

HAQUE & SONS LTD.



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Accredited By BMDC Accreditation No. A 55144

PATIENT CONTROL NUMBER: H678

MEDICAL EXAMINATION CERTIFICATE

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40 Do	you feel healthy and fit to po	erform the o	duties of you	r designated	I position/occupation?
	re you allergic to any medications	s?			
comments:		FOR DUT	Y ON BO	ADD OLUE	5
42 Are					J
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yes, pieas	se list the medications taken and	tne purposi	e(s) and dosa	ige(s)	
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Dr. Mir N	Md. Raihan (approved medical o	oractioner\ L:	also certify th	at my histor	professionals, health institutions and public authorities y contained above is true and any false statement will
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Pupils	Sopy		W			(C/S, T/S and			4/ 1
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Lungs and			X.			hiatric	50		600
Breast exar			NM			ral appearance		-	10
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ECG		1882	BILIRUBIN	_	0	->7	Alcohol Test	Pos	itive Negative
00/11/	BLOOD R	E and =	SGPT	_		0	URINE R/E		(IX)
DC(differen		10100	SGOT	1 4115	ALCOHO	15/	UD-A-	OTHERS	
Contract of Contract Contract Con-	OBIN (HGB))	13.1			ALCOHOL		HBsAg		activ / Nagreacti
	TERGREN)	12000	Morphine	and the last of th		Negative Negative	HIV / AIDS Test VDRL		activ Donreacti
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HBA1C		2:3	Cocaine	VIC		Negative	Others(KUB Ultrasc		1000
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sessment of the basis of	f the examine	e's personal de			xamination	and the diagno	stic test results re		
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Revision Date : 24th July 2022

MEDICAL EXAMINATION REPORT/CERTIFICATE

MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

REPUBLIC OF THE MARSHALL ISLANDS

SURNAME			GIVEN NAME(S)		
TAREK			SHAMS UDDIN		
DATE OF BIRTH			PLACE OF BIRTH		
7	28	1992	CHAPAINAWABGANJ	BANGLADESH	SEX
MONTH	DAY	YEAR	CITY	COUNTRY	☑ MALE ☐ FEMALE
EXAMINATION FO	R DUTY AS:		MAILING ADDRESS OF A	PPLICANT:	
MASTER			150, FLAT NO. 2B, MODE	IUBAZAZ,	
DECK OFFIC	ER		WEST DHANMONDI,		¥1
ENGINEERIN	IG OFFICER	3	DIST. DHAKA,		
RADIO OFFIC	CER		BANGLADESH.		
RATING					
			E FOR MEDICAL REQUIREMENTS) S		N REVERSE SIDE
HEIGHT WEIGHT	BLOC	DD PRESSURE	PULSE RESPIRATI	ION GENERAI	APPEARANCE
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VISION: WITHOUT GLASSES	RIGHT EYE	EYE	HÉARING	i:	
WITH GLASSES	066	-,000	5	and .	m
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COLOR TEST TY		21		/	O" EXPLAIN ON PAGE 2)
	NTACT LENS	SES NECESSARY TO	MEET THE REQUIRED VISIO	ON STANDARD? Y	: No
HEAD AND NECK		_	HEART (CARDIOVASCUL	AR)
	1	812000	2/	NOI	mal
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LUNGS		Vann	SPEECH (DE	ECK/NAVIGATIONAL OF MPAIRED FOR NORMAL 1	FICER AND RADIO OFFICER)
EXTREMITIES:		Victoria			09
	. ,	Noon	n/	0/	anna 1
UPPI	.R	rongra	LOWER	110	11100000
IS APPLICANT VACCIN	ATED IN ACCO	ORDANCE WITH WHO	RECOMMENDATIONS? Yes	No 🗌	
IS APPLICANT SUFFERING AT SEA OR LIKELY TO ENI	FROM ANY DIS DANGER THE HE	EASE LIKELY TO BE AG ALTH OF OTHER PERSO	GRAVATED BY WORKING ABOARD ONS ON BOARD? YES NO		ER HIM/HER UNFIT. FOR SERVICE
IF YES, PLEASE ENTER EX	PLANATION IN	THE SECTION AT THE B	OTTOM OF ON PAGE 2		
IS APPLICANT TAKING AN	Y NON-PRESCR	IPTION OR PRESCRIPTION	ON MEDICATIONS? YES NO	N	
	-10	99K_	2 0 MAR	2024	19 MAR 2026
	SIGNATURE OF	APPLICANT	DATE OF EXAM	MNATION	EXPIRY DATE
THIS SIGNATURE SHOU	LD BE AFFIXED	IN THE PRESENCE OF T	HE EXAMINING PHYSICIAN.		
THIS IS TO CERTIFY	THAT A PHY	SICAL EXAMINATI	ION WAS GIVEN TO:	SHAMS UDDIN	TAREK
			Y ON BOARD SHIP		
				NAME OF APPL	JOANT
	_		BLE DISEASE (OR VIRUSES FOR O		NOC TON
SEAFARER IS FOUN	ID TO BE FI	T / 🗌 NOT FIT FOR D	OUTY AS A 🗌 MASTER 🔲 DECH	K OFFICER / ENGI	NEERING OFFICER /
LI RADIO OFFICER	/ RATING /	☐ CHIEF COOK / ☐	DOOK WITHOUT ANY REST	RICTIONS / WITH	THE FOLLOWING
RESTRICTIONS:					
NAME AND DEGREE OF	F PHYSICIAN	DR. MIR MD.	RAIHAN; M.B.B.S(D.U.), REG	. NO. A-55144	
ADDRESS RADICAL	HOSPITALS L	IMITED 35, SHAH M.	AKHDUM AVENUE ,SECTOR-12	UTTARA, DHAKA-I	230. BANGLADESH
NAME OF PHYSICIAN'S	CERTIFICATIN	IG	DG SHIPPING BANGLADESH		
DATE OF ISSUE OF PHY			2014	1 133 (42)	Sel la
SIGNATURE OF PHYSIC	TAN TIME				2 0 MAR 2024
				1202	DATE
This certificate is issued b	y authority of the	Maritime Administrator	and in compliance with the requirement	s of the Interferonal Con	nvention on Standards of Training.

Certification and Watchkeeping for Seafarers 1978, as amended, and the Maritime Labor Convention 2006, as amended. (As Per-MLC-2008)

Rev. Mar/2022DR. MIR. MD. RAIHAN

MEDICAL REQUIREMENTS

MI-105M

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a medical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This medical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the scafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57 m) and in poorer car at 5 feet (1.52 m).
- (b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in
 the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color
 perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply with C.I.E.
 Standards 1 or 2.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c) Dental
 - Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
 - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
 - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
 - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.
- (g) Diseases or Conditions
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
 - Applicants for able scafarer, bosun, GP-1, ordinary scafarer and junior ordinary scafarer must meet the physical requirements for a
 deck/navigational officer's certificate.
 - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION

To be completed by examining physician; alternatively, the examining physician may attach an equivalent form. (See RMI MG 7-47-1, §3.3).

- 1. COMPLETE PHYSICAL EXAMINATION. INCLUDING HEARING TEST.
- 2, PATHOLOGICAL EXAMINAT A) Complete Blood Count. B) Blood Sugar Estemation C) Serological Test(VDRL)

D) Hepatitis B Sarface Antegen Test(HbsAg), E) Urinlysis F) Drug Test G) Alcohol Test

- 3. X RAY EXR PA VIEW
- 4. E.C.G. TEST
- 5. EYE EXAMINATION FOR V/A & C/V

As Per-MIC-2006

DR. MIR. MD. RAIHAN
MSBS (DU) DFM CCD (Birdem), PGT (OphMI-105M
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Rev. Mar/2022



HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh. Tel: +88 02333316214-6

Name	SHAMS UDDIN TAREK	Date	19-Mar-2024
Age	31	Sex	MALE
Passport No	A13510148	CDC No	C07777
Sample	BLOOD	Rank	2ND ASST ENGINEER

BIOCHEMISTRY REPORT COMPARE

Vessel Name:	GINGA OCELOT	GINGA OCELOT	
	After Sign-Off	Before Sign-On	Reference Range
Date of Report	21.91.2023	20.03.2021	-
Serum Bilirubin	0.43	0.54	0.2 - 1.1 mg/dl
Serum S.G.O.T/A.S.T	24	23	Up to 37 U/L
Serum S.G.P.T.	22	26	Up to 42 U/L

DOCTOR'S REMARKS:

No Restrictions



Doctor Seal & Signature

DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician

Radical Hospitalon Date: 24th July 2022





Date

ID NO : 24030501

Patient's Name: SHAMS UDDIN TAREK

Age : 31Y 7M 21D

20/03/2024

Ref. By

: DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM -C/O/7777

Sex : Male

Specimen : Blood

(Relevent estimations were carried out by KT-44 Haematology Analyzer with checked manually)

HAEMATOLOGY REPORT

*Maximum		STREET,	10/19/19/19/19/19/19/19/19/19/19/19/19/19/	
Parameter	R	esult s	Reference Values	Histogram
Haemoglobin(Hb) ESR(Westergren)	13.1 12	g/dl mm/1st hr	M:12-16, F:10-14.0 g/dl M:0-10, F:0-20 mm/1st hr	
TOTAL WBC COUNT	10,000	/cumm	4,000 - 11,000 /cumm	A Jilli
DIFFERENTIAL COUNT				
Neutrophils	55	%	(40 - 75)%	
Lymphocytes	35	%	(20-45)%	WBC CURVE
Monocytes	06	%		
Eosinophils	04	%	(1-6)%	ell.
Basophil	00	%	0-1 %	
			VI.	
	THE ALTON A	/cumm	The state of the s	.0014
		/cumm		
		fL		
				PLT CURVE
10.4 (1				A
P-LCC	85	x10^3/uL	13 - 129 x10^3/uL	A
RRC COUNT	5 80	m/ul	M: 45-65 E: 39-59 m/ml	
	1505 (505)	Carlotta and and and and and and and and and an		
A Control of the Cont			- 57 0 5 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	ARA I
				RBC CURVE
		2.77530		
	TOTAL WBC COUNT DIFFERENTIAL COUNT Neutrophils Lymphocytes Monocytes Eosinophils	Haemoglobin(Hb)	Haemoglobin(Hb)	Haemoglobin(Hb)

Checked By...... Medical Technologist. Redical Hospital Ltd. Uttara, Dhaka. Dr. Sumaiya Chatun MBBS,MD (Gold Medilist) (BSMMU) Associate Professor Dept.Of Microbiology East West Medical College & Hospital.



Bill No	DIA24030501				
Patient's Name		Received [Date 2	0/03/2	2024
Patient's Age	31Y 7M 21D	Po	tiont's C		
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PG	T/Eva\ DEM	itient's S		Male
Sample	BLOOD	(Eye),DFM	CDC	NO	C/O/ 7777

BIOCHEMISTRY REPORT

Test Name	Result	Poforones D
Davids Bloom		Reference Range
Random Blood Sugar (RBS)	5.3 mmol/L	4.2 - 6.4 mmol/L
Serum Bilirubin (Total)	0.57 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	26.0 U/L	Up to 40 U/L
Serum AST (SGOT)	23.0 U/L	
HbA1C	DIOAL	Up to 37 U/L
TIEATO TO	5.1 %	4.0- 6.0 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumarya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.



Test Name

Bill No	DIA24030501	Received Da	te 20/03/2	2024
Patient's Name	SHAMS UDDIN TAREK			-
Patient's Age	31Y 7M 21D	Patie	ent's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 7777
Sample	BLOOD			

SEROLOGICAL REPORT

	FELSING WILLIAM
HBs Ag (Method : (ICT)	Negative
HIV 1 & 2 (Method : (ICT)	Negative
VDRL	Non-reactive
BLOOD GROUPING RESULT	
ABO Blood Group	"O" (+ve)
Rh (D)Factor	Positive

Result

CheckedBy

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.



Bill No	DIA24030501	Received D	ate 20/03	/2024
Patient's Name	SHAMS UDDIN TAREK			
Patient's Age	31Y 7M 21D	Pat	ient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(8	BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 7777
Sample	URINE			0.0.1771

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-2/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
	THE	Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked

Medical Technologist, Radical Hospital Ltd. Dr. Sumarya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

Test Name

Bill No	DIA24030501	Received Date	20/03/2	2024
Patient's Name	SHAMS UDDIN TAREK			
Patient's Age	31Y 7M 21D	Patier	nt's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PG	T(Eye),DFM	CDC NO	C/O/ 7777
Sample	URINE			Sign

DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

	Result
Drug Level of Urine	
Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Result

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumary Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.



Patient ID	24030501	Voucher No	
Test Name	USG OF KUB	Delivery Date	20/03/2024
Patient Name	SHAMS UDDIN TAREK	NUM	20.00,2021
Age	31 Yrs	Sex	Male
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(

THANK YOU FOR THE COURTESY OF THIS REFERRAL

RT KIDNEY: - Is normal in size regular in shape and position. Bipolar length – 8.7 cm. The cortical echogenicity are normal with clear cortico–medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness.
P-C systems are not dilated.

LT KIDNEY: - Is normal in size regular in shape and position. Bipolar length – 9.6 cm. The cortical echogenicity are normal with clear cortico—medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness.
P-C systems are not dilated.

URETER: There is no dilatation in both ureter.

URINARY BLADDER: Is well filled. Wall thickness is regular and within normal limit.

No intravesicle lesion is seen

PROSTATE: Normal in size, volume is- 17.4 cc regular in shape. Echogenicity is homogenous.

No area of calcification is seen.

COMMENT: Suggestive of Normal study.

Dr. Asma Ahmed MBBS,CMU,DMU

PGT(Gynae &Obs) Advanced Training on TVS Consultant Sonologist



REF: MT. GINGA OCELOT

DATE: 20/03/2024

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: SHAMS UDDIN TAREK RANK: 2A/ENG CDC NO: C/O/7777

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

616

666

AIDED

COLOUR VISION:

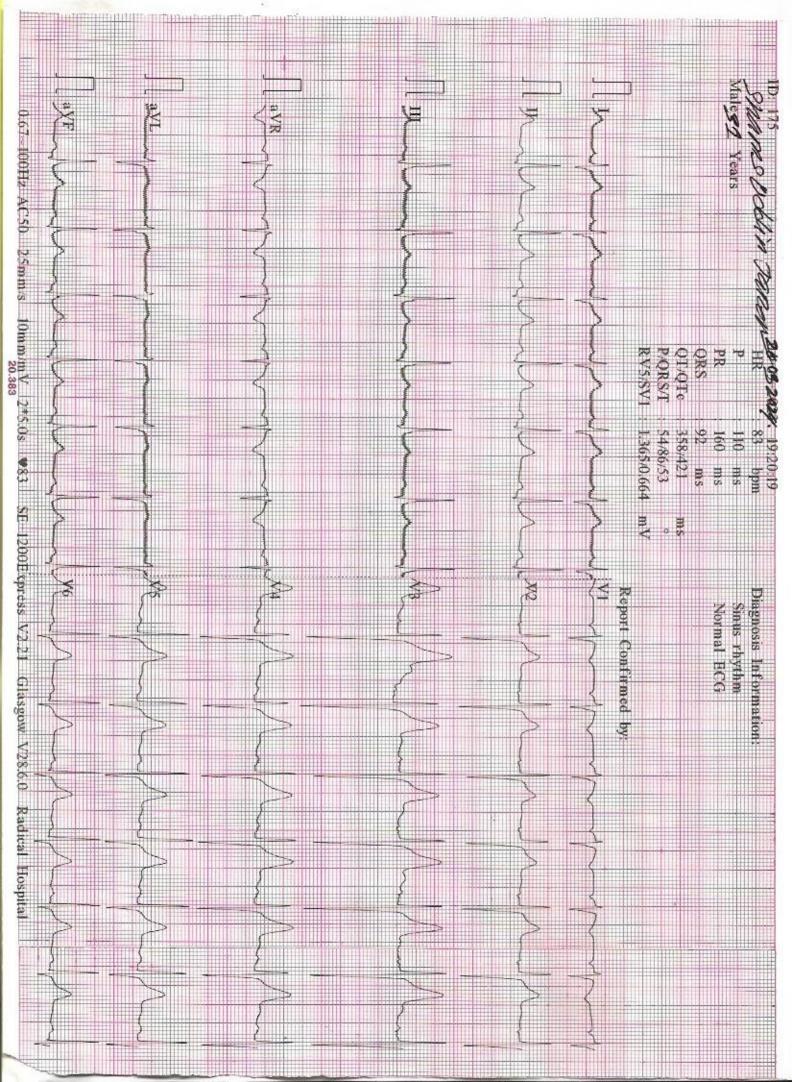
NORMAL / BLIND-

OPINION

UNFIT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan MBBS, PGT (Ophthalmology) Assistant Registrar (EX)

East west Medical College & Hospital





DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24030501 Receive:20/03/2024 Print: 20/03/2024

Patient's Name : SHAMS UDDIN TAREK

Age : 31 YRS Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart : Normal in T.D.

Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION SHAMISUODID TONES AGAINST CHOLERA

This is to certify that whose signature follows \ Date of birth 28 Jul 1992 Sex MAR .

has on the date indicated been vaccinated or revaccinated against Cholera

Date	Signature and Professional status of vaceinator	Approved Stamp		
LO WER TRA	DR. M.R. MD. RAIHAN MSBS (DU), DFM. CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited.	Ss, Shah Makhdum Avenue Uttoro, Dhaka		
2				
3		3	4	
4			en entre entre en	
5		5	6	
6				
7		7	8	
8				

Continued overleaf Suite our erso

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION #### (SODDIE) AGAINST YELLOW-FEVER

This is to certify that whose signature follows

Date of birth 22711 - 199 Bex

MAIB

has on the date indicated been vaccinated or revaccinated against yellow-fever

Date	Signature and Professional status of vaccinator	Origin and batch no, of vaccine	Official stamp of vaccination centre
O HAR ZET	DR. ATR. MD. RAIHAN MBBS (DU) DFM. CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited.	10 L NO 101	35, Shah Makhdum Averso Utters, Dheka
	- -	2-2	
2	*		
3		10000	3 4
4		21 200	

This certificate is valid on only if the vaccine used has been approved by the World Health Organization and if the vaccinating centre has been designated by the health administration for the territory in which that centre is situated.

The validity of this certificate shall extend for a period of ten years, beginning ten days after date vaccination or in the extent of a revaccination within such period of ten years, from the date of that revaccination.

Any amendment of this certificate, or erasure, of failure to complete any part of it may render it invalid.