

KNOW Homoeopathy Journal

Bi-Annual, Indexed, Double-Blind, Peer-Reviewed, Research Scholarly, Online Journal in Field of Homoeopathy

KNOW Homoeopathy Journal Vol-4 & Issue-1, 15 March 2024, Published at <https://www.knowhomoeopathyjournal.com/2024/03/volume-4-issue-1.html>, Pages: 43-47, Title: Dysfunctional uterine bleeding in adolescent: A case report, Authored By: Dr. Pushkar Mahajan (MD Homoeopathy Phd Scholar, Associate Professor Department Of Pathology And Microbiology At Kdmg College, Shirpur.) & Co-Authored By: Dr. Keyur Chaudhari (BHMS, Medical Officer Govt Homoeopathy College, Jalgaon.)



VOLUME-4 ISSUE-1
MARCH 2024

CASE-REPORT

Title: Dysfunctional uterine bleeding in adolescent: A case report

Authored By: Dr. Pushkar Mahajan^[1] & Co-Authored By: Dr. Keyur Chaudhari^[2]

^[1] MD Homoeopathy Phd Scholar, Associate Professor Department Of Pathology And Microbiology At Kdmg College, Shirpur.

^[2] BHMS, Medical Officer Govt Homoeopathy College, Jalgaon.

ABSTRACT

This is a case of 13 year old of adolescent child presenting a complaint of dysfunctional uterine bleeding not responded to allopathic medicine. *Calcarea carbonicum* 200 prescribed on totality of symptoms produced prompt effective response in DUB along with her associated complaints.

Keywords: *Calcarea carbonicum, Dysfunctional uterine bleeding, Homoeopathy*

How to cite this article:

Mahajan P, Chaudhari K. Dysfunctional uterine bleeding in adolescent: A case report, KNOW Homoeopathy Journal, 2024; 4(1):43-47, available at <https://www.knowhomoeopathyjournal.com/2024/03/Dysfunctional-uterine-bleeding-in-adolescent-case-report.html>

© 2024 KNOW Homoeopathy Journal

[Know more about Journal's Copyright Policy](#)

<https://www.knowhomoeopathyjournal.com/p/copyright-policy.html>



Scan-Quick Response Code

INTRODUCTION

Menorrhagia is one of the commonest complaints in women approximately 50% of adolescent girls referred to gynecologists.^[1-2] DUB significantly affect a woman's ability to perform her best at work. Frequent and excessive bleeding can lead to fatigue and decreased energy levels, making it challenging to concentrate and complete tasks efficiently. The unpredictable nature of DUB can hinder a woman's ability to fulfill her household responsibilities.

Homeopathy offers a holistic approach to treating DUB by considering the individual as a whole rather than just targeting the symptoms. It recognizes that every person is unique and seeks to address the underlying causes of the condition. The aim of homeopathy is not only to treat sing & symptom of disease but also to address its underlying cause and individual susceptibility.^[3-6]

Previous study demonstrated that homeopathy offers a viable alternative for managing Dysfunctional Uterine Bleeding without resorting to hormonal therapies or invasive procedures by using remedies such as Sabina, Cimicifuga, and Thalaspia Bursa.^[7-8]

In this study, 30 cases were defined & evaluated. Patients over 35 years of age with abnormal uterine bleeding with no underlying pathology were chosen for the study. Prior to treatment, patients were scored and after treatment, a t-test was administered. Few studies came out to be in favor of combined approach of using homoeopathic constitutional remedy along with Ferrum metallicum 6X^[9], dysfunctional uterine bleeding managed by Ars alb case report^[10] Specific drugs & therapeutic

approaches & combinations approaches were published in other publications with limited action reasoning complex. A clinical study was conducted among 15 cases where the occurrence of Dysfunctional Uterine Bleeding linked to Thyroid Dysfunction was observed predominantly among individuals aged 26-35 years. It was found that those from a lower socioeconomic background were more prone to experiencing Dysfunctional Uterine Bleeding associated with Thyroid Dysfunction. Out of the 15 cases studied, 13 cases exhibited an improvement in their menstrual irregularities when the treatment was prescribed based on the assessment of the Quality and Quantity of the menstrual bleeding.^[11]

Whereas here, we present a case of dysfunctional uterine bleeding in adolescent treated with the homoeopathic constitutional medicine Cal carb with adequate reasoning for every actions in terms of totality, a reportorial approach, remedy differentiation & posology.

CASE REPORT

Preliminary Data:

Name: Miss. P.S.

Age :13 yrs.

Education :7th std

Single child Father -govt service employ

Mother- teacher in pvt school

Date of interview -17/3/19

CHIEF COMPLAINTS

- Heavy menstruation with occasional clot, dark flow with Backache2 ,Abdominal pain before during menses.

- Menses last for 10 to 15 days and reappears again within 3 weeks
- Menarche since 1 year
- USG : NAD
- Allopathic medication from gynecologist.

ASSOCIATED COMPLAINTS

- Acne on face, back
- Greying of hair
- Stool constipated. Once in 2 days absent of urge

PAST HISTORY : Dengue in 4 yrs back, Pneumonia in childhood

FAMILY HISTORY: Mother had same menstruation problem which cured with homoeopathy.

DIAGNOSIS: DUB

PHYSICAL GENERAL

Appearance: Wheatish complexion , healthy built

Perspiration: Profuse

Craving: eggs, meat. She is very fond of food and likes to make it by her own hand.

Chilly

NATURE

- Lazy, indolent doesn't like sports
- Fear dark, alone
- Shy, not mixes easily even it is observed during interview. Mostly mother is giving answers
- Average in study
- Obedient as per parents opinion
- Feels very bad and nervous when friends tease her

CASE PROCESSING

Totality kent reportorial approach :

MIND - FEAR - dark; of

MIND – LAZINESS2 MIND – TIMIDITY

MIND - SENSITIVE - reprimands, to

MIND – GOURMAND

GENERALS - FOOD and DRINKS - meat – desire

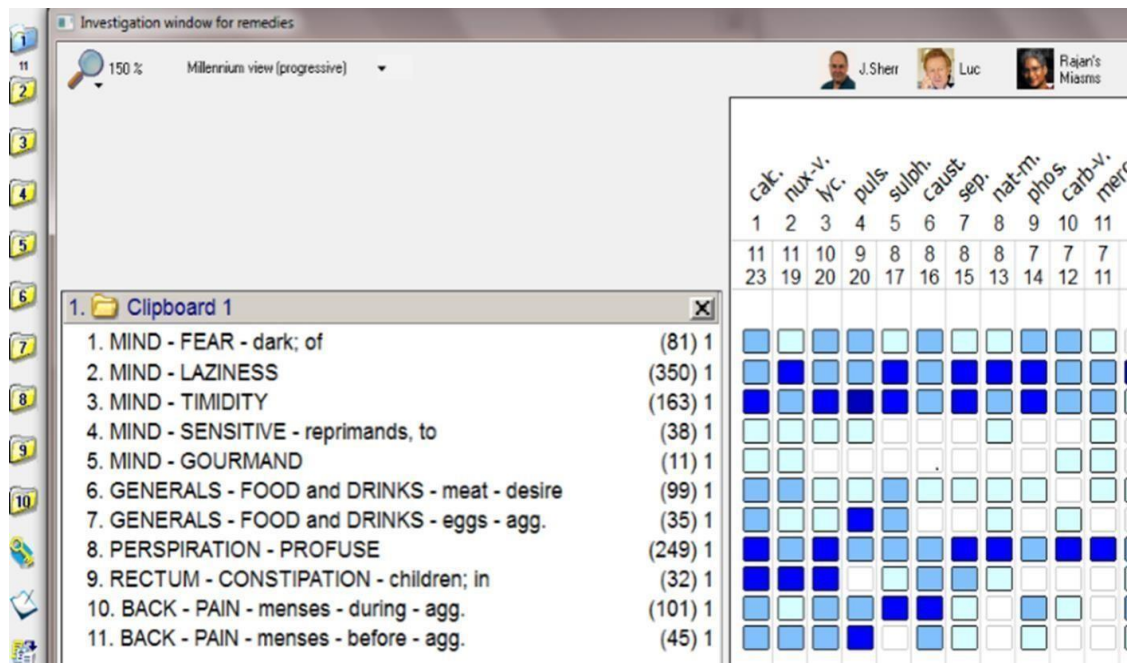
GENERALS - FOOD and DRINKS - eggs - agg.

RECTUM - CONSTIPATION - children; in

BACK - PAIN - menses - during - agg.

BACK - PAIN - menses - before - agg.

REPERTORISATION



Repertorization- Figure 1

REPERTORIAL CONCLUSION

Calcarea carbonicum, *Nux vomica*, *Lycopodium* & *Pulsatilla* were coming close, *Nux vomica* & *Lycopodium* doesn't not corresponds with the mental & emotional picture of patient while *Pulsatilla* is hot remedy so it is ruled out. *Calcarea carbonicum* seemed to be more exact similimum as it covers the dispositional qualities as well physical data.

Final Selection : *Calcarea carbonicum*

Susceptibility : Moderate

Sensitivity : Moderate to high

Phase of disease : Functional

Posology : Potency 200 infrequent repetition 200 single dose followed by placebo stop all allopathy medicine

FOLLOW UP

•**4/4/19-** Bleeding stopped after 2 days Nointermittent bleeding, acne, constipation are improved.

Placebo continued.

•**21/4/19-** LMP 6/4/19 Bleeding very less, No pain No constipation, Placebo continued.

•**16/5/19-** LMP 4/5/19 Slight abdominal pain. Constipation since 7 days, Calc carb 200 repeated again, Since that she had no complaint.

Patients mother is regular patient and many times she accompanies with mother but till date she is ok and doing fine.

DISCUSSION

This case demonstrate the role of individualized homoeopathic medicine in treatment of DUB by addressing the underlying cause and individual susceptibility represented through marked timidity, indolence & peculiar sensitivity to reprimand responsible for predisposing sensitivity at mind. level & thermal chilly, meat – desire eggs, - agg. - constipation menses - during - agg. at physical level totality formed by using Kent approach to arrive suitable similimum *Calcarea carbonicum* 200 infrequent doses resolve the problem immediately,

While review there were work done on DUB and its Homoeopathic Approach where

Sabina, Cimicifuga and Thalaspia Bursa like organopathic tissue affinity medicine were found effective in management⁷⁻⁸ while this case report address the individualistic susceptibility while treating case dysfunctional uterine bleeding in adolescent. Organopathic case taking is often regarded as less comprehensive compared to classical homeopathy, as it solely focuses on local symptomatology. The practitioner conducting organopathic case taking must possess extensive knowledge of disease symptomatology and organ function.

LEARNING:

Understanding of individual as person through available symptoms helps to formulate totality to arrive at exact similimum generate effective action result complex demonstrated through this case report.

CONCLUSION

This case report of dysfunctional uterine bleeding represent the action result complex generated by *Calcarea carbonicum* 200 which is selected on basis of totality of symptoms with the help of Kent approach

ACKNOWLEDGMENT: I would like thanks to all my teachers responsible for my academic growth.

CONFLICT OF INTEREST: Nil

REFERENCE :

1. Fraser IS, Langham S, UhlHochgraeber K. Health-related quality of life and economic burden of abnormal uterine bleeding. Expert Rev Obstet Gynecol. 2009;4(2):179–189.
2. <http://www.ncbi.nlm.nih.gov/pubmed/18007127>; Prentice A. Fortnightly review. Medical management of menorrhagia. BMJ 1999;319:1343-5.)
3. Dhawale, M. L; (2000) "Principles and Practice of Homoeopath", 3rd Edition, Dr. M. L. Dhawale Memorial Trust, Mumbai. P 210-241
4. Hahnemann S, Boericke W, Dudgeon R. Organon of Medicine. New Delhi: B. Jain Publishers Private Ltd.; 2011. P: 102-130

5. Boger C.M. —A synoptic key of the Materia Medica reprint edition 2001 Publisher- B. Jain Publisher New Delhi P 55-60
6. Boericke W; (2000) Homoeopathic Materia Medica and Repertory. B. Jain. Publishers, New Delhi P : 44-148
7. Singh S : Advancements in Homeopathic Research, Vol. 6 No.3, August 2021-October 2021, Date of Publication 2021/08/1, Pages no. 44-47
8. Aphale, P., & Rajgurav, A. (2016). To study the efficacy of sabina, cimicifuga and thalaspia bursa in management of cases of dysfunctional uterine bleedings. International journal of reproduction, contraception, obstetrics and gynecology, 6, 133-140.
9. Nagar G, Meheta R, Saraswat K : Effectiveness of combined approach of giving homoeopathic constitutional remedies along with Ferrum metallicum 6X in management of cases of menorrhagia- a case series January 2020 The Homoeopathic Heritage Page No 12-17.
10. Khanra S., Treatment of A Case of Dysfunctional Uterine bleeding By Homoeopathic Medicine- A Case Report. TUJ. Homo & Medi. Sci. 2021;4(1):68-75
11. Chandrara C V. Nair A,; (2021). Homoeopathy lends helping hand for patients having dysfunctional uterine bleeding associated with thyroid dysfunction - study on homoeopathic prescription based on the quality and quantity of menstrual bleeding. International Journal of Homoeopathic Sciences. 5. 167-170. 10.33545/26164485.2021.v5.i4c.466.