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ARTICLE

Title: Exploring the secrets of periodic table: Row 3rd

Authored By: Dr. Riya Gupta^[1] & Co-Authored By: Dr. Nitiksha Sharma^[1]

^[1] M.D.(PGR) Materia Medica, Swasthya Kalyan Homoeopathic Medical College & Research Centre Sitapura, Jaipur Rajasthan, India.

ABSTRACT

Periodic table is also called as Periodic table of elements. An important & a new step of bringing the system into the study of remedies. It can be used as one of the way to study the dynamic information about the mineral kingdom as per by Jan Scholten periodic table of elements, given in columns (Groups) and in rows (periods). It is a tool to study the elements which are arranged in an alphabetical order or chart of all chemical elements arranged in the increasing order of atomic no. or atomic weight. It is currently a revolutionizing developmental and evolutionary biology, by which we understand & distinguish in between periods and groups correspond to developmental trajectories and stages respectively. The concept of a periodic table could be useful for recognizing a relationship between elements, throughout their development and evolution. Scholten made a substantial contribution to the field of homeopathy by comprehending the homeopathic characteristics of the elements included in the periodic table. There are total no. of seven series (rows) emphasize about the shell filled with electrons, reflecting the personality of individuals. The Scholten's work emphasise on 3rd row (series) explains "Identity & Relationship" during period of life. 3rd row corresponds increase of heaviness & complexity by incorporating core of protons & neutrons. The developmental period that occurs in children between the ages of three and six during which they start to express their independence, grow and demand the capacity to take care of themselves and want warmth, food, attention, and emotional support and their miasmatic analysis helps to understand the fundamental cause as well as homoeopathic approach which helps to recognize the inner core of the individual's. Predominantly most of the elements in row 3rd are psora and Sycotic, reflecting the individuality of persons

Understanding Row 3rd in aspect of Birth and life process ^[3]:

This developmental stage occurs in children between the ages of three and six, when they start to establish their choices, gain the independence they need to complete tasks, and start to become aware of both their own feelings and the opinions of others.

The youngster at this time also requires warmth, hydration, care, and emotional support. Additionally, there are problems with development and growth.

At this age, a youngster begins to recognize and claim his unique personality and identity. I have the thought, "I am separate, but who am I?"

A child is now ready to develop and express their unique will or choice because they have established their physical existence and their separation from the parental role. He is also learning how to be independent in order to exercise his will.

The question "Which clothes should I wear for the party?" is an example. The parent made the decision up to this point, but now that they have a choice, they want to behave in accordance with it.

As one's identity grows, the sentiment "This is mine and not yours" also does.

Elements reflecting physical image via series (Row 3) Silicum series:

It includes [Sodium, Magnesium, Aluminium, Silicon, phosphorus, sulphur, chlorine, argon]. Commonly there is pathological picture manifest by each and every element in their own manner ie; having various sphere of action. Some of them are given below with their characteristic actions ^[1]:

- **Sodium^[1]**: It is well known that life is originated from sea water. Main constitution of extracellular fluid. It helps to keep the fluid balance & maintain homoeostasis. If its abnormal then it develops Hyponatraemia & Hypernatremia.
- **Magnesium^[1]**: Mainly present in living cell esp. muscles, nervous tissues, cerebrospinal fluid as well in serum. It is required for synthesis of proteins; its effect is similar to

calcium on neuromuscular junction. If its normal it develops Hypermagnesemia & Hypomagnesemia.

- **Aluminium^[2]**: All peoples having small amount of aluminium in their body. It is present in blood, bones, faeces, urine. Low level of aluminium causing behavioural & morphological changes (Alzheimer's disease) due to increased non- transferrin bound iron.
- **Silicon^[4]**: It is mainly found in collagen, cells, connective tissue, abnormal concentration may produce stunted growth & abnormal development.
- **Phosphorus^[1]**: It is present in bones, teeth, & in genes. Its abnormality may produce Hypophosphatemia & low calcium level(hypocalcaemia)
- **Sulphur^[5]**: The two amino- acid; Methionine & cysteine which contain sulphur, it can be supplied externally through diet not develop inside human body. Increased amount may cause seizure, & incoordination. Decreased may produce inflammation & pain.
- **Chlorine^[1]**: Body doesn't produce chlorine, it may produce due to external source. It is an electrolyte important for maintaining body fluids.
- **Argon^[2]**: Not found inside body. It's a noble gas causes coagulate blood or thickens or scar tissue.

Psychological picture / Mental Image:

Some characteristics features manifesting the personality of the individuals involving in 3rd series:

- Sodium^[1]**: In human psychology, main anxiety of sodium of keeping balance or harmony. Sodium desire to form and maintain a relationship especially one to one level and very much dependent only on one relationship, without which feel very isolated and therefore very insecure.

b) Magnesium^[1]: Feeling of Magnesium is like feeling of needing the nourishment and the care of parents, which needs all the protection and nourishment from the mother in order to survive. The feeling of forsaken, alone and very needy of protection.

c) Calcium^[1,6]: The overly protective backdrop is the cause of the emotional insecurity. The child lacks the maturity to make independent decisions and feels too nervous to take risks. Calcium is similar to a small child who experiences the unpredictability of the outside world and hence needs the safety of a home.

d) Aluminium^[1]: The easiest way to characterize the Alumina downturn is as "gloominess." The light is not present. DELAYED ACTION is a defining feature, both mentally and internally. The Alumina weakness is confined to a small area. The patient wills to function on the plane, but the answer is delayed, just as we observe when person trying so hard to express but just cannot find the perfect word.

e) Phosphorus^[7]: It has a profound effect on the mind and senses since it is a primary component of nerve matter. Great lowness of spirits. easily irritated. Fear, as though something were lurking around every turn. fear of death when alone. Brain is worn out. Madness combined with an inflated sense of one's own significance.

f) Sulphur^[8,9]: Sulphur individuals may exhibit a strong sense of individuality and independence. They may have a tendency to be intellectually sharp but also prone to absentmindedness. Sulphur individuals may also depressive, peevish and no regards for others.

g) Chlorine^[9]: calm and active thinking (good), Fear, A horrible mental condition, dread of going insane, anxiety of not being able to support himself—everything appears to be jumbled.

MIASMATIC ANALYSIS ^[10,1]:

To determine the reason why homoeopathic medications did not result in a true cure: miasm.

Table 1: Miasmatic Analysis

NAME OF ELEMENTS	MIASMATIC ANALYSIS
Sodium	Sycotic & Tubercular miasm
Magnesium	Sycotic miasm
Aluminium	Psora miasm
Calcium	Psora, Sycosis, Syphilitic, Tubercular miasm
Phosphorus	Psora miasm
Chlorine	Sycotic, syphilitic, tubercular
Sulphur	Psora miasm

CONCLUSION:

Scholten's periodic table is the best tool for helping us understand the elements more easily. The periodic table is a dynamic and ever-evolving depiction of elements, not just a static chart. It is a potent and essential instrument for comprehending the characteristics of components that people reflect. Miasmatic analysis can be used to rule out a specific cause.

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