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ARTICLE

Title: The unseen forces of Homoeopathy: Imponderabilia explained

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ABSTRACT

Imponderabilia are dynamic sources of energy. The process of creating imponderable remedies often involves subjecting a blend of lactose and purified water to the intended energy source in order to construct a treatment. Although this collection of remedies might appear recent, Hahnemann established the first "Imponderable" in 1833. X-rays, Electricitas, Sol, Luna, Magnetis poli ambo, and Radium bromide are the most well-known drugs. They are extensively covered in Materia Medica Pura and Allen's Materia Medica of Nosodes, and magnets in Clarke's Materia Medica. Despite their strong evidence, these treatments are not frequently utilized by homeopathic practitioners and are not well represented in repertories. Although these medications have been shown to work for a very long time, they still require clinical validation, proof, and standardization in their manufacturing.

Keywords: *Imponderabilia, Homoeopathy, Remedies, Energy*

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INTRODUCTION

Imponderabilia are medicines that contain energy, either artificially or naturally occurring.^[1]

Examples of such substances are electricity, sunlight, moonlight, and magnets.^[2] As potentized homoeopathic remedies, imponderabilia are immaterial "dynamic" forces.^[3] The root of the term "imponderabilia" denotes a lack of weight. Additionally, it indicates substances without discernible weights. It is possible to say that homoeopathic remedies prepared from any kind of energy are referred to as impondribilia.^[4]

This substance can change the bodies of humans or animals, whether they are well or ill. A medication is considered medicinal when it has been proven to work in accordance with homoeopathic theory and the symptoms have been documented with group confirmation. This medication is prepared in accordance with homoeopathic law, and similimum serves as a treatment in the end. Aphorism 3 of the Organon has a remark from Samuel Hahnemann himself: "An indicated medicine is a remedy."^[4] So far, the scientist has found that only a few wonderful substances are currently used as homeopathic remedies; the best known of these are X-ray, Radium bromatum, Electricitas, Sol, and Luna. Unfortunately, even these remedies have not yet been established as essential to homeopathic practice and are often referred to as "minor" remedies scattered throughout the homeopathic literature.^[2]

In Organon, aphorism 280 Footnote, Dr. Hahnemann says that "even imponderable agencies can produce the most violent effects upon man."⁵ Dr. H. W. Allen describes their mode of preparation and symptoms in his 'Materia Medica of Nosodes'.⁶ Elizabeth Wright mentions in her book 'A Brief Study Course in Homoeopathy' the imponderabilia, which include positive and negative magnetic force, electricity, sun-force, etc.^[6]

Few treatments for these energy sources existed from Hahnemann's time until the end of the nineteenth century, though they did include magnets, X-rays, and sunshine. Time travel considerably more than a century to the present, which is awash in a multitude of sophisticated gadgets. Many patients may be impacted by the forces, and treatments based on imponderables provide our Materia Medica with more useful options.^[7]

Under aphorisms 286 and 287 of the sixth edition of Organon of Medicine, Hahnemann talked about the dynamic power of magnets, electricity, and galvanism.

- Aphorism 286 states that whether they are real medications that treat illnesses by oral ingestion, transdermal application, or inhalation, the dynamic capabilities of mineral magnets, electricity, and galvanism act potently and homeopathically on our life essence. Thus, they make it possible to treat illnesses, particularly those involving aberrant feelings, involuntary muscular

movements, sensitivity, and irritation. Galvanism and electricity have both been utilized exclusively for palliation thus far, with disastrous results for patients. Their beneficial, pure actions on a healthy human body have not been well-proven up to this point.^[8]

- Aphorism 287 states that it is more likely that one can benefit from a strong magnet's healing properties. The *Materia Medica Pura* lists the advantages of both its north and south poles. Though equally strong, the ways in which each pole acts are diametrically opposed to the others. Depending on whether more symptoms of the north or South Pole are indicated, the length of time one or both poles are applied may moderate the doses. Hahnemann says that 'even imponderable agencies can produce the most violent medicinal effects upon man' under § 280 footnote Fifth Edition of *Organon*.^[8]

MEDICINES

This source provides the following medications: Radium, *Magnetisartificialis*, *Electricitus*, X-ray, Sol, *Magnetis poli ambo*, *Magnetispolusaustrialia*, *Magnetispolus arcticus*, and so on.^[9]

1. *Magnetis Poli Ambo*^[4,10,11,12]

- Energy: The full magnet
- Source: Both poles of the magnet
- Miasm: Antipsoric
- Preparation: It is prepared using either milk sugar or distilled water. The milk sugar or distilled water is fully exposed to the magnet, and the vehicle is thoroughly stirred to allow the vehicle to become completely saturated with magnetic energy. Potencies are then prepared from the trituration. Instead of using exposed and saturated milk sugar, distilled water is used to prepare potencies in liquid form.
- Indications: Hurriedness and forgetfulness. Absence of mind. Tendency toward anger and rage. Vertigo in the evening after lying down, as if he would fall. Fainting. Odontalgia, which aggravates from cold or cold air. A fetid smell with a metallic taste. Good appetite in the evening. Constipation. Painless

diarrhea. Blind hemorrhoids with smarting pain. Prolapsus recti. Burning in the spermatic vesicle, which excites sexual desire. Aversion to coition and erection without any thoughts. Dry cough at night. Rheumatic complaints. Ulcers are painful and have the tendency to bleed.

2. *Magnetis Polus Australis*^[4,10,11,12]

- Energy: Magnetic Energy
- Source: South Pole energy
- Miasm: Anti-syphilitic
- Preparation: The vehicle is either distilled water or milk sugar. The magnet's south pole provides the saturation, after which dynamisation is carried out as normal.
- Indications: Moroseness with an aversion to conversation. Great discouragement and dissatisfaction with himself. Desire to be alone. Rude in language and actions. Vertigo as if intoxicated. Headache in occiput < in room > open air. The skin of the forehead feels as if it dries fast to the skull. Amblyopia. Tearing, jerking toothache < hot things. Noisy borborygmi and grumbling in the abdomen. Inguinal hernia. Loose stool with contractions and painful constriction in the rectum and anus. Involuntary urine < night. Ingrowing toe nails. Metrorrhagia. Violent palpitation of the heart with heat in the cardiac region.

3. *Magnetis Polus Arcticus*^[4,10,11,12]

- Energy: Magnetic Energy
- Source: North pole of magnet
- Miasm: Anti psoric
- Preparation: It is made using either distilled water or milk sugar. After allowing a magnet's North Pole to affect the vehicle, dynamisation is carried out in accordance with homoeopathic pharmacological principles.
- Indications: Weeping mood with chilliness. Indolent mind. Weak memory, but feel cheerful. Tendency to make mistakes while writing. Vertigo felt as if she would fall in every direction. Sensation of intoxication, like a humming in the head. Murmuring in ears and internal heat, as from boiling water. Odor of rotten eggs. Trismus. Odontalgia in carious teeth as if extracted. Itching at the tip of the tongue. Loss of taste. Continuous pyrosis, especially after supper. Hard, large-size stool. Excitement of excessive sexual desire. Menses too feeble; suppressed.

4. *Magnetis artificialis* [3,7,10]

- Energy: Electromagnetic Energy
- Source: Artificial Magnet
- Miasm: Anti psoric
- Preparation: The imponderabilia medicine is made with either distilled water or milk sugar as the vehicle. The vehicle is then exposed to an artificial magnet, where it fully absorbs the electro-magnetic induction and radiation, resulting in the reception of potent imponderabilia and normal dynamisation.
- Indication: Irrascibility and proneness to fly into a passion. Irresolution. Hurry, with great exhaustion. Bruised headache on first waking in the morning. Deafness, without noises in. Constipation, as though the rectum was too narrow. Painful fecal diarrhea. Menses: Too early and too profuse. Uterine hemorrhage. Nightly heat without thirst and a desire to uncover, which is agreeable.

5. *Luna* [4, 10, 11]

- Energy: Light energy
- Source: Moon rays
- Miasm: Anti psoric
- Preparation: Milk sugar is exposed to lunar radiation; a glass plate is obtained and the milk sugar is placed upon it; while the sugar is being exposed, a glass rod is used to agitate it; once the ideal amount of time has passed, the milk sugar is dynamised.

The moon's rays can occasionally be used to dynamise clean water or distilled water, which is then used to prepare imponderabilia.

- Indication: Irritable when talked. Desire to be alone. Sad and depressed. Affected by full moon rays. Headache > magnetic pass. Frontal headache at menses. Congestion of the bleed at the head with fullness at 8 a.m. Coryza, sneezing, and occipital headache at 4 p.m. With yellowish-greenish discharge of nose mucus. Increased flow of saliva all day. Flatulence and burning < milk. Menses returned two days after ceasing.

6. *Sol* [4,10,11]

- Energy: Heat and light energy
- Source: Sunrays
- Miasm: Anti psoric
- Preparation: Milk sugar is saturated after being subjected to concentrated solar

radiation and being agitated with a glass rod.

- Indication: Used in cases of epithelial cancer, rodent ulcer, parasitic diseases, and moles. Excitement and anxiousness in all nerves are first felt in the heart, then in the abdomen. A violent left-sided headache from the vertex down to the forehead. Aggravation from sunshine on the bare head. Sunlight diminishes the sensitivity of the eyes. Blindness. Grinding of teeth, as in helminthic spasms. Constipation. Frequent urination at night. Menses 6-7 days soon. Sunburn and sunstroke.

7. *Electricitas* [4,10,11,12]

- Energy: Electrical energy
- Source: Atmospheric and static energy
- Miasm: Anti psoric
- Preparation: In order to create imponderability from atmospheric electricity, milk sugar is the vehicle of choice. It is first saturated with atmospheric energy before being further intensified.
- Indication: Intense nervous; timid, fearful, sighing. Involuntary laughter. Errors in the appreciation of time; loss of memory. Dread of thunderstorms and suffer before and after an electric storm. Heaviness and paralysis of the limbs and entire body feel as if weighted a ton. Epistaxis. Loss of smell. Dry tongue with a yellow coating.

8. *Electricity* [4,10,12]

- Energy: Electrical energy
- Source: Artificial Electricity
- Miasm: Anti psoric
- Preparation: The homoeopathic imponderabilia is made from the exposed milk sugar, and once it is completely saturated with artificial electricity, the vehicle is dynamised as normal.
- Indication: Paroxysms of oppressive anxiety. Dread of a thunderstorm. Involuntary hysterical laughter. Loss of memory. Dullness of the head. Dim sightedness. Scurf in the face, on arm and body. Heartburn. Ptyalism. Desire to vomit. Hematemesis. Sleeplessness for two months. Eccymosis.

9. *Radium bromide* [4,10,11]

- Energy: Electromagnetic radiation energy

- Source: Radioactivity of element
- Miasm: Anti mixed miasm
- Preparation: Radium bromide is a radioactive material that is white or slightly brownish in color, stays in crystal form, and over time turns yellow or pink. It is soluble in water and alcohol, and when it is triturated with milk sugar, it can be converted back into liquid form. Dynamization is then carried out as usual.
- Indication: Fear being alone. Irritable, cross, and easily vexed. Unable to think clearly with a frontal headache. Discharge from the right eye runs down to the nose in yellow crust form. Naevus like spot at tip of nose. Catarrh with greenish discharge. No appetite. Arthritis. Bone affections of. Psoriasis. X-ray dermatitis.

10. X-ray [4,10,12,13]

- Energy: Electromagnetic radiation energy
- Source: X- rays
- Miasm: Anti mixed miasm
- Preparation: The high-energy electromagnetic radiation known as a Roentgen ray, or X-ray, is created when fast-moving electrons are blasted into a metallic target in a vacuum. The homoeopathic remedy, or X-ray imponderabilia medicine, is made by subjecting an alcohol-filled phial to X-ray for the recommended amount of time, which is thirty minutes. Dilutions are made on a centesimal scale. Occasionally, lactose is subjected to X-ray exposure before being triturated in accordance with pharmaceutical guidelines.
- Indication: Repeated exposure can cause skin lesions, often followed by cancer. Mental irritability. Trembling all over. Sleepy with a headache. Sulphur vapor sensation in the nose and throat. Aversion meat. More thirst than usual. Menses dark green one day. Sexual glands are affected. Atrophy of the ovaries and testicles. Sterility. Anemia and leukemia. Psoriasis. Tongue: dry, rough, and sore. Lewd dreams. Sexual desire is lost. Rheumatic pains in the left wrist and forearm. Eczema with dry skin and cracks. Warts.

CONCLUSION

With its own philosophy, homoeopathy is an integrative medical system. By using its novel approaches, it could treat a wide range of ailments that are thought to be incurable. A certain class of drugs known as imponderables can be found in *Materia Medica* and are effective in treating both acute and chronic conditions. It is feasible to demonstrate the efficacy of these specific medications in order to have a deeper comprehension of the dynamic power of pharmaceuticals. Imponderabilia's usefulness and effectiveness haven't been utilized to their full potential. Memorabilia has the power to produce miracles; when all hope seems lost, they may bring prosperity and hope into the darkest moments. There are a number of unknowns from various sources in addition to the drugs mentioned above; research into new drugs can be done to add more indications to the Homoeopathic *Materia Medica*. And this article presents a few details about imponderable remedies, along with their sources, miasmatic background, preparation, and clinical indications.

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