



HAQUE & SONS LTD.

Tel: +880 31 716214-6, Fex: +880 31 710530



Accredited By : BMDC Accreditation No. A 55144

PATIENT CONTROL NUMBER

HSL-003296

MEDICAL EXAMINATION CERTIFICATE

JRNAM		FIRST NAME.		MIDDLE NAM	ME .
	AKTARUZZAMAN	MO	HAMMAD		115
	ND DATE OF BIRTH	PASSPORT NUMBE	∃R	SEAMAN'S B	OOK NUMBER
	ENI 6-Jan-1995		0587403	2.00.0000000000000000000000000000000000	CO9695
	LITY: BANGLADESHI SEX:	M Male □ Fema	le VESSEL TY	PE : CHEM. TANKER T	RADING AREA: WORLD WII
	ENT HOME ADDRESS:			CONTACT NUMBER:	1870346241
L: MIRC	GONJ, P/0: DHARMAPUR, P/S: FE	NI SADAR, DIST: FEN	ı	RANK :	3RD OFFICER
		The state of the s			
Have y	ou ever had any of the following con	iditions?			
	Condition	YES NO	Conditio	n	YES NO
1	Eye/vision problem	0 8	18 Sleep pro		0 0
2	High blood pressure		19 Do you s		0 19
3	Heart/vascular disease	0000		n/surgery	
4	Heart surgery	o o	21 Epilepsyl		
5	Varicose veins	o ú	22 Dizziness		
6	Asthma/bronchitis	பர்	10.000	onsciousness	
7	Blood disorder	O Cr		ic problems	
8	Diabetes	□ Pr	100000	DO TO	√ 3/ \(\hat{\alpha}\)
9	Thyroid problem				1/3/2
10	Digestive disorder	-	Color Color Color Color		1120/0
11	Kidney problem		27 Loss of n		000
12	Skin problem		28 Balance		1/1/ 0 4
13	Allergies			cadaches	1700 00
14			30 Ear/nose	/throat problems	0 0
15	Infectious/contagious diseases Hernia			d mobility	0 0'
16	10000		32 Back pro		0 4
	Genital disorders		33 Amputati	on \	
17	Pregnancy	O MAIS			
Additio 35	f the above questions were answere onal questions Have you ever been signed off as	ed "yes", please give de	tails.	dislocations	YES NO
Additio	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfit	ed "yes", please give de sick or repatriated from	tails.	dislocations	YES NO
35 36 37	Have you ever been signed off as Have you ever been hospitalised? Have you ever been declared unfit Has your medical certificate ever b	sick or repatriated from for sea duty?	tails. a ship?	dislocations	YES NO
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	U	naided	T	Aide			Norma	al	Defective
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Distant	66	, 6(6			Right ey		-	
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		andard laid dow W CODE Sectio	n A-1/9	TIM	oction A-1/9 Normal IUL 2024	☐ Doubtfu	7.00	ective	
Date of last	colour vision	test: Date (day/r		/					
			Normal Ab	norm	nal				Normal Abnormal
Head			4	П		ose veins			
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Pupils	State of the state		D D			e (C/S, T/S and ologic (full brief)			G .
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RESULTS OF	FANCILLARY	EXAMINATION	IS				ani	11	1
Chest X-Ra		may	BIO CHEM	ICAL.		CTION TEST)	Marijuana		ositive Negative
ECG		1000	BILIRUBIN		0	.45	Alcohol Test	CIP	ositive Negative
	BLOOD R	/E	SGPT		3		URINE R/E	OTUR	1000
	ntial count)	1000	SGOT		200	3		OTHER	eactiv (Ngayeactiv
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RANDOM		2:40	Cocaine	V	TI Positive	LiNegative	Others(KUB Ultrasound	n	10010
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In Accordance with Medical Examina配列Sediments Control (Birden), PGT (Onth) o. 78) and STCW 1978/1996 as Ar DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited

MEDICAL CERT	IFICATE FOR F	PERSONNEL SERVICE	ON BOARD)		
SURNAME: AKTARUZZAMAN	GIVE	GIVEN NAME (S): MOHAMMAD				
DATE OF BIRTH:	PLACE	OF BIRTH		SEX		
DAY 6 MONTH 1 YEAR	1995 CITY	FENI COUNTRY	BANGLADESH	MALE 🗸 FEMALE 🗆		
POSITION ON BOARD:	MAILIN	G ADDRESS OF APPLICAN	T:			
MASTER DECK OFFICER ENGINEERING OFFICER RADIO OPERATOR RATING		MIRGONJ, P/0: DHARMAPU LADESH.	R, P/S: FENI S/	ADAR, DIST: FENI		
DECLARATION OF THE AUTHORIZED PHYSICI	IAN	The second secon				
VISION		COLOR TEST TYPE		HEARING		
WITHOUT GLASSES	WITH GLASSES	□ воок				
RIGHT EYE SAN	922	LANTERN	RIGHT EAR	$-\infty$		
		YELLOW RED MY		- C		
LEFT EYE		GREEN MY BLUE	LEFT EAR	m		
Confirmation that identification documents were cl	hecked at the point of			_/		
		NO □ NOT APLICAL	mit.	72-7-		
Hearing meets the standards in STCW Code, Sec		NO NOT APLICAL	NET 1			
Unaided hearing satisfactory? YES NO						
Visual acuity meets standards in STCW Code, Se Colour vision meets standards in STCW Code, Se	-	NO 🗌				
Date of the last colour vision test: (Day/Month/Yea Are glasses or contact lenses necessary to meet to Able for watchkeeping? YES NO	ar)7	L_2024 andards? YES NO -	-			
Is applicant taking any non-prescription or prescrip	ption medications? YE	S NO D				
is the seafarer free from any medical condition like endanger the health of other persons on board? Y	ely to be aggravated to	by service at sea or to render the	seafarers unfit fo	or such service or to		
Hereby I declare that I am in knowledge of the co	intents of the Physical	Examination.		é		
Mohammad Akkowzanan Moi	HAMMAD AKTAR	RUZZAMAN	1-Jul-2	2024		
Signature of Applicant	Name of Applic	ant	Dat	ie _		
CIRCLE APPROPIATE CHOICE: (FIE / SHE ENGINEERING OFFICER / RADIO OPERA	TOR / RATING) (W	E (FIT / NOT FIT) FOR DUTY VITHOUT ANY / WITH THE F ON BOARD SHIP	AS A (MASTE OLLOWING) R	R / DECK OFFCIER / EESTRICTIONS:		
NAME AND DEGREE OF PHYSICIAN: DR. MIR	MD BAIHAN-M	BBS(DU) REG NO 4-55	144			
ADDRESS: REDICAL HOSPITALS LIMITED, 35, S				ADESH.		
NAME OF PHYSICIAN'S CERTIFICATING AUTH			I.SV, DANGE			
		, DANGLADEON				
DATE OF ISSUE PHYSICIAN'S CERTIFICATE	Ub-U5-2014					
SIGNATURE OF PHYSICIAN:	STAME	P OF PHYSICIAN:	JEE!	0 1 JUL 2024		
EXPIRY DATE OF CERTIFICATE:	3 0 JUN 2026	184				
		a compliance with the requireme	Nis .			
	ention, 1978, as amen VIHAN	ded and the Maritime Labour C				

MBRS (DU), DFM. CCD (Rizdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited



HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh. Tel: +88 02333316214-6

Name	MOHAMMAD AKTARUZZAMAN	Date	1-Jul-2024
Age	29	Sex	MALE
Passport No	A00587403	CDC No	CO9695
Sample	BLOOD	Rank	3RD OFFICER

BIOCHEMISTRY REPORT COMPARE

Vessel Name:	GINGA LYNX	GINGA CHEETAH	
	After Sign-Off	Before Sign-On	Reference Range
Date of Report	03-02-2024	01-07-2029	-
Serum Bilirubin	0.56	0.45	0.2 - 1.1 mg/dl
Serum S.G.O,T/A,S,T	21	25	Up to 37 U/L
Serum S.G.P.T.	28	31	Up to 42 U/L

DOCTOR'S REMARKS:

No Restrictions



Doctor Seal & Signature

DR. MIR. MD. RAIHAN MBBs (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved
General Physician
Radical Hospital Religion Date: 24th July 2022



ID NO : 24070019

Date: 01/07/2024

Patient's Name: MOHAMMAD AKTARUZZAMAN

Age : 29Y4M16D

Ref. By

: DR.MIR MD.RAIHAN MBBS,(DU),CCD(BIRDEM),PGT(EYE),DFM-C/O/9695

Sex : Male

Specimen

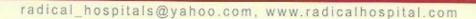
; Blood

(Relevent estimations were carried out by KT-44 Haematology Analyzer with checked manually)

HAEMATOLOGY REPORT

Parameter	R	esults	Reference Values	Histogram
Haemoglobin(Hb) ESR(Westergren)	14.1 10	g/dl mm/1st hr	M:12-16, F:10-14.0 g/dl M:0-10, F:0-20 mm/1st hr	1
TOTAL WBC COUNT	7,500	/cumm	4,000 - 11,000 /cumm	A JIII
DIFFERENTIAL COUNT	45			
Neutrophils	56	%	(40 - 75)%	matter and the state of the sta
Lymphocytes	32	%	(20-45)%	WBC CURVE
Monocytes	07	%	(2-10)%	
Eosinophils	05	%	(1-6)%	4
Basophil	00	%	0-1 %	A
TOTAL CIR. EOSIONOPHIL COUNT	375	/cumm	40 - 450 /cumm	
TOTAL PLATELET COUNT(PC)	214,000	/cumm	1,50,000-4,50,000 /cumm	HIII
MPV	12.5	fL	7.0 -11.0 fL	dillih.
PDW-CV	16.9	%	10 - 18 %	PLT CURVE
PCT .	0.27	%	0.10 - 0.28	
P-LCR	42.6	%	9.00 - 45,00%	A
P-LCC	91	x10^3/uL	13 - 129 x10^3/uL	A
RBC COUNT	5.02	m/ul	M: 4.5-6.5, F: 3.8-5.8 m/ul	
HCT/PCV	44.5	%	M: 40-54%, F: 37-47%	AND THE RESERVE OF THE PERSON
MCV	88.7	fL	76-94 fL	Alla
MCH	28.1	pg	27-32 pg	RBC CURVE
MCHC	31.6	g/dL	29-34 g/dL	
RDW SD	46	fL	30.0-57.0 fL	
RDW CV	15.7	%	10-16%	

Checked By...... Medical Technologist. Redical Hospital Ltd. Uttara,Dhaka. Dr. Sumaiya Khatun MBBS,MD (Gold Medilist). (BSMMU) Associate Professor Dept.Of Microbiology East West Medical College & Hospital.





Bill No	DIA24070019	Received	d Date	01/07/2	2024
Patient's Name	MOHAMMAD AKTARUZZAMAN				
Patient's Age	29Y 4M 16D		Patient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),F	PGT(Eye),DFM	1 0	DC NO	C/O/9695
Sample	BLOOD				

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.1 mmol/l	4.2 – 6.4 mmol/l
Serum Bilirubin (Total)	0.45 mg/dl	0.2 - 1.1 mg/dl
Serum AST (SGOT)	25.0 U/L	Up to 37 U/L
Serum ALT (SGPT)	31.0 U/L	Up to 40 U/L
HbA1C	4.7 %	4.2 - 6.7 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.



Bill No	DIA24070019	Receive	d Date	01/07/2	2024
Patient's Name	MOHAMMAD AKTARUZZAMAN				
Patient's Age	29Y 4M 16D		Patient's	s Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIR	DEM),PGT(Eye),DFN	л C	DC NO	C/O/9695
Sample	BLOOD				

SEROLOGICAL REPORT

Result
Negative
Negative
Non-reactive

Docult

BLOOD GROUPING RESULT		
ABO Blood Group	"A" (+ve)	
Rh(D)Factor	Positive	

Checked

Medical Technologist. Radical Hospital Ltd. Dr. Sumarya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.



Bill No	DIA24070019	Receive	d Date	01/07/2	2024
Patient's Name	MOHAMMAD AKTARUZZAMAN				
Patient's Age	29Y 4M 16D		Patient's	s Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PG7	Γ(Eye),DFN	1 C	DC NO	C/O/9695
Sample	URINE				

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATION

MICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	NIL
Appearance	11 - 12	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	0-1/HPF

CHEMICAL EXAMINATION

CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	NIL	Epithelial	Nil
Ex.Phosphate	100	Granular	Nil
i.x.i nospitate		Hyaline	Nil

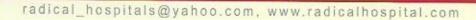
ON REQUEST

CRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment		Uric Acid	Nil
Ketones	Not Done	Cal. Oxalate	Nil
Urobilinogen		Amor. Phos	Nil
B.J. Protein	Not Done	Tripple Phos	Nil

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Assistant Professor Dept. of Microbiology East West Medical College and Hospital.





Bill No	DIA24070019	Received	Date	01/07/2	2024
Patient's Name	MOHAMMAD AKTARUZZAMAN				
Patient's Age	29Y 4M 16D	F	atient's	s Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),	PGT(Eye),DFM	C	DC NO	C/O/9695
Sample	URINE				11.5

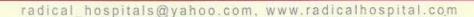
DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Test Name	Result	-
Drug Level of Urine		
Cocaine	Negative	
Morphine	Negative	
Marijuana	Negative	
Barbiturates	Negative	
Amphetamines	Negative	
Phencyclidine	Negative	
Alcohol	Negative	
Benzodiazepines	Negative	é
Methadone	Negative	
Propoxyphene	Negative	

Checkell By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.





Patient ID	24070019	Voucher No	
Test Name	USG OF KUB	Delivery Date	01/07/2024
Patient Name	MOHAMMAD AKTRUZZAMAN	214	
Age	29 Yrs	Sex	Male
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		

THANK YOU FOR THE COURTESY OF THIS REFERRAL

RT KIDNEY

: - Is normal in size regular in shape and position. Bipolar length 10.7 cm. The cortical Echogenicity are normal with clear cortico—medullar differentiation. The cortical Thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

LT KIDNEY

: - Is normal in size regular in shape and position. Bipolar length 11.1 cm. The cortical Echogenicity are normal with clear cortico—medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

URINARY BLADDER :- Is well filled. Wall thickness is regular and within normal limit.

No intravesicle lesion is seen.

PROSTATE

:- Normal in size , volume is 13.5 cc & regular in shape. Echogenicity is homogenous.

COMMENT :- Suggestive of - Normal study.

Dr. Asma Ahmed

MBBS,CMU,DMU PGT(Gynae & obs)

Advanced Training on TVS Consultant Sonologist

RADICAL HOSPITAL

radical_hospitals@yahoo.com, www.radicalhospital.com

REF: GINGA CHEETAH

DATE: 01/07/2024

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: MOHAMMAD AKTARUZZAMAN RANK: 3RD OFF CDC NO: C/O/9695

VISUAL ACUITY: RIGHT LEFT

UNAIDED

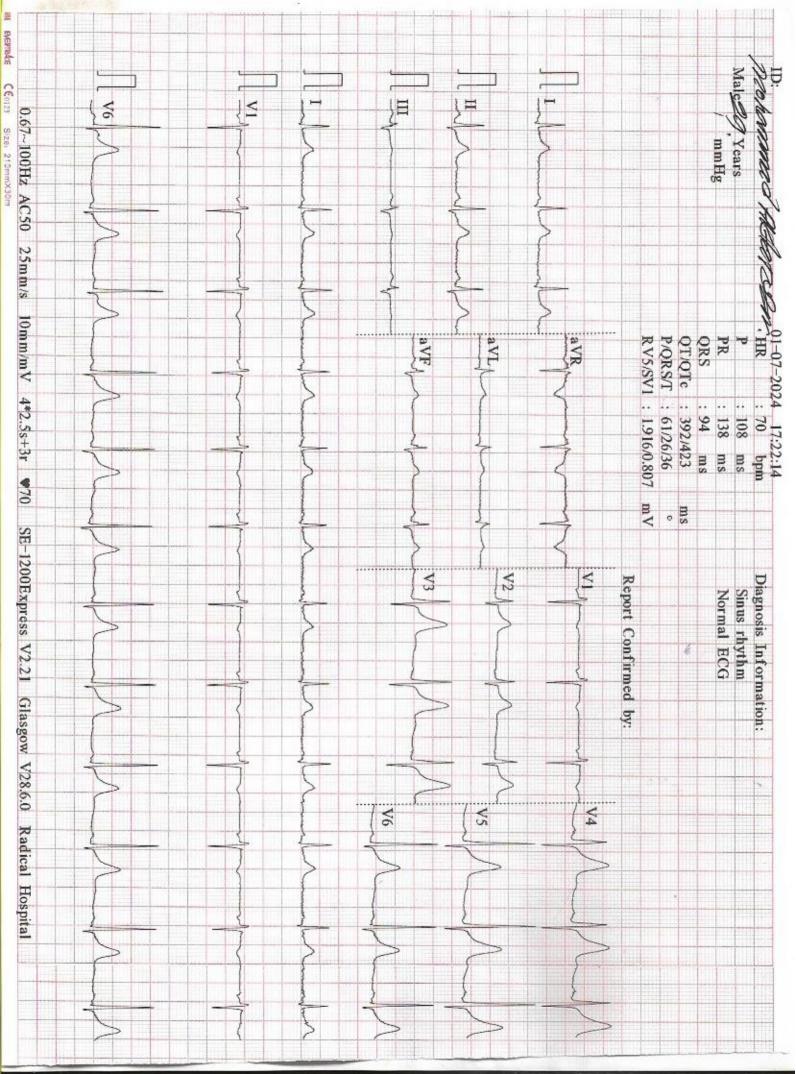
AIDED

COLOUR VISION: NORMAL/BLIND

OPINION : UNFIT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan MBBS, PGT (Ophthalmology) Assistant Registrar (EX) East west Medical College & Hospital

6 U





DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24070019 Receive:01/07/2024 Print: 01/07/2024

Patient's Name : MOHAMMAD AKTARUZZAMAN

Age : 29 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart : Normal in T.D.

Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

This report has been electronically signed.

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST CHOLERA

This is to certify that whose signature follows

Date of birth 06 -01-1995 Sex 4925

has on the date indicated been vaccinated or revaccinated against Cholera

Date	Signature and Professional status of vaccinator	Approved	Stamp
SHIE!	General Physician	35, Shah Makhdum Avenue Uttera, Dhoka	
WAY TOO	DR. MHR. MD. RAIHAN MBBS (DU), DFM. CCD (Birdem), PGT (Ophth BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited.	35, Sheh Makhrium Avenue Utters, Dhaka	
3	DR. MIR. MD. RAIHAN	SEOR VACCONS 35, Shah Makhdum	4
The last	MB88 (DU), DFM, CCD (Bidem), PGT (Ophill) BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited	Avenue Uttara, Dhaka	า = เพลเล็กของ
5		5	6
6			
7		7	8
8			

Continued overleaf Suite our erso

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST YELLOW-FEVER

MOHAMMAD AUTHRITANON

This is to certify that whose signature follows

Date of birth 06-DI-1095 Sex MALE

has on the date indicated been vaccinated or revaccinated against yellow-fever

Date	Signature and Professional status of vaccinator	Origin and batch no, of vaccine	Official stamp of vaccination centre
SIME	DR. MIR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited.	FEVER A POOL OF THE POOL OF TH	25, Stein Makhdum Avenus Uttera, Dhaka
		Ş	
2			
3			3 4
4			

This certificate is valid on only if the vaccine used has been approved by the World Health Organization and if the vaccinating centre has been designated by the health administration for the territory in which that centre is situated.

The validity of this certificate shall extend for a period of ten years, beginning ten days after date vaccination or in the extent of a revaccination within such period of ten years, from the date of that revaccination.

Any amendment of this certificate, or erasure, of failure to complete any part of it may render it invalid.

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC



SL NO. 04.2024.6837

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

	A 20 CONTROL OF THE SECOND CONTROL OF THE CONTROL O
SEAFARER INFORMATION:	
Name: Last AKTARUZZAMAN First NOHAMMAD	Middle
Name: Last AKTARUZZAMAN First NoHAMMAD Gender: (Male/Female). MALE Nationality: BANGLAD	
Occupation: Deck/Engine/Catering/Other (specify)DECK	
Father's/ Husbad'sname: MOHAMMAD ABOUL HA!	C.D.C.No. 4019695
Mother's Name: SHAMSUN NAHAR	Seaman ID No. 05009872
Address: House No:Street/ Road No:	Passport No. A 00 5 8 7 4 0 3
Locality/Village: MIRGONT	NID No. 19548 95536
P.O. DHARMAPUR	Date of Birth: 06 - 01- 1995
PS: FENI SADAR	(DD/MM/YYYY)
District: FENI	
DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:	
I am duly authorized by the Department of Shipping, Governme	ent of the People's Republic of Bangladesh and confir
the followings:	
 Confirmation that identification documents were checked at the 	2-180 B TO CO
Hearing meets the standards in section A-I/9	:XES/NO
Unaided hearing satisfactory?	:XES/NO
4. Visual acuity meets standards in section A-I/9?	JYES/NO
Colour vision meets standards in section A-I/9?	1 YES/(NO2024
Date of last colour vision test	7,002 2027
6. Fit for lookout duties?	WES/NO
Is the seafarer free from any medical condition likely to be agg	_
render the seafarer unfit for service or to render the health of any	
8. Any limitations or restrictions on fitness?	:YES/NO
If YES, specify limitations or restrictions:	
Duties: Location/Vessel: Medical/Other: RABICAL HOSPITAL LIMITED Ultara, Dhaka, Bangladesh	
9. Medical fitness category : Fit-No restriction	Fit-Subject to restrictions Unfit
10. Date of examination/Issue (DD/MM/YYYY)	ore than 2 years from the date of examination".
I have read the contents of the certificate	DR. MR. MD. RAIHAN

and have been informed of the right to review.

Mohammad AK-fare 22 aman

Seafarer's Signature



DR. MTR. MD. RAIHAN
MBBS (DU), DPM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited

Name & Signature of the practitioner:

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifigitions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug -related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

 All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in
 one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without
 glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to
 perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure:
 - An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

 Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

 All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements. and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

 Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics. Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix1):

1. Complete physical Examination.

0 1 JUL 2024

2. Pathological Examination:

a.CBC b.ESR c.HBSAG d.LFT e.ECG f.RBS g.URINER/M/E

DR. MIR. MD. RAIHAN
MBBS (DU), DPM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited