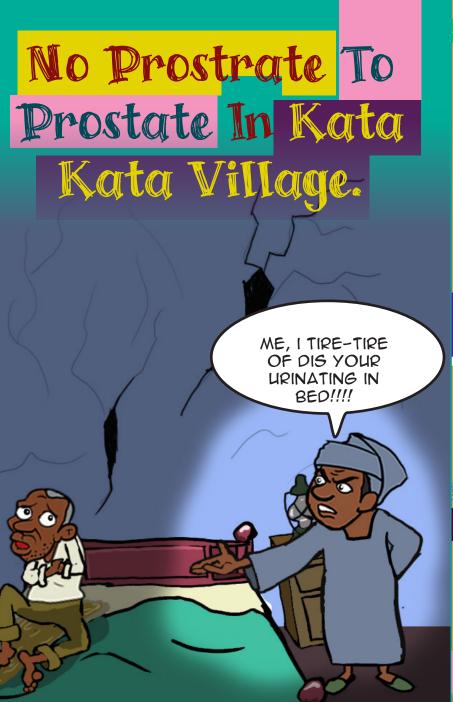
RATAKATA







The Incluence of Social Media on Children's Development.





KATA KATA CARTOON MAGAZINE

Kata Kata is an authentic African cartoon magazine with both online and printed versions. Humorously, Kata Kata tries to discuss and sensitize typical African / global socio-political issues using cartoons. At the same time, it equally offers a maxim that life is perhaps not all about seriousness; one needs some laughs and relaxation to face serious challenges in life. The duality of Kata Kata is such that it, on the one hand, discusses serious issues and at the same time, it offers therapy for the problems through laughter.

In an educational, informative and yet humorous way, Kata Kata creates awareness of social problems through the dissemination of information and finds solutions to them. This important information can be sent across in many major languages (English, French, Spanish, Portuguese) as well as / or different African languages, to reach the grass-root audiences.

The quarterly printed edition of Kata Kata is widely available in the Netherlands and some European countries. Equally, the magazine can be read or borrowed from different libraries globally, including the prestigious Stanford University Library, USA, Federal Library Den Haag, (the Netherlands), University of Leiden Library -African Studies (Netherlands), University of Iowa (Main Library), USA, Southern Africa Library, Basel, Switzerland

Likewise, the digital version of Kata Kata can also be read online or subscribed to via Kata Kata website or Magzter, the world's largest digital newsstand with more than 20 million readers.

See: https://www.magzter.com/NL/KataKata-CartoonMagazine/Kata-Kata-CartoonMagazine/Comics/

We have expanded to Africa. With our offices in African countries, our humorous magazine is now available to our African readers, especially in various big hotels. We collaborate with a lot of credible international organizations, including the World Bank, the International criminal court (ICC), the CARE International, United Nations Population Fund, Ministries of gender etc.

Don't be left out. Hurry now and get your copy or become a subscriber.

Please visit our website: www.katakata.org

Welcome on board Kata Kata. Relax with our humorous cartoon magazine and get ready for a long laugh aimed at attitudinal and social changes.

Get on board with kata kata through the following platforms: Online



Facebook



Twitter

Follow us on Twitter and stay up to date



Linkedin

Connect with us on linkedin rs.linkedin.com/in/ ogoubabukoh



Youtube

channel to watch our

Kata Kata

Editor-in-chief / Publisher Ogo Ubabukoh

Art/Graphics Producer-in-chief Deogratius Okudi

Content Manager Perminus Ngugi Kiiria

IT / TECHNICAL Alvin Wafula Lesenaka

Editorial Advisory

Dr Pieternel Drijvers, Eng. Dan Olupot, Dr Beate Ubabukoh

Legal Co

Riek Mollema - de Jong (The Netherlands) Geoffrey ntambirweki kandeebe (Uganda) Vivian Iro - Uchime (The Netherlands) Ebele Topman (Nigeria) Alex Babatunde Osikoya (Nigeria) Lyka Mtambo (Malawi)

Marketing

Alice Keshubi (Uganda)

Romolo Pusceddu - Consultant (International **Business Development)** Silvia Rugina - Marketing Consultant Lucy Kamene Mengo (Kenya)

Contributors:

Samuel Ouma Liam Katabira Robin Ubabukoh Tedman Oscar **Tumwire Edward** Lara Ubabukoh

Uganda office

Lydia Gift Namuswa - Country Manager

Malawi office

Diana Namasani - Country Manager

Kenya office

Perminus Kiiria - Country Manager

Nigeria office

Ifeoma Okocha - Country Manager

Ambassador (Africa)

Liam Katabira

KATA KATA CARTOON MAGAZINE Venloweg 34 1324 DL Almere, The Netherlands +31 (0) 36 52 98 411 +31 (0) 61 98 69

+31 (0) 61 38 46 788 info@katakata.org www.katakata.org

MALAWI Kampala Building

3rd Floor, Room No.10, Area 2, Lilongwe, Malawi +265 881 339 881, +265 993 673 801

malawi-office@katakata.org **KENYA**

kenya office@katakata.org

Uganda office

UGANDA

Arches Building, Kisaasi, %00 Metres Off Kisaasi Roundabout On Northern Bypass, Office No. 2 Second Floor, 918/938 Block No. 214

Uganda-office@katakata.org

© 2025, KATA KATA AFRICAN CARTOONS ALL RIGHTS RESERVED.

This cartoon magazine contains material protected under International and Federal Copyright Laws and Treaties. Any unauthorized reprint or use of this material is prohibited. No part of this magazine may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system without express written permission from the author / publisher.



CONTENTS

HEALTH:
Rabies: Loving
Animals Heartily but
Consciously.

CARTOON:
No Prostrate to
Prostate in Kata
Kata Village.

FASHION:
Typical
Traditional
Attire Among
East Africans.

INTERIOR:
Smart Things to
Think About Before
You Dive Into
Interior Design.

BEAUTY:

Skin Bleaching in Africa and Its Dangerous Implications.



TECHNOLOGY:
Solar Energy in
Africa: A Solution
to Persistent Power
Challenges.





The Influence of Social Media on Children's Development.

TRAVEL:
Botswana Is
Calling: Southern
African Jewel and
Unforgettable
African Escape.

FOOD:
Boiled sweetcorn
with herb butter
and coconut
(vegetarian)



I HEAR YOU

"Use of brains begets wealth." - Sheng. (Kenya)

Akili ni ndonge. (Sheng)

Akili ni mali. (Swahili)

Use of brains begets wealth. (English)

Our lives are full of opportunities; we only need to look keenly and use our talents and abilities (both physical and mental) to benefit immensely from them. (Meaning)

TELL ME SOMETHING

TELL ME SOMETHING! Nigerians praise young soldier for standing up to powerful minister - News. Fine. However, when will Nigerians praise themselves for standing up to their

powerful leaders destroying their lives?

SUBSCRIPTION:

SUBSCRIPTION (2025):

Kata Kata Magazine can be subscribed to via the website (www. as Benign Prostatic Hyperplasia katakata.org) or E-mail info@katakata.org (BPH), prostatitis, and prostate ALTERNATIVELY, you may fill in cancer are among the most the form below and send to us:

Address

Telephone Number:

Duration of Subscription:





Till further notice

Subscription rates per year (4 issues – 3 by special issue - incl. postage / Shipment.):

THE NETHERLANDS: €65, EUROPE: €75, USA

AMERICA: €85, AFRICA: €95, ASIA: €95

Send your form to: info@katakata.org

OR by post:

KATA KATA Cartoon Magazine

Venloweg 34

1324 DL Almere, The Netherlands

+31 (0) 36 52 98 411 +31 (0) 61 98 69 357

+31 (0) 61 38 46 788

PAYMENT:

Account Nr: 453100619

IBAN: NL02ABNA0453100619

BIC: ABNANL2A

PLACE: Almere, The Netherlands



Publisher's note:

No Prostrate to Prostate in Kata Kata Village:

Understanding men's health — particularly prostate health — has never been more critical, yet it remains an area clouded by stigma, silence, and in many communities, misunderstanding. The title "No Prostrate to Prostate in Kata Kata Village" captures a reality that stretches far beyond one village: the confusion, neglect, and cultural discomfort surrounding the prostate gland.

The prostate, a small walnutsized organ located just below the bladder, plays a crucial role in the male reproductive system by producing seminal fluid that supports and protects sperm. Despite its size, the prostate can create significant health challenges when inflamed, enlarged, or affected by cancer. Conditions such (BPH), prostatitis, and prostate cancer are among the most common issues men face as they age — yet these conditions are often ignored until symptoms become disruptive or frightening. Please do not risk dying in silence.

This publication is a crucial tool in breaking the silence about prostate health. It's not just about urinary difficulties such as weak or intermittent urine flow, pain during urination, frequent nighttime visits to the bathroom, or the unsettling presence of blood in urine or semen. These are not simply signs of ageing — they are warning signals that should prompt medical attention. Too often, these symptoms are dismissed or hidden due to embarrassment, cultural beliefs, or lack of information. But with this publication, we can change that. Yes, we can!

Our primary goal is to demystify the prostate and encourage early intervention. From lifestyle adjustments and medications to minimally invasive procedures and, when necessary, surgery or cancer therapies, a wide range of treatments exists. Most importantly, early detection through regular screening can save lives and prevent years of discomfort or serious illness. This is not the time to wait; it is time to act.

In bringing this topic to communities like Kata Kata Village, we aim to empower men and their families with knowledge. Knowledge is power. A healthier conversation leads to healthier decisions — and a brighter, healthier future. This note is not merely about a gland; it is about dignity, awareness, and proactive care. Let this publication serve as a reminder that taking charge of one's health is not a sign of weakness but a profound act of strength. There is power in action, and it can lead to a brighter, healthier future for all. Remember, you are not alone in this journey. Support and care are available to you.

Till next year, please take good care of your health and one another.

Happy festive season and a healthy 2026.

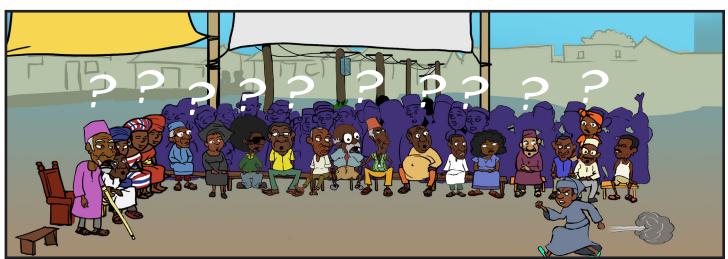
Yours in Kata Kata,

Ogo Ubabukoh

Publisher

No Prostrate To Prostate In Kata Kata Village





EEEE! WHY YOU JUST RUSH INSIDE HERE LIKE TRAILER WITHOUT BREAK? EVEN ME, I AM AFRAID ANSWER YOU, WHY BECAUSE, ME I DON' KNOW WHOT I SAY EN YOU JAM-JAM ME LIKE A CAR.





WHY DIS "TIRE- TIRE FOR DIS MARRIAGE"
MUSIC? YOU WAN' YOUR FAMILY PAY
BACK ALL THE DOWRY YOUR HUSBAND
PAID ON YOUR HEAD? OR YOUR
HUSBAND TELL YOU HE TOO TIRE FOR
THE MARRIAGE?











