


## ABOUT

Kata Kata is an authentic African cartoon magazine, which features weekly (online), irresistible African stories and other satirical African socio-political realities in a cartoon form.

Furthermore, through its social network (Kata Kata Community), it tries to keep those cultural entities alive by stimulating personal interactions and exchange of ideas amongst the readers.

In a jovial, funny and yet satirical manner, Kata Kata offers a maxim that life is perhaps not all about seriousness. One needs some laughs and relaxation to face serious challenges in life.

The printed version of Kata Kata has both African and European editions, which appear bi-monthly and quarterly respectively. The European edition is widely available in selected African shops in the Netherlands. Equally, the digital version of Kata Kata can also be read online or subscribed to via Kata Kata website or Magzter, the world's largest digital newsstand with more than 20 million readers.

With our East African edition, our readers in East African countries can now enjoy our humorous Kata Kata Magazine. Kata Kata magazine can easily be read in or borrowed globally from different libraries amongst them Stanford University Library (USA), Federal / Royal Library Den Haag (Netherlands), University of Leiden Library -African Studies (Netherlands), University of Iowa, Main Library (USA), Southern Africa Library, Basel (Switzerland) etc.

Hurry now and get your copy or become a subscriber.
Please visit our website (www.katakata.org) and relax yourself with our humorous cartoons. Kata Kata can also be ordered online via Magzter: http://www.magzter.com/NL/Kata-Kata-Cartoon-Magazine/ Kata-Kata-Cartoon-Magazine/Comics/

## Welcome on board Kata Kata. Sit up and get ready for a long laugh......

## Kata Kata Team

## Editor-in-chief / Publisher

Ogo Ubabukoh
Art/Graphics Producer-in-chief
Deogratius Okudi

## Art/Graphic Editor

Kors de waard
Editorial Advisory Board
Dr Pieternel Drijvers, Dr Ogu Okany,
Eng. Dan Olupot, Dr Beate Ubabukoh
Editorial Researcher
Andrea Schaffner

## Legal Consultant

Vivian Iro - Uchime
Barchelor Of Law (LLB), Masters Of Law

## Marketing

Romolo Pusceddu - Director (International Business
Development)
Bridget Mazonde - Snr. Marketing Consultant, Africa
Silvia Rugina - Marketing Consultant, Africa
Rick Olupot - Online Marketing
Kevin van den Berg - Online Marketing
Advertising
Judith Addison - Advert Executive

```
KATA KATA CARTOON MAGAZINE
Venloweg 34
1324 DL Almere,The Netherlands
+31(0)365298411 +31 (0) 619869357
+31(0)613846788
info@katakata.org www.katakata.org
```


## EAST AFRICA:

Kampala, Uganda
silvia-rugina@katakata.org monicas109@yahoo.com
info@katakata.org www.katakata.org

[^0]
## ontents



HEALTH:
Understanding Food supplements


CARTOONS:
Hepatitis: Not For Our Kata Kata Village!

PEOPLE \& POLITICS:
Her Excellency Nkechi Ikpeazu, First Lady, Abia State, Nigeria


INTERIOR:
Going For
Environmental -
Friendly Foors


KDS:
love Sports


## I HEAR YOU

Abaguma bobalwa amatumu. (Mashi, Democratic: Republic of Congo -- DRC)
Ndugu wakisikizana vizuri wanashinda adui kila mara. (Swahili)
Les frères qui s'entendent bien ils arrivent toujours à vaincre l'ennemi. (French)
Brothers who get along will always defeat the enemy. (English)

It is only when we are united that we are capable of achieving much and defeating our adversaries. Unity is the mother of great achievement. (Meaning)

## TELL ME SOMETHING



## SUBSCRIPTION:

Kata Kata Magazine can be read FREE online. Subscription to the printed version is possible via the website (www.katakata.org) or E-mail (info@katakata.org) Alternatively, you may fill in the form below and send to us:
Name: $\qquad$
Address: $\qquad$
Telephone Number:
Duration of Subscription: (1 year) (2 years)
(Till further notice)
Subscription rates per year (4 editions including postage):
THE NETHERLANDS: € $\mathbf{3 5}$, EUROPE: $€ 42$,
USA/AMERICA: $€ \mathbf{5 2}$ AFRICA: $€ \mathbf{5 8}$, ASIA: $€ 58$
Send your form to: info@katakata.org
OR by post:
KATA KATA Cartoon Magazine
Venloweg 34
1324 DL Almere, The Netherlands
+31 (0) 365298411 +31(0) 619869357
+31 (0) 613846788
PAYMENT:
Account Nr: 453100619
IBAN: NLO2ABNA0453100619
BIC: ABNANL2A
PLACE: Almere, The Netherlands


#### Abstract

Often when we talk of deadly diseases or sicknesses, our minds go to cancer, Aids, stroke, and the rest; hardly, do we think of hepatitis.


Hepatitis, an inflammation of the liver, which can be selflimiting or can progress to fibrosis (scarring), cirrhosis or liver cancer, is often caused by hepatitis viruses. Other infections, auto-immune diseases, toxic substances such as alcohol and certain drugs also play a major part in causing hepatitis.
What makes hepatitis deadly is the fact that it is not just caused by a single virus, its viruses, referred to as types A,
B, C, D and E, can be contacted through different means - some of them as common as by a mere contact with infected blood or even consumption of contaminated water or food. While hepatitis kills millions of people worldwide, one wonders how many people - especially those living in the rural setting in Africa - know the causes and dangers of this disease. Your guess is as good as mine. Globally, more than 400 million people are infected with hepatitis viruses; 6-10 million people are newly infected yearly. Sadly, $95 \%$ of the infected victims do not really know they have hepatitis. That makes hepatitis very dangerous. However, the good thing is that over $90 \%$ of people with hepatitis C (mostly transmitted through exposure to infective blood) can be completely cured within 3-6 months, if they have the right
medical treatment. But the question is: how can one talk of a cure for a disease when they do not know they have the disease in the first place? Furthermore, inasmuch as hepatitis C can be cured easily with the right treatment, what of other four hepatitis types? This is why the creation of the social awareness of hepatitis becomes absolutely a necessity.
As we join hands with the United Nations to celebrate the World Hepatitis Day, on 28 July yearly, the Kata Kata Village decides to take rapid action to create awareness of the dangers of the disease. Believing in the philosophy that a healthy person is a productive individual, the village is aware that there is no better way to bring much needed social progress amongst its people than to remain healthy. Do you share the belief and aspiration of the Kata Kata Village? Do you want to create much- needed awareness of the danger of hepatitis? If yes, come, let us put hands together with the UNO and the Kata Kata Village to achieve this unique task before us. Is there a better way to make this world a better place? Wait a minute! The hepatitis campaign is about to kick off in the Kata Kata Village, come and join the campaign wagon before it leaves. I am off, heading to the campaign. What about you?

Yours in Kata Kata,
Ogo Ubabukoh
Editor in chief / Publisher

$$
\begin{aligned}
& \text { Hepernjos: } \\
& \text { not for ourkata kata village! }
\end{aligned}
$$

KATA KATA VILLAGE SQUARE: EVERYONE IS GETTING READY FOR A MEETING, BUT.


EVERYONE IS SAD...... WHY?


G
Kata kata cartoon magazine


WO! WAIT A MINLTE.



[^0]:    © Copyright (2017), KATA KATA CARTOON MAGAZINE
    ALL RIGHTS RESERVED. This cartoon magazine contains material protected under International and Federal Copyright Laws and Treaties.
    Any unauthorized reprint or use of this material is prohibited. No part of this magazine may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system without express written permission from the author / publisher.

