISION: NORMAL / BLIND

OPINION : UNFIT / ☒ FIT FOR EMPLOYMENT ON BOARD


Dr. Mir Md. Raihan
MBBS, PGT (Ophthalmology)
Assistant Registrar (EX)
East west Medical College & Hospital

AUDIOLOGICAL REPORT

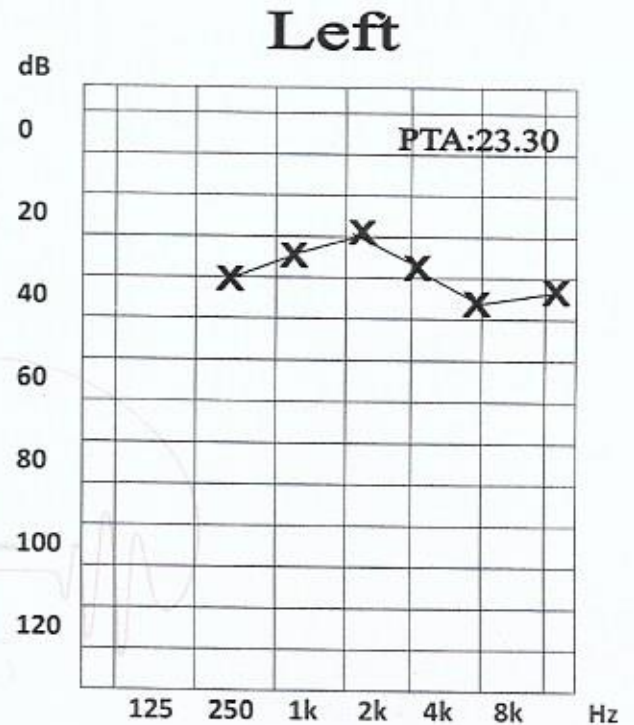
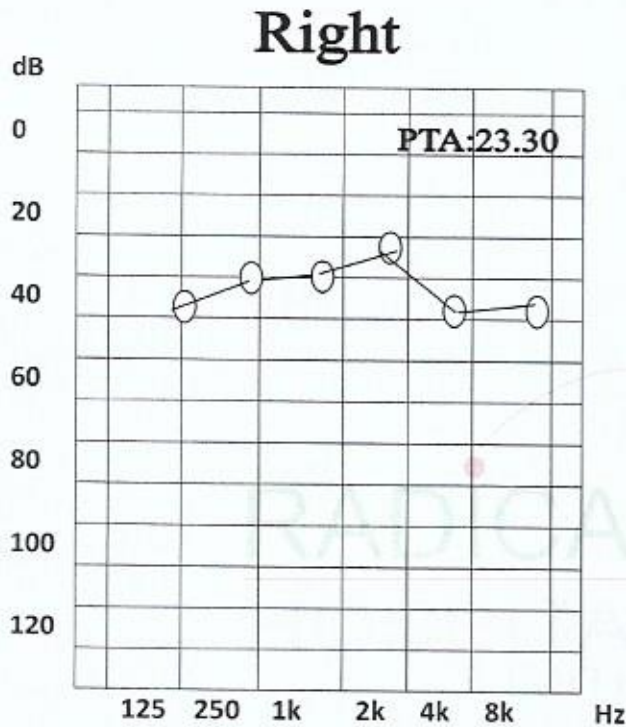
Patient Name : M A KHALEK

03/03/2024

Age : 32 Yrs

Address : RHL,UTTARA

Referred By : Dr. Mir Md. Raihan , MBBS,(DU), DFM



0-25= Normal Hearing.
26-40= Mild Hearing Loss.
41-55= Moderate Hearing Loss.
56-70= Moderately Severe Hearing Loss.
71-90= Severe Hearing Loss.
91-120= Profound Hearing Loss.

	Right Ear	Left Ear
Air Unmasking OX		
Bone Unmasking		
Air Masking OX		
Bone Masking ΔΔ		

Remark's:-

Right Ear: Normal Hearing.

Left Ear: Normal Hearing.

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24030048 Receive: 03/03/2024 Print: 03/03/2024
Patient's Name : **M A KHALEK**
Age : 32 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



Prof. Dr. Md. Mojibor Rahman
MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

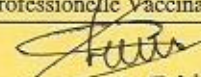
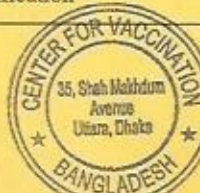
**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION
AGAINST CHOLERA
CERTIFICATE INTERNATIONUAUX DE VACCINATION OU DE REVACCINATION
CONTRE LA CHOLERA**

This is to certify that MA KHALEK date of birth 26/02/92 Sex M
JE Soussigne (e) certifie que no (e) le sexe

Whose signature follows
dont la signature suit



has on the Date indicated been vaccinated or revaccinated against Cholera
a ctc vaccine (e) ar revaccine (e) contre le Cholera a la date indiquee.

Date	Signature and professional Status of Vaccinator Signature et qualite professionnelle Vaccinateur	Approved Stamp Cechet d'authentification
1 15 DEC 2021	 DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited.	ORAL CHOLERA "DUKORAL" Valid Upto 2 yrs 

2 22 JAN 2023	 DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited.	ORAL CHOLERA "DUKORAL" Valid Upto 2 yrs 
------------------	---	---

The validity of this certificate shall extend for a period of Two Years, beginning six days after the first injection of vaccine or in the event of a revaccination within such period of six months, on the date of that revaccination.

Notwithstanding the above provision in the case of a pilgrim, this certificate shall indicate that two injections have been given at an interval of seven days and its validity shall commence from the date of the second injection.

The approved stamp mentioned above must be in a from prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate or erasure or failure to complete any part, of it, may render in invalid. La validite dece certificate couvre une period de six mois commencent six Jours a pres is premiere injection du vaccin ou, dans le cas d'une revaccination au cours de cette period de six mois jour de cette revaccination.

Nonobstant les despositions ci-dessus dans le cas d'un pelerin le present certificate doitlaire mention de duex injections partiquees a sept jours d intervalle et sa validire commence le jour de la seconde injection.

De cachet d authentification doit etre canforme au modele present perl administration sanitaite du territoire ou la vaccination est effectuee.

Toute correction ou rature sur le certificate ou l o. mission d' une quelconque des mentions qu il comporte pe u.t effecter sa validite.

**INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION
AGAINST YELLOW FEVER
CERTIFICATE INTERNATIONAUX DE VACCINATION OU DE REVACCINATION
CONTRE LA FIEVRE JAUNE**

This is to certify that } M. A. KHALEK date of birth } 26/02/92 Sex } M
JE Soussigne (e) certifie que } no (e) le } sexe }

Whose signature follows } [Signature]
dont la signature suit }

has on the Date indicated been vaccinated or revaccinated against yellow fever
a e' te' vaccine (e) ou revaccine' (e) contre le fièvre jaune a la date indiquée.

Date	Signature and professional Status of Vaccinator Signature et titre du vaccinateur	Manufacturer and batch no of vaccine Fabricant du vaccin et numé- ro du lot	Official stamp of vaccinating centre Cachet officiel du centre de vaccination
15 DEC 2021	<u>[Signature]</u> DR. MR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.		
2	<u>[Signature]</u>		

This certificate is valid only if the vaccine used has been approved by the world Health Organization and vaccinating centre has been designated by the health administration for the territory in which that centre is situated.

The validity of this certificate shall extend for a period of ten years, beginning ten days after the date of vaccination or, in the event of a revaccination within such period of ten years, from the date of that revaccination.

This certificate must be signed by a medical practitioner in his own hand; his official stamp is not an accepted substitute for the signature.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may render it invalid.

Ce certificat n' est valable que si le vaccin employé a été approuvé par l' Organisation Mondiale de la Santé et si le centre de vaccination a été habilité par l' administration sanitaire du territoire dans lequel ce centre est situé.

La validité de ce certificat couvre une période de dix ans commençant dix jours après la date de la vaccination ou, dans le cas d'une revaccination au cours de cette période de dix ans, le jour de cette revaccination.

Ce certificat doit être signé par un médecin de sa propre main, son cachet officiel ne pouvant être considéré comme tenant lieu de signature.

Toute correction ou rature sur le certificat ou l' omission d'une quelconque des mentions qu' il comporte peut affecter sa validité.

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING
GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH



Form No: SMC

SL NO. 04.2024.0050

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:

Name: Last KHALEK First MA Middle
Gender: (Male/Female) Nationality: BANGLADESHI Date: 03/03/2024
Occupation: Deck/Engine/Catering/Other (specify) Rank: SECOND ENGINEER
Father's/ Husband's name: MD YEASIN ALI C.D.C No. 4/46752
Mother's Name: MRS. MONOARA BEGUM Seaman ID No. 950003728
Address: House No. 531 Street/ Road No. SHAMIM SARON Passport No. E90099098
Locality/Village: WEST SHEWARARA NID No. 5085437522
P.O.: MIRPUR Date of Birth: 26/02/1992
P.S.: MIRPUR (DD/MM/YYYY)
District: DHAKA

DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:

I am duly authorized by the Department of Shipping, Government of the People's Republic of Bangladesh and confirm the followings:

1. Confirmation that identification documents were checked at the point of examination YES/NO
 2. Hearing meets the standards in section A-I/9 YES/NO
 3. Unaided hearing satisfactory? YES/NO
 4. Visual acuity meets standards in section A-I/9? YES/NO
 5. Colour vision meets standards in section A-I/9? YES/NO
Date of last colour vision test 03 MAR 2024
 6. Fit for lookout duties? YES/NO
 7. Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for service or to render the health of any other persons on board? YES/NO
 8. Any limitations or restrictions on fitness? YES/NO
- If YES, specify limitations or restrictions:

Duties:

Location/Vessel:

Medical/Other:

RADICAL HOSPITAL LIMITED
Uttara, Dhaka, Bangladesh

9. Medical fitness category : ☒ Fit-No restriction ☐ Fit-Subject to restrictions ☐ Unfit

10. Date of examination/Issue (DD/MM/YYYY) 03 MAR 2024

11. Date of expiry (DD/MM/YYYY) 02 MAR 2026 "No more than 2 years from the date of examination".

I have read the contents of the certificate and have been informed of the right to review.

Seafarer's Signature



DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Bldem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited
Name & Signature of the practitioner:

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, *Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997)*. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

- All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.

(d) Blood Pressure:

- An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

- Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

- All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements, and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

- Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics. Applicants diagnosed with, suspected of, or exposed to any communicable disease transmissible by food shall be restricted from working with food or in food-related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

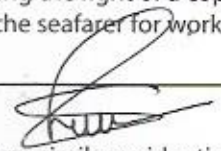
(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix 1):

1. Complete physical Examination.

2. Pathological Examination:

a. CBC b. ESR c. HBSAG d. LFT e. ECG f. RBS g. URINE R/M/E

03 MAR 2024


DR. MIR. MD. RAIHAN
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