

KNOW Homoeopathy Journal

Bi-Annual, Indexed, Double-Blind, Peer-Reviewed, Research Scholarly, Online Journal in Field of Homoeopathy

KNOW Homoeopathy Journal Vol-5 & Issue-2, October 2025, Published at <https://www.knowhomoeopathyjournal.com/2025/11/volume-5-issue-2>, Pages: 169-170, Title: "Perceiving Rubrics of the Mind" by Dr. Farokh J. Master, Authored By: Dr. Diksha Verma (MD Scholar, Department of Case Taking and Repertory, Bakson Homoeopathic Medical College, Greater Noida, U.P., India.) & Co-Authored By: Dr. Shailja Upadhyay (Associate Professor, Department of Case Taking and Repertory, Bakson Homoeopathic Medical College, Greater Noida, U.P., India.)



VOLUME-5 ISSUE-2
OCTOBER 2025

BOOK REVIEW

Title: "Perceiving Rubrics of the Mind" by Dr. Farokh J. Master

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Received: 06/01/2025

Accepted: 19/08/2025

Published: 11/11/2025

How to cite this book review:

Verma D, Upadhyay S. "Perceiving Rubrics of the Mind" by Dr. Farokh J. Master, KNOW Homoeopathy Journal, 2025; 5(2):169-170, available at <https://www.knowhomoeopathyjournal.com/2025/11/Perceiving-rubrics-of-mind.html>

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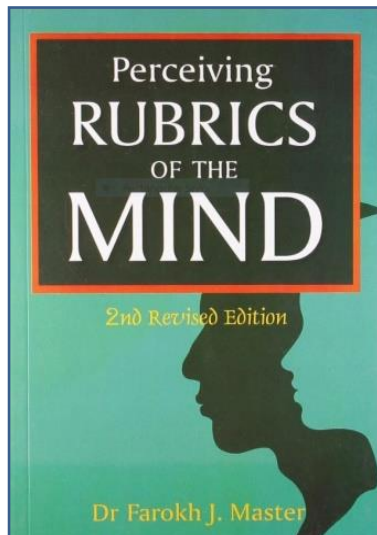
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Author – Dr Farokh J. Master
Language – English
Page – 505
Published by – B. Jain Publishers



The human mind is a web of complexity, it is as intricate as a web and needs a deep understanding. In homoeopathy, the symptoms of the mind play a key role in forming the totality of a person. A strongly influencing work has been done by Dr. Farokh J. Master in his book titled - "Perceiving Rubrics of the Mind," an in-depth understanding of the human mind has been offered by the book. As a Homoeopathic Practitioner, I found this book to be an indispensable resource in grasping the Complexity of human psychology and behaviour.

The book layout is simple as it has rubrics of mind collected From Kent's repertory, Boenninghausen's Repertory, Synthetic Repertory and Vithoukas's Repertory, as each repertory focuses on the human mind extensively.

The author's writing style is easy to perceive, brief, and comprehensible, making it effortless for readers to understand his arguments and insights. There are a total of 1182 rubrics arranged alphabetically with the source of the rubric mentioned: e.g.

K – Kent's Repertory
 BB – Boenninghausen's Repertory
 S – Synthetic Repertory

V – Vithoukas Repertory.

The Cross References has been mentioned after rubrics wherever applicable and it should be seen from the Repertory whose code letter is written next to the rubric. Master has also provided explanation and meaning of rubrics wherever he found necessary. He also stresses that the mental symptoms should be co-related with various psychological conditions, and attempt to write important psychiatric disease has been made by him. The author expands on the concept of the rubric, using it to describe the patterns and essence of emotion and behaviour that appear in human psychological behaviour in different psychiatric diseases.

Master has collected information from a wide range of sources, including philosophy, psychology, and homeopathy which can be seen throughout the book. He has also included the explanation of rubrics to illustrate his view, making the book a practical guide.

There is only one lacuna that one may find in this book, and that is a lack of concrete, real-world examples to highlight the concepts that can offer a much better understanding.

One of the key strengths of this book is its emphasis on the importance of perception in understanding human behavior. The belief of author is that perception is an active process and not passive one because it combines sensory, emotional and cognitive processes.

To summarize this book, "Perceiving Rubrics of the Mind" in my understanding is a remarkable and stimulating work and it provides a profound and deep understanding of the human mind. Anyone who is interested in psychology, homeopathy, or human behaviour should consider reading it. Dr. Farokh J Master has written it in easy to grasp language, and his ideas are thought-provoking and challenging.

According to me this book should be companion to anyone who wants to deepen their understanding of human psychology and behaviour and related homoeopathy.