

HAQUE & SONS LTD.



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Accredited By : BMDC Accreditation No. A 55144

PATIENT CONTROL NUMBER: HSL-003829

MEDICAL EXAMINATION CERTIFICATE

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the Seafarer free from any medical conditions likely to be aggravated by service at sea or to render the seafarer unfit for such service of	the Seafarer free from any medical conditions likely to be aggravated by service at sea or to render the seafarer unfit for such service of			GATIA gnature of Sea ssessment of a the basis of aminee medic	f fitness for the examine cally.	ee's personal de	eclaration, my cli it for lookout duti- ck service	es	Engine serv	ice	Not fit for Catering se		Other services
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In Accordance with Medical Examination (Sealarers) Convention 4 Approved and STCW 1978/1996 as Am

General Physician

Rapical Hospitals Limited

Revision: 5.1

Revision Date : 24th July 2022

MEDICAL EXAMINATION REPORT/CERTIFICATE

MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

REPUBLIC OF THE MARSHALL ISLANDS

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SURNAME			GIVEN NAME(S	10		
SAIKOT			MAHMUDUL	CO-SULFICIENTA PRES		5_6
DATE OF BIRTH	2000	2020/202	PLACE OF BIR	TH		SEX
II MONTH	27	2000	CHANDPUR		BANGLADESH	
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AT SEA OR LIKELY TO E IF YES, PLEASE ENTER I				ES NO-		
IS APPLICANT TAKING				YES NO		
	SAIKOT	Г		14 MA	R 2024	1 3 MAR 2026
	SIGNATURE OF			DATE OF EXAM	MINATION	EXPIRY DATE
THIS SIGNATURE SHO	ULD BE AFFIXED	IN THE PRESENCE OF T	HE EXAMINING PHYSI	CIAN.		
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NAME AND DEGREE	OF PHYSICIAN	DR, MIR MD,	RAIHAN; M.B.B.S	S(D.U.), REC	G. NO. A-55144	
ADDRESS RADICA	L HOSPITALS L	IMITED 35, SHAH M	AKHDUM AVENUE	,SECTOR-12	UTTARA, DHAKA-I	230. BANGLADESH
NAME OF PHYSICIAN	'S CERTIFICATIN	NG	DG SHIPPING BA	NGLADESH		NEW WILLIAM
DATE OF ISSUE OF PE	HYSICIAN'S CER	TIFICATE 6-May	-2014			
SIGNATURE OF BUYE	CIAN	1	1400-4		THE PERSON NAMED IN	1 4 MAR 2024
SIGNATURE OF PHYS	e c	1				DATE
This could not be		W	7			
		_04ermine Administrator			about Generation 2006	nvention on Standards of Training,

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) EDICAL REQUIREMENTS.

BMDC A-55144, MMC-BGD-016

DG Shipp.ng Bangladesh Approved

General Physician

Radical Hospitals Limited

As Per-MLC-2006

MI-105M

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a medical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This medical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
- (b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply with C.I.E. Standards 1 or 2.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c) Dental
 - Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
 - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
 - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
 - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.
- (g) Diseases or Conditions
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
 - Applicants for able seafarer, bosun, GP-1, ordinary scafarer and junior ordinary scafarer must meet the physical requirements for a deck/navigational officer's certificate.
 - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION

To be completed by examining physician, alternatively, the examining physician may attach an equivalent form. (See RMI MG 7-47-1, §3.3).

- 1. COMPLETE PHYSICAL EXAMINATION. INCLUDING HEARING TEST.
- PATHOLOGICAL EXAMINAT A) Complete Blood Count. B) Blood Sugar Estemation C) Serological Test(VDRL)

D) Hepatitis B Sarface Antegen Test(HbsAg), E) Urinlysis F) Drug Test G) Alcohol

- 3. X RAY EXR PA VIEW
- 4. E.C.G. TEST
- 5. EYE EXAMINATION FOR V/A & C/V

AS PIG-MILL-2000 B

DR. MIR. MD. RAIHAN MBBS (DU) DFM. CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016

> General Physician Radical Hospitals Limited

Rev. Mar/2022 1 4 MAR 2024



HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh. Tel: +88 02333316214-6

Name	MAHMUDUL HASAN SAIKOT	Date	14-Mar-2024
Age	23	Sex	MALE
Passport No	A00589345	CDC No	CO11663
Sample	BLOOD	Rank	APP OFFICER SCHOLAR

BIOCHEMISTRY REPORT COMPARE

Vessel Name:	GINGA LION	FUJI GALAXY	
	After Sign-Off	Before Sign-On	Reference Range
Date of Report	25-09-2023	14.03-2024	-
Serum Bilirubin	0-50	0.62	0.2 - 1.1 mg/dl
Serum S.G.O.T/A.S.T	18	20	Up to 37 U/L
Serum S.G.P.T.	21	29	Up to 42 U/L

DOCTOR'S REMARKS:

No Restrictions



Doctor Seal & Signature

DR. MIR. MD. RAIHAN MBBS (DU), DFM. CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved
General Physician
Radical Hospita®€₩₩₩₩ Date: 24th July 2022



ID NO : 24030343

Patient's Name: MAHMUDUL HASAN SAIKOT

: DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM-C/O/11663

Specimen : Blood

Ref. By

Date: 14/03/2024

ge : 23Y3M16D

Sex : Male

(Relevent estimations were carried out by KT-44 Haematology Analyzer with checked manually) HAEMATOLOGY REPORT

***	TIALITATOLOGY REPORT			
Parameter	Results		Reference Values	Histogram
Haemoglobin(Hb) ESR(Westergren)	14.4 05	g/dl mm/1st hr	M:12-16, F:10-14.0 g/dl M:0-10, F:0-20 mm/1st hr	.AL
TOTAL WIDE COUNT				
TOTAL WBC COUNT	7,500	/cumm	4,000 - 11,000 /cumm	
DIFFERENTIAL COUNT				
Neutrophils	56	%	(40 - 75)%	de all de la constant
Lymphocytes	32	%	(20-45)%	WBC CURVE
Monocytes	09	%	(2-10)%	
Eosinophils	03	%	(1-6)%	db
Basophil	00	%	0-1 %	
TOTAL CIR. EOSIONOPHIL COUNT	450	/cumm	40 - 450 /cumm	
TOTAL PLATELET COUNT(PC)	249,000	/cumm	1,50,000-4,50,000 /cumm	
MPV	12	fL	7.0 -11.0 fL	
PDW-CV	16.8	%	10 - 18 %	PLT CURVE
PCT	0.3	%	0.10 - 0.28	TET CONTE
P-LCR	39	%	9.00 - 45.00%	A
P-LCC	97	x10^3/uL	13 - 129 x10^3/uL	A
RBC COUNT	5.34	m/ul	M: 4.5-6.5, F: 3.8-5.8 m/ul	
HCT/PCV	46.5	%	M: 40-54%, F: 37-47%	ATTA
MCV	86.9	fL	76-94 fL	ARTA.
MCH	27	pg	27-32 pg	RBC CURVE
MCHC	31	g/dL	29-34 g/dL	KBC CORVE
RDW SD	42	fL	30.0-57.0 fL	
RDW CV	14.7	%	10-16%	

Checked By Medical Technologist. Redical Hospital Ltd. Uttara, Dhaka. Dr. Sumaiya Rhaturr
MBBS,MD (Gold Medilist) (BSMMU)
Associate Professor
Dept.Of Microbiology
East West Medical College & Hospital.



Bill No	DIA24030343	Received I	Date 1	14/03/2	2024
Patient's Name	MAHMUDUL HASAN SAIKOT				
Patient's Age	23Y 3M 16D	Patient's Sex		Male	
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT	(Eye),DFM	CDC	CNO	C/O/ 11663
Sample	BLOOD				

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.4 mmol/L	4.2 – 6.4 mmol/L
Serum Bilirubin (Total)	0.62 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	24.0 U/L	Up to 40 U/L
Serum AST (SGOT)	20.0 U/L	Up to 37 U/L
HbA1C	5.2 %	4.0- 6.0 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked

Medical Technologist. Radical Hospital Ltd.



Bill No	DIA24030343	Receive	d Date	14/03/2	2024
Patient's Name	MAHMUDUL HASAN SAIKOT				
Patient's Age	23Y 3M 16D		Patient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(B	IRDEM),PGT(Eye),DFM	И С	DC NO	C/O/ 11663
Sample	BLOOD				

SEROLOGICAL REPORT

<u>l est Name</u>	Result
HBs Ag (Method : (ICT)	Negative
HIV 1 & 2 (Method : (ICT)	Negative
VDRL	Non-reactive

OD GROUPING RESULT	
ABO Blood Group	"AB" (+ve)
Rh (D)Factor	Positive

Checked By

Medical Technologist. Radical Hospital Ltd.



Bill No	DIA24030343	Received Date 14			2024
Patient's Name	MAHMUDUL HASAN SAIKOT	,			
Patient's Age	23Y 3M 16D		Patient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(E	BIRDEM),PGT(Eye),DFN	1 C	DC NO	C/O/ 11663
Sample	URINE				

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	0-1/HPF

CHEMICAL EXAMINATION CASTS / LPF

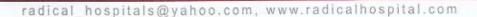
Reaction	Acidic	RBC	Nil	
Albumin	Nil	WBC	Nil	
Sugar	Nil	Epithelial	Nil	
Ex.Phosphate	Nil	Granular	Nil	
	INAL	Hyaline	Nil	

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

Medical Technologist. Radical Hospital Ltd.





Bill No	DIA24030343	Receive	d Date	14/03/2	2024
Patient's Name	MAHMUDUL HASAN SAIKOT		***		
Patient's Age	23Y 3M 16D		Patient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO		C/O/ 11663		
Sample	URINE				

DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Test Name	Result	
Drug Level of Urine		

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist. Radical Hospital Ltd.





DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.

24030343

Receive: 14/03/2024

Print: 14/03/2024

Patient's Name

MAHMUDUL HASAN SAIKOT

Age

24 YRS

Sex

M

Refd. by

Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm

Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart

: Normal in T.D.

Lung

: Lung fields are clear.

Bony thorax

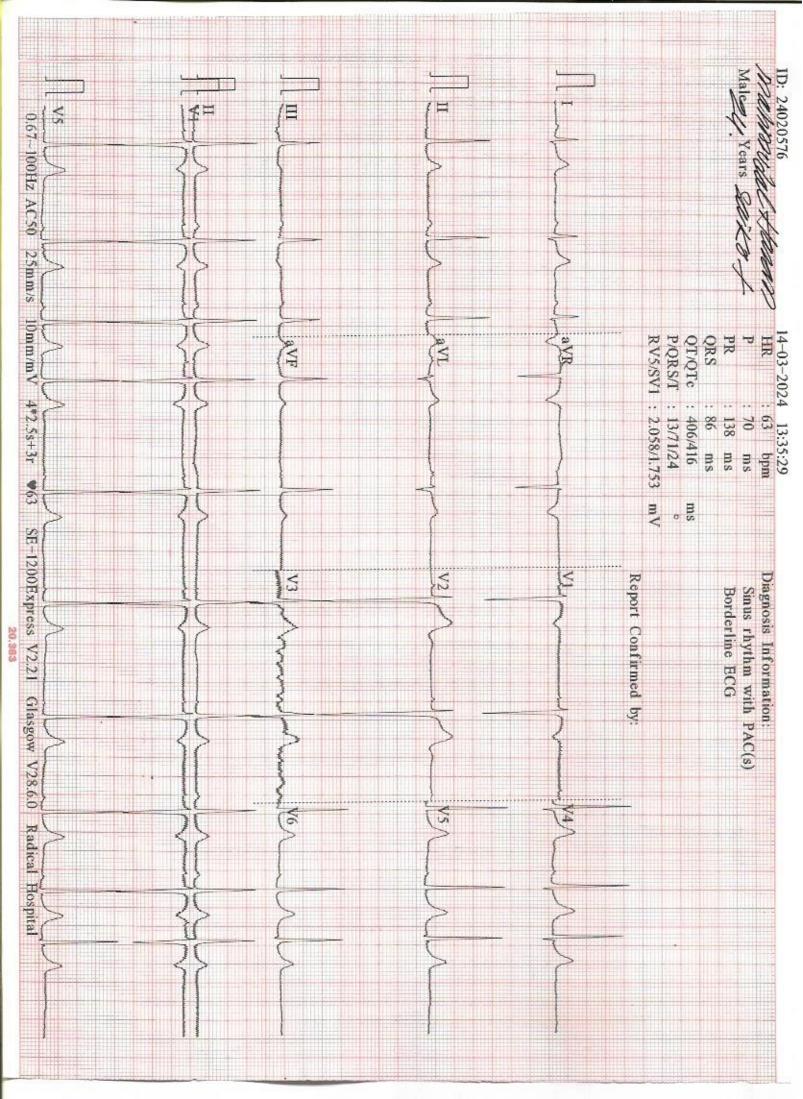
Reveals no abnormality.

Comments

Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital



RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

REF: MT. FUJI GALAXY

DATE: 14/03/2024

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: MAHMUDUL HASAN SAIKOT RANK: APP OFF CDC NO: C/O/11663

VISUAL ACUITY:

RIGHT

LEFT

616

0/10

UNAIDED

AIDED

COLOUR VISION:

NORMAL / BLIND

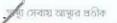
OPINION

UNFIT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital







Patient ID	24030343	Voucher No	T
Test Name	USG OF KUB	Delivery Date	11/02/0001
Patient Name	MAHMUDUL HASAN SAIKOT	Delivery Date	14/03/2024
Age	24 Yrs	Sex	Mele
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),	CCD(BIRDEM) PGT(Eve) DEM

THANK YOU FOR THE COURTESY OF THIS REFERRAL

RT KIDNEY: - Is normal in size regular in shape and position. Bipolar length 9.3 cm. The cortical Echogenicity are normal with clear cortico-medullar differentiation. The cortical Thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

LT KIDNEY: - Is normal in size regular in shape and position. Bipolar length 9.6 cm. The cortical Echogenicity are normal with clear cortico-medullar differentiation. The cortical Thicknesses are normal. The renal sinus shows normal echogenicity and thickness.
P-C systems are not dilated.

URINARY BLADDER: Is well filled. Wall thickness is regular and within normal limit.

No intravesicle lesion is seen

PROSTATE: Normal in size volume is 8.0 cc & regular in shape. Echogenicity is homogenous.

COMMENT: Normal study.

Dr. Asma Ahmed MBBS,CMU,DMU PGT(Gynae & obs)

Advanced Training on TVS Consultant Sonologist

This is to certify that Date of birth 27-11-2000 Sex MALE whose signature follows

has on the date indicated been vaccinated or revaccinated against Cholera

Date	Signature and Professional status of vaccinator	Approved	l Stamp
O AN PORT	DR. MTR. MD. RAÎHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipp,ng Bangladesh Approved General Physician Radical Hospitals Limited.	I Merra, Dhaka	*
1 WAR	DR. MR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited.	35, Shah Makhdum Avenus Uttera, Dhaka	
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ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC



SLNO. 04.2024.6124

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:	ed .
Name: Last SAIKOT First MAHMUDUL HAS Gender: (Male/Female)Nationality: BANCLADESH	
Occupation: Deck/Engine/Catering/Other (specify)	Rank:
Father's/ Husbad'sname: HARvNVR RASHID Mother's Name: ベASR)ベ SVLTA ベA	C.D.C No. C/O/ 11663
Mother's Name: NASKIN SULTANA	Seaman ID No. 05001.5099
Address: House No: 506 Street/ Road No: C	
Locality/Village: KHAJURIA P.O: SINGHER COAN - 3652 P.S: FARIDGANJ	NID No. 286 156 3200
P.O. SINGHER COAN - 3652	Date of Birth: 27-11 - 2000
P.S. FARIDGAND	(DD/MM/YYYY)
District: CHANDPUR	
1. Confirmation that identification documents were checked at the point 2. Hearing meets the standards in section A-I/9 3. Unaided hearing satisfactory? 4. Visual acuity meets standards in section A-I/9? 5. Colour vision meets standards in section A-I/9? Date of last colour vision test 6. Fit for lookout duties? 7. Is the seafarer free from any medical condition likely to be aggravate render the seafarer unfit for service or to render the health of any other 8. Any limitations or restrictions on fitness? If YES, specify limitations or restrictions:	:YES/NO :YES/NO :YES/NO :YES/NO :YES/NO 14 MAR 2024 :YES/NO
Duties: Location/Vessel: Medical/Other: RADICAL HOSPITAL LIMITED Uttara, Dhaka, Bangladesh	
9. Medical fitness category : Fit-No restriction Fit-Sub	ject to restrictions Unfit
10. Date of examination/Issue (DD/MM/YYYY) 14 MAR 2024	

I have read the contents of the certificate and have been informed of the right to review.

SAIKOT Seafarer's Signature



DR. MIR. MD. RAIHAN
MBBS (DU) DFM CCD (Birdem), PGT (Ophth)
BMDG-A 55144 MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited
Name & Signature of the practitioner:

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifig:itions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug -related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

 All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure:
 - An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

 Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

 All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements, and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(q) Diseases or Conditions:

 Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics. Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafared for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix1): 1 4 MAR 2024

1. Complete physical Examination.

2. Pathological Examination:

a. CBC b. ESR c. HBSAG d. LFT e. ECG f. RBS g. URINE R/M/E

DR. MIR. MD. RAIHAN MBBS (DU) DFM CCD (Birdem), PGT (Ophth) BMDC A 55144 MMC-BGD-016 DG Shipping Bangladesh Approved General Physician

Radical Hospitals Limited.