#### REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER. As per Merchant Shipping (Medical Examination ) Rules 2000 and ISM / STCW code 1/9 and ILO convention 147 (MLC 2006) DR. MIR MD. RAIHAN MBBS, (DU), DFM RADICAL HOSPITAL LIMITED. 35 SHAH MAKHDUM AVENUE, UTTARA, DHAKA-1230. TEL: +88027920116, +88 01955567000. EMAIL: radical\_hospitals@yahoo.com SAROWER Sex: M Serial No: MD. MAHID 14/10/1987 PP/CDC: EH 0739378 Date of Birth: Rank: Vessel: Type: Route: SEABOURN CRUISE CRUISE SOHAN GARMENTS RUAD, Home Address: E: 48 DHAKA MOLLARTAKE, DOKHAINKHAN HOUSE CRUISE Company Name SEABOURN LINE Medical History Please answer the following to the best of your knowledge. Examiner Examiner Candidate Is there any past / present history of any of Declaration Record Declaration Record the following Yes No Yes No Yes No Yes No Severe one-sided headaches (Migraine) Head Injury / Concussion / Loss of Memmory Hemia / Hydrocoele / Appendicitis High / Low blood pressure / Heart disease Asthama / Bronchitis / Tuberculosis Fits / Epilepsy / Dizziness / Fainting Eye / Vision Problems (Glasses, etc. Allergy / Skin disease Hearing Impairment Infection / Contagious Disease Ear / Nose / Throat problems Addication to alcohol / drugs / tobacco Stomach / Bowel disorders Fracture / Dislocation / Injury / Amputation Gall stones / Kidney disorders Major / Minor Operation Diabetes Jaundice / Liver Disease Piles / Varicose veins Nervous / Mental disease / Sleep disorder Blood Disorder Mallignant disease ( Cancer) Female Disorder Signed off on medical grounds / Declared Unfit Medical Examination hest Insp-Exp Blood Pressure in mm of Hg General Condition 43-41 176an 120/80 Mm 124 78 19 5/mir Smin evol Distant Vision Corrected 1000 2000 3000 Field of Vision Audiometry 5000 | 6000 | 8000 20 20 Right Eye Right Ear Norma Abnormal Left Eye Left Ear Left ear Normal Right Ear Abnormal Hearing Normal Abnormal Systemic Examination Notes Normal Abnormal Normal Abnormal Head & Neck Respiratory system FIT FOR SEA SERVICE Cardiovascular system Ears / Nose / Throat Per Abdomen Teeth / Oral Cavity AS Genito-urinary system Musculo-Skeletal system Others AS PER MLC 2006 Nervous system Hernia / Hydrocoele Reflexes Varicose Veins Enhanced GARD Medicals done Fissure/Fistula/Piles Investigations Blood Result Normal Urine Hemoglobin gm% Colour Total WBC coun 4000-11000 / cu.mm Specific Gravity Neu S O Malarial parasite % E0807 00% MO pH Albumin NI mm / 1st hour 15 mm / hr Sugar NI & U/L SCPT 9--43 U / L Bile pigment S.Cholesterol mg/dl 145--260 mg / dl Bile salts €mg/dl S.Triglycerides Blood Sugar upto 200 mg/di Occult blood upto 125 mg % RBC cells Nil HbsAg Leucocytes HIV I & 11 Others VDRL Spirometry: Others GGTP U/L Blood Group Drugs of ECG: Nonma TMT: Abuse: X-Ray Chest: Nonme USG: Result of Medical Examination On the basis of the examinee's history, clinical examination and diagnostic tests, I,Dr. MIR MD Raihan , hereby declare the examinee medically Fit Unfit Temporarily unfit Permanently unfit Should be re-examined in days / weeks / months. Remarks Recommendations certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporate dip this Certificate This certificate is valid till: 15 MAR 2026 Candidate's Signature Mol. Holist.

Official Stamp

HOSPIL

Doctor's signature:

BMDC A-55144 MMC

DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited

04.2024.6157

Date: 16 MAR 2024

### Annex III: Draft Format of a Seafarer Medical Certificate

# SEAFARER MEDICAL CERTIFICATE

(issued under the authority of authorising country details.)

This Medical Certificate has been issued in accordance with the provisions of the (International Convention on Standards of Training, Certification and Watch-keeping for Seafarers STCW 1978, as amended (STCW) Regulation I/9, Maritime Labour Convention 2006 (MLC 2006) Regulation 1.2 and regulation xxx of the authorising country)\*as applicable

#### SEAFARER INFORMATION

Surname: SAROWER GI	ven Name (s): MD · NAHT D
Date of Direct (any time) /////	Document no: 10295154 Male/Female
Capacity that the seafarer will serve onboard serve in:	
Deck: Engineer GMDSS Rating Catering Ot	ther CHEF
DECLARATION OF APPRO	OVED** MEDICAL PRACTITIONER
1	/ 100
confirm that identification documents were checked: *	ES / NO
Does the seafarers hearing meet medical standards*?	YES / NO
Is unaided hearing satisfactory*?	YES / NO
S dillotte it all its grant and	
Vision acuity meets medical standards*?	YES / NO
Colour vision meets standard*?	VES / NO
Date of last colour vision test? (dd/mm/yyyy) 16 MAF	2024
Is the seafarer fit for lookout duties: YES/NO/Not applica	able
Is the seafarer free from any medical condition likely to such service or to endanger the health of other persons	be aggravated by service at sea or render the seafarer unfit for on board? YES/NO
Is the seafarer fit for service? YES/ NO	
Are there any limitations or restrictions on fitness? If so	specify the limitation.
N. 20, TO 10, TO 10, ₹ N. 10, TO 10,	20.
	a Hospita



I hereby confirm that the medical examination has been carri	ed out in accordance with the ILO/IMO Guidelines on the
Medical Examinations of Seafarers and the national guideline	s of the authorising Administration.
Name of Approved** Medical Practitioner:	
	DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
	BMDC A 55144 MMC-BGD-016 DG Shipping Bangladesh Approved
Signature of Approved** Medical Practitioner:	General Physician Radical Hospitals Limited
4 C MAD 2024	
Date of Examination (dd/mm/yyyy) : 16 MAR 2024	Stamp/Seal AHOSOV
1 5 1440 2020	As Per-Mat.C-2006
Expiry date of certificate (dd/mm/yyyy): 15 MAR 2026	Barcante Na
SEAFARER ACKNO	WLEDGEMENT
I Name of seafarer confirm that I have been informed of the	contant of cartificate and the right to get a review ***
MD. NAHID SABOWER	
Signature: Md Nelitor framum Date:	: (dd/mm/yyyy)1
* For parcaps who are assisted this board as fet assessing	

- \* For persons who are assigned shipboard safety, security or environmental protection duties, the medical standards referenced on the certificate are the standards as specified in STCW Regulation I/9 and any other standards as specified by the authorizing Administration. For any other persons serving onboard, the medical standards shall be as specified by ILO and the authorizing Administration.
- \*\* The Medical Practitioner shall be approved by the national Administration, after inspection of medical facilities/recordkeeping, to carry out STCW/ILO medical examination.
- \*\*\* The review shall be carried out by a body/Medical Practitioner authorized by national Administration and this information should be made available to the seafarer

#### Annex II - Medical Examination Form

CONFIDENTIAL FORM

Pre-se	ea Exam Periodic Exam		62			
Name	(last, first, middle): SAROWER	_ M	D. WAHED			
Date o	of birth (day/month/year): <u>14</u>	_/_1	1 1987	Sex: male female		
	nality : BANGLADESHI					
Home	address: CHUADANGA I BANG	ument N	lo.: <u>10295</u>	5154		
Туре	of ship (e.g. container, tanker, pa	assenger	, fishing): PA	SSENGER		
Trade	area (e.g., coastal, tropical, wor	ldwide):	- WORLDWI	DE		
Exam	inee's personal declaration					
(Assis	stance should be offered by medi	cal staff,	)			
Have	you ever had any of the following	ng condit	ions:			
	Condition	Yes	No	Condition	Yes	No
1.	Eye/vision problem		18.	Sleeping problems		
2.	High blood pressure		19.	Do you smoke?		
3.	Heart/vascular disease		20.	Operation/surgery		
4.	Heart surgery		21.	Epilepsy/seizures		
5.	Varicose veins		22.	Dizziness/fainting		
6.	Asthma/bronchitis		<b>∠</b> 23.	Loss of consciousness		I
			24.	Psychiatric problems		I
7.	Blood disorder			1 Sycillative problems		
7. 8.	Blood disorder Diabetes		25.	Depression		
			25. 26.			
8.	Diabetes		1000 (100) (1000 (1000 (1000 (1000 (1000 (100) (1000 (1000 (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (1000 (100) (100) (1000 (100) (100) (1000 (100) (1000 (100) (100) (100) (100) (100) (1000 (100) (	Depression		
8. 9.	Diabetes Thyroid problem		26.	Depression Attempted suicide		
8. 9. 10.	Diabetes  Thyroid problem  Digestive disorder		26.	Depression  Attempted suicide  Loss of memory		

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stcw@bakamasmaritime.com mlc@bakamasmaritime.com

1.4	L.F I		_	•			_
14.	Infectious/contagious diseases			31.	Restricted mobility		
15.	Hernia			32.	Back problems		1
16.	Genital disorders		9	- 33.	Amputation		
17.	Pregnancy	NA	- 🗆	34.	Fractures/dislocations		
If an	y of the above questions were an	swered	"yes,"	please {	give details.		
Δdd	itional questions						
Aud	donal questions						
						Yes	No
35.	Have you ever been signed off a	s sick or	repati	riated fr	om a ship?		
36.	Have you ever been hospitalized	?					9
37.	Have you ever been declared un	fit for s	ea duty	/?			
38.	Has your medical certificate ever	been r	estrict	ed or re	voked?		9
39.	Are you aware that you have any	/ medic	al prob	lems, di	iseases or illnesses?		Ó
40.	Do you feel healthy and fit to perposition/occupation?	rform ti	ne duti	es of yo	ur designated	Æ	
41.	Are you allergic to any medicatio	ns?					4
Com	ments,			***			
	FIT FOR	RDUTY	ON B	DARD S	HIP]		
						23	
42.	Are you taking any non-prescript	ion or p	rescrip	otion me	edications?	П	4
							100000

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mlc@baharoasparitime.com

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If yes, please list the medications taken and the purpose	e(s) and dosage(s).
I hereby certify that the personal declaration above is a	true statement to the best of my knowledge.
Signature of examinee: Mol Notice Guum Date (day/month/year	1 6 MAR 2024 )://
Witnessed by: (Signature) Name: (Typed or printer	DR. MIR. MD. RAIHAN  MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  BMDC A-55144, MMC-BGD-016  DG Shipp.ng Bangladesh Approved  General Physician  Radical Hospitals Limited.
I hereby authorize the release of all my previous medical	records from any health professionals
health institutions and public authorities to Dr (the ap medical examinations).	proved medical practitioner carrying out the
Signature of examinee: Mol. No. Date (day/month/year):	1 6 MAR 2024 ://
Witnessed by: (Signature) Name: (Typed or printe	DR. MIR. MD. RAIHAN MBSS (DUI), DFM. CCD (Birdem), PGT (Ophth) dBMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.



Sight									
	Visual a							Visual fie	lds
	Unaided	1		Aided	Janes			Normal	Defectiv
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular	Right eye	~	
Distant	618	234	1				Left eye	~	
Vear	at	M							1
			ed Norn		□ Doub		Defective Speech and	d whisper t	est (metr
Hearing	Pure to 500 Hz		udio metry (					d whisper t	
Hearing	Pure to 500 Hz	one and a 4,000 Hz	udio metry ( 2,000 Hz	threshol	d values 4,000	in dB)			est (metre Whisper
Color vis	Pure to 500 Hz	4,000 Hz U 20	udio metry ( 2,000 Hz	threshol 3,000 Hz	d values 4,000	in dB)	Speech an		

stcw@bahamasmaritime.com mlc@bahamasmaritime.com

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	Normal	Abnormal		Normal	Abnormal
Head			Skin		
Sinuses, nose, throat			Varicose veins		
Mouth/teeth	d		Vascular (inc. pedal pulses)	I	
Ears (general)			Abdomen and viscera	9	
Tympanic membrane	$\Box$		Hernia		
Eyes	9		Anus (not rectal exam.)	9	
Opthalmoscopy			G-U system	o .	
Pupils	9		Upper and lower extremities	ď	
Eye movement	9		Spine (C/S, T/S and L/S)	ď	
Lungs and chest			Neurologic (full brief)	ď,	
Breast examination	MA		Psychiatric	ď,	
Heart			General appearance	ď	
Chest X-ray: No	ot perform	ed De	formed on (day/month/year):	/ 16 MAR	2024
Results:	Nor	mel C	host X-Ray	<i>ڪ</i>	

Protein:

Glucose:

Urinalysis:



	diagnostic test(s) and			
Test 🔎	B1000-+c	iture	Result NON	mal.
Medica	al practitioner's comn	nents:		
		FIT FOR DUTY O	N BOARD SHIP	
Vaccina	ation status recorded	: ✓ Yes ☐ No		
Assess	ment of fitness for se	ervice at sea		
On the results	basis of the examine recorded above, I de	e's personal declaration clare the examinee med	, my clinical examinatio	on and the diagnostic test
Fit	for look-out duty 🔲	Not fit for look-out duty		
7	Deck service	Engine service	Catering service	Other services
Fit				
Unfit				
Withou	ut restrictions Wit			
WILLIOU	it restrictions / with	h restrictions 🗌		
Describ	pe restrictions (e.g., s	pecific positions, type of	ship, trade area)	
		CalHo	25P(a)	
		As Per-M	nc-2008	
B103 R	ev.03 SEAFAF	RER MEDICAL EXAMINA	TION AND CERTIFICAT	E Page 17 of 22

B103 Rev.03 Contact:

SEAFARER MEDICAL EXAMINATION AND CERTIFICATE stcw@bahamasmaritime.com

+44 20 7562 1300

Action taken by m	edical examiner (e.g., referral):
Place of examinat	Ultara, Dhaka, Bangladash
Date of examination	on (day/month/year):16/MAR 2024
Medical certificate	's date of expiration (day/month/year)://
Official stamp:	As Per-MIC-2008
Signature of medic	- Colle
Name of medical p	DR. MIR. MD. RAIHAN  MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)  BMDC A-55144, MMC-BGD-016  DG Shipping Bangladesh Approved  General Moderation and Bandladesh Approved  Regional Moderation and Bandladesh Approved Approve







ID NO : 24030385

Date : 16/03/2024

Patient's Name: MD.NAHID SAROWER

Age : 36Y5M2D

Ref. By

: DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM-C/D/C/102951! Sex

Specimen ; Blood

(Relevent estimations were carried out by KT -44 Haematology Analyzer with checked manually)

#### HAEMATOLOGY REPORT

Parameter	R	esults	Reference Values	Histogram
Haemoglobin(Hb) ESR(Westergren)	15.5 05	g/dl mm/1st hr	M:12-16, F:10-14.0 g/dl M:0-10, F:0-20 mm/1st hr	1
TOTAL WBC COUNT	7,800	/cumm	4,000 - 11,000 /cumm	
DIFFERENTIAL COUNT			AT THE OUTSTAND AND THE POST OF STREET AND ADDRESS OF THE OUTSTAND	
Neutrophils	50	%	(40 - 75)%	404/11/11/11/11
Lymphocytes	38	%	(20-45)%	WBC CURVE
Monocytes	07	%	(2-10)%	
Eosinophils	05	%	(1-6)%	48.
Basophil	00	%	0-1 %	
TOTAL CIR. EOSIONOPHIL COUNT	390	/cumm	40 - 450 /cumm	
TOTAL PLATELET COUNT(PC)	265,000	/cumm	1,50,000-4,50,000 /cumm	Till 1
MPV	10.4	fL	7.0 -11.0 fL	distant.
PDW-CV	16.6	%	10 - 18 %	PLT CURVE
PCT	0.28	%	0.10 - 0.28	TET CONTE
P-LCR	29.3	%	9.00 - 45.00%	A
P-LCC	78	x10^3/uL	13 - 129 x10^3/uL	A
RBC COUNT	5.55	m/ul	M: 4.5-6.5, F: 3.8-5.8 m/ul	
HCT/PCV	50.6	%	M: 40-54%, F: 37-47%	
MCV	91.1	fL	76-94 fL	Alla
MCH	28	pg	27-32 pg	RBC CURVE
MCHC	30.7	g/dL	29-34 g/dL	KBC CUKVE
RDW SD	46	fL	30.0-57.0 fL	
RDW CV	15.6	%	10-16%	

Checked By ...... Medical Technologist. Redical Hospital Ltd. Uttara, Dhaka. Dr. S.M.Shariar Rizvi MBBS,MD(BSMMU) Consultant Dept.Of Microbiology Redical Hospital Ltd.



Bill No	DIA24030385	Receive	d Date	16/03/2	2024
Patient's Name	MD NAHID SAROWER	w			
Patient's Age	36Y 5M 2D		Patient's	s Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(	BIRDEM),PGT(Eye),DFM	И С	DC NO	10295154
Sample	BLOOD				

## BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.3 mmol/L	4.2 – 6.4 mmol/L
Serum Bilirubin (Total)	0.60 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	26.0 U/L	Up to 40 U/L

### REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checker By

Medical Technologist. Radical Hospital Ltd. Dr. Sumanya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.



radical\_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA24030385	Receive	ed Date	16/03/2	2024
Patient's Name	MD NAHID SAROWER				
Patient's Age	36Y 5M 2D		Patient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(B	IRDEM),PGT(Eye),DFM	И С	DC NO	10295154
Sample	BLOOD				

## SEROLOGICAL REPORT

HBsAg (Method: (ICT)	Negative



Checked

Medical Technologis Radical Hospitals Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital



radical\_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA24030385	Received D	ate   16/	03/2024
Patient's Name	MD NAHID SAROWER			
Patient's Age	36Y 5M 2D ·	Pa	tient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRD	DEM),PGT(Eye),DFM	CDC N	IO 10295154
Sample	URINE	And the second of the second o		

### URINE ROUTINE EXAMINATION

# PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-1/HPF
Sediment	Nil	Epithelial	0-1/HPF

### CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil	
Albumin	Nil	WBC	Nil	
Sugar	Nil	Epithelial	Nil	
Ex.Phosphate	Nil	Granular	Nil	
	KAL	Hyaline	Nil	

### ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked\By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital. **Test Name** 



Bill No	DIA24030385	Receive	d Date	16/03/2	2024
Patient's Name	MD NAHID SAROWER			The state of the s	
Patient's Age	36Y 5M 2D Patient's Sex M		Male		
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCI	D(BIRDEM),PGT(Eye),DFM	1 C	DC NO	10295154
Sample	URINE		3-31-71		

#### DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Result

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumarya-Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospita!.

radical\_hospitals@yahoo.com, www.radicalhospital.com



# **DEPARTMENT OF RADIOLOGY & IMAGING**

ID No

24030385

Receive: 16/03/2024

Print: 16/03/2024

Patient's Name

MD NAHID SAROWER

Age

**36 YRS** 

Sex

M

Refd. by

Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

### X-RAY OF CHEST (DIGITAL)

Diaphragm

: Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart

Normal in T.D.

Lung

Lung fields are clear.

Bony thorax

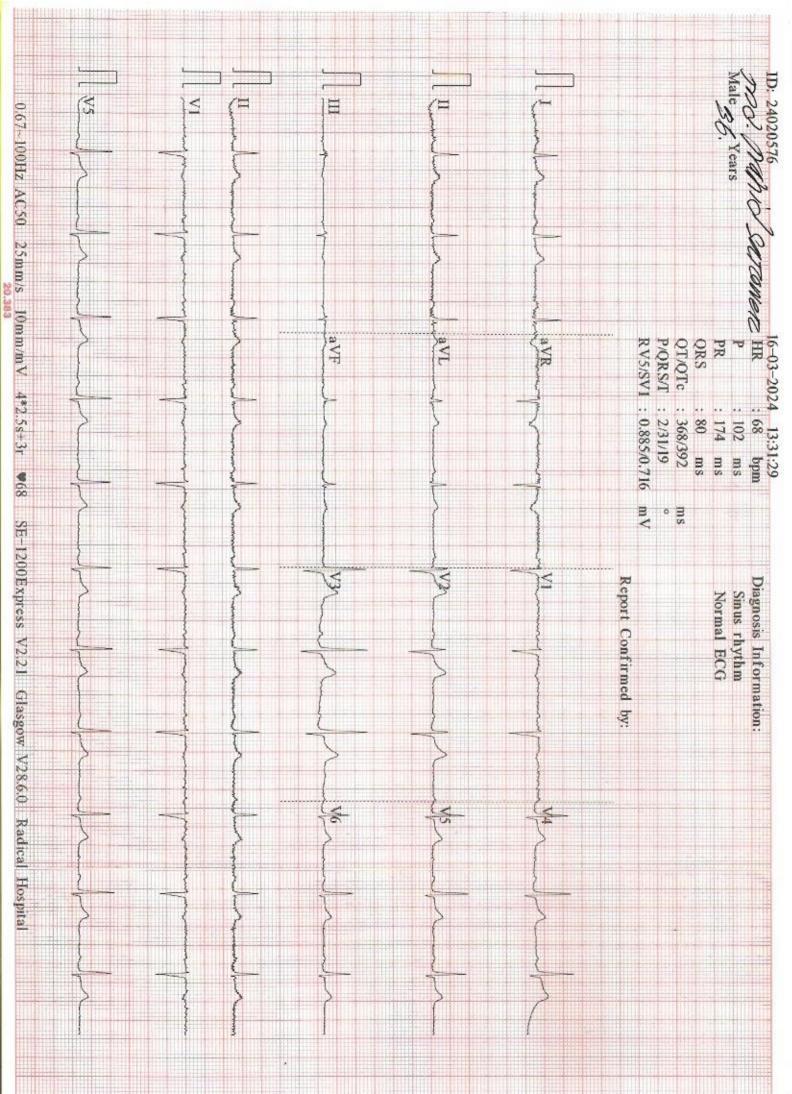
Reveals no abnormality.

Comments

: Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging) Head of the Department (Radiology & Imaging) Sylhet Women's Medical COllege Hospital



RADICAL HOSPITAL

radical\_hospitals@yahoo.com, www.radicalhospital.com

# **DEPARTMENT OF RADIOLOGY & IMAGING**

Sex

: M

ID. No. : 24030385 Receive: Print: 16/03/2024

Patient's Name : MD NAHID SAROWER

Age : 36 YRS

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

# ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 68 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.

Dr. Debashish Paul

MBBS, MD (Cardiology)

Associate Professor

Department of Cardiology

Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1