

DATE: 14/03/2024

Ref No: 254

TO WHOM IT MAY CONCERN

THIS IS TO CERTIFY THAT HE IS MR. A K M SAYEDUL ISLAM, AGE 62+ YEARS MALE, CDC NO: C/O/1080, PASSPORT NO: B00005086, SEAMAN CAME TO ME FOR MEDICAL CHECK-UP. ON PHYSICAL EXAMINATION AND ON RELEVANT INVESTIGATIONS HE IS MEDICALLY FIT TO CONTINUE SHIP JOB.

THIS IS FOR YOUR KIND INFORMATION AND TAKE NECESSARY ACTION PLEASE.



Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT (ophth)

Reg- A55144 BGD-016(MMC)

DG Shipping Bangladesh Approved

Malaysian Medical Council Approved

General Physician

Radical Hospitals Limited



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HAEMATOLOGY REPORT



ID No :D528488

Bill on : 12/03/2024, 12:02 PM Print. on : 12/03/2024, 03:20 PM Deliv. on : 12/03/2024, 09:00 PM

Name :MR. CAPTAIN AKM SAYEDUL ISLAM

Age : 62 Y 0 M 0 D Sex : M

Ref.by :SELF

Specimen:Blood

Collected on : 12/03/2024, 12:04 PM Received on : 12/03/2024, 01:18 PM

Estimations are carried out by Automated Haematology Analyzer Sysmex XN2000 / XN1000 & checked manually,

Parameter	Result	Reference Value
Red Blood Cells		
* Haemoglobin	13.5 g/dl	Adult: Men: 15.0±2.0, Women: 13.5±1.5 At birth: 13.5-19.5, 3 Days: 14.5-22.5 1 Month: 11-17, 2-6 Months: 9.5-13.5 2-6 Years: 11-14, 6-12 Years: 11.5-15.5 Men: 5.0±0.5, Women: 4.3±0.5
* Total RBC	4.37 million/Cmm.	Men: 5.0±0.5, Women: 4.3±0.5
ESR (Auto Analyzer)	07 mm	Men: 0-10, Women: 0-20
* PCV/HCT	0.42 l/l	Men: 0.45 ± 0.05, Women: 0.41 ± 0.05
MCV	96 fl	92±9
MCH	31 pg	29.5 ±2.5
MCHC	32 g/dl	33.0±1.5
RDW-CV	14 %	12.8±1.2
NRBC	0.0 %	0.0
White Blood Cells		
* Total WBC	5,510 /Cmm.	Child: 5,000-15,000 Adult: 4,000-11,000 Infant: 6000-18,000 At birth: 10,000-25,000
Circulating Eosinophils	165 /Cmm.	50-500
Differential Count		
Neutrophils	66 %	Child: 20-50 Adult: 40-75
Lymphocytes	26 %	Child: 40-75 Adult: 20-40
Monocytes	04 %	2-10
Eosinophils	03 %	2-6
Basophils	01 %	0-1
Others	00 %	
Platelet Count:		
* Total Platelet Count	1,25,000 /Cmm	1,50,000-4,50,000
MPV	10.3 fl	8.0-9.5

* ISO 15189:2012 accredited parameter.

Md. Fakhru Islam
Sr. Medical Technologist (Lab.) G-II
Ibn Sina Diagnostic & Imaging Center

Dr. Moshammat Naznin Begum
MBBS, FCPS (Hematology),
Consultant Haematology
Ibn Sina Diagnostic & Imaging Center



ID, No	: D528488	Received date :12 Mar 2024	Printed date: 12 Mar 2024 01:48PM
Patient Name:	MR. CAPTAIN AKM SAYEDUL ISLAM		Age : 62 y(s)
Ref. By	: SELF		

Thanks for your kind referral.

Report:

Chest X-Ray – PA View

Diaphragm : Normal in position & outline.
Heart : Normal in TD & contour.
Trachea : Normal in position.
Lungs : Both lung fields are clear.
Bony thorax : Apparently normal.

Δ Normal findings.



Prof. Dr. Md. Iqbal Hossain
MBBS, DMRD, FCPS
Ex-Chairman
Department of Radiology & Imaging
B.S.M. Medical University
Consultant Radiologist
Ibn Sina Diagnostic & Imaging Center



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SEROLOGY REPORT



ID No : D528488

Bill on : 12/03/24, 12:02 PM Print. on : 12/03/24, 02:20 PM Deliv. on : 12/03/24, 09:00 PM

Name : MR. CAPTAIN AKM SAYEDUL ISLAM

Age : 62 Y 0 M 0 D Sex : M

Ref.by : SELF

Specimen: Blood

Collected on : 12/03/24, 12:04 PM

Received on : 12/03/24, 01:20 PM

Parameter	Test Result	Reference Value	Method
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VDRL

Non-Reactive

Checked by

SHIRAZUL ISLAM KHAN

Medical Technologist
Ibn Sina Diagnostic & Imaging Center

DR. FARHANA AFROZ

MBBS, M.Phil (Clinical Pathology)
Consultant, Pathologist
Ibn Sina Diagnostic & Imaging Center



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BIOCHEMISTRY REPORT



ID No : D425270

Bill on : 19/01/24, 07:49 AM Print. on : 19/01/24, 10:11 AM Deliv. on : 19/01/24, 05:00 PM

Name : A.K.M. SAIDUL ISLAM

Age : 61 Y 1 M 6 D Sex : M

Ref.by : SELF

Specimen: Blood

Collected on : 19/01/24, 07:50 AM Received on : 19/01/24, 08:11 AM

Estimations are carried out by Atellica Solution

Parameter	Test Result	Reference Value	Method
* Lipid Profile (Fasting)			
S. Cholesterol (Total)	229 mg/dL	<200	Enzymatic method
Triglyceride	78 mg/dL	<150	GPO- trinder without serum blank
S. HDL Cholesterol	60 mg/dL	>40	Elimination/Catalase
Non-HDL-Cholesterol	169 mg/dL	<130	
S. LDL Cholesterol	154 mg/dL	<100	Elimination/Catalase
T.Cholesterol-HDL Ratio	3.82	Low risk:<4.0 High risk:>6.0	

* ISO 15189:2012 accredited parameter.

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Checked by


Mohammed Yusuf Roman
B.Sc(Hons.), M.Sc (Biochemistry & Molecular Biology)
Biochemist
Ibn Sina Diagnostic & Imaging Center



ন্যাশনাল হার্ট ফাউন্ডেশন হাসপাতাল অ্যান্ড রিসার্চ ইনস্টিটিউট
NATIONAL HEART FOUNDATION HOSPITAL & RESEARCH INSTITUTE

ECHOCARDIOGRAPHY REPORT

Echo 2D and M-mode

Patient Id : 230910/307	Token : 768	Order No : 293302	Echo Date : 10/09/2023
Patient Name : A.K.M. SYEDUL ISLAM		Requisition No : I-100923/1560126	
Age : 61Y	Gender : Male	Ref. From : OPD	Printing Date & Time: 10/09/2023 7:00:20PM
Height : 0.00 cm	Weight: 0.00 Kg	BSA (m2): 0.00	Ref. By : Dr. Abu Tarek Iqbal

TEST	RESULT	UOM	TEST	RESULT	UOM
AOD	27	mm	Mitral EF Slope		cm/sec
LAD	32	mm	MV Annulus		mm
ACS		mm	TV Annulus		mm
IVST	09	mm	PV Annulus		cm ²
LVPWd	09	mm	MV Area		mm
LVIDd	42	mm	AV Area		-
LVIDs	28	mm	AV Ring		mm
LVEF	61	%	RVIDd		mm
FS	32	%	RVOT		mm
EPSS		mm			

Note: LVEF by Global Eye-ball estimation

Descriptions :	
ECHO Window	Good
Pericardium	Normal pericardium. No effusion seen
LV Wall Motion	No regional wall motion abnormality at rest. LV systolic function is good.
RV Wall Motion	No RWMA seen. RV systolic function is good.
Valves	All valves are normal in morphology and motion.
Chambers	Normal
Wall Thickness	Normal
IAS	Intact
IVS	Intact
Intracardiac mass	No thrombus or vegetation seen.

Comments :

- No regional wall motion abnormality at rest.
- Good LV & RV systolic function (LVEF: 61%).
- Normal chamber dimensions.

Dr. Md. Rahequl Islam
MBBS, MD (Cardiology)
Registrar of Cardiology
National Heart Foundation Hospital
and Research Institute

Prepared By: Rakib

PLOT NO-7/2, SECTION-2, MIRPUR, DHAKA-1216, BANGLADESH.

Phone : +88-02-58054708-12, Fax: +88-02-48039237, Facebook: www.facebook.com/bangladesh.heartfoundation

www.nhf.org.bd E-mail : nhfadmin@agrii.com, admin@nhf.org.bd

Dr. Khandaker Nazmul Huda

MBBS, BCS (Health) Do, (DU), FICO, (England)

Eye Specialist & Micro Surgeon

Associate Professor & Head of the Department

Department of Ophthalmology

Ad-din, BRH Hospital, Dhaka

2, Moghbazar, Dhaka-1217

Dr. Mobile : 01955329199, 01721130781

Honey & black seed cure all disease



Chamber :

SALMAN OPTICS

Room No.-28, Green Super Market

(1st floor) Green Road

Farmgate, Dhaka-1215

Mobile: 01718-098608, 01552-574096

Friday Closed

Consulting Hours: 5PM to 8PM

Patient Name : *A. K. M. Sayedul Islam* Age: *62* y Date: *13.3.24*

Rx

C/C:

To whom it may concern

O/E:

This is to certify that the said patient is examined by me. His vision is 6/6 in both eyes with spectacles. His colour vision is examined by Ishihara colour plate chart & is found no colour vision defect. I wish him success in life.

RX:

উপদেশ:

কোক, আইসক্রীম, বিদেশী ফল
চকলেট, ফাস্ট ফুড খাওয়া নিষেধ।
ডাবের পানি, দেশীয় ফল, খেজুর বাদাম
মধু, কালোজিরা বেশী খাবেন।

Dr. Khandaker Nazmul Huda
MBBS, BCS (Health), DO (DU), FICO (England)
Eye Specialist & Micro Surgeon
Associate Professor & Head of the Department
Dept. of Ophthalmology
Ad-din, B.R.H Hospital, Dhaka

❖ Prescription should be brought for next visit

IBN SINA DIAGNOSTIC & IMAGING CENTER

House-48, Road-9/A, Dhanmondi, Satmasjid Road, Dhaka-1209.

Test Date: 10/03/2024 21:31

Test Type: Treadmill (Bruce) Tel: 84115270-2, 48114040-1 Fax: idic@ibnsinatrust.com

EXERCISE STRESS TEST REPORT

Patient: Captain A. K. M. Sayedul Islam

ID: D524562

Age: 62

Sex: Male

Height: 61in

Weight: 53kg

Physician: Prof Dr Md Monsurul Haque MD FRCP Ref: Dr. Nazmul Haque

Bed No.:

Indication: IHD Screening

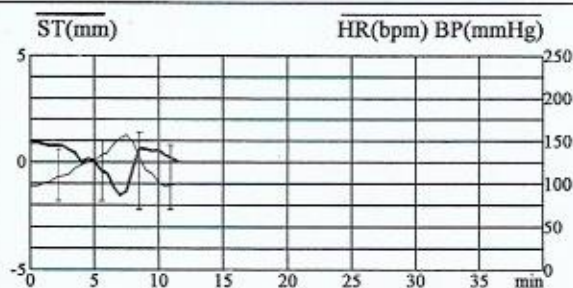
Medication:

The reason for terminating Exercise was Maximum HR obtained.

Exercise Test Summary

Phase	Stage	Time (min:sec)	Total Time (min:sec)	Speed (mph)	Grade (%)	Workload (METs)	HR (bpm)	BP (mmHg)	RPP (*100)	ST III(mm)	Comment
Standing		00:51		0.0	0.0	1.0	89	130/80	115	0.49	
Exercise	1	03:00	03:00	1.7	10.0	4.7	114	140/80	159	0.76	
	2	03:00	06:00	2.5	12.0	7.2	139	150/80	208	-0.49	
	3	01:24	07:24	3.4	14.0	9.3	160			-1.22	
Recovery	1	01:00		0.0	0.0	5.3	120			0.00	
		01:00		0.0	0.0	1.1	102	160/70	163	0.51	
		01:00		0.0	0.0	1.0	95			0.51	
		01:04		0.0	0.0	1.0	91	145/70	131	0.12	

BaseLine	Peak Exercise	Max ST	Test End
Exercise	Exercise	Exercise	Recovery
01:00	07:24	07:24	04:04
98bpm	150bpm	150bpm	98bpm
0/0mmHg	0/0mmHg	0/0mmHg	145/70mmHg
2.8METs	9.3METs	9.3METs	1.0METs
III	III	III	III
0.76	-1.22	-1.22	0.12
0.54	0.39	0.39	0.49



CONCLUSION

Exercise capacity is average.

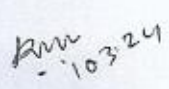
Positive chronotropic and hemodynamic responses to exercise.

Nonspecific ST depression was seen in inferior and lateral leads during exercise stage 3, but didnot persist in recovery period and it was not associated with any chest pain.

Stress test is **NEGATIVE** for ECG evidence of provokable myocardial ischemia.

Adv : Follow up

Physician Confirmation:

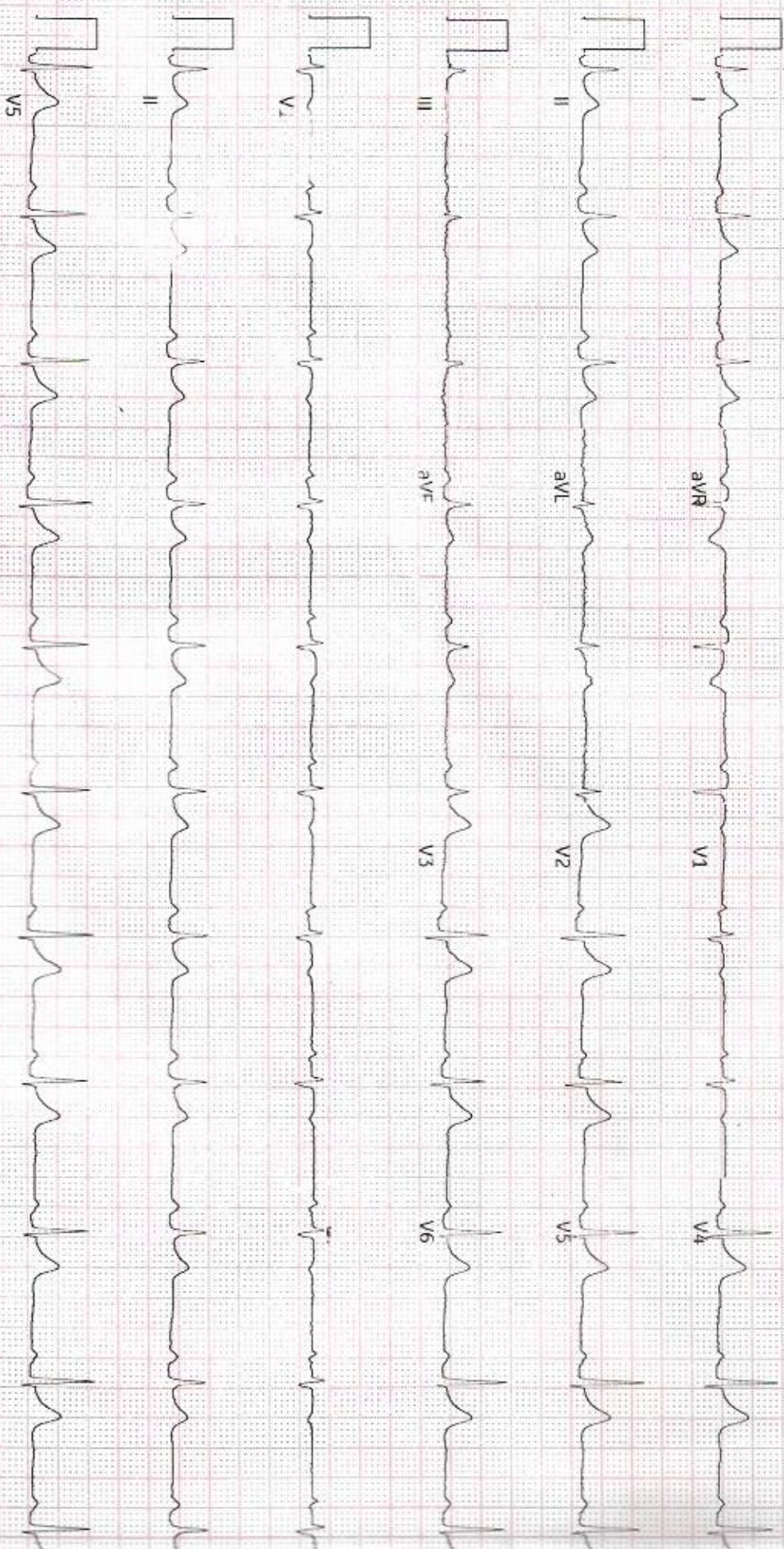

 Professor Dr. Md. Monsurul Haque
 MBBS, MD (Cardiology), FRCP (Glasgow)
 Professor (Cardiology)
 National Institute of Cardiovascular
 Diseases (NICVD)

Male
(62 Years)

Vent. rate 62 BPM
PR interval 192 ms
QRS duration 66 ms
QT/QTc-Baz 360/365 ms
P-R-T axes 63 48 28

Normal sinus rhythm
Normal ECG

IBN SINA DIAGNOSTIC & IC



Unconfirmed

25mm/s 10.0mm/mV 0.56-20 Hz ZPD 50 Hz

HD Pace Off MAC™ 5 1.00 SP05

12SL V24 4 by 2.5s + 3 rhythm lds

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