

REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER

As per Merchant Shipping (Medical Examination) Amendment Rules, 2000 and ILO IMO/JMS/2011/2012
(In Compliance with MLC 2006 & ISM/STCW 2010, Code 1/9)

Name : SAIF MOHAMMAD AZMAIN Sex : MALE Serial No. :
Date of Birth : 2012/11/22 PF/CDC No. : A07970357 Nationality : BANGLADESHI
Rank : 3/E Vessel : MV IGUAZU HIGHWAY Type : PCTC Route : WORLDWIDE
Home Address : 1413 GARDEN ROAD, WEST KAWRAH BAZAR, DHAKA-1215
Company Name & Address : WALLEN SHIPMANAGEMENT

Medical History : Please answer the following to the best of your knowledge

Is there any past/present history of any of the following?	Candidate Declaration		Examiner Record		Is there any past/present history of any of the following?	Candidate Declaration		Examiner Record	
	Yes	No	Yes	No		Yes	No	Yes	No
Severe one-side headaches (Migraine)		☒		☒	Hernia / Hydrocoele / Appendicitis		☒		☒
Head Injury / Concussion / Loss of Memory		☒		☒	High/Low Blood Pressure / Heart Disease		☒		☒
Fits / Epilepsy / Dizziness / Fainting		☒		☒	Asthma / Bronchitis / Tuberculosis		☒		☒
Eye / Vision / Problems (Glasses etc)		☒		☒	Allergy / Skin Disease		☒		☒
Hearing Impairment		☒		☒	Infection / Contagious Disease		☒		☒
Ear / Nose / Throat Problem		☒		☒	Addiction to alcohol / drugs / tobacco		☒		☒
Stomach / Bowel Disorders		☒		☒	Fracture / Dislocation / Injury / Amputation		☒		☒
Gall Stones / Kidney Disorders		☒		☒	Major / Minor Operation		☒		☒
Jandice / Liver Disease		☒		☒	Diabetes		☒		☒
Piles / Varicose veins		☒		☒	Nervous / Mental disease / Sleep disorder		☒		☒
Blood Disorder		☒		☒	Malignant Disease (Cancer)		☒		☒
Female Disorders		☒		☒	Signed off on medical ground/Declared Unfit		☒		☒

Notes :

Candidate's Declaration :- My signature below acknowledges that all statements provided by me in this application are true & correct to the best of my knowledge and belief and I further authorise & consent to the release of any/all of my medical records from any source including Insurance offices, Doctors, Hospitals or other institutions and public authorities. This general medical release will also authorize the release of any/all of my psychological records. If I am being tested for HIV virus, I consent to have the result revealed to my employer. I declare the above statements to be correct.
I hereby certify that the above medical statements are true and will form the basis of my medical examination. I agree that any omission or mis-representation shall preclude me from employment and other medical benefits.

Date :

Candidate's Signature

Medical Examination :

Height in cms		Weight in Kgs		Blood Pressure in mm of Hg		Pulse-beats/min		Resp. Rate/min		General Appearance							
				20/80mm		78/min		19/min		HEALTHY							
Compliant with MLC2006, STCW 2010 STANDARD A-1/9	Distant Vision (Snellen's Chart)		Uncorrected	Corrected	Field Of Vision	Audiometry		Hz	500	1000	2000	3000	4000	5000	6000	8000	Compliant with MLC2006, STCW 2010 STANDARD A-1/9
	Right Eye		6/6			Normal	Right Ear	dB	20	20	20	Not Indicated					
	Left Eye		6/6		Abnormal	Left Ear	dB	20	20	20							
						*Hearing		Normal Voice				Whispered Voice					
Colour Vision	Ishihara		Normal		Abnormal	Right Ear		4 METER				2 METER					
	Others		Normal		Abnormal	Left Ear		4 METER				2 METER					

Systemic Examination		Norm	Abnor	Notes		Norm	Abnor
Head & Neck		☒		FIT FOR SEA SERVICE AS PER MLC 2006 Enhanced GARD Medicals (0006)	Respiratory System	☒	
Eyes		☒				☒	
Ear / Nose / Throat		☒				☒	
Teeth / Oral Cavity		☒				☒	
Musculo-Skeletal System		☒			Genito-urinary System	☒	
Nervous System		☒				☒	
Reflexes		☒				☒	
Skin		☒				☒	

Investigations :

Blood		Result	Normal	Urine	Result	PHOTO
Hemoglobin		<u>15.5</u>	M:13-17 F:12-15 gm%	Colour	<u>SW</u>	
Total WBC Count		<u>5500</u>	4000 - 10000 / cu.m	Specific Gravity		
Neu (WBC) 30 ympos 4% B eos %				pH		
ESR		<u>29</u>	1 - 10 mm/hr	Albumin	<u>21</u>	
SGOT		<u>22</u>	0 - 35 IU / L	Sugar	<u>21</u>	
SGPT			10 - 60 IU / L	Bile Pigment		
S. Cholesterol		<u>150</u>	130 - 220 mg / dl	Bile Salt		
S. Triglycerides		<u>128</u>	upto 200 mg / dl	Occult Blood		
Blood Sugar		<u>0.85</u>	upto 140 mg %	RBC Cells	<u>211</u>	
Creatinine		<u>0.85</u>	upto 1.5 mg / dl	Leucocytes		
GGTP		<u>21.9</u>	upto 55 IU / L	Spirometry	<u>210</u>	
HbsAg		<u>5.6</u>		Drug of Abuse	<u>210</u>	
HIV 1 & II		<u>NEGATIVE</u>		TMT	<u>210</u>	
VDRL		<u>NEGATIVE</u>		ECG	<u>210</u>	
Others				USG	<u>210</u>	
Blood Group				XRays (Chest PA)	<u>210</u>	

Result Of Medical Examination

On the basis of the history, clinical examination & diagnostic tests, I,

hereby declare the above examinee has been found medically, **FIT**

Remarks / Recommendation : *Unaided Hearing : Satisfactory

I, , certify that all information required under Annexure E & F of M.S (Medical Examination) Rules 2000 are incorporated in this certificate.

Date of Medical Exam: 02 JUL 2024

Date of Medical fitness: 02 JUL 2024

Validity of Medical Certificate: 01 JUL 2026



DR. MIR. MD. RAIHAN
MBBS (DU), DPM (CCS), DPM (CCS) (Ophth)
BMDC A-55144, MMC-BGD-016
General Physician
Radical Hospitals Limited

IDENTITY OF CANDIDATE CONFIRMED WITH

04.2024.6849



WALLEM	SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER In accordance with: STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended (Confidential Document)	Form: OHF 48 Version: 01 Date: 18 Aug 21 Page: 1 of 7

Pre-Sea Exam: ☒	Periodic Exam: ☐	Other: ☐
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Examination for duty as: Master: Y/N: _____ Deck Officer: Y/N: _____ Eng Officer: ☒ Y/N: <u>7</u> Ratings: Y/N: _____ Cook: Y/N: _____ Other: Y/N: _____ Please specify _____		Fit to perform the duties he/she is to carry out.	Fit to perform the duties he/she is to carry out with the prescribed medicines which will not affect seafarer's health while onboard.	Temporarily unfit to perform the duties he/she is to carry out.	Permanently unfit to perform the duties he/she is to carry out.
		☒	☐	☐	☐

To be filled by Manning Centres

Name, Address with Contact details of Manning Centre:		UNIVERSAL SHIPPING SERVICE, Rm NO. 13, 6th Floor, 31D KAWLAN BAZAR ROAD, KADYAKS SUPER MARKET, DHAKA, TEL: +880 9611 656 255			
Vessel to be assigned:	MV LGUAEU HIGHWAY	Routine & Emergency Duties (if known):		Position Offered/ Applied for:	31E
Type of vessel (Container, Tanker, Passenger etc):	PCTC				
Trade area (e.g. Coastal, Tropical, Worldwide):	Coastal ☐ Tropical ☐ Worldwide ☒				

Part I - Examinee's Personal Declaration with Medical History

(Examinee is to answer the following to the best of examinee's knowledge)

(Assistance should be offered by medical staff)

In case of any wrongful Act or misrepresentation/ suppression of material fact(s) of information or infringement the concerned seafarer shall be fully responsible/ liable for the consequences/ damages / penalties as per the provisions or the applicable laws.

Examinee's Personal Details

Name of Examinee (Family/ last, first, middle):		SAIF, MOHAMMAD, AZMAIN			
Home/ Permanent Address:		141B GARDEN ROAD, WEST KAWLAN BAZAR, TEJGAON, DHAKA-1215			
Mailing Address:		DO			
Date of birth (day/month/year):	20	1	12	1	1992
Place of Birth:	City: DHAKA Country: EOD BANGLADESH	Nationality:	BANGLADESHI	Rank:	31E
Civil Status:	MARRIED				
Identity Docs/ Passport /Discharge Book No:	A07970357				

Examinee's Medical History

Is there any past / present history of any of the following	Examinee	Examiner's	Is there any past / present history of any of the following	Examinee	Examiner's
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	Declaration		Record			Declaration		Record	
	Yes	No	Yes	No		Yes	No	Yes	No
Loss of Consciousness/ Fits / Head Injury / Dizziness / Loss of Memory		✓		✓	Malignant Disease (Cancer) including Lymphoma, Leukaemia and related conditions Recurrence – especially Acute Complications, e.g. Harm to Self from Bleeding and to others from Seizures / Tumor		✓		✓
Neuropsychiatric diseases or Depression/ Suicidal Tendency/ Psychosis		✓		✓	Stomach / Bowel Disorders/ Digestive Disorder		✓		✓
Ear (Hearing, tinnitus) Problems / Impairment		✓		✓	Gall Stones/ Jaundice / Kidney Disorders		✓		✓
Mental Diseases, Breakdown / Sleep Disorder		✓		✓	Severe/ Frequent/ One Sided Headaches (Migraine)		✓		✓
Fractures / Dislocations / Injury / Amputation/ Restricted Mobility		✓		✓	Back / Joint Problems/ Wrist Problems/ Slipped Disc		✓		✓
Eye/ Vision Problems (Whether using Glasses/ Contact lenses)		✓		✓	Hernia / Hydrocoele / Appendicitis		✓		✓
Balance Problem		✓		✓	Piles / Varicose Veins		✓		✓
Sinuses/ Nose/ Throat Problems		✓		✓	Allergies / Rash/ Skin Disease		✓		✓
Thyroid Problem		✓		✓	Female Disorders		✓		✓
High / Low Blood Pressure/ Blood Disorder		✓		✓	Major / Minor Operation/ Surgery		✓		✓
Heart Disease, Surgery / Chest Pain/ Vascular Disease (inc. Pedal Pulses)		✓		✓	Contagious Diseases/ Gastrointestinal infection / Other Infections		✓		✓
Chronic Cough/ Asthma / Bronchitis / Tuberculosis/		✓		✓	Sexually Transmitted Disease/ Infections		✓		✓
Shortness of Breath		✓		✓	Addiction to Alcohol/Drugs/Cigarettes /Tobacco.		✓		✓
Rheumatic Fever		✓		✓	Diabetes				
for Male Examinee	Yes	No	If "Yes", give details		for Female Examinee	Yes	No		
Prostate Problems/ Testicular Lumps		✓			Breast Lumps/ Menstrual Problems			✓	
Penile Discharge		✓			Pregnancy			✓	
Multiple Partners		✓			Multiple Partners			✓	
If "Yes", to any of the above, please explain:									

Additional questions :	Yes	No
Have you ever been signed off on medical grounds, declared unfit or repatriated from a ship?		✓
Have you ever been hospitalized?		✓
Have you ever been declared unfit for sea duty?		✓
Has your medical certificate ever been restricted or revoked?		✓
Are you aware that you have any medical problems, diseases or illnesses?		✓
Do you feel healthy and fit to perform the duties of your designated position/occupation?	✓	✓
Are you currently under a doctor's care/ medication?		✓
Are you allergic to any medications?		✓
Malaria, Typhoid, Viral fever (Dengue, Chikungunya, etc), Chicken Pox		✓
Liver diseases (Hepatitis A,B,C,D & E, Amoebic Abscess)		✓

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Arthritis, Spondylosis (Osteoarthritis, Rheumatoid) & Gout				
In the last one week have you consumed any of these Drugs/ Medication				
Cough Syrup, Sleeping Tablets, Cold, Action 500 etc.				
Pain Killers, If Yes, Please State name of Drug Crocin/ Aspirin/ Fortwin etc.				
Corticosteroids, Anti-epileptic Drugs, Nasal Drops etc.				
Any Medicine/ Injections from your family Doctor				
To What Extent Do You Use: Alcohol: _____, Cigarettes: _____				
Tobacco: _____, Drugs: _____				
Are you taking any non-prescription or prescription medications?				☒
If yes, please list the medications taken and the purpose(s) and dosage(s).				
Date and contact details for previous medical examination (if known):				
Are you coming from or have travelled through high risk areas? If yes, please mention the names of countries that you have been to (including ports of call in your last vessel).				
Family History :			Yes	No
Diabetes				☒
Blood Pressure/ Heart Disease				☒
Mental Illness/ Epilepsy/ Seizure				☒
Cancer				☒
If "Yes", to any of the above, please explain:				

Any other major conditions?			
Would you say that your health is: Excellent * Good * Fair *			
<i>MOHAMMAD AHMED</i> holding Passport/Seaman Book no <i>21617549</i> hereby declare that I have made full disclosure of all of my medical history to the doctors and staff of this clinic. I am aware that the information supplied by me forms the basis upon which I will be offered employment as a seafarer. I understand that in the event of any misrepresentation either by statement or omission I will lose the right to benefit from sick pay and / or compensation which would otherwise be due to me under the Contract of Employment or under any Collective Bargaining Agreement. I also hereby consent to my medical records being made available upon demand to my employers and / or the owners and / or Insurers of the vessel or their authorized representatives. I hereby also certify that the personal declaration above is a true statement to the best of my knowledge and I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to			
Dr <i>MURAD RAHMAN</i> (the approved medical practitioner carrying out the medical examinations).			
Signature of Examinee:		Date(day/month/year):	
<i>Ahmed</i>		02 JUL 2024	

Height in cms:		Weight in Kg:		Blood Pressure	Systolic <i>120</i> (mmHg)	Diastolic <i>80</i> (mmHg)
BMI:		Temperatures:		Pulse Rate:	<i>78 bpm</i>	Respiratory rate
				Rhythm:	<i>Regular</i>	<i>12 bpm</i>
Chest:	Insp: <i>43</i>	Exp: <i>41</i>		Oral Health	<i>Good</i>	General Condition
					<i>Good</i>	

Part II – Medical Examination

The Company has set the following BMI limits:
A seafarer with a BMI: 18 or below; or 30 or above is considered temporarily unfit.
For seafarers from Northern Europe, the Indian subcontinent, Russia, Ukraine & Romania with a BMI of between 30 and 35 and where this, in the Government (DGS) approved medical examiner's opinion, is attributable solely to physique with broad shoulders/large muscle bulk with main muscles clearly defined and not obscured by subcutaneous fat and no co-morbid complications (eg. Diabetes, Hypertension, Dyslipidemia etc), then the seafarer in question MUST undergo a stress/ treadmill test.

If the results of the stress/ treadmill test are average or above, seafarer can be considered "fit to work", however, the seafarer MUST always be counselled on weight loss and ways means to improve their health.



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BMI MUST also be taken into consideration during the seafarer's pre-employment medical examination and it is the responsibility of each manning centre to instruct their accredited clinic(s) to ensure that a seafarer's BMI is taken during the medical examination, the Company standards applied and if outside the limits, the manning centre must be notified, who will then seek further guidance from the Crewing Dept.

	Visual acuity						Visual fields		
	Unaided			Aided			Normal	Defective	
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular			
Distant	6/6	6/6	✓				Right eye	✓	
Near	15	15	✓				Left eye	✓	

Are glasses or contact lenses necessary to meet the required vision standard? Yes / No
If yes, specify which type and for what purpose:

Colour vision:

Date of last colour vision test:	Type:	Book *	Lantern *	Ishihara *	CIE-43-2001 *
Check if colour test is Normal:	Yellow	* Red	* Green	* Blue	*
Colour Vision:	Not tested	* Normal	* Doubtful	* Defective	*

Hearing:

Pure tone and audiometry (threshold values in dB)							Speech and Whisper Test (Meters)		
Audiometry	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz	4,000 Hz	6,000 Hz	Normal	Whisper	
Right ear	20	20	20				4	4	
Left ear	20	20	20				4	4	

Speech (Deck/Navigational Officer): Is speech unimpaired for normal voice communication?

	Normal	Abnormal		Normal	Abnormal
Head	✓		Varicose Veins	✓	
Eyes	✓		Vascular (Inc. Pedal Pulses)	✓	
Eye Movement/Pupils	✓		Abdomen and Viscera	✓	
Ophthalmoscopy	✓		Hernia	✓	
Ears, Tympanic Membrane	✓		Anus (Not Rectal Exam.)	✓	
Sinuses, Nose, Throat	✓		G-U System	✓	
Mouth/Teeth/Gums	✓		Upper & Lower Extremities	✓	
Nervous System	✓		Spine (C/S, T/S and L/S)	✓	
Heart	✓		Neurologic (Full Brief)	✓	
Lung and Chest	✓		Psychiatric	✓	
Breast Examination	✓		Pupils	✓	
Skin	✓		Musculoskeletal System	✓	

Cardiovascular System:

	Normal	Abnormal		Normal	Abnormal
Ischaemic Heart Disease	✓		Hypertension		
Dysrhythmia/ Pacemaker	✓		Congenital Heart Disease		
Valvular Heart Disease	✓		Peripheral Circulation		
Cardiomyopathy	✓		Pulmonary Circulation/ TB		
Aneurysms	✓				

Chest X-ray (PA)	Not performed *	Performed * on (day/month/year)	Normal	Abnormal
Result :	<u> </u>			



02 JUL 2024

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Other diagnostic test(s) and result(s):

Test:

Result:

Investigation:

Blood	Result	Normal	Urine	Result	Additional Tests	Result	Normal
Haemoglobin "Hb"	18.8 g/dl	13 - 18 gm/dl	Colour	SW	(HbA1c)	5.0	4.0 % - 6.5 %
Total WBC count	8500	4,000 - 11,000 / cu.mm	Specific Gravity		RBS/ FBS (Blood test)	5.6	
Neu 63 %, Lymph 30 %, Eos 04 %, Bas 01 %, Mo 0 %			pH		Total Bilirubin	0.47	0.1 - 1.0 mg/dl
Blood Group & Rh factor (tested only once, need not be repeated)			Albumin	N11	Direct Bilirubin	N11	0.0 - 2.5 mg/dl
BI ESR		1 - 15 mm / hr	Sugar	N11	Indirect Bilirubin	N11	0.0 - 0.75 mg/dl
Platelets	243000	1.50-4.00 Lakh/ul	Bile Pigment		SGPT	29	9 - 43 U/L
Fasting Lipid Profile			Bile Salt		SGOT	22	0 - 40 IU/L
S. Triglycerides	128	25-200 mg/dl	Occult Blood		SGGT	N11	0 - 49 IU/L
Cholesterol Serum	180	130-220 mg/dl	RBC Cells	N11	Blood Urea	N11	10 - 50 mg/dl
HDL Cholesterol Serum	36	35-65 mg/dl	Leucocytes		S. Creatinine	0.83	0.8 - 1.4 mg/dl
LDL Cholesterol Serum	88	85-150 mg/dl	Stool Test	Result	BUN	18	5-23mg/dl
VLDL Cholesterol Serum	N11	07-35 mg/ dl	Bacteriological	N11	PSA	N11	Less than 4.00 ng/ml
Total / HDL Cholesterol	N11	3.0-5.0	Parasitological	N11	Malarial Parasite	N11	
LDL/ HDL Cholesterol	N11	2.5-3.5	Others		Uric Acid	4.0	2.4 - 7.5 mg/dl
Hepatitis B	Positive	Negative	HIV I & II	Negative			
Hepatitis C	Positive	Negative	VDRL	Negative			

Drugs: Method:

Results:

Detected	Amphetamines/ Urine *	Barbiturate/ Urine *	Marijuana, THC, Cannabinoids Urine *	Cocaine / Urine *	Opiates & Morphine *
Cut Off Limit	(1000 ng/ ml)	(200 ng/ ml)	50 ng/ ml	(300 ng/ ml)	
Not Detected	Amphetamines/ Urine *	Barbiturate/ Urine *	Marijuana, THC, Cannabinoids / Urine *	Cocaine/ Urine *	Opiates & Morphine *
Spirometry	N11	TMT	N11	Drugs of Abuse	Negative
ECG	N11	ECHO	N11	Ultrasound (USG) of the Abdomen & Pelvis	N11

Part III - Result of Medical Examination

Is applicant vaccinated in accordance with WHO requirements? Yes / No

Vaccination status recorded: Yes / No Satisfactory * to be renewed *



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Details:

Describe restrictions (e.g. specific positions, type of ship, trade area):

Action taken by medical examiner (e.g. referral):

Examination	Results of the examination		Examination	Results of the examination	
	Pass	Fail		Pass	Fail
Medical History	✓		Fecalysis (food service/ handlers only)	—	
Physical Examination	✓		Hep B Antigen	✓	
Dental Examination	✓		Hep C Antibodies	✓	
Psychological Test	✓		Stress Test	✓	
Visual Test	✓		Diabetes	✓	
Colour Vision	✓		Ultrasound Examination (Presence of gall & Kidney Stones)	✓	
Audiometry	✓		Alcohol/ Drug Test	✓	
EKG	✓		2D echo Doppler study (for heart patient) Psychometric evaluation	✓	

If failed in any above mentioned examinations and examinations report attached to this form, please provide reasons with examination number:

This examinee is certified free of communicable disease (or viruses for cooks): Yes / No

I have evaluated the above-named seafarer after establishing his identity as per the documents mentioned above and in compliance with the medical standards of STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12- Guidelines on the Medical Examinations of Seafarers and also Merchant Shipping (Medical Examination) Rules by the Government (DGS), as amended from time to time. On the basis of the examinee's history, personal declaration, my clinical examination, the diagnostic test results obtained, and in consideration of the essential requirements of the position applied for, my opinion is

- (a) that the hearing meets the required standards for his / her rank and detect any audible alarms/ Unaided hearing is satisfactory
- (b) Visual acuity meets the required standards for his/her rank /Colour Vision meets the required standard (testing only required every 6 years unless considered necessary)/ that he / she is fit / unfit for look out duty
- (c) that he / she needs / does not need visual aids / informed to carry spares
- (d) that he/she is/is not taking regular medication & seafarer does /does not require to take same during his tenure onboard vessel that he/she is/is not taking any medication that has side effects that will impair judgment, balance, or any other requirements for effective and safe performance of routine and emergency duties onboard?
- (e) that the seafarer is not suffering from any disease, medical condition, disorder or impairment which renders him/her that will prevent the effective and safe conduct or likely to be aggravated by, or unfit for, routine and emergency service at sea or likely to endanger the health of other persons onboard ships.

	Deck service	Engine service	Catering service	Other services (training/ examination)
Fit:	*	*	*	*
Unfit:	*	*	*	*

this seafarer is **UNFIT FOR DUTY**** / **FIT FOR DUTY** with/ without restrictions* as mentioned below,

* This Medical Certificate is issued with following restrictions (e.g., specific position, type of ship, trade area & other as applicable):

** Reasons for being unfit



WALLEM

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This is to certify MUHAMMAD AZMAIN SAIF was physically examined and he/she is found to be FIT for sea service/ look-out duty for the period from _____ To _____ Place of medical examination 02 JUL 2024 Date of medical examination: _____ Medical certificate validity date (day/month/year): 01 JUL 2026 Name of Examiner (Please Print): _____

(Validity should not be more than 2 years)

Degree: _____ Address: RADICAL HOSPITAL LIMITED

Tel./Fax/Email: Uttara, Dhaka, Bangladesh

Name of Medical Examiner/ Physician Certificate /License Issuing Authority: _____

Date of issue of Medical Examiner/Physician Certificate/ License: _____ Registration No.: _____

Examinee's Signature

(This signature is affixed in the presence of the Medical Examiner

(print name of medical examiner if not legible) and I acknowledge, that I have been advised of the content of the medical certificate & of the right to a review in accordance with paragraph (6) of section A-1/9 of STCW Code and my obligations.)

Date: 02 JUL 2024

Original: Master & Crewing Dept

cc: Seafarer

Official Stamp & Signature with Govt. (DGS) Approval/

No.....of Medical Examiner

DR. MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

General Physician

Radical Hospitals Limited

Remark: This form is to be uploaded in Crew Management System, Medical tab by the Manning centre.



MEDICAL CERTIFICATE FOR FITNESS FOR SERVICE AT SEA

FIT FOR DUTY ON BOARD SHIP



Last/Family Name

First & Middle /Given Name

Position applied for

SAIF

MOHAMMAD AZMAIN

31E

Date of Birth

Sex

Nationality

ID (Passport/Discharge book) No.

20/12/1992

M

BANGLADESHI

A07970357

I have evaluated the above-named seafarer after establishing his identity as per the documents mentioned above and in compliance with the medical standards of MLC 2006 Reg 1.2; STCW 2010 & the guidance for the conduct of medical examination issued by the Directorate, as amended from time to time. On the basis of the seafarer's personal declaration, my clinical examination, the diagnostic test results obtained, and in consideration of the essential requirements of the position applied for, my opinion is -

(a) that the hearing meets the required standards for his rank:-

Unaided hearing is satisfactory

Yes No
Yes No

(b) Visual acuity meets the required standards for his rank

Colour Vision meets the the required standard

that he is fit for look out duty

Yes No
Yes No
Yes No

(c) that he needs visual aids / informed to carry spares

Yes No

(d) that he is taking regular medication & seafarer does require to take same during his tenure on board vessel

Yes No

(e) that the seafarer is not suffering from any disease likely to be aggravated by, or render him unfit for, service at sea or likely to endanger the health of other persons on board ships

Yes No

(f) this seafarer is **FIT FOR DUTY without restrictions*** as mentioned below

** This Medical Certificate is issued with following restrictions

** Reasons for being unfit

Physician Signature:

Physician Name Printed:

Date:

Valid Till:

02 JUL 2024

01 JUL 2026

DR. MIR. MD. RAIHAN
MBBS (D), DPM, CCD (Biom), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Clinic Stamp



Authorizing body of Medical Examiner: Directorate General of Shipping, Govt. of Bangladesh

I acknowledge, that I have been advised of the content of the medical certificate & of the rights for a review and my obligations.

Seafarers signature with Date:-

As, 02.07.2024

MEDICAL CERTIFICATE FOR PERSONNEL SERVICE ON BOARD

SURNAME: SAIF		GIVEN NAME (S): MOHAMMAD AZMAIN	
DATE OF BIRTH: DAY 20 MONTH 12 YEAR 1992		PLACE OF BIRTH CITY DHAKA COUNTRY BANGLADESH	SEX MALE ☒ FEMALE ☐
POSITION ON BOARD: MASTER ☐ DECK OFFICER ☐ ENGINEERING OFFICER ☒ RADIO OPERATOR ☐ RATING ☐		MAILING ADDRESS OF APPLICANT: 141B GARDEN ROAD, WEST KAWRAH BAZAR, TEJGAON, DHAKA-1215	

DECLARATION OF THE AUTHORIZED PHYSICIAN

VISION		COLOR TEST TYPE		HEARING	
	WITHOUT GLASSES	WITH GLASSES			
RIGHT EYE	6/6	—	☒ BOOK		RIGHT EAR <u>W</u>
			☐ LANTERN		
LEFT EYE	6/6	—	YELLOW <u>W</u> RED <u>W</u>		LEFT EAR <u>W</u>
			GREEN <u>W</u> BLUE <u>W</u>		

Confirmation that identification documents were checked at the point of examination: YES ☒ NO ☐

Hearing meets the standards in STCW Code, Section A-1/9? YES ☒ NO ☐ NOT APPLICABLE ☐

Unaided hearing satisfactory? YES ☒ NO ☐

Visual acuity meets standards in STCW Code, Section A-1/9? YES ☒ NO ☐

Colour vision meets standards in STCW Code, Section A-1/9? YES ☒ NO ☐
(the visual test it is required every six years)

Date of the last colour vision test: (Day/Month/Year) 02 JUL 2024

Are glasses or contact lenses necessary to meet the required vision standards? YES ☐ NO ☒

Able for watchkeeping? YES ☒ NO ☐

Is applicant taking any non-prescription or prescription medications? YES ☐ NO ☒

Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board? YES ☐ NO ☒

Hereby I declare that I am in knowledge of the contents of the Physical Examination.

Signature of Applicant: Am Name of Applicant: MOHAMMAD AZMAIN SAIF Date: 02.07.2024

CIRCLE APPROPRIATE CHOICE: (HE / SHE) IS FOUND TO BE (FIT / NOT FIT) FOR DUTY AS A (MASTER / DECK OFFICER / ENGINEERING OFFICER / RADIO OPERATOR / RATING) (WITHOUT ANY / WITH THE FOLLOWING) RESTRICTIONS:

FIT FOR DUTY ON BOARD SHIP

NAME AND DEGREE OF PHYSICIAN: DR. MIR. MD. RAIHAN MBBS DPM

ADDRESS: RADICAL HOSPITAL LIMITED, UTTERA

NAME OF PHYSICIAN'S CERTIFYING AUTHORITY: DG SHIPPING BANGLADESH

DATE OF ISSUE PHYSICIAN'S CERTIFICATE: 06 MAY 2024

SIGNATURE OF PHYSICIAN: [Signature] STAMP OF PHYSICIAN: [Stamp] DATE: 02 JUL 2024

EXPIRY DATE OF CERTIFICATE: 01 JUL 2026

This certificate is issued in compliance with the requirements of the STCW Convention, 1978, as amended and the Maritime Labour Convention, 2006.

DR. MIR. MD. RAIHAN
MBBS (DU), DEM. CCD (Birmam), RGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

**WALLEM SHIPMANAGEMENT(INDIA) PVT. LTD.****REQUISITION FOR SEAFARER'S MEDICAL EXAMINATION**

(Confidential Document)

Form : MHRS 08
Prepared by : MR
Approved by : MD
Issued : Feb '08
Revised : Mar '17

From : UNIVERSAL SHIPPING SERVICES, Rm No:-13, 6th Floor,
310 KAWRAN BAZAR ROAD, KUTUBAKAN SUPER MARKET, DHAKA-1215
(Please write Name, Address & Contact Details of Manning Centre) TEL:- +8809611 656

RADICAL HOSPITAL LIMITED

To : Uttara, Dhaka, Bangladesh
(Please write Name, Address & Contact Details of the Doctor/ Clinic/Examiner)

Please carry out medical examination of the seafarer, the details and requirements for which are as stated below.

Date : 02 JUL 2024

(Name & Signature of Responsible Person from Manning Centre)

Examinee's Details :

Full Name : MOHAMMAD AZMAIN SAIF Address : 141B GARDEN ROAD, WEST KAWRAN BAZAR,
TEGHAAT, DHAKA-1215

Date of Birth : 20/12/1992 Rank : 3/E Name of vessel to be assigned : MV IGUAZU HIGHWAY

Type of vessel : PCTC Trade area : WORLDWIDE

(Container, Tanker, Passenger etc) (e.g. Coastal, Tropical, Worldwide) :

CDC No. : C1017544 Passport No. : A0797057 Crew ID.(from Compas) : 38903

Position Offered/ Applied for : 3/E Routine & Emergency Duties (if known) :

As per requirements of applicable P&I club :

- | | | |
|--|--|--|
| ☐ West of England P&I | ☐ UK P&I | ☐ Steamship Mutual Underwriting Association |
| ☐ Britannia P&I | ☐ Skuld P&I | ☐ North of England Association P&I |
| ☐ Standard P&I | ☐ Gard P&I | ☐ London Steamships P&I |
| ☐ Japan P&I | ☐ American Steamships P&I | ☐ Others : _____ |

As per requirements of applicable Flag State :

- | | | | | |
|-----------------------------------|------------------------------|-------------------------------------|---|--------------------------------|
| ☐ Liberian | ☐ NIS | ☐ Panamanian | ☐ Marshall Islands | ☐ Malta |
| ☐ Danish | ☐ ILO | ☐ UK | ☐ Others : _____ | |

Medical Examination Module (as applicable): _____ (Please refer to "Annex 1" of WSM(I)'s Quality Manual)

FOR SEAFARERS : Please write any past medical history [Injury or Illness] in detail; any history of allergy to drugs should be mentioned in the box provided below :

Please read and sign the following statement :-

"I certify that my past medical history will be/has been fully declared to the Company Doctor and any false statement or undisclosed material and/or information in regard to past or present illness and/or medical condition(s) will disqualify me from any employment benefits and claims."

Seafarer's Signature

Date : 02.07.2024

Doctor's Signature

Date : 02 JUL 2024

Original: Doctor & Copy : Manning Centre

Remark: The document to be uploaded into CMS under



DR. MIR. MD. RAIHAN
MBBS (DU), DPM, CCD (Birdem), PGT (Opth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

MEDICAL FITNESS CERTIFICATE

LAST NAME OF APPLICANT <u>SAIF</u>		FIRST NAME <u>MOHAMMAD AZMAIN</u>		MIDDLE INITIAL
DATE OF BIRTH <u>12 MONTH 20 DAY 1992 YEAR</u>	PLACE OF BIRTH CITY <u>DHAKA</u>		COUNTRY <u>BANGLADESH</u>	
EXAMINATION FOR DUTY AS : MASTER ☐ MATE ☐ ENGINEER ☒ RADIO OFF ☐ SEAMAN ☐		MAILING ADDRESS OF APPLICANT <u>141B GARDEN ROAD, WEST</u> <u>KAWRAN BAZAR, TEJGAON,</u> <u>DHAKA-1215</u>		
MEDICAL EXAMINATION				
HEIGHT <u>1.78 m</u>	WEIGHT <u>88</u>	BLOOD PRESSURE <u>120/80</u>	PULSE <u>78</u>	RESPIRATION <u>13</u> GENERAL APPEARANCE <u>Good</u>
VISION:		HEARING:		
RIGHT EYE WITHOUT GLASSES <u>6/6</u> WITH GLASSES LEFT EYE <u>6/6</u>		RIGHT EAR <u>My</u> LEFT EAR <u>My</u>		
COLOR TEST TYPE : BOOK ☒ LANTERN ☐ Check if color test is normal		YELLOW <u>My</u> RED <u>My</u> GREEN <u>My</u> BLUE <u>My</u>		
HEAD AND NECK <u>Normal</u>		HEART (CARDIOVASCULAR) <u>Normal</u>		
LUNGS <u>Normal</u>				
SPEECH : Is speech unimpaired for normal voice communication? <u>Yes</u>				
EXTREMITIES: UPPER <u>Normal</u> LOWER <u>Normal</u>				
Is applicant suffering from any disease likely to be aggravated by, or to render him unfit for, service at sea or likely to endanger the health of other persons onboard? <u>No</u>				
THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO :				
AND HE / SHE IS FOUND TO BE FIT FOR SEA SERVICE FROM				
NAME AND DEGREE OF PHYSICIAN <u>DR. MIR. MD. RAIHAN MBBS. DPM</u> (PLEASE PRINT)				
ADDRESS <u>RADICAL HOSPITAL LIMITED. UTTARA.</u>				
NAME OF PHYSICIAN'S LICENSING AUTHORITY <u>DR SHIPPING BANGLADESH</u>				
DATE OF ISSUE OF PHYSICIAN'S LICENSE <u>06 May 07</u>				
				SIGNATURE OF PHYSICIAN <u>[Signature]</u>

This certificate is issued in compliance with the requirements of the Medical Examination (Seafarers) Convention 1945 (ILO No. 73)



DR. MIR. MD. RAIHAN
 MBBS (DU), DPM, CCD (Bitem), PGT (Ophth)
 BMDC A-55144, MMC-BGD-016
 DG Shipping Bangladesh Approved
 General Physician
 Radical Hospitals Limited

ID NO : 24070041

Date : 02/07/2024

Patient's Name : MOHAMMAD AZMAIN SAIF

Age : 31Y6M12D

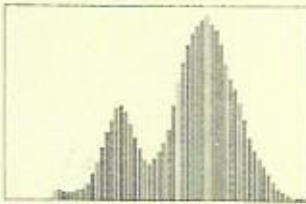
Ref. By : DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM-C/O/7549

Sex : Male

Specimen : Blood

(Relevant estimations were carried out by KT-44 Haematology Analyzer with checked manually)

HAEMATOLOGY REPORT

Parameter	Results	Reference Values	Histogram
Haemoglobin(Hb)	15.5 g/dl	M:12-16, F:10-14.0 g/dl	
ESR(Westergren)	05 mm/1st hr	M:0-10, F:0-20 mm/1st hr	
TOTAL WBC COUNT	8,500 /cumm	4,000 - 11,000 /cumm	
DIFFERENTIAL COUNT			
Neutrophils	63 %	(40 - 75)%	
Lymphocytes	30 %	(20-45)%	
Monocytes	04 %	(2-10)%	
Eosinophils	03 %	(1-6)%	
Basophil	00 %	0-1 %	
TOTAL CIR. EOSINOPHIL COUNT	255 /cumm	40 - 450 /cumm	
TOTAL PLATELET COUNT(PC)	243,000 /cumm	1,50,000-4,50,000 /cumm	
MPV	9.6 fL	7.0 -11.0 fL	
PDW-CV	16 %	10 - 18 %	
PCT	0.23 %	0.10 - 0.28	
P-LCR	23.9 %	9.00 - 45.00%	
P-LCC	58 x10 ³ /ul	13 - 129 x10 ³ /ul	
RBC COUNT	5.51 m/ul	M: 4.5-6.5, F: 3.8-5.8 m/ul	
HCT/PCV	47.8 %	M: 40-54%, F: 37-47%	
MCV	86.7 fL	76-94 fL	
MCH	28.1 pg	27-32 pg	
MCHC	32.4 g/dL	29-34 g/dL	
RDW SD	48 fL	30.0-57.0 fL	
RDW CV	16.6 %	10-16%	

Checked By.....
Medical Technologist.
Radical Hospital Ltd.
Uttara,Dhaka.

Dr. Sumaiya Khatun
MBBS,MD (Gold Medilist) (BSMMU)
Associate Professor
Dept.Of Microbiology
East West Medical College & Hospital.

Bill No	DIA24070041	Received Date	02/07/2024
Patient's Name	MOHAMMAD AZMAIN SAIF		
Patient's Age	31Y 6M 12D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/7549
Sample	BLOOD		

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.6 mmol/l	4.2 – 7.8 mmol/l
HbA1C	5.0%	<6.5 %
Serum Creatinine	0.83 mg/dl	0.3 - 1.3 mg/dl
Serum Uric Acid	4.0 mg/dl	3.4-7.0 mg/dl
Gamma GT	34 U/L	Adult Males : <55
Serum (BUN)	18 mg/dl	7-23 mg/dl
Total Protein	6.7 g/dl	6.3-7.9 g/dl
Liver Function Test		
Serum Bilirubin (Total)	0.47 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	29.0 U/L	Up to 40 U/L
Serum AST (SGOT)	22.0 U/L	Up to 37 U/L
Serum Alkaline Phosphatase	151 U/L	Up to 270 U/L
Lipid profile		
Serum Cholesterol	150 mg/dl	up to 200 mg/dl
Serum HDL- Cholesterol	36 mg/dl	35-55 mg/dl
Serum Triglyceride	128 mg/dl	50 - 150 mg/dl
Serum LDL- Cholesterol	88 mg/dl	<130 mg/dl

Checked By

Medical Technologist
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

radical_hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA24070041	Received Date	02/07/2024
Patient's Name	MOHAMMAD AZMAIN SAIF		
Patient's Age	31Y 6M 12D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/7549
Sample	BLOOD		

SEROLOGICAL REPORT

Test Name	Result
HIV 1 & 2 (Method : (ICT)	Negative
HBsAg (Method : (ICT)	Negative
HCV (Method : (ICT)	Negative
HAV (IGG)(ICT)	Negative
Malarial Parasite (ICT)	Negative
VDRL	Non-reactive
HAV (IGM)(ICT)	Negative

BLOOD GROUPING Result

ABO Blood Group	"O" (-ve)
Rh(D)Factor	Negative

Checked by 

Medical Technologist
Radical Hospitals Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA24070041	Received Date	02/07/2024
Patient's Name	MOHAMMAD AZMAIN SAIF		
Patient's Age	31Y 6M 12D	Patient's Sex	Male
Ref by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/7549
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	R B C	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	0-2/HPF

CHEMICAL EXAMINATIONCASTS / LPF

Reaction	Acidic	R B C	Nil
Albumin	NIL	W B C	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	NIL

Checked By

Medical Technologist
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology

East West Medical College and Hospital



Bill No	DIA24070041	Received Date	02/07/2024
Patient's Name	MOHAMMAD AZMAIN SAIF		
Patient's Age	31Y 6M 12D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/7549
Sample	URINE		

DRUG ABUSE TEST

METHOD: Immunochromatographic Assay (Rapid one Step Test)

Test Name	Result
-----------	--------

Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked by 

Medical Technologist
Radical Hospitals Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology

East West Medical College and Hospital

Bill No	DIA24070041	Received Date	02/07/2024
Patient's Name	MOHAMMAD AZMAIN SAIF		
Patient's Age	31Y 6M 12D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/7549
Sample	STOOL		

STOOL ANALYSIS

Physical Examination:

Color : Brown
Consistency : Soft
Worm : Nil
Mucus : Nil
Blood : Nil

Chemical Examination:

Reaction : Acid
Occult Blood Test (OBT) : Not done
Reducing Substance (RS) : Not done

Microscopic Examination:

Ova : Not found	Mucus flakes : Nil
Cyst : Not found	Cyst of Giardia : Not found
Protozoa (Trophozoite) : Not found	Macrophage : Not found
Larva : Not found	Fat Globules : Nil
Epithelial Cell : 1-2	Vegetable Cell : Nil
Pus Cell : 0-1	Starch : Nil
RBC : Nil	Muscle fibre : Nil

Checked By

Medical Technologist
Radical Hospitals Ltd.

Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology

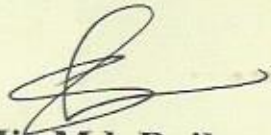
East West Medical College and Hospital

Patient's Name	: MOHAMMAD AZMAIN SAIF	ID NO	: 24070041
Age	: 31 Yrs	Date	: 02/07/2024
Sex	: Male		
Referred by	: Dr. Mir Md. Raihan MBBS,(DU), DFM		
Nature of Specimen	:		

PULMONARY FUNCTION TEST (SPIROMETRY)

FVC = 6
FEV = 5
FEV/FVC = 80%

Comments: Normal Lung Function


Dr. Mir Md. Raihan
MBBS (DU) CCD(Birdem),PGT (ophth)
Reg- A55144 BGD-016(MMC)
DG Shipping Bangladesh Approved
Malaysian Medical Council Approved
General Physician
Radical Hospitals Limited

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24070041 Receive: Print:02/07/2024
Patient's Name : MOHAMMAD AZMAIN SAIF
Age : 31 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 76 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.


Dr. Debashish Paul
MBBS, MD (Cardiology)
Associate Professor
Department of Cardiology
Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1

Patient's Name	:	MOHAMMAD AZMAIN SAIF	Date	:	02/07/2024
Age	:	31 Yrs	CDC NO:	:	C/O/7549
Sex	:	Male			
Referred by	:	Dr. Mir Md. Raihan - MBBS, (DU), DFM			

Psychometric Test

Test Name	Remarks
1.APTITUDE TEST	
Numerical Reasoning test	Poor / Good / very good / excellent
Verbal Reasoning test	Poor / Good / very good / excellent
Inductive reasoning test	Poor / Good / very good / excellent
Diagrammatic Reasoning test	Poor / Good / very good / excellent
Logical Reasoning test.	Poor / Good / very good / excellent
Error checking test	Poor / Good / very good / excellent
2.Skill Test	Poor / Good / very good / excellent
3.Personality Test	INFJ / ENFJ / ISFJ / ENTP / ESFJ / ESFP
4.Watson Glaser test(Critical Thinking Test)	
Arguments	Poor / Good / very good / excellent
Assumptions	Poor / Good / very good / excellent
Deductions	Poor / Good / very good / excellent
Interpreting Information's	Poor / Good / very good / excellent
Inferences	Poor / Good / very good / excellent
5.Situational Judgment Test.	Poor / Good / very good / excellent
Poor: <6 Good: 6-7 very good: 7-8 excellent: 8-10	

COMMENTS: HE IS MENTALLY FIT FOR SHIP JOB



Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT (ophth)
Reg- A55144 BGD-016(MMC)
DG Shipping Bangladesh Approved
Malaysian Medical Council Approved
General Physician
Radical Hospitals Limited

Patient ID	24070041	Voucher No	
Test Name	USG OF WHOLE ABDOMEN	Delivery Date	02/07/2024
Patient Name	MOHAMMAD AZMAIR SAIF		
Age	31 YRS	Sex	Male
Refd. By	Dr. Mir Md. Raihan MBBS.(DU),CCD(BIRDEM),PGT(Eye),DFM		

THANK YOU FOR THE COURTESY OF THIS REFERRAL

LIVER :- Is normal in size 12.2 cm, regular in shape and normal position. The echogenicity of the parenchyma is normal . Intrahepatic biliary channel are not dilated.
No focal lesion is seen.

GALL BLADDER :- Normal in size & regular in shape. Lumen is normal. Wall thickens is normal. No echogenic structure is seen within lumen. CBD is not dilated

PANCREASE :- Normal size regular in shape. Echogenecity is homogenous. PD not dilated

SPLEEN :- Is normal in size (9.9x 3.2)cm and uniform in echo-texture.

BOTH KIDNEYS :- Are normal in size RK-9.8cm, LK-10.6 cm regular in shape. The cortical chogenicity are normal with clear cortico-medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URINARY BLADDER:- Is well filled. Wall thickness is normal. No intravesicle lesion is seen

PROSTATE :-Is normal in size , volume is 13.6 cc & regular in shape.
Echogenicity is homogenous. No area of calcification is seen.

IMPRESSION :- Suggestive of -Normal study.

Dr. Asma Ahmed
MBBS,CMU,DMU
PGT(Gynae & obs)
Advanced Training on TVS
Consultant Sonologist

02.07.24

ID:

126 Hammond A 33mm

Male 32 Years

/ mmHg

Swift

02-07-2024 16:36:49

HR : 76 bpm

P : 112 ms

PR : 170 ms

QRS : 94 ms

QT/QTc : 368/414 ms

P/QRS/T : 60/41/42 °

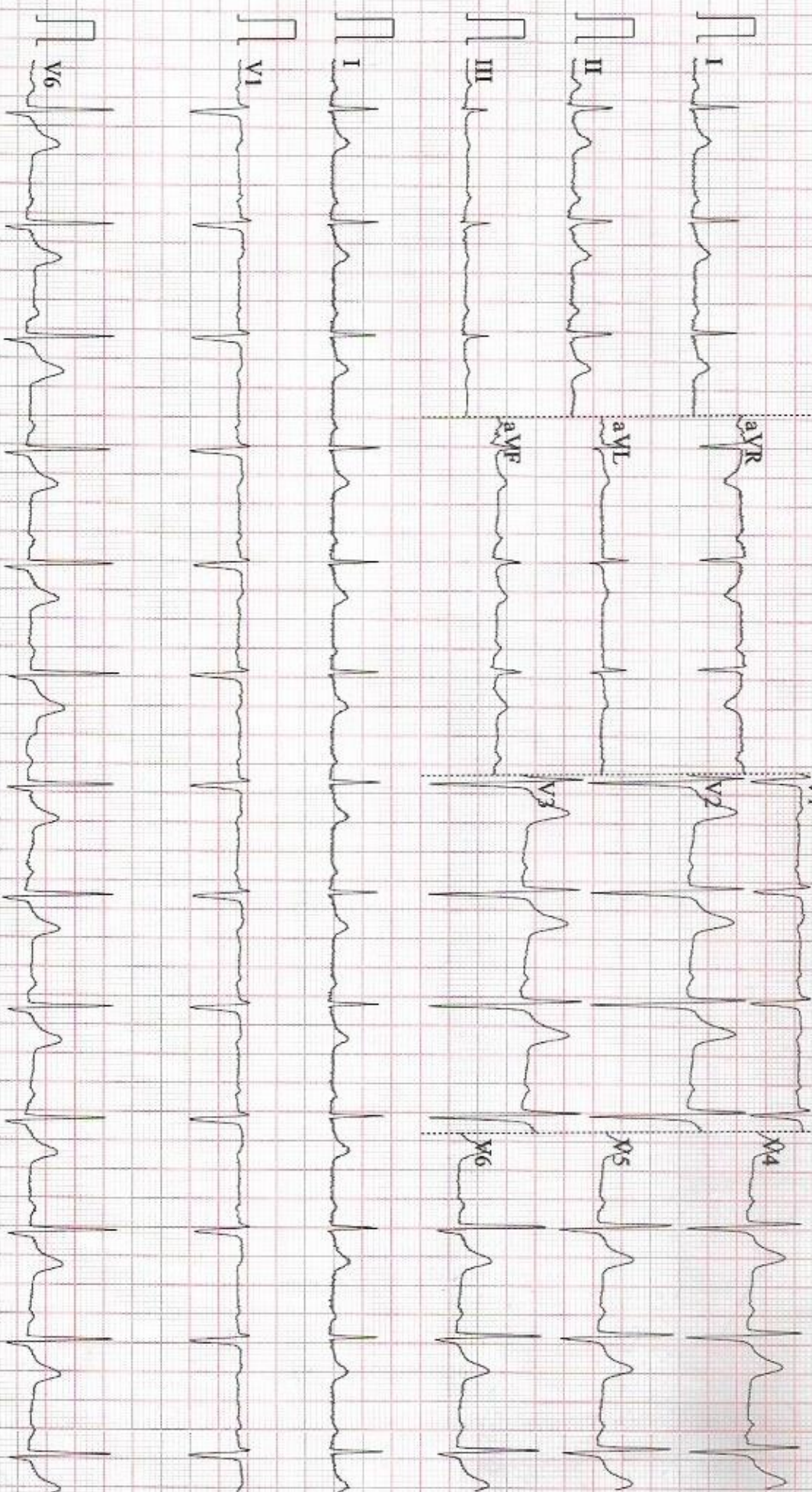
RV5/SV1 : 1.275/0.827 mV

Diagnosis Information:

Sinus rhythm

Normal ECG

Report Confirmed by:



0.67-100Hz AC50 25mm/s 10mm/mV 4*2.5s+3r 76

SE-1200Express V2.21 Glasgow V28.6.0 Radical Hospital

Date: 02/07/2024

EYE EXAMINATION REPORT

NAME:	MOHAMMAD AZMAIN SAIF		
AGE:	31 YRS	RANK: 3 RD ENG	CDC NO: C/O/7549

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

6/6

6/6

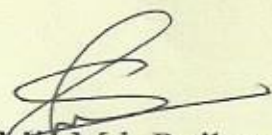
AIDED

COLOUR VISION:

NORMAL / BLIND

OPINION

: UNFIT / ~~FIT~~ FOR EMPLOYMENT ON BOARD


Dr. Mir Md. Raihan
MBBS, PGT (Ophthalmology)
Assistant Registrar (EX)
East west Medical College & Hospital

Patient's Name	:	MOHAMMAD AZMAIN SAIF	ID NO	:	24070041
Age	:	31 Yrs	Date	:	02/07/2024
Sex	:	Male			
Referred by	:	Dr. Mir Md. Raihan MBBS,(DU),CCD (BIRDEM),PGT(Eye),DFM			

Dental Examination Reports

On Examination

1. Dental Caries : Absent
2. Calculus : Absent
3. Missing : Absent
4. Gum Condition : Normal
5. Filling : No
6. Root Canal Treatment : No
7. Any Bridge/Denture/Crown : No
8. Oral Hygiene : Normal

Comments : Normal

Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT(opth)
Reg- A55144 BGD-016(MMC)
DG Shipping Bangladesh Approved
Malaysian Medical Council Approved
General Physician
Radical Hospitals Limited

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24070041 Receive: 02/07/2024 Print: 02/07/2024
Patient's Name : MOHAMMAD AZMAIN SAIF
Age : 31 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



Prof. Dr. Md. Mojibor Rahman
MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

AUDIOLOGICAL REPORT

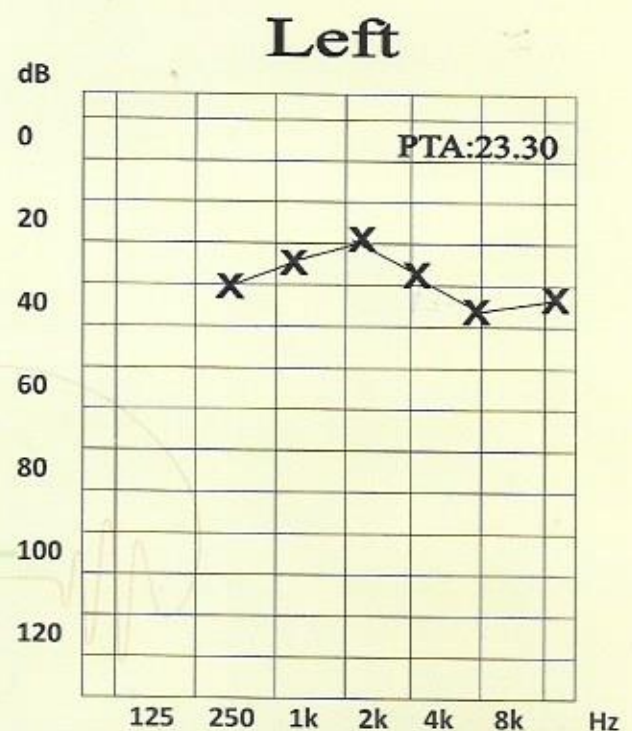
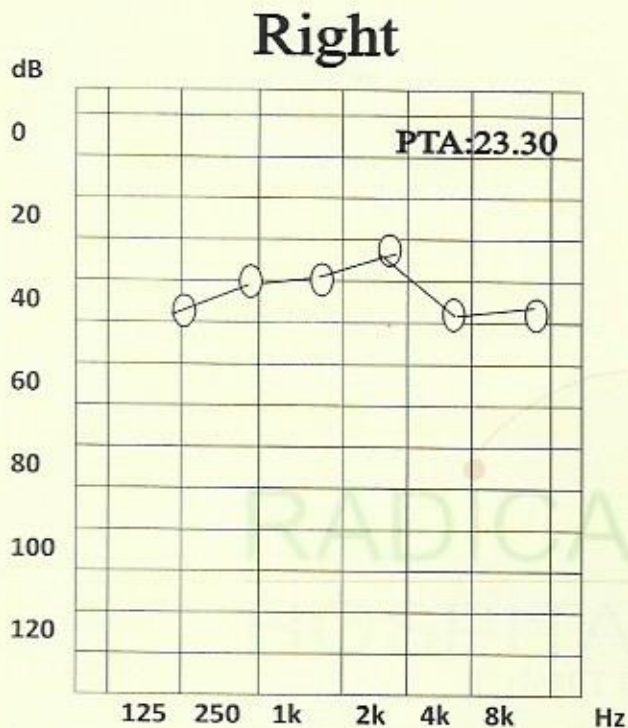
Patient Name : MOHAMMAD AZMAIN SAIF

02/07/2024

Age : 31 Yrs

Address : RHL, UTTARA

Referred By : Dr. Mir Md. Raihan , MBBS,(DU), DFM



0-25= Normal Hearing.
26-40= Mild Hearing Loss.
41-55= Moderate Hearing Loss.
56-70= Moderately Severe Hearing Loss.
71-90= Severe Hearing Loss.
91-120= Profound Hearing Loss.

	Right Ear	Left Ear
Air Unmasking OX		
Bone Unmasking		
Air Masking OX		
Bone Masking ΔΔ		

Remark's:-

Right Ear: Normal Hearing.

Left Ear: Normal Hearing.

IBN SINA DIAGNOSTIC & CONSULTATION CENTER, UTTARA

ISO 9001:2015 Certified

ECHO-CARDIOGRAPHY REPORT

2-D & M-MODE, DOPPLER & COLOUR FLOW IMAGING



I.D. No	: U246788	Received date	: 2 Jul 2024	Printed date	: 2 Jul 2024 07:08PM
Name of Pt.	: MOHAMMAD AZMAIN SAIF	Age	: 31 y(s)	Sex	: Male
Exam	: ECHO 2D				
Ref. By	: RADICAL HOSPITAL LTD				

MEASUREMENTS 2D:

Parameter	Value	Normal	Parameter	Value	Normal	Parameter	Value	Normal
AOD	2.7	2.0-3.7 cm	IVSD	1.0	0.6-1.1 cm	Mitral EF slope		70-150cm/sec
LAD	2.7	1.9-4.0 cm	LVPWd	1.0	0.5-1.1 cm	Mitral annulus		2.3-3.0 cm
ACS	2.1	1.5-2.6 cm	LVIDd	3.5	3.7-5.6 cm	MVarea(planimetry)		4.0-6.0 cm ²
RVOT		2.5-2.9 cm	LV IDs	2.4	2.2-4.0 cm	Aortic annulus		1.7-2.2 cm
RVID		< 3.0 cm	LV EF	61%	60 ± 5 %	TV annulus		2.8-4.4 cm
RV Thickness		<0.5 cm	LV FS	32%		MPA		1.4-2.8 cm
TAPSE	2.0	1.7-2.5cm	IVS/LVPW		1.0-1.3	LPA		0.9-1.6 cm
EPSS		<0.5 cm	LV mass		F:66-150, M:96-200 gm	RPA		0.9-1.6 cm

Chambers : Situs solitus, levocardia, two atria, two ventricles, two AV valves, atrioventricular and Ventriculoarterial concordance with normally related great arteries. Caval veins and pulmonary veins drains normally.

LA : Normal.

LV : Cavity is normal. Wall thickness normal. Wall motion normal. Good LV systolic function

RA : Normal.

RV : Normal.

Valves:

MV : Both the AML & PML are normal.

AV : Normal systolic excursion & diastolic coaptation.

PV : Normal.

AO : Normal

TV : Normal.

PA : Normal

IAS : Intact.

IVS : Intact.

Pericardium : Normal.

Thrombus/Vegetation Other mass: Not seen.

IMPRESSION:

1. No Regional wall motion abnormality at rest.
2. Good LV systolic function (EF-61 %).
3. Good RV systolic function (TAPSE- 2.0 cm).
4. Normal valves morphology.

Dr. Aparna Rahman

MBBS, MD (Cardiology)

Associate Professor & unit Head

Medical college for women & Hospital, Uttara.

Consultant, IBN SINA D-Lab, Uttara, Dhaka.

TREADMILL STRESS TEST



I.D. No	: U246788	Received date	: 2 Jul 2024	Printed date	: 2 Jul 2024 08:01PM
Name of Pt.	: MOHAMMAD AZMAIN SAIF	Age	: 31 y(s)	Sex	: Male
Exam	: ETT				
Ref. By	: RADICAL HOSPITAL LTD				

Total Exercise Time : 07:41 Min
% of max. pred. HR : 87 %
Maximum BP : 130/80 mmhg.
Indication : Screening for IHD.
Risk Factors : Smoking
Reason for Termina. : Attainment of THR.
Test Profile : BRUCE
Symptoms : Nil.

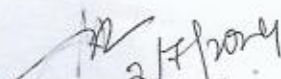
Max.HR attained : 164 Bpm.
Max. Pred HR : 188 Bpm.
Max. work load attained : 10.10 METS

Summary Result ⇒ **NEGATIVE**

Comments:

- ❑ MOHAMMAD AZMAIN SAIF performed stress test in Bruce protocol for the evaluation of IHD (angina pectoris).
- ❑ Exercise capacity was good.
- ❑ Inotropic and chronotropic responses were normal.
- ❑ Stress test was terminated because of attainment of THR.
- ❑ ECG at rest shows no abnormality.
- ❑ ECG during exercise & recovery shows no significant ST depression.

Conclusion : Stress test is **NEGATIVE** for ECG evidence of provokable myocardial ischaemia.


Dr. Aparna Rahman
MBBS, MD (Cardiology)
Associate Professor & unit Head
Medical college for women & Hospital, Uttara.
Consultant, IBN SINA D-Lab, Uttara, Dhaka.

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING
GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH



Form No: SMC

SL NO.

04.2024.6849

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION:

Name: Last SAIF First MOHAMMAD Middle ARZMAN
Gender: (Male/Female) MALE Nationality: BANGLADESHI Date: 02 JUL 2024
Occupation: Deck/Engine/Catering/Other (specify) ENGINE Rank: THIRD ENGINEER
Father's/ Husband's name: A.K.M SHAFIQUEL ISLAM C.D.C No. C1017549
Mother's Name: NASIRUL BAHAR Seaman ID No. 050005964
Address: House No. 141B Street/ Road No. GARDEN ROAD Passport No. A07970357
Locality/Village: WEST KAWRAN BAZAR NID No. 1026524353
P.O.: TEJGAON Date of Birth: 20/12/1992
P.S.: TEJGAON (DD/MM/YYYY)
District: DHAKA

DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:

I am duly authorized by the Department of Shipping, Government of the People's Republic of Bangladesh and confirm the followings:

- Confirmation that identification documents were checked at the point of examination ☒ YES/NO
- Hearing meets the standards in section A-I/9 ☒ YES/NO
- Unaided hearing satisfactory? ☒ YES/NO
- Visual acuity meets standards in section A-I/9? ☒ YES/NO
- Colour vision meets standards in section A-I/9? ☒ YES/NO
Date of last colour vision test: 02 JUL 2024
- Fit for lookout duties? ☒ YES/NO
- Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for service or to render the health of any other persons on board? ☒ YES/NO
- Any limitations or restrictions on fitness? ☒ YES/NO

If YES, specify limitations or restrictions:

Duties:

Location/Vessel:

Medical/Other:

RADICAL HOSPITAL LIMITED

Uttara, Dhaka, Bangladesh

9. Medical fitness category :

☒ Fit-No restriction

☐ Fit-Subject to restrictions

☐ Unfit

10. Date of examination/Issue (DD/MM/YYYY) 02 JUL 2024

11. Date of expiry (DD/MM/YYYY) 01 JUL 2026 "No more than 2 years from the date of examination".

I have read the contents of the certificate and have been informed of the right to review.

Seafarer's Signature

Asif



DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited
Name & Signature of the practitioner:

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, *Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997)*. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug -related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

- All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.

(d) Blood Pressure:

- An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

- Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

- All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements, and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

- Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics. Applicants diagnosed with, suspected of, or exposed to any communicable disease transmissible by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix 1):

1. Complete physical Examination.

2. Pathological Examination:

a. CBC b. ESR c. HBSAG d. LFT e. ECG f. RBS g. URINE R/M/E

DR. MIR. MD. RAIHAN
MBBS (DU), DPM, CCD (Birdem), PGT (Ophth)
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General Physician
Radical Hospitals Limited

02 JUL 2024