



HAQUE & SONS LTD.

Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh.
Tel : +880 31 716214-6, Fax : +880 31 710530

Accredited By : BMDC
Accreditation No. A 55144
PATIENT CONTROL NUMBER
201879

MEDICAL EXAMINATION CERTIFICATE

SURNAME LATEEF	FIRST NAME MAHMUD	MIDDLE NAME
PLACE AND DATE OF BIRTH CHITTAGONG 31-Mar-1961	PASSPORT NUMBER A11424697	SEAMAN'S BOOK NUMBER CO0802
NATIONALITY : BANGLADESHI	SEX : ☒ Male ☐ Female	VESSEL TYPE : CHEM. TANKER TRADING AREA : WORLD WIDE
PERMANENT HOME ADDRESS : VILL & P.O. JOGANIA, P.S. KALIA, DIST. JESSORE.		CONTACT NUMBER : 01718362608 (SELF)/0171
		RANK : CHIEF ENGINEER

Have you ever had any of the following conditions?

Condition	YES	NO	Condition	YES	NO
1 Eye/vision problem	☐	☒	18 Sleep problems	☐	☒
2 High blood pressure	☐	☒	19 Do you smoke?	☐	☒
3 Heart/vascular disease	☐	☒	20 Operation/surgery	☐	☒
4 Heart surgery	☐	☒	21 Epilepsy/seizures	☐	☒
5 Varicose veins	☐	☒	22 Dizziness/fainting	☐	☒
6 Asthma/bronchitis	☐	☒	23 Loss of consciousness	☐	☒
7 Blood disorder	☐	☒	24 Psychiatric problems	☐	☒
8 Diabetes	☐	☒	25 Depression	☐	☒
9 Thyroid problem	☐	☒	26 Attempted suicide	☐	☒
10 Digestive disorder	☐	☒	27 Loss of memory	☐	☒
11 Kidney problem	☐	☒	28 Balance problem	☐	☒
12 Skin problem	☐	☒	29 Severe headaches	☐	☒
13 Allergies	☐	☒	30 Ear/nose/throat problems	☐	☒
14 Infectious/contagious diseases	☐	☒	31 Restricted mobility	☐	☒
15 Hernia	☐	☒	32 Back problems	☐	☒
16 Genital disorders	☐	☒	33 Amputation	☐	☒
17 Pregnancy	☐	☒	34 Fractures/dislocations	☐	☒

If any of the above questions were answered "yes", please give details.

Additional questions

	YES	NO
35 Have you ever been signed off as sick or repatriated from a ship?	☐	☒
36 Have you ever been hospitalised?	☐	☒
37 Have you ever been declared unfit for sea duty?	☐	☒
38 Has your medical certificate ever been restricted or revoked?	☐	☒
39 Are you aware that you have any medical problems, diseases or illnesses?	☐	☒
40 Do you feel healthy and fit to perform the duties of your designated position/occupation?	☒	☐
41 Are you allergic to any medications?	☐	☒

Comments:

FIT FOR DUTY ON BOARD SHIP

42 Are you taking any non-prescription or prescription medications? ☒ YES ☐ NO
If yes, please list the medications taken and the purpose(s) and dosage(s)
MEFORMIN 500mg 0+0+1 BIZORAN 1+0+0

I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to Dr. Mir Md. Raihan (approved medical practitioner) I also certify that my history contained above is true and any false statement will disqualify me from my employment, benefits and claims.

Signature of Seafarer

MEDICAL EXAMINATION

Weight 80kg	Height (cm) 162	BMI 30.4	Blood Pressure: Systolic 120mm Diastolic 80mm	PULSE: 78b/min		
Ear	Hearing by Audiometry	Audiometry			Hearing by Whisper Test	
Right	☐ Adequate ☐ Inadequate	500	1000	2000	3000	☐ Adequate ☐ Inadequate
Left	☐ Adequate ☐ Inadequate					☒ Adequate ☐ Inadequate
Hearing meets the standards as laid down in STCW Code Section A-1/9? YES ☒ NO ☐						

Visual acuity				Visual fields	
Unaided		Aided		Normal	Defective
Distant	Right eye	Left eye	Right eye	Left eye	
			6/6	6/6	
Near					

Visual acuity meets the standard laid down in STCW Code Section A-1/9
 Colour vision as per STCW CODE Section A-1/9: ☒ Normal ☐ Doubtful ☐ Defective

Date of last colour vision test: Date (day/month/year) **05 MAR 2024**

	Normal	Abnormal		Normal	Abnormal
Head	☒	☐	Varicose veins	☒	☐
Sinuses, nose, throat	☒	☐	Vascular (inc. pedal pulses)	☒	☐
Mouth/teeth	☒	☐	Abdomen and viscera	☒	☐
Ears (general)	☒	☐	Hernia	☒	☐
Tympanic membrane	☒	☐	Anus (not rectal exam)	☒	☐
Eyes	☒	☐	G-U system	☒	☐
Ophthalmoscopy	☒	☐	Upper and lower extremities	☒	☐
Pupils	☒	☐	Spine (C/S, L/S and I/S)	☒	☐
Eye movement	☒	☐	Neurologic (full brief)	☒	☐
Lungs and chest	☒	☐	Psychiatric	☒	☐
Breast examination	☒	☐	General appearance	☒	☐
Heart	☒	☐	Skin	☒	☐

RESULTS OF ANCILLARY EXAMINATIONS

Chest X-Ray	Normal	BIO CHEMICAL (LIVER FUNCTION TEST)	Marijuana	☐ Positive ☒ Negative
ECG	Normal	BILIRUBIN	Alcohol Test	☐ Positive ☒ Negative
BLOOD R/E	Normal	SGPT	URINE R/E	Normal
DC (differential count)	Normal	SGOT	OTHERS	
HAEMOGLOBIN (HGB)	12.0	DRUG AND ALCOHOL TEST		
ESR (WESTERGREN)	0.7	Morphine	☐ Positive ☒ Negative	HBsAg
WBC	8200	Amphetamine	☐ Positive ☒ Negative	HIV / AIDS Test
BLOOD GLUCOSE LEVEL	5.7	Phencyclidine	☐ Positive ☒ Negative	VDRL
RANDOM	5.5%	Barbiturates	☐ Positive ☒ Negative	Blood Type
HBA1C	5.5%	Cocaine	☐ Positive ☒ Negative	Psychological Exam
				Others (KUB Ultrasound)

Hereby I declare that I am in knowledge of the contents of the Physical examinations:

Signature of Seafarer: **MAHMUD LATEEF** Date: **05 MAR 2024**

Assessment of fitness for service at sea:

On the basis of the examinee's personal declaration, my clinical examination and the diagnostic test results recorded above, I declare the examinee medically:

☒ Fit for lookout duties ☐ Not fit for lookout duties

	Deck service	Engine service	Catering service	Other services
Fit	☒	☒	☒	☒
Unfit	☐	☐	☐	☐

☒ Without restrictions ☐ With restrictions

Is the Seafarer free from any medical conditions likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board?

☒ Yes ☐ No

Describe restrictions (e.g., specific position, type of ship, trade area):

Action taken by medical examiner (e.g., referral):

Fitness Date: **05 MAR 2024**

Valid Until:

04 MAR 2025

Name and Signature of Authorized Physician

In Accordance with Medical Examination (Seafarers) Convention, 1948 (No. 78) and STCW 1978/1996 as Amended, MLC 2006



HAQUE & SONS LTD.

Rummana Haque Tower, 1267/A, Goshaildanga,
Agrabad C/A, Chattogram, Bangladesh.
Tel: +88 02333316214-6



Name	MAHMUD LATEEF	Date	5-Mar-2024
Age	62	Sex	MALE
Passport No	A11424697	CDC No	CO0802
Sample	BLOOD	Rank	CHIEF ENGINEER

BIOCHEMISTRY REPORT COMPARE

Vessel Name:	MT.FURANO GAALXY	MT.CONCERTO	
	After Sign-Off	Before Sign-On	Reference Range
Date of Report	15-04-2022	05-03-2024	-
Serum Bilirubin	0.7	0.62	0.2 - 1.1 mg/dl
Serum S.G.O.T/A.S.T	30	26	Up to 37 U/L
Serum S.G.P.T.	33	28	Up to 42 U/L

DOCTOR'S REMARKS:

No Restrictions



Doctor Seal & Signaturé
DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

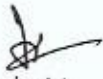
Revision Date : 24th July 2022

Id No : 0107 **Date** : 05-Mar-2024 **D.Date** : 05-Mar-2024
Patient's Name : MAHMUD LATEEF **Age** : 62Y 11M 5D **Gender** : Male
Specimen : Blood
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM-C/O/ 0802

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	12.0 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl.
ESR(Westergreen)	07 mm/1st hr	Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	8,300 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	63 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	32 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	166 /cumm	50-450/cumm
Total RBC Count	5.0 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	42 %	M: 40-54%, F:37-47%
MCV	78 fL	76 - 94 fL
MCH	30 pg	27 - 32 pg
MCHC	31 g/dL	29 - 34 g/dL
RDW	13 %	11 - 16 %
PDW	40 fL	35 - 56 fL
Total Platelete Count (PC)	2,21,000 /cumm	150,000-450,000/cumm
MPV	8.9 fL	7.0 - 11.0 fL
PCT	0.1 %	0.1 - 0.5 %
Bleeding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %

Checked By 
Medical Technologist


Dr. Sumaiya Khatun
MBBS,MD(Gold Medalist) (BSMMU)
Associate Professor
Dept. Of Microbiology
East West Medical College & Hospital.



Bill No	DIA24030107	Received Date	05/03/2024
Patient's Name	MAHMUD LATEEF		
Patient's Age	62Y 11M 5D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 0802
Sample	BLOOD		

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.7 mmol/L	4.2 – 6.4 mmol/L
Serum Bilirubin (Total)	0.62 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	28.0 U/L	Up to 40 U/L
Serum AST (SGOT)	26.0 U/L	Up to 37 U/L
HbA1C	5.5 %	4.0- 6.0 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologist,
Radical Hospital Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

Bill No	DIA24030107	Received Date	05/03/2024
Patient's Name	MAHMUD LATEEF		
Patient's Age	62Y 11M 5D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		CDC NO:C/O/0802
Sample	BLOOD		

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
PSA	1.03 ng/mL	0.01-4.0 ng/mL
eGFR :		
Serum Creatinine	0.82 mg/dl	0.3 - 1.3 mg/dl
Age :	62 Yrs	
eGFR	94 mL/min/1.173m ²	> 60 mL/min/1.173m ²
Lipid profile		
Serum Cholesterol	154 mg/dl	up to 200 mg/dl
Serum HDL- Cholesterol	44 mg/dl	>35 mg/dl
Serum Triglyceride	136 mg/dl	upto 220 mg/dl
Serum LDL- Cholesterol	83 mg/dl	<130 mg/dl

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Bill No	DIA24030107	Received Date	05/03/2024
Patient's Name	MAHMUD LATEEF		
Patient's Age	62Y 11M 5D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 0802
Sample	BLOOD		

SEROLOGICAL REPORT

Test Name	Result
HBs Ag (Method : (ICT)	Negative
HIV 1 & 2 (Method : (ICT)	Negative
VDRL	Non-reactive
<u>BLOOD GROUPING RESULT</u>	
ABO Blood Group	"B" (+ve)
Rh (D)Factor	Positive

Checked By

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Radical Hospital Ltd.


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 East West Medical College and Hospital.

Bill No	DIA24030107	Received Date	05/03/2024
Patient's Name	MAHMUD LATEEF		
Patient's Age	62Y 11M 5D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 0802
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-3/HPF
Sediment	Nil	Epithelial	2-3/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

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Bill No	DIA24030107	Received Date	05/03/2024
Patient's Name	MAHMUD LATEEF		
Patient's Age	62Y 11M 5D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/ 0802
Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Test Name	Result
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Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By


Medical Technologist.
Radical Hospital Ltd.**Dr. Sumaiya Khatun**
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

REF:	MT. CONCERTO	DATE: 05/03/2024
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M/S. HAQUE & SONS LTD.
RUMMANA HAQUE TOWER
1267/A, GOSHAIL DANGA
AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME:	MAHMUD LATEEF	RANK: CH.ENG	CDC NO: C/O/0802
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VISUAL ACUITY: RIGHT LEFT

UNAIDED

AIDED

6/6 6/6

COLOUR VISION: NORMAL / ~~BLIND~~

OPINION : ~~UNFIT~~ / FIT FOR EMPLOYMENT ON BOARD



Dr. Mir Md. Raihan
MBBS, PGT (Ophthalmology)
Assistant Registrar (EX)
East west Medical College & Hospital

ID: 24020576

05-03-2024 13:36:50

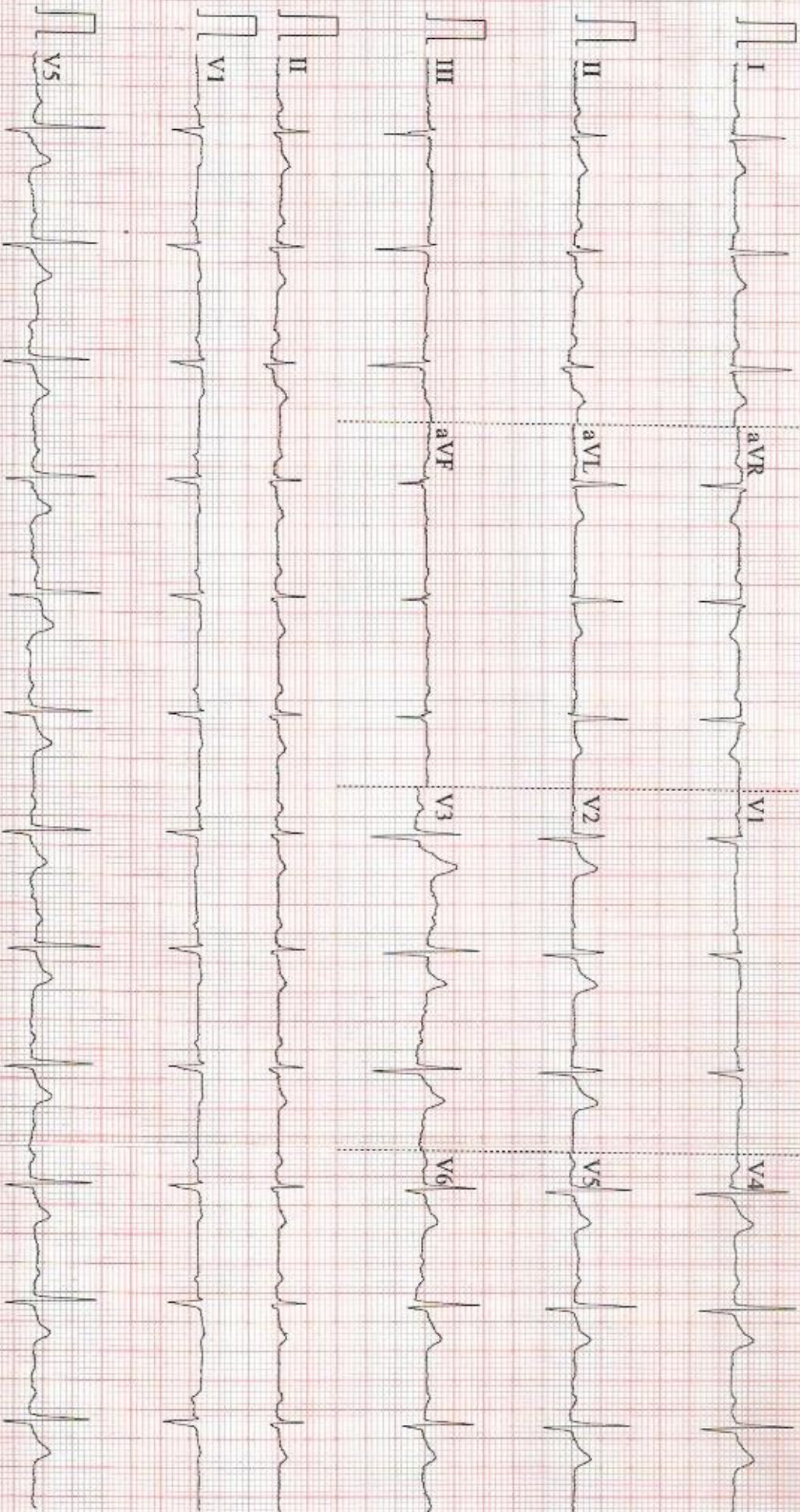
Maximo Lopez
Male 63 Years

HR : 74 bpm
P : 110 ms
PR : 186 ms
QRS : 82 ms
QT/QTc : 352/391 ms
P/QRS/T : 38/-13/21 °
RV5/SV1 : 1.054/0.508 mV

Diagnosis Information:

Sinus rhythm
Normal ECG

Report Confirmed by:



DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24030107 Receive: 05/03/2024 Print: 05/03/2024
Patient's Name : **MAHMUD LATEEF**
Age : 63 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



Prof. Dr. Md. Mojibor Rahman
MBBS, DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

Patient ID	24030107	Voucher No	
Test Name	USG OF KUB	Delivery Date	05/03/2024
Patient Name	MAHMUD LATEEF		
Age	63 YRS	Sex	Male
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		

THANK YOU FOR THE COURTESY OF THIS REFERRAL

RT KIDNEY: - Is normal in size regular in shape and position. Bipolar length 9.1 cm. The cortical Echogenicity are normal with clear cortico-medullary differentiation. The cortical Thicknesses are normal. The renal sinus shows normal echogenicity and thickness.
P-C systems are not dilated.

LT KIDNEY: - Is normal in size regular in shape and position. Bipolar length 9.8cm. The cortical Echogenicity are normal with clear cortico-medullary differentiation. The cortical Thicknesses are normal. The renal sinus shows normal echogenicity and thickness.
P-C systems are not dilated. A cyst of (2.4x 2.3)cm is noted in left kidney.

URINARY BLADDER: Is well filled. Wall thickness is regular and within normal limit.
 No intravesicle lesion is seen

PROSTATE: Enlarged in size volume is 43.8 cc & regular in shape. Echogenicity is homogenous.
 No area of calcification is seen.

COMMENT: 1. Left renal cortical cyst.
 2. Enlarged prostate gland.


 Dr. Asma Ahmed
 MBBS,CMU,DMU
 PGT(Gynae & obs)
 Advanced Training on TVS
 Consultant Sonologist

IBN SINA D. LAB & CONSULTATION CENTER, UTTARA

ECHO-CARDIOGRAPHY REPORT

2-D & M-MODE, DOPPLER & COLOUR FLOW IMAGING



I.D. No	: U94232	Received date	: 5 Mar 2024	Printed date	: 5 Mar 2024 06:14 PM
Name of Pt.	: MAHMUD LATIF	Age	: 63 y(s)	Sex	: Male
Exam	: ECHO 2D				
Ref. By	: RADICAL HOSPITAL LTD				

PROCEDURES: 2D & M-MODE STUDY

M-MODE & 2D FINDINGS:

AO	: 25	mm	LVIDd	: 42	mm	RVIDd	:		mm	MVA	:		cm2
LA	: 25	mm	LVIDs	: 29	mm	RVOT	:		mm	MV annulus	:		mm
IVST	: 08	mm	EF	: 60	%	PA	:		mm	AV ring	:		mm
PWT	: 08	mm	FS	: 32	%	TAPSE	:	17	mm	ACS	:	13	mm

DESCRIPTION:

CHAMBERS:

LA : Normal **LV** : Normal in chamber dimension, morphology and motion.
RA : Normal **RV** : Normal in chamber dimension, morphology and motion. (TAPSE - 17 mm).

VALVES : All valves are normal.

IAS : Intact **IVS** : Intact

GREAT VESSEL : Great arteries are normal in size and relationship.

PERICARDIUM : No effusion seen.

THROMBUS/VEGETATION/OTHER MASS: Not seen.

IMPRESSION:

1. No regional wall motion abnormality.
2. Good LV & RV systolic function.

Dr. Iftekhhar Alam

MBBS, MD (Cardiology), FSCAI (USA)

Clinical and interventional Cardiologist.

Assistant Professor (Cardiology)

National Institute of cardiovascular Disease

Consultant, IBN SINA D.Lab & Consultation center, Uttara.

Patient ID	24030107	Voucher No	
Test Name	USG OF KUB	Delivery Date	05/03/2024
Patient Name	MAHMUD LATEEF		
Age	63 YRS	Sex	Male
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		

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IBN SINA DIAGNOSTIC & CONSULTATION CENTER, UTTARA

ISO 9001:2015 Certified

TREADMILL STRESS TEST



I.D. No	: U94232	Received date	: 5 Mar 2024	Printed date	: 5 Mar 2024 09:19PM
Name of Pt.	: MAHMUD LATEEF	Age	: 63 y(s)	Sex	: Male
Ref. By	: RADICAL HOSPITAL LTD				
Ref. By	: ETT				

Total Exercise Time	: 09:00 Min	Max.HR attained	: 150 Bpm.
% of max. pred. HR	: 95 %	Max. Pred HR	: 157 Bpm.
Maximum BP	: 140/90 mmhg.	Max. work load attained	: 10.10 METS
Indication	: Screening for IHD.		
Risk Factors	: DM.		
Reason for Termina.	: Attainment of THR.		
Test Profile	: BRUCE		
Symptoms	: Nil.		

Summary Result ⇒ **NEGATIVE**

Comments:

- ☐ MAHMUD LATEEF performed stress test in Bruce protocol for the evaluation of IHD (angina pectoris).
- ☐ Exercise capacity was good.
- ☐ Inotropic and chronotropic responses were normal.
- ☐ Stress test was terminated because of attainment of THR.
- ☐ ECG at rest shows no abnormality.
- ☐ ECG during exercise & recovery shows no significant ST depression.

Conclusion : Stress test is **NEGATIVE** for ECG evidence of provokable myocardial ischaemia.



Dr. Md. Aminur Razzaque

MBBS. MD (Cardiology) NICVD,

Assistant Professor (Cardiology), NICVD

Advance training on Echocardiography JROP (India)

Consultant, IBN SINA D.Lab & Consultation center, Uttara.

Prepared By: Tahmina

